New Mexico Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413

Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and
strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

New Mexico Aging & Long-term Services Department
Physical address:
2550 Cerrillos Rd.
Santa Fe, NM 87505
Mailing address:
P.O. Box 27118
Santa Fe, NM 87502-7118
Phone: 505-476-4799; 800-432-2080 (toll-free)
505-476-4937 (TTY)

Area Agencies on Aging: New Mexico

National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

ARTS and CREATIVITY

Keshet Dance Company
4121 Cutler Ave NE
Albuquerque, NM 87110
Phone: 505-224-9808
Email: info@KeshetArts.org

Keshet provides the opportunity for individuals with physical disabilities to fully experience the joy of dance

ASSISTIVE TECHNOLOGY

New Mexico Technology Assistance Program
625 Silver St., SW Suite 100B
Albuquerque, NM 87102
Phone: 1-877-696-1470 or 505-841-4464  
Email: Tracy.Agiovlasitis@state.nm.us  
Device Loan Program: http://www.tap.gcd.state.nm.us/device-loans/

http://www.sjci.org/services/access-loan-new-mexico/  
San Juan Center for Independence: Access Loan New Mexico  
The fund is a last resort grant from Division of Vocational Rehabilitation (DVR) and as such stipulates that the consumer seek funding from three other sources and must provide documentation in order to access the funding. There is an application and other eligibility requirements that must be met. A complete application will include documentation of income, health statement, and funding sources sought. The New Mexico Counties that are served by this program are: San Juan, McKinley, Rio Arriba, Taos, Colfax, Union, Harding, Mora, San Miguel, Santa Fe, Quay, Curry, Catron, Sierra, Grant and Hidalgo.

http://www.southwestada.org/  
Southwest ADA Center (covers New Mexico)  
TIRR Memorial Hermann  
1333 Moursund  
Houston, TX 77030  
Toll Free: 800-949-4232  
Phone: 713-797-7171

CAREGIVERS INFORMATION

http://www.caregiver.com/regionalresources/states/NM/support/index.htm  
New Mexico Caregiver Support Groups  
*For a program near you click on the county that you live in.*

COMMUNITY-BASED FITNESS PROGRAMS

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

COMMUNITY HEALTH CENTERS

www.nmpca.org  
New Mexico Primary Care Association
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/

Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

CRIME VICTIM ASSISTANCE

http://www.cvrc.state.nm.us/
New Mexico Crime Victims Reparation Commission
6200 Uptown Blvd. NE, Suite 210
Albuquerque, NM 87110
Phone: 505-841-9432
800-306-6262
Email: cvrc.office@state.nm.us

National Victim Center
Phone: 855-484-2846

www.safehorizon.org
Safe Horizon’s Links for General Crime Victim Resources/Issues

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline: 1-800-799-SAFE (7233); TTY: 800-787-3224
National Resource Center on Domestic Violence: 800-537-2238

http://www.nmcadv.org/
New Mexico Coalition Against Domestic Violence
2340 Alamo Avenue SE, Suite 120
Albuquerque, NM 87106
Phone: 505-246-9240
Email: info@nmcadv.org

http://www.nmcsap.org/
New Mexico Coalition of Sexual Assault Programs
3909 Juan Tabo NE, Suite 6
Albuquerque, NM 87111
Phone/TTY: 505-883-8020

GOVERNMENT OFFICES

http://www.newmexico.gov/
New Mexico State Website

https://nmhealth.org/
New Mexico Department of Health
New Mexico Dept. of Health
1190 S. St. Francis Drive
Santa Fe, NM 87502
Phone: 505-827-2613

https://www.dws.state.nm.us/Human-Rights-Information
New Mexico Department of Work Force Solutions: Human Rights Bureau
1596 Pacheco St., Suite 103
Santa Fe, NM 87505
Phone: 505-827-6838
800-566-9471 (toll-free in New Mexico)
The Human Rights Bureau is a neutral agency created to enforce the New Mexico Human
Rights Act.

http://www.gcd.state.nm.us/
Governor’s Commission on Disability
491 Old Santa Fe Trail
Santa Fe, NM 87501-2753
Phone/TTY: 505-476-0412
Toll Free (in state only): 1-877-696-1470
Email: gcd@state.nm.us

http://www.dvr.state.nm.us/
New Mexico Division of Vocational Rehabilitation
http://www.jobs.state.nm.us/vosnet/Default.aspx
**New Mexico Workforce Connection**
Provides free services to job seekers and employers. Tries to help people with disabilities find jobs.

