ALS/Motor Neurone

http://www.mnda.org.za/

Motor Neurone Disease/ALS Association of South Africa
P.O. Box 789
Howard Place
Western Cape 7450
South Africa
Tel: +021 531 6130
Email: mndaofsa@global.co.za

Their mission is to provide the best possible support for people living with Motor Neuron Disease, their families and careers, via a support service of both physical assistance and psychological counselling; To loan patients the equipment required; And to publish a quarterly newsletter for patients, family members, doctors, hospices, therapists and donors.

ALS of South Africa
Dr. A.H. Borowitz
42 Victoria Street
Brain Injury

http://www.headway.org.za/
Headway Natal, Kwazulu Natal Head Injuries Association
11 Menston Road
Westville, 3630
Tel: 031 266 2709
Email: headway@dbn.stormnet.co.za
A non-profit rehab center for acquired brain injury and stroke survivors and their families.

Cerebral Palsy

http://www.wccpa.org.za/
The Western Cape Cerebral Palsy Association
St. Giles Centre,
71 Klipfontein Road
Rondebosch, 7700
Tel: 021 685 4150
Email: secretary@wccpa.org.za
Their mission is to establish and maintain a non-profit based organization catering for the diagnosis, treatment, care, training and sheltered employment for persons with Cerebral Palsy, to manage clinics, care centers, residences, work centers and places of employment, to promote and assist in research into aspects of Cerebral Palsy, and to provide enlightenment and instruction to the general public on all aspects of Cerebral Palsy.

http://ucpa.za.org/
United Cerebral Palsy Association of South Africa
E-Mail: marie@ucpasa.co.za

Multiple Sclerosis

http://www.multiplesclerosis.co.za/
Multiple Sclerosis South Africa
P.O.Box 653, Bellville 7535
Tel: (027) 82-550-5486
Email: info@multiplesclerosis.co.za

Muscular Dystrophy

http://www.mdsa.org.za/
Muscular Dystrophy South Africa
3 Wiener Street
Goodwood 7460
Tel: 021 592 7306
Email: cape@mdsa.org.za
Mission: The Muscular Dystrophy Foundation of South Africa is a non-profit organization that supports people affected by Muscular Dystrophy and Neuromuscular disorders and endeavors to improve the quality of lifestyle of its members

Neurofibromatosis

https://disabilityconnect.co.za/south-african-neurofibromatosis-association-sanfa/

South African NF Association
Contact: Mannie Manim
Director, Baxter Theatre Centre
P O Box 297
Rondebosch
7701
Tel: + 27 21 680 3983
Email: Mannie.manim@uct.ac.za

Spinal Cord Injuries

http://www.qasa.co.za/

QuadPara Association of South Africa
17 Hamilton Crescent
Gillitts
Durban
KwaZulu Natal
Tel: 031 767-0348
Email: info@qasa.co.za
The Association strives to prevent spinal cord injury, as well as protect and promote the interests of people with mobility impairments by formulating a national policy and strategy, to develop and ensure the full potential and quality of their lives.

Quadriplegic Association of Kwa-Zulu Natal
PO Box 10406, Ashwoood, 3650
Phone: 031 702 2723
Email: qpak@itelsa.net

Quadriplegic Association of Gauteng South
PO Box 84274, Greenside, 2034
Phone: 011 7827511
Email: quadgs@icon.co.za

Quadriplegic Association of Gauteng North
PO Box 27944, Sunnyside, 0132
Phone: 012 3202572
Email: elizevdmerwe@icon.co.za

Quadriplegic Association of Western Cape
PO Box 729, Durbanville, 7551
Phone: 021 9756078
The aim of SASCA is the study of all problems concerning traumatic and non-traumatic afflictions of the spinal cord and more particularly the advancement in medical and surgical intervention, rehabilitation and social reintegration of the spinal cord paralyzed.

**Transverse Myelitis**

[www.wearesrna.org](http://www.wearesrna.org)

**Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Association)**
Located in the USA, please contact them for TM Support Group in South Africa

**Amputees**

[http://www.saopa.co.za/](http://www.saopa.co.za/)

**South African Orthotic and Prosthetic Association**
PO Box 27011
Greenacres
Port Elizabeth 6057
Tel.: (27) 87 094 3100
Email: [saopa@telkomsa.net](mailto:saopa@telkomsa.net)
Orthotists and Prosthetists assist amputees in designing and fitting limbs.

