Sailing for People with Disabilities

Para World Sailing
http://www.sailing.org/ifds.php

The Para World Sailing Committee is responsible for sailing for people with disabilities worldwide. The committee is responsible for the Paralympic Sailing Programme
including Events and Equipment selection. They offer a section on their website called Disabled Sailing News.

**Chesapeake Region Accessible Boating (CRAB)**
www.crabsailing.org
177 Defense Highway, Suite 9
Annapolis, MD 21401
Phone: 410-266-5722
Email: info@crabsailing.org
Their mission is to bring the thrill and freedom of sailing to persons with disabilities, recovering warriors and youth from at-risk neighborhoods.

**Footloose Sailing Association**
www.footloosedisabledsailing.org
7683 SE 27th St PMB #239
Mercer Island, WA 98040
Phone: 206-578-6735
Launched in 1991, Footloose Sailing Association (Footloose) is the Northwest’s premiere Sailing program for people of all disabilities, their friends, family, and caregivers. Footloose is dedicated to bringing independence on the water and competence in the sport of sailing to the physically and mentally disabled.

**New England Science & Sailing Foundation**
www.nessf.org
72 Water St
Stonington, CT 06378
Phone: 860-535-9362
E-mail: adventure@nessf.org
In 2017, with the help of Sail to Prevail, the New England Science & Sailing Foundation (NESS) launched its adaptive sailing program. NESS’s adaptive sailing program brings the fun and therapeutic qualities of sailing to individuals with diverse needs. NESS’s Independence 20 sailboat is a super stable boat and is outfitted with two bucket seats that can pivot from one side of the boat to the other. These seats are equipped with 5-point harnesses so when sailors are steering the boat or handling lines, they can feel secure out on the water.

**Sail To Prevail: The National Disabled Sailing Program**
https://sailtoprevail.org/
86 Thames St.
Newport, RI 02840
Phone: 401-849-8898
Sail To Prevail creates opportunities for disabled children and adults to overcome adversity through therapeutic sailing. Formerly called Shake-A-Leg Newport.

**Sailing Angels**
http://www.sailingangels.org/
Kemah, TX area
Phone: 281-507-1867
Email: DaveMcCabe@SailingAngels.org
The Sailing Angels Foundation is a 501(c)(3) non-profit charitable organization, based in the Greater Houston area. As an opportunity for education and recreational therapy, they introduce the joy of sailing to children with cognitive, physical or emotional needs or chronic illnesses. Also invited are wounded warriors and military veterans. They encourage the family unit to come. The special participants are encouraged to work on the boat to the best of their abilities.

**Sailing for All from Steve Sawford Marine**
http://www.sailingforall.com/
Steve Sawford Marine is a small family-run company based in the UK that is committed to enabling all people, regardless of ability, mobility, age or financial status to take part in the sport of sailing. The company’s main product is the Access Dinghy range and its accompanying launching and wheelchair users transfer systems.

**Shake-A-Leg Miami**
http://www.shakealegmiami.org/
2620 South Bayshore Drive
Coconut Grove, FL 33133
Phone: 305-858-5550
E-mail: info@shakealegmiami.org
Shake-A-Leg Miami’s mission is to use the marine environment to improve the health, education, independence and quality of life for all with an emphasis on individuals with physical, developmental and economic challenges.

**U.S. Sailing Association: Adaptive Sailing Resource Manual**
A 78-page book available for free download. 2nd ed. 2018

**US Sailing Team**
http://olympics.ussailing.org/
The official site of US Sailing provides information on Olympic and Paralympic teams.

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