South Carolina Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413

Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door” systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs,
4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://aging.sc.gov/Pages/default.aspx
South Carolina Department of Aging
1301 Gervais St #350
Columbia, SC 29201
Phone: 803-734-9900
Toll-free: 800-868-9095

http://aging.sc.gov/contact/Pages/AAA.aspx
South Carolina Association of Area Agencies on Aging

http://www.sciway.net/org/seniors.html
Area Agencies on Aging by County

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

ASSISTIVE TECHNOLOGY

http://scatp.med.sc.edu/
South Carolina Assistive Technology Program (SCATP)
USC School of Medicine
Center for Disability Resources
8301 Farrow Rd.
Columbia, SC 29203
Phone/TTY: 803-935-5263
Toll-free: 800-915-4522

http://www.adasoutheast.org/
Southeast ADA Center (covers South Carolina)
1419 Mayson Street NE
Atlanta, Georgia 30324
Phone: 800-949-4232 (voice/TTY)
Email: adasoutheast@law.syr.edu

www.scatloans.org
South Carolina Assistive Technology Loan Program (SCAT)
SCAT is a state and federally funded program that helps qualified South Carolinians with disabilities obtain the assistive devices and services they need to become more independent and productive. You must have the ability to repay the loan.

CAREGIVERS INFORMATION

http://resources.caregiver.com/
Caregiver Support Groups by State

www.screstpecoalition.org
South Carolina Respite Coalition
PO Box 493
Columbia, SC 29202
Phone: 803-935-5027
Email: screspitecoalition@yahoo.com

COMMUNITY-BASED FITNESS PROGRAMS

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

COMMUNITY HEALTH CENTERS

www.scphca.org
South Carolina Primary Health Care Association
3 Technology Circle
Columbia, SC 29203
Phone: 803-788-2778
Toll-free: 800-438-3895
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a
Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/

Health Resources and Services Administration (HRSA): Find a Health Center

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

CRIME VICTIM ASSISTANCE

www.sova.sc.gov
State Office of Victim Assistance of South Carolina
Phone: 803-734-1900
Toll-free: 800-220-5370 (for Crime Victims only)
Email: sova@admin.sc.gov

http://cvo.sc.gov/
State of South Carolina Crime Victims’ Ombudsman
Wade Hampton Building
1200 Senate Street
Columbia, SC 29201
Phone: 800-734-0357
Email: cvo@admin.sc.gov

http://www.scvan.org/
South Carolina Victim Assistance Network

http://www.safehorizon.org
Safe Horizon’s Links for General Crime Victim Resources/Issues

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline: 1-800-799-SAFE (7233)
National Resource Center on Domestic Violence: 800-537-2238

http://www.sccadvasa.org/
South Carolina Coalition Against Domestic Violence & Sexual Assault
PO Box 7776
Columbia, SC 29202
Phone: 803-256-2900
The mission of Safe Harbor is to provide a continuum of services to victims of domestic violence and their children. To eliminate cultural acceptance of domestic violence through a coordinated community response, education, and prevention.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

**EASTER SEALS OFFICES**

http://www.easterseals.com/southcarolina/

**South Carolina Easter Seals Office**

PO Box 5715
Columbia, SC 29250
Phone: 803-466-4089

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

**GOVERNMENT OFFICES**

http://www.sc.gov/

**South Carolina State Website**

http://www.scdcdc.state.sc.us/

**South Carolina Developmental Disability Council**

Office of the Governor
1205 Pendleton Street, Suite 461
Columbia, SC 29201
Phone: 803-734-0465
TTY: 803-794-1147

http://www.scvrd.net/

**South Carolina Vocational Rehabilitation Department**

1410 Boston Avenue
PO Box 15
West Columbia, SC 29171
South Carolina Department of Health & Environmental Control
2600 Bull St.
Columbia, SC 29201
Phone: 803-898-3432
Email: info@dhec.sc.gov

South Carolina Health & Human Services
PO Box 8206
Columbia, SC 29202-8206
Phone: 888-549-0820
TTY: 888-842-3620
Email: info@scdhhs.gov
Offers info on Medicaid

South Carolina SHIP Program (State Health Insurance Program for Seniors)
Phone: 800-868-9095
803-734-9900

South Carolina Department of Insurance
Attn: Consumer Service Department
PO Box 100105
Columbia, SC 29202-3105
Phone: 803-737-6160
Toll-free: 800-768-3467
South Carolina High Risk Insurance Plan for eligible people who are unable to get insurance coverage.