https://www.hsd.state.nm.us/about_the_department/medical_assistance_division/
**Human Services Department**
PO Box 2348
Santa Fe, NM 87504-2348
Phone: 800-283-4465 (Consolidated Customer Service Center)

http://www.nmmip.org
**New Mexico Medical Insurance Pool (NMMIP)**
1223 St. Francis Dr, Ste. B
Santa Fe, NM 87505
Phone: 844-728-7896 (Toll-free)
844-728-7987 (TTY)
Email: info@nmmip.org
New Mexico High Risk Insurance Plan for eligible people who are unable to get insurance coverage.

http://www.osi.state.nm.us/
**New Mexico Office of Superintendent of Insurance**
PO Box 1689
Santa Fe, NM 87504
Phone: 1-855-427-5674

https://workerscomp.nm.gov/
**New Mexico Workers’ Compensation Administration**
Main Office
2410 Centre Ave SE
Albuquerque, NM 87106
Phone: 505-841-6000
Phone: 1-800-255-7965 (In-state toll-free)

Farmington
2700 Farmington Ave, Building E, Suite 2
Farmington, NM 87401
Phone: 505-599-9746
800-568-7310 (In-state toll-free)

Las Cruces
2407 W. Picacho Ave. D
Las Cruces, NM 88007
Phone: 575-524-6246
800-870-6826 (In-state toll-free)
Las Vegas
32 N.M. 65
Las Vegas, NM 87701
Phone: 505-454-9251
800-281-7889 (In-state toll-free)

Roswell
Penn Plaza Building
400 N. Pennsylvania Ave., Ste 425
Roswell, NM 88201
Phone: 575-623-3997
866-311-8587 (In-state toll-free)

Sante Fe
1596 Pacheco St., Ste. 202
Santa Fe, NM 87505
Phone: 505-476-7381

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each
member of Congress maintains at least one office in his or her home state or district.
Most have multiple offices throughout the state or district. These offices are designed for
direct contact with constituents (that's you!). This is your opportunity to advocate and
make your voice heard in Congress without traveling to Washington, DC. Congressional
offices are also a great resource for handling problems with federal agencies. You have a
constitutionally guaranteed right to petition your government, and home offices provide
you an opportunity to use that right.

http://www.nmaging.state.nm.us/Long_Term_Ombudsman.aspx
State LTC Ombudsman
New Mexico Aging & LTC Services Dept.
2550 Cerrillos Road
Santa Fe, New Mexico 87501
Phone: 866-451-2901 (Statewide toll-free)
The mission of the state long-term care ombudsman is to protect the health, safety,
welfare and rights of the elderly in nursing homes, assisted living facilities and other
facilities.

HOUSING

www.fanniemae.com
Fannie Mae Regional Office  
Granite Park VII  
5600 Granite Parkway  
Plano, TX 75024  
Phone: 800-232-6643

www.hud.gov  
Housing and Urban Development (HUD)  
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org  
211  
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

http://www.redcross.org/newmexico  
American Red Cross Arizona and New Mexico Region  
2121 Osuna Rd. NE  
Albuquerque, NM 87113  
Phone: 505-265-8514; 800-733-2767 (toll-free national number)  
ARC has an emergency & minor home repair program at no cost to qualified homeowners. Services include plumbing repairs, electrical repairs, furnace repairs, gas leaks, water heater repairs, air conditioner repairs, smoke detectors, carbon monoxide detectors. They do not provide remodeling, painting, yard work, appliance repair or replacement, etc.

Independent Living

http://www.ilru.org/projects/sile-net/silc-directory  
ILRU: State Independent Living Councils (SILCs)

http://www.theabilitycenter.org/  
The Ability Center for Independent Living  
715 E. Idaho Ave., Building 3E  
Las Cruces, NM 88001  
Phone: 575-526-5016; 800-376-4372 (toll-free)  
Email: Freedom@theabilitycenter.org
http://www.ilru.org
Independent Living Research Utilization’s directory of Independent Living Centers

http://www.ncil.org/
National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-Free Number: 844-778-7961
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

http://www.sjci.org/
San Juan Center for Independence
1204 San Juan Boulevard,
Farmington, NM 87401
Phone: 505-566-5827
Toll-free: 877-484-4500 (NM)
Email: sjci@sjci.org
The San Juan Center for Independence serves as a consumer driven community action program that provides services which help maximize independent living choices for all people regardless of the individual’s disability.

http://www.newvistas.org/
New Vistas
1205 Parkway Dr. Suite A
Santa Fe, NM 87507
Phone: 800-737-0330 (Toll Free) or 505-471-1001 (Local)
Email: info@newvistas.org
New Vistas is an Independent Living Center.

