Rhode Island Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door
https://www.n4a.org/adrcs
https://www.acl.gov/node/413
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (http://www.hhs.gov/acl/index.html) (including AoA (http://www.aoa.gov/) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (http://www.cms.hhs.gov/). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term
supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral, and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

**Rhode Island Office of Healthy Aging**  
[https://oha.ri.gov/](https://oha.ri.gov/)  
25 Howard Ave, Building 57  
Cranston, RI 02920  
Phone: 401-462-3000  
TTY: 401-462-0740

**National Center on Elder Abuse (NCEA)**  
[https://ncea.acl.gov/](https://ncea.acl.gov/)  
c/o University of Southern California Keck School of Medicine  
Department of Family Medicine and Geriatrics  
1000 South Fremont Avenue, Unit 22, Building A-6  
Alhambra, CA 91803  
Phone: 1-855-500-3537  
Email: ncea-info@aoa.hhs.gov  
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

**Arts And Creativity**

**VS Arts Rhode Island Organization**  
Phone: 318-634-5413  
Email: hi@vsartsri.org

**Assistive Technology**

**Rhode Island’s Assistive Technology Access Partnership**  
[http://www.atap.ri.gov/](http://www.atap.ri.gov/)  
Office of Rehabilitation Services  
40 Fountain Street  
Providence, RI 02903  
Phone: 401-332-9018, 401-421-7005  
Email: melanie.sbardella@ors.ri.gov

**New England ADA Center (covers Rhode Island)**
State of Rhode Island—Adaptive Telephone Equipment Loan Program
http://www.atel.ri.gov/
Office of Rehabilitation Services
40 Fountain St.
Providence, RI 02903
Phone: 401-486-3325 Denise Corson, 401-421-7005
Email: denise.corson@ors.ri.gov
The Rhode Island Telephone Equipment Loan Program (ATEL) provides demonstrations, training and long-term loan and device reutilization services of specialized telephone equipment to qualified individuals who are Deaf, Hard of Hearing, have a speech impairment, or who suffer from neuromuscular damage or disease, that hinders them from using a standard telephone. Please see the website for more info on qualifying.

Caregivers Information

Caregiver.com
https://caregiver.com/
3920 Riverland Road
Fort Lauderdale, FL 33312
Phone: (954) 893-0550, 1-800-829-2734
Email: info@caregiver.com

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

Rhode Island Health Center Association
www.rihca.org
235 Promenade Street, Suite 455
Providence, RI 02908
Phone: 401-274-1771
Email: info@rihca.org
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center
http://findahealthcenter.hrsa.gov/
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Rhode Island Crime Victim Compensation Program
https://cvcapp.treasury.ri.gov/
50 Service Ave
Warwick, RI 02886
Phone: 401-462-7655

Safe Horizon’s Links for General Crime Victim Resources/Issues
http://www.safehorizon.org

Domestic Violence Help

National Domestic Violence Hotline: 1-800-799-SAFE (7233) or TTY: 1-800-787-3224

National Resource Center on Domestic Violence: 800-537-2238

Statewide Hotline: 1-800-494-8100

Rhode Island Coalition Against Domestic Violence
http://www.ricadv.org/
422 Post Road Suite 102
Warwick, RI 02888-1539
Phone: 401-467-9940
Toll-free 24-hour line: 800-494-8100
Email: ricadv@ricadv.org

Easter Seals Offices

Easter Seals Office Rhode Island
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

**Government Offices**

**Rhode Island State Website**
[http://www.ri.gov/index.php](http://www.ri.gov/index.php)

**Rhode Island Department of Human Services**
[http://www.dhs.ri.gov/](http://www.dhs.ri.gov/)
P.O. Box 8709
Cranston, RI 02920-8787
Phone: 1-855-697-4347, 1-800-745-6575

**Rhode Island Commission for Human Rights**
[http://www.richr.ri.gov/](http://www.richr.ri.gov/)
180 Westminster Street, 3rd Floor
Providence, RI 02903
Phone: 401-222-2661
TTY: 401-222-2664
Email: [RICH.R.Info@richr.ri.gov](mailto:RICH.R.Info@richr.ri.gov)
The Commission enforces the Rhode Island antidiscrimination laws in the areas of employment, housing, public accommodations, credit and delivery of services.

[http://www.ors.ri.gov/](http://www.ors.ri.gov/)
**Office of Rehabilitation Services (Vocational Rehabilitation)**
40 Fountain Street
Providence, RI 02903
Phone: 401-421-7005
Spanish: 401-462-7791

**Rhode Island: Executive Office of Health & Human Services**
**Medicaid**
3 West Road
Cranston, RI 02920
Phone: 401-462-5274

**Rhode Island SCHIP Program (Rite Care)**
RIte Care is Rhode Island’s Medicaid managed care program for families on the RI Works Program and eligible uninsured pregnant women, children, and parents.