South Carolina Workers’ Compensation Commission
Phone: 803-737-5700

Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource.
for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://aging.sc.gov/contact/Pages/OmbudsmanRegionalContacts.aspx

State LTC Ombudsman
Governor's Office on Aging
1301 Gervais Street, Suite 200
Columbia, SC 29201
Phone: 803-734-9900

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities. There are also regional Ombudsmen.

HOUSING

www.hud.gov

Housing and Urban Development (HUD)
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org

211
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

http://www.ilru.org/projects/silc-net/silc-directory
http://www.scsilc.com/

ILRU: State Independent Living Councils (SILCs)
South Carolina Independent Living Council
136 Stonemark Lane, Suite 100
Columbia, SC 29210
Phone (Local): 803-217-3209
Toll-Free: 800-994-4322
Email: scsilk@scsilc.com

http://www.ilru.org
Independent Living Research Utilization’s directory of Independent Living Centers

http://www.ncil.org/

National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

LIBRARY SERVICES

www.sctalkingbook.org
South Carolina State Library
Talking Book Services for People with Disabilities
P.O. Box 821
Columbia, SC 29202-0821
Phone: 803 734-4611
Toll-free: 800 922-7818
TTY: 711-734-4611
E-mail: TBSBooks@statelibrary.sc.gov

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

www.ChristopherReeve.org/Peer
Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

PROTECTION and ADVOCACY

http://pandasc.org/
South Carolina Protection and Advocacy for People with Disabilities
3710 Landmark Drive, Suite 208
Columbia, SC 29204
Phone: 866-232-4525
866-275-7273
Email: info@pandasc.org

SERVICE DOGS

Carolina Canine Companions
1961 White Oak Rd
Camden, SC 29020
Phone: 803-432-0004

http://paals.org/
Palmetto Animal Assisted Life Services (PAALS)
221 N. Grampian Hills Rd.
Columbia, SC 29223
Phone: 803-788-7063
Email: info@paals.org

http://www.theservicedoginstitute.org/
The Service Dog Institute
655 H Fairview Road#173
Simpsonville, SC 29680
SPORTS and RECREATION

http://adaptiveexpeditions.org/
Adaptive Expeditions
PO Box 13312
Charleston, SC, 29422
Phone: 843-637-7269
Email: Joe@AdaptiveExpeditions.org
Adaptive Expeditions is an interactive educational nonprofit using sport and recreation to offer health & wellness programs to individuals with physical and sensory disabilities. Through education and outdoor recreation adventures, Adaptive Expeditions empowers individuals with both technical skills and personal confidence to maintain active, independent lifestyles.

https://sites.google.com/a/catrfarms.org/brickhouse-equestrian-center2/
Charleston Area Therapeutic Riding
2669 Hamilton Rd
Johns Island, SC 29455
Phone: 843-559-6040
Email: info@catr-program.org
Charleston Area Therapeutic Riding improves the lives of children and adults with disabilities at the area’s oldest nationally accredited therapeutic horseback riding center.

https://www.facebook.com/palmettopowersoccer/
Palmetto Power Soccer Foundation
Phone: 803-394-3006
Email: lv2bnhi@yahoo.com
The goal of the Palmetto Power Soccer Foundation is to support physically disabled South Carolinians who wish to participate in the adaptive sport of power soccer.

http://richlandcountyrecreation.com/foundation/
Richland County Recreation Foundation
7473 Parklane Road
Columbia, SC 29223
Phone: 803- 865-0138
Email: Lisa_L@rcrc.state.sc.us
RCRC dedicates itself to enriching lives and connecting communities through diverse recreational opportunities.

http://www.roaroutdoors.org/
Rediscovering Outdoor Activities & Recreation (ROAR)
Phone: 864-344-2749
A Christian non-profit organization in northwest South Carolina which helps those with SCI enjoy fishing, water skiing, alligator hunting and more. New headquarters in Greer will allow for expansion.
http://www.sc.edu/scatp/scadaptive.htm
South Carolina Assistive Technology list of adapted sports in SC.