**Cross Disability**


**Disabled People of South Africa (DPSA)**
Louis Nzimande
6th Floor, Dumbarton House
Cape Town, 8000
Tel: 021-422 0357
Email: infonc@dpsa.org.za
Provides programs to assist disabled individuals with a concentration on the youth and women of South Africa.

http://apdjhjhb.co.za/
Association for the Physically Disabled (Greater Johannesburg)
Pallinghurst Road,
Westcliff, Johannesburg
Tel: (011) 646-8331-4
Email: info@apdjhb.com
The Association for the Physically Disabled (APD) is a registered non-profit organization helping people with most forms of physical disability

www.caac.up.ac.za
Centre for Augmentative and Alternative Communication (CACC)
University of Pretoria
Private bag X20
Hatfield, 0028
Tel: 012 420 3111
Email: ssc@up.ac.za
Augmentative and alternative communication (AAC) strategies describe the way people supplement their communication when they cannot speak clearly enough to be understood by those around them. These strategies include a wide range of communication methods ranging from gestures and communication boards to assistive communication device.

http://www.endeavour-safaris.com/
Endeavor Safaris
23 Lark Crescent
Flamingo Vlei
Table view 7441
Cape Town - RSA
Tel: +27 (0)21 5566114
Email: info@endeavour-safaris.com
Provides tours and safaris for the physically disabled.

http://www.epic-enabled.com/
Epic Enabled
PO Box 1991, Sun Valley
Cape Town, 7985, SOUTH AFRICA
Tel: +27 (0)73 22 82 825
Email: info@epic-enabled.com
Their aim is to provide independent, barrier free and accessible safaris for everybody

Epic Guest House
The Epic Guest House is an accessible lodging situated in the rustic Noordhoek, with its delightful village atmosphere at the foot of the famous Chapman's Peak, and the most scenic coastal drive along the renowned Cape Point Route in Cape Town.

**Occupational Therapy Association of South Africa**
1210 Prospect Street,
Hatfield, Pretoria, 0028
Tel: + 27 (0)12 362 5457

The mission of the Occupational Therapy Association of South Africa is “to be recognized as the organization that represents occupational therapy in South Africa and is committed to the support and development of its members, as well as ensuring that occupational therapy is provided for all those who need the service.”

[https://ncpd.org.za/](https://ncpd.org.za/)
**National Council of and for Persons with Disabilities**
2 Andries Pretorius Road
Edenvale, Eastleigh, 1609
Tel: +27 11 452 2774

Their mission is to serve as a pro-active forum for the advancement of persons with physical disabilities and people with hearing loss later in life, to assist them in attaining their maximum level of independence and integration into the community as well as the prevention of the occurrence of disablement.

**Rachel Swart Fund**
71 Klipfontein Road
Rondebosch
7700
South Africa
Phone: 021 689-8376
Email: rachelswart@absamail.co.za
Provides wheelchairs and devices for specialized postural support

**Southern Africa Neurological Rehabilitation Association**

**Service Dogs**

**South African Guide-Dogs Association (SAGA)**
The Gladys Evans Training Centre
126 Wroxham Road, Rietfontein 2IR, 2191
P.O. Box 67585, Bryanston, 2021
SAGA’s mission is to enhance the mobility, independence and dignity of blind and partially sighted people and to advocate the recognition and protection of the rights of all persons with disabilities.

**Riding/Driving**

[http://www.sarda.co.za/](http://www.sarda.co.za/)

**South African Riding for the Disabled Association**—Highveld Branch

**Sports**

[http://www.sadga.co.za/](http://www.sadga.co.za/)

**South African Disabled Golf Association**

King David Golf Club  
80, Palotti Road Montana Cape Town South Africa  
Tel.: 021-6852955

Their Mission is to encourage every South African with a permanent disability to play golf, promote golf as a viable form of rehabilitation and recreation for the disabled, bring together able and disabled golfers to share their love for the game, in the spirit of friendship and competition, and create public awareness of challenges facing disabled golfers, and to highlight their achievements.


**South African Sports Association for the Physically Disabled**

Mandeville Sports Centre  
10th Street  
Bezuidenhout Valley, JHB  
Tel: 087 721 8261/2  
Email: admin@sasapd.org.za

Their mission is to adopt and maintain a professional approach towards the provision of the sporting needs for persons with physical and visual disabilities in South Africa.

**Magazines**

[http://www.rollinginspiration.co.za/](http://www.rollinginspiration.co.za/)

**Rolling Inspiration**, a quarterly magazine published by the Quadriplegic Association of South Africa.

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you have any health care related questions, please call, or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet, or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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