Physiatrists

The field of physical medicine and rehabilitation is also known as physiatry. This branch of medicine works to restore or optimize function to people living with disabilities. The discipline focuses on function, independence and quality of life.

Q: What is a physiatrist?

Physiatrists are physicians who specialize in physical medicine and rehabilitation. There are over 9,000 physiatrists per the American Academy of Physical Medicine and Rehabilitation (AAPMR).

Q: Are there subspecialties for physiatrists?

Yes, there are six subspecialties which are accredited by the Accreditation Council for Graduate Medical Education (ACGME). The subspecialties are brain injury, pain medicine, spinal cord injury, sports medicine, pediatric rehabilitation medicine, and neuromuscular medicine.

Q: When is a physiatrist appropriate for you?
It is appropriate to see a physiatrist when you have chronic long-term issues that cover multiple specialties. Physiatrists often lead multidisciplinary teams of health care workers such as physical therapists, occupational therapists, nurses, etc. You may want to seek one when you are dealing with chronic pain or a condition that has left you with limited mobility such as a spinal cord injury.

**Q: How can you find a physiatrist?**

Please use the physician finder from the American Academy of Physical Medicine and Rehabilitation in the resource list below.

Sources: ACGME, AAPMR, Association of Academic Physiatrists

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**Resources about Physiatrists**

**Accreditation Council for Graduate Medical Education: Physical Medicine and Rehabilitation**
https://www.acgme.org/Specialties/Physical-Medicine-and-Rehabilitation/Overview
ACGME covers the requirements for becoming a physiatrist and is the accrediting body for all graduate medical training programs for physicians in the United States.

**American Academy of Physical Medicine and Rehabilitation (AAPMR)**
https://www.aapmr.org/
9700 West Bryn Mawr Ave, Ste 200
Rosemont, IL 60018-5701
Phone: 847-737-6000
Email: info@aapmr.org
The patients & family section of AAPMR’s website includes information on physiatrists and common disorders treated by physiatrists, as well as a searchable database of physiatrists.

**AAPMR: Find a Physiatrist**
https://members.aapmr.org/AAPMR/AAPMR_FINDER.aspx
Enter your zip code to find a physiatrist in your area or search by doctor name

**AAPMR: What is a Physiatrist?**
https://www.aapmr.org/about-physiatry/about-physical-medicine-rehabilitation/what-is-physiatry

**Association of Academic Physiatrists (AAP)**
https://www.physiatry.org/default.aspx
10461 Mill Run Circle, Suite 730
Owings Mills, MD 21117
Phone: 410-654-1000
AAP is a national organization of physiatrists who are affiliated with medical schools. The Association works to promote the advancement of teaching and research in Physical Medicine and Rehabilitation.
within an academic environment.

National Spinal Cord Injury Association's Fact Sheet “What is a Physiatrist?”
http://www.makoa.org/nscia/fact11.html

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