New Zealand Disability Resources

ALS/Motor Neurone Disease

https://mnd.org.nz/

Motor Neurone Disease Association of New Zealand
PO Box 24036, Royal Oak,
Auckland 1345
14 Erson Ave Royal Oak,
Auckland 1061
Phone: 09 624 2148

The Motor Neurone Disease Association of New Zealand’s mission is to provide New Zealanders living with neuromuscular conditions personal support and information, and to advocate, influence and promote equality of opportunity.

Brain Injury


Brain Injury Association of New Zealand
Phone: 09 414 5693
Brain Injury New Zealand (BIANZ) represents the regional Brain Injury Associations around New Zealand. These regional associations provide education, advocacy, support and information to any person with a brain injury and their families and/or caregivers. The national office provides support for the regional associations, national level advocacy, and political review.

Friedreich’s Ataxia

http://www.internaf.org/groups/ozgroups.html
International Network of Ataxia Friends: Australia and New Zealand Groups

Guillain-Barre Syndrome

http://www.gbsnz.org.nz/
Guillain-Barre Syndrome Support Group of NZ
Email: tonypearson@xtra.co.nz
The Guillain-Barre Syndrome Support Group of NZ’s provides info and support.

Multiple Sclerosis

http://www.msnz.org.nz/
Multiple Sclerosis Society of New Zealand
314 Worcester Street,
Linwood, Christchurch, New Zealand
PO Box 32124,
Christchurch 8147, New Zealand
Helpline: 0800 MS LINE or 0800 675 463
Phone: 64 3 366 2581
Email: info@msnz.org.nz
MSSNZ is a non-profit organization formed to provide on-going support, education and advocacy for people with MS and their support networks. They also aim to educate the general public, employers and health professionals about MS and actively funds key research into the condition.

Muscular Dystrophy

http://www.mda.org.nz/
Muscular Dystrophy Association of New Zealand
PO Box 12063, Penrose
Auckland, 1642
419A Church Street East, Penrose
Auckland
Telephone: 0800 800 337 or (09) 815 0247
Email: info@mda.org.nz
The Muscular Dystrophy Association of New Zealand’s mission is to provide New Zealanders living with neuromuscular conditions personal support and information, and to advocate, influence and promote equality of opportunity.

**Spinal Cord Injuries**


**Spinal Cord Society of New Zealand**

Contact: President – Noela Vallis  
428 Hinuera Road, RD2,  
Matamata 3472, New Zealand  
Phone: 06 8762474  
Email: trent@ihug.co.nz  

The Spinal Cord Society NZ Inc. (SCSNZ) is a non-profit organization working towards effective treatment for spinal cord injury (SCI).


**New Zealand Spinal Trust**

Private Bag 4708  
Christchurch 8140, New Zealand  
Allan Bean Centre  
Burwood Hospital  
Ent 3, 255 Mairehau Road  
Burwood, Christchurch, New Zealand  
Phone: +64 3 383 6881  
Email: info@nzspinaltrust.org.nz  

The New Zealand Spinal Trust’s mission is to improve rehabilitation and independent living. The New Zealand Spinal Trust is a registered charity (CC43195) providing information, education, research, advocacy and support for people who have spinal cord impairment (SCI), so that they may enjoy independence.


**CatWalk**

PO Box 555  
409 Queen Street  
Masterton 5840  
New Zealand  
Phone: +64 6 377 5430  
Email: info@catwalk.org.nz  

The Catwalk spinal cord injury (SCI) trust is dedicated to raising funds to support the body of scientific opinion which says a cure for spinal cord injury will be found.

**Stroke**


**Stroke Foundation of New Zealand**

P O Box 12482
The Stroke Foundation of New Zealand’s mission is to save lives, improve outcomes, and enhance life after stroke. The Stroke Foundation is the only organization in New Zealand dedicated to reducing the incidence of stroke, improving treatment outcomes, and supporting those affected by stroke.

**Transverse Myelitis**

[https://archive.myelitis.org/newsletters/v6n1/newsletter6-1-33.htm](https://archive.myelitis.org/newsletters/v6n1/newsletter6-1-33.htm)

**New Zealand Transverse Myelitis Support Group**
Contact: Dyllice Eastwood // Jennifer Murray
Phone/Fax: +64 9 8109 807
Phone +64 9 834 5019
E-Mail: dyllice@hotmail.com
E-Mail murray_fam@vodafone.co.nz
The New Zealand Transverse Myelitis Support Group’s aim is to act as a personal, local, contact for anyone who needs to know more about TM, and if required connect people with contacts within the Transverse Myelitis Association (TMA) itself.

**General Disability**


**Accident Compensation Corporation (ACC)**
Phone: 0800 101 996
Email: claims@acc.co.nz
The Accident Compensation Corporation (ACC) administers New Zealand’s accident compensation scheme, which provides personal injury cover for all New Zealand citizens, residents and temporary visitors to New Zealand. In return people do not have the right to sue for personal injury, other than for exemplary damages.


**Achieve**
Otago University
P.O. Box 56
Dunedin New Zealand
Email: info@achieve.org.nz
Achieve is a national network established to ensure equal opportunity and access to post-secondary education and training for people with impairments.