LIBRARY SERVICES

New Mexico Library for the Blind & Print Disabled
1209 Camino Carlos Rey
Santa Fe, NM 87507
Phone: 505-476-9770
800-456-5515
Email: sl.lbpd@state.nm.us
NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

www.ChristopherReeve.org/Peer
Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.
PROTECTION and ADVOCACY

http://www.drnm.org/
Disability Rights New Mexico

Albuquerque:
Disability Rights New Mexico
3916 Juan Tabo Blvd., NE
Albuquerque, NM 87111
Phone/TTY: (505) 256-3100
State-wide Toll Free: 1-800-432-4682
Email: info@drnm.org

Las Cruces:
Disability Rights New Mexico
133 Wyatt Drive, Suite 11
Las Cruces, NM 88005
Phone: (575) 541-1305

SERVICE DOGS

www.assistancedogsofthewest.org
Assistance Dogs of the West
Physical Address:
1590 San Mateo Lane
Santa Fe, NM 87505
Mailing Address:
PO Box 31027
Santa Fe, NM 87594
Phone: 505-986-9748
Toll-free: 866-986-3489
Email: info@assistancedogsofthewest.org

SPORTS and RECREATION

https://www.adaptivesportsprogram.org/
Adaptive Sports Program New Mexico
P.O. Box 5676
Santa Fe, NM 87502
Phone: 505-570-5710
Email: info@adaptivesportsprogram.org

http://www.gounlimited.org
Global Opportunities Unlimited, Inc.
P.O. Box 10717
Albuquerque, NM 87184
Phone: 505-480-2374
Email: globalberg@aol.com
Global Opportunities specializes in fishing, shooting sports, wheelchair basketball, horseback riding, and hunting. New Mexico's Paralympic Sport Club is a program of Global Opportunities Unlimited.

http://www.lovingthunder.com/
Loving Thunder Therapeutic Riding Inc
PO Box 44517
Rio Rancho NM 87174
Phone: 505-554-9493
LTTR's mission is to empower and improve the quality of life for people with mental and physical challenges through therapeutic horsemanship, equine assisted activities and educational outreach to all.

UNITED WAY OFFICES

https://www.unitedway.org/
United Way National Headquarters
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

VETERAN BENEFITS

http://www.dvs.state.nm.us/
New Mexico Department of Veterans’ Services
407 Galisteo St. Room 134
Santa Fe, NM 87501
Phone: 505-383-2400
Email: nmdvs.info@state.nm.us
https://www.albuquerque.va.gov/locations/index.asp
New Mexico VA Health Care System Clinic Directory

https://pva.org/
New Mexico PVA National Service Office
Raymond G. Murphy VA Medical Center, SCI Services (128)
1501 San Pedro SE
Albuquerque, NM 87108
Phone: 505-265-1711 Ext: 5046

ALS

http://www.alsanm.org/
New Mexico Chapter of ALS Association
2309 Renard Pl. SE, Ste 105
Albuquerque, NM 87106
Phone: (505) 323-6348
Email: ALS@alsanm.org

BRAIN INJURY

http://www.braininjurynm.org/
Brain Injury Alliance of New Mexico
5101 Indian School Rd NE
Albuquerque, NM 87110
Phone: 888-292-7415
505-292-7414
Email: info@braininjurynm.org

CEREBRAL PALSY

http://ucp.org/
United Cerebral Palsy National Office
1825 K Street NW, Suite 600
Washington, DC 20006
Phone: 202-776-0406
1-800-872-5827
Email: info@ucp.org
Please contact them for local info in New Mexico

**FRIEDREICH’S ATAXIA**

National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020
Please contact them for local info in New Mexico

**GUILLAIN-BARRÉ SYNDROME / CIDP**

Guillain-Barré Syndrome / CIDP Foundation International
375 E. Elm St. Suite 101
Conshohocken, PA 19428
Phone: 610-667-0131; 866-224-3301 (toll-free)
Please contact them for information in your area

**MULTIPLE SCLEROSIS**

[http://www.nationalmssociety.org](http://www.nationalmssociety.org)
National Multiple Sclerosis Society (NMSS)
800-FIGHT-MS