U.S. Paralympic: Coastal Carolina Adaptive Sports and Recreation

UNITED WAY OFFICES

http://www.unitedway.org
United Way
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

VETERAN BENEFITS

https://www.va.gov/find-locations/
US Department of Veterans Affairs VA Hospital Locator

VA: Columbia Regional Office
6439 Garners Ferry Rd.
Columbia, SC 29209
Phone: 803-776-4000

http://www.pva.org/site/c.ajIRK9NJLcJ2E/b.6468287/k.9EA4/South_Carolina.htm
Southeastern Paralyzed Veterans of America chapter (covers South Carolina)
4010 Deans Bridge Rd
Hephzibah, GA 30815-5616
Phone: 706-796-6301
706-796-6338
Toll-free: 800-292-9335
Email: paravet@comcast.net

South Carolina Paralyzed Veterans of America Service Office
6437 Garners Ferry Rd., Room 1121
VARO, Columbia, SC 29209
Toll-free: 800-795-3631
Phone: 803-647-2432
ALS

www.alsa.org
ALS Association

http://www.alsa.org/community/list-chapters.html?state=SC
South Carolina Chapter of the ALS Assn
7499 Parklane Road, Suite 144
Columbia, SC 29223
Phone: 843-971-0933
Email: info@scalsa.org

BRAIN INJURY

http://www.biausa.org/SC
Brain Injury Association of South Carolina
121 Executive Center Drive, Ste. 135
Columbia, SC 29210
Phone: 803-731-9823
Toll-free: 877-824-3228 (in state only)
Email: jdavis.biasc@gmail.com

CEREBRAL PALSY

http://ucpsc.org/
UCP of South Carolina
1101 Harbor Dr.
West Columbia, SC 29169
Phone: 803-926-8878
Email: info@ucpsc.org

FRIEDREICH’S ATAXIA

http://www.ataxia.org/
National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020
Please call them for info in your area
GUILLAIN-BARRÉ SYNDROME/CDIP

http://gbs-cidp.org/
Guillain-Barré Syndrome /CDIP Foundation International
375 E. Elm St.
Conshohocken, PA 19428
Phone: 610-667-0131
Please call for information in your area

MULTIPLE SCLEROSIS

http://www.nationalmssociety.org
National Multiple Sclerosis Society
800-FIGHT-MS (344-4867)

http://www.nationalmssociety.org/chapters/NCT/index.aspx
NMSS Greater Carolinas Chapter
3101 Industrial Drive, Suite 210
Raleigh, NC 27609
Phone: 919-834-0678
Email: nct@nmss.org

http://www.mymsaa.org/about-msaa/regional/
Multiple Sclerosis Association of America Southeast Regional Office (covers SC)
Kyle Pinion, Regional Director
PMB # 196
2870 Peachtree Rd.
Atlanta, GA 30305-2918
Phone: 1-800-532-7667 Ext. 160
E-mail: southeast@mymsaa.org

MUSCULAR DYSTROPHY

http://www.mdausa.org/
Muscular Dystrophy Association
National Headquarters
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.
POST-POLIO SYNDROME

http://www.post-polio.org
Post-Polio Health International (PHI)
50 Crestwood Executive Center #440
Saint Louis, MO 63126-1916
Phone: 314-534-0475
Email: info@post-polio.org
http://www.post-polio.org/net/poldir.pdf
Directory lists Health Professionals, Clinics, and Support Groups by state.