**Rhode Island Office of Healthy Aging**
http://www.oha.ri.gov/
25 Howard Ave, Building 57
Cranston, RI 02920
Phone: 401-462-3000
TTY: 401-462-0740

**Rhode Island Office of the Health Insurance Commissioner**
http://www.ohic.ri.gov/
1511 Pontiac Ave Bldg 69, First Floor
Cranston, RI 02920
Phone: 401-462-9517
Consumer Assistance: 855-747-3224
Email: OHIC.HealthInsInq@ohic.ri.gov

**Rhode Island Department of Labor and Training Workers Compensation**
http://www.dlt.ri.gov/wc/
1511 Pontiac Avenue Building
Cranston, RI 02920
Phone: 401-462-8100
Spanish: 401-462-8555
Email: dlt.wcclaimsanalyst@dlt.ri.gov

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.
http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/

**State LTC Ombudsman**
http://www.oha.ri.gov/what-we-do/protect/Ltco/
Office of Healthy Aging
25 Howard Ave, Building 57
Cranston, RI 02920
Phone: 401-785-3340
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

**Housing**

**Housing and Urban Development (HUD)**
www.hud.gov
451 7th Street, S.W.
Washington, DC 20410
Phone: 202-708-1112
TTY: 202-708-1455

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: [https://www.hud.gov/program_offices/public_indian_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts) and choose your state from the drop down box.

**211**
www.211.org
Email: 211@uw.unitedway.org
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

**Independent Living**

**ILRU: State Independent Living Councils (SILCs)**
Rhode Island Independent Living Council
41 Cherry Dale Ct.
Cranston, RI 02920
Phone: 401-462-0584
Email: margaret.molloy@oscil.org (Margaret Molloy SILC Chair)

**Independent Living Research Utilization’s** directory of Independent Living Centers
[http://www.ilru.org](http://www.ilru.org)

**National Council on Independent Living (NCIL)**
Physical Address:
2013 H St. NW, 6th Floor
Washington, DC 20006
Mailing Address:
PO Box 31260
Washington, DC 20030
Phone: 202-207-0334
Toll-free: 1-844-778-7961
Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

Rhode Island Regional Library: Talking Books Library for the Blind and Print Disabled
https://olis.ri.gov/tbl/
Office of Library and Information Services
One Capitol Hill
Providence, RI 02908
Phone: 401-574-9310, 401-574-9300
Email: Neshmayda.Calderon@olis.ri.gov

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
www.ChristopherReeve.org/Peer
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program
gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection and Advocacy

Disability Rights Rhode Island
https://drri.org/
33 Broad Street
Suite 601
Providence, RI 02903
Phone: 401-831-3150
Toll-free: 800-733-5332
Email: info@drri.org

Sports And Recreation

Sail to Prevail
https://sailtoprevail.org/
Docks:
60 Fort Adams Drive
Fort Adams State Park
Newport, RI 02840
Mailing Address:
P.O. Box 1264
Newport, RI 02840
Phone: 401-849-8898
Promotes adaptive sailing for those with SCI.

Greater Providence YMCA- Providence Youth Services
https://www.ymcagreaterprovidence.org/
21 Peace St, 6th Floor
Providence, RI 02907
Phone: 401-456-0604
The mission of the YMCA of Greater Providence is to build healthy spirit, mind and body for all, through programs, services and relationships that are based upon our core values of caring, honesty, respect and responsibility.

Adaptive Sports New England
http://adaptivesportsne.org/
89 South St, Suite 603
Boston, MA 02111
Phone: 617-690-9103
Email: joe.walsh@adaptivesportsne.org
Adaptive Sports New England is a Massachusetts non-profit organization dedicated to increasing participation in sports among New England youth and young adults who have visual or mobility impairments.

**United Way Offices**

**United Way**
[www.unitedway.org](http://www.unitedway.org)
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

**National Headquarters**
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112

**United Way of Rhode Island**
Physical Address:
50 Valley Street
Providence, RI 02909
Mailing Address:
Dept # 111065
PO Box 9718
Providence, RI 02940-9718
Phone: 401-444-0600
Email: info@unitedwayri.org

**Veteran Benefits**

**US Department of Veterans Affairs VA Hospital Locator**
[https://www.va.gov/find-locations/](https://www.va.gov/find-locations/)

**Providence VA Medical Center**
830 Chalkstone Avenue
Providence, RI 02908-4738
Phone: 401-273-7100

**New England Paralyzed Veterans of America Chapter**
[www.nepva.org](http://www.nepva.org)
New England PVA Office
1208 VFW Parkway
Suite 301
West Roxbury, MA 02132
ALS

Rhode Island Chapter of the ALS Association
https://www.als.org/rhode-island
2374 Post Road, Suite 103
Warwick, RI 02886-2270
Phone: 401-732-1609
Email: info@alsari.org

Brain Injury

Brain Injury Association of Rhode Island
https://biari.org/
1017 Waterman Ave.
East Providence, RI 02914
Phone: 401-228-3319
Email: braininjurycenter@biari.org