[https://nzdsn.org.nz/](https://nzdsn.org.nz/)

**Association of Supported Employment (ASENZ)**
ASENZ’s mission is to provide a high-profile forum for the promotion, establishment and development of Supported Employment Services for people with disabilities in New Zealand, through information, networking, research and policy advocacy. This will be achieved with the collective strength and support from NZDSN

https://www.barrierfree.org.nz/
**Barrier-Free Trust of New Zealand**
PO Box 36 328
Merivale, Christchurch 8146
Phone: 027 225 5334
Email: advice@barrierfreenz.org.nz
Barrier-Free Trust of New Zealand has a mission to encourage, promote and facilitate the creation of built environments that are accessible and usable by everyone in the community including people with disabilities.

http://www.burwood.org.nz/
**Burwood Academy of Independent Living**
Contact: Dr. Debbie Snell
Academic Director - Burwood Academy Trust
Phone: 03 383 6871
Mobile: 027 309 2970
Email: Dr. Debbie Snell
The Burwood Academy of Independent Living is a dynamic organization committed to improving the life experience of people recovering from serious injury and illness.

http://www.carers.net.nz/
**Carers New Zealand**
PO Box 47-385
Ponsonby
Auckland, 1144 New Zealand
Phone: 0800 777 797
Email: info@carers.net.nz
Carers NZ is now a national registered charity which provides information, advice, learning and support for families with health and disability needs.

http://www.dpa.org.nz/
**DPA New Zealand (Assembly of People with Disabilities)**
Level 4
173-175 Victoria Street
Wellington 6011
PO Box 27-524
Marion Square
Wellington 6141 New Zealand
Phone: 04 801 9100
Email: gen@dpa.org.nz
Facebook: https://www.facebook.com/dpa.nz
Twitter: https://twitter.com/DPANAT
DPA’s core function is to help engage the New Zealand disability community to listen to the views of disabled people and articulate these as they work with decision makers.

http://www.hdc.org.nz
New Zealand Health and Disability Commissioner
PO Box 1791
Auckland 1140, New Zealand
Level 10, Tower Centre,
45 Queen St.
Auckland 1010, New Zealand
Phone: 09 373 1060
National Free Phone: 0800 11 22 33
E-mail: hdc@hdc.org.nz
New Zealand Health and Disability Commissioner’s mission is to independently upholding consumer rights by promotion and protection, resolving complaints, service monitoring and advocacy, and education

http://www.nzvass.org.nz/
New Zealand Federation of Vocational and Support Services
PO Box 6886
Marion Square
Wellington 6141 New Zealand
Level 3
148 Cuba Street
Wellington
Tel: 04 384 2000
Email: comms@nzvass.org.nz
VASS is a federation of 70 community organizations that support disabled people by helping them identify and fulfill their personal goals and aspirations, find work and participate in their communities.

New Zealand Government Reports on Disability Statistics
Statistics House
The Boulevard
Harbour Quays
PO Box 2922
Wellington 6140
Phone: 0508 525 525 from New Zealand (toll-free)
Email: info@stats.govt.nz
Disability statistics give you information about the number of disabled children and adults living in New Zealand.
The Office for Disability Issues is a strategic and whole-of-government focused policy group, located within the Ministry of Social Development. They were established in July 2002 to provide dedicated policy support to the Minister for Disability Issues and to be the focal point in government on disability issues. Report on New Zealand Disability Strategy: https://www.odi.govt.nz/nz-disability-strategy/

Next Step Fitness New Zealand
14B Hocking St.
Mount Maunganui, 3116
Tel.: +64 7-572-0771
Email: info@nextstepnz.com
A community-based paralysis recovery and fitness center which offers FES and NMES services.

Parent to Parent
Level 3, 420 Anglesea Street
PO Box 234
Hamilton, New Zealand 3240
Toll free: 0508 236 236
International: +64 7 853 8491
Facebook: http://www.facebook.com/parent2parentnz
Parent to Parent’s mission is empowering families and whanau of people with disabilities and health impairments through support and information.

Delta Community Support Trust
101 N. Avon Rd.
Richmond, Christchurch 8148
Delta Community Support Trust is a grassroots community development and social support organization. They provide services for older adults, and to people experiencing disability and/or facing hardship or other disadvantages.

United Way New Zealand
Physical Address: 8 Moana Ave, Orewa, Auckland 0931
Mailing Address: PO Box 596, Orewa, Auckland 0946
Phone +64 9 377 2544
United Way envisions a world where all individuals and families are given equal opportunity to reach their human potential. It therefore acts as a mobilizing force for social change through commitment to success in the areas of Education (helping children and youth achieve their best), Income (encouraging families to become financially stable and independent) and Health (promoting wholeness and sufficiency for the vulnerable and disadvantaged).

http://www.workbridge.co.nz/

Workbridge
Level 4, EMC2
5-7 Willeston Street
Wellington
Phone: 0508 858 858
Workbridge is a professional employment service for people with all types of disability, including people who have lived with the long-term effects of injury and illness.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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