SPINA BIFIDA

http://www.spinabifidaassociation.org
Spina Bifida Association of America
P.O. Box 17427
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

SBAA South Carolina Clinics:

Medical University of South Carolina (pediatric and adult)
MUSC Spina Bifida/Pediatric Urology
135 Rutledge Ave., Room 412
Charleston, SC 29425
Phone: 843-792-9895

Shriner’s Hospital for Children (pediatric only)
950 W. Faris Rd.
Greenville, SC 29605
Phone: 864-255-7842
Email: jbrown@shrinenet.org

SPINAL CORD INJURY

www.spinalcord.org
National Spinal Cord Injury Association’s South Carolina chapter:
http://www.scspinalcord.org/
South Carolina Spinal Cord Injury Association
2935 Colonial Dr.
Orangeburg Breeze Peer Support Group
Servicing Orangeburg County, Dorchester County and Calhoun County
Rebecca Felder
3000 St. Matthews Rd.
Orangeburg, SC 29118
Phone: 803-829-2043 (h)
Email: rebecca.felder@yahoo.com
Meets on 2nd Thursday of each month at 6:30 pm.

http://www.ropersaintfrancis.com/NewsReader.aspx?RSFHNID=530&NewsTypeID=0

Center for Spinal Cord Injury
at Roper Rehab Hospital
316 Calhoun Street
Charleston, SC 29401
Phone: 843-402-2273

Four health care groups opened South Carolina’s first comprehensive care center for people with spinal cord injuries. Roper Rehabilitation Hospital, Medical University of South Carolina Medical Center, Carolinas Rehabilitation and the S.C. Spinal Cord Injury Research Fund opened the Center for Spinal Cord Injury in July 2011.

http://academicdepartments.musc.edu/chp/Health_Employment_Longevity_Project/longevity_after_injury/funded_projects/chorcup/DRRP_FactSheet_Revised_7-7-14.pdf

Medical University of South Carolina: Health Behaviors and Outcomes: A Comparison Between African Americans with Spinal Cord Injury, Traumatic Brain Injury, and in the General Population of South Carolina

STROKE

https://www.stroke.org/

American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653

Please call them for the stroke support group in your area
SYRINGOMYELIA/CHIARI MALFORMATION

www.asap.org
American Syringomyelia & Chiari Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
800-272-7282
Email: info@ASAP.org

TRANSVERSE MYELITIS

www.wearesrna.org
Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.

GENERAL DISABILITY RESOURCES

http://www.yellowpagesforkids.com/help/sc.htm
South Carolina Yellow Pages for Kids with Disabilities

http://scota.net
South Carolina Chapter of the American Occupational Therapy Association (SCOTA)
135 Ingle Oak Lane
Greenville, SC 29615

http://www.scapta.org/
South Carolina chapter of the American Physical Therapy Association (SCAPTA)
1111 North Fairfax St.
Alexandria VA 22314
Phone: 800-765-7848 x7122
Email: southcarolina@apta.org

www.apse.org
Association of People Supporting EmploymentFirst
Please contact them for local info

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

http://www.sc211.org/
First Call 2-1-1
Phone: 211
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential. Available in Aiken, Lexington, Richland and Newberry counties. Also available in Charleston.

https://www.ghs.org/healthcareservices/roger-c-peace-rehabilitation/roger-c-peace-inpatient-rehabilitation-services/
Prisma Health Roger C. Peace Rehabilitation Hospital
701 Grove Rd.
Greenville, SC 29605
Phone: 864-455-4959
Roger C. Peace Rehabilitation Hospital specializes in medical treatment, rehabilitation, and research by providing comprehensive inpatient and outpatient programs that treat individuals who have sustained a spinal cord injury, brain injury, stroke, amputation, multiple trauma, cancer, and other neurological conditions.

www.thinkfirst.org
ThinkFirst National Injury Prevention Foundation
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider.
Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This project was supported, in part, by grant number 90PRRC0002, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.