The Singapore Disability Sports Council (SDSC) is the national sports body for the disabled in Singapore. It is a voluntary organization registered with the Commissioner of Charities.
Singapore National Stroke Association
8 Eu Tong Sen Street,
#14-99 The Central, Singapore 059818
Tel: (+65) 6222 9514
Email: contact@snsa.org.sg
SNSA strives to offer an avenue of help, support and information to stroke survivors and
caregivers in their hour of need, and to raise and promote public awareness and education
of stroke.

Society for the Physically Disabled
SPD Ability Centre
2 Peng Nguan Street
Singapore 168955
Tel: +65 6579 0700
E-mail Address: information@spd.org.sg
The SPD is committed to working in partnership with people with disabilities to develop
their potential to the fullest so that they can be self-reliant and independent.

PubMed: article “Health of People with Spinal Cord Injury in Singapore” Disability
Rehab 2011

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informing you about paralysis and its effects. Nothing contained in this message should
be construed nor is intended to be used for medical diagnosis or treatment. It should not
be used in place of the advice of your physician or other qualified health care provider.
Should you have any health care related questions, please call or see your physician or
other qualified health care provider promptly. Always consult with your physician or
other qualified health care provider before embarking on a new treatment, diet or fitness
program. You should never disregard medical advice or delay in seeking it because of
something you have read in this message.

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