Cerebral Palsy

United Cerebral Palsy of Rhode Island
www.ucpri.org
200 Main Street Suite 210
Pawtucket, RI 02860
Phone: 401-728-1800

Friedreich’s Ataxia

National Ataxia Foundation (NAF) National Office
http://www.ataxia.org/
Physical Address:
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Mailing Address:
PO Box 27986
Golden Valley, MN 55427
Phone: 763-553-0020
Email: naf@ataxia.org

NAF support group:
https://www.facebook.com/groups/1593227784283343/
Rhode Island Ataxia Support Group
Bristol, RI
Phone: 401-297-8627
Email: azevedo70anabela@gmail.com
Guillain-Barré Syndrome

Guillain-Barré Syndrome/CIDP Foundation International
http://gbs-cidp.org/
375 E. Elm St. Suite 101
Conshohocken, PA 19428
Phone: 866-224-3301
Please call for information in your area

Multiple Sclerosis

Greater New England Chapter of National Multiple Sclerosis Society
http://www.nationalmssociety.org/rir
101A 1st Ave
Waltham, MA 02451
Toll-free: 800-344-4867

Multiple Sclerosis Association of America
https://mymsaa.org/
National Headquarters
375 Kings Highway North
Cherry Hill, New Jersey 08034
Phone: 800-532-7667
Email: MSquestions@mymsaa.org

MSAA Northeast Regional Office (Includes Rhode Island)
Washington, D.C.
Phone: 800-532-7667 extension 144
Email: northeast@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association
https://www.mda.org/
National Headquarters
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Email: ResourceCenter@mdausa.org
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)
http://www.post-polio.org
50 Crestwood Executive Center #440
Saint Louis, MO 63126
Phone: 314-534-0475
Email: info@post-polio.org
Directory lists Health Professionals, Clinics, and Support Groups by state.

**Spina Bifida**

**Spina Bifida Association**
http://www.spinabifidaassociation.org
1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 800-621-3141
Toll Free: 1-800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

**Spinal Cord Injury**

**Rhode Island Discussion Group Meeting**
https://www.spinalcord.com/sci-support-groups/rhode-island
Southern New England Rehab Center
3West Outpatient Gym
21 Peace St.
Providence, RI 02907
Phone: 401-456-4177
Support group for individuals with spinal cord injury in Providence, RI. Meetings held the third Wednesday every other month from 4:30 to 6:00 PM.

**Stroke**

**American Stroke Association**
https://www.stroke.org/
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 888-478-7653
Please call them for the stroke support group in your area

**Syringomyelia/Chiari Malformation**

**American Syringomyelia & Chiari Alliance Project**
www.asap.org
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079, 800-272-7282
Email: info@ASAP.org
Please contact them for info in your area.
Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)
www.wearesrna.org
Physical Address:
1787 Sutter Parkway
Powell, OH 43065-8806
Mailing Address:
SRNA
PO Box 826962
Philadelphia, PA 19182-6962
Phone: 855-380-3330
Please contact them for info in your area.

General Disability Resources

Rhode Island Yellow Pages for Kids with Disabilities
http://www.yellowpagesforkids.com/help/ri.htm

Rhode Island Developmental Disabilities Council
http://www.riddc.org/
400 Bald Hill Road Suite 515
Warwick, RI 02886
Phone/TDD: 401-737-1238
Email: riddc@riddc.org

Rhode Island Chapter of the American Occupational Therapy Association (RIOTA)
http://www.riota.org/
Email: riota@riota.org

Rhode Island Chapter of the American Physical Therapy Association
http://www.riapta.com/
RIAPTA
Liberty Square Group
4 Liberty Sq, #500
Boston, MA 02109
Phone: 857-702-9915
Email: riapta@libertysquaregroup.com

Healthboards.com – message boards on health-related topics. Topics include SCI, CP, Stroke, and more.

First Call 2-1-1
www.211.org
Phone: 211
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

**Accessible Rhode Island**
[https://www.access-ri.org/](https://www.access-ri.org/)
155 Gansett Avenue
Cranston, RI 02910
Discusses the accessibility of cultural attractions in RI like museums, mansions, restaurants. Call 401-383-8878 for a print copy.

**Rhode Island Special Needs Emergency Registry**
[www.health.ri.gov/emregistry](http://www.health.ri.gov/emregistry)
3 Capitol Hill
Providence, RI 02908
Phone: 401-222-5960
After Hours Phone: 401-276-8046
The RI Dept of Health and the RI Emergency Management Agency teamed up to develop a registry to identify Rhode Islanders who may require assistance during emergencies. The special needs may include oxygen, dialysis, ventilators, respirators, pacemakers, insulin dependence, mobility impairments, visual impairments, hearing impairments, speech, cognitive, developmental or mental health disabilities. Use of a service animal may also be registered. Enrollment in the registry does not guarantee assistance but allows first responders to appropriately plan for, prepare for and respond to the needs of the community.

**ThinkFirst National Injury Prevention Foundation**
[www.thinkfirst.org](http://www.thinkfirst.org)
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
E-mail: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.
The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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