[https://www.nationalmssociety.org/Chapters/NMX](https://www.nationalmssociety.org/Chapters/NMX)
New Mexico Chapter of NMSS
1050 N. Post Oak Road, Suite 240
Houston, TX 77055
Phone: 505-243-2792

Multiple Sclerosis Association of America’s South Central Regional Office (covers NM)
Alexis Crispino, Director of Education & Healthcare Relations
Austin, TX
Phone: 800-532-7667 Ext:153
Email: southcentral@mymsaa.org
MUSCULAR DYSTROPHY

https://www.mda.org/
Muscular Dystrophy Association
National Office
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Email: ResourceCenter@mdausa.org
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

POST-POLIO SYNDROME

https://post-polio.org/
Post-Polio Health International (PHI)
50 Crestwood Executive Center #440
Saint Louis, MO 63126-1916
Phone: 314-534-0475
Email: info@post-polio.org
Directory Lists Health Professionals, Clinics, and Support Groups by state.

SPINA BIFIDA

http://www.spinabifidaassociation.org
Spina Bifida Association
1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

http://spinabifidaassociation.org/clinics/#K-O
SBA Clinics
Carrie Tingley Hospital
Pediatric Orthopedics
127 University Blvd., NE
Albuquerque, NM 87102
Phone: 505-272-5286
SPINAL CORD INJURY

http://www.brainandspinalcord.org/support-groups/spinal-cord-injury/new-mexico.html

BrainandSpinalCord.org’s listing of support groups in NM
Northern Navajo Medical Center
Nazhoni B Conference Room, 2nd Floor, West Wing
PO Box 160
Shiprock, NM 87420
Phone: Timothy Mescal at 505-368-4691
Matthew Junior at 505-368-4816

STROKE

http://www.strokeassociation.org

American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653
Please contact them for the stroke support group in your area

SYRINGOMYELIA/CHIARI MALFORMATION

www.asap.org
American Syringomyelia & Chiari Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
800-ASAP-282
Email: info@ASAP.org
Please contact them for info in New Mexico

TRANSVERSE MYELITIS

http://www.codysfirststep.org/

Cody Unser First Step Foundation
P.O. Box 56696
Albuquerque, NM 87187
Phone: 505-792-9551
The Cody Unser First Step Foundation is a global not-for-profit organization dedicated to raising research funds, public awareness and quality of life for those afflicted with all
forms of spinal cord-related paralysis. The Foundation will also address the cause, rehabilitation, prevention and cure for Transverse Myelitis, and freely affiliate with other medical, charitable and corporate entities to achieve these goals.

www.wearesrna.org
Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)
Physical Address:
1787 Sutter Parkway
Powell, OH 43065-8806
Mailing Address:
PO Box 826962
Philadelphia PA 19182-6962
Phone: 855-380-3330
Please contact them for info in your area.

GENERAL DISABILITY RESOURCES

http://www.yellowpagesforkids.com/help/nm.htm
New Mexico Yellow Pages for Kids with Disabilities

http://www.nmota.org/
New Mexico chapter of the American Occupational Therapy Association (NMOTA)
P.O. Box 3036
Albuquerque, NM 87190
Email: Communications@nmota.org

www.nmapta.org
New Mexico chapter of the American Physical Therapy Association
140B Purcellville Gateway Drive, Suite 120
Purcellville, VA 20132
Phone: 505-596-5999
Please contact them for info in the NM area

www.apse.org
Association of People Supporting Employment First (APSE)

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

www.211.org
First Call 2-1-1
Phone: 211
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

http://cdd.unm.edu/other-disability-programs/information-network/index.html

Center for Development and Disability Information Network
2300 Menaul Blvd NE
Albuquerque, NM 87107
Phone: 505-272-8549
800-552-8195
Email: HSC-InfoNet@salud.unm.edu
Offers information and referral services.

www.nmaging.state.nm.us
New Mexico Aging & Long-Term Services Dept. Resource Center
Physical Address:
2550 Cerrillos Road
Santa Fe, NM 87505
Mailing Address:
P.O. Box 27118
Santa Fe, NM 87502-7118
Phone: 505-476-4799; 800-432-2080 (toll-free)
TTY: 505-476-4937
Offering information and assistance for seniors and adults with disabilities.

http://evecrowellsfund.org/
Eve’s Fund for Native American Health Initiatives
P.O. Box 3592
Newport, RI 02840
Phone: 800-646-2952
Eve’s Fund is a small non-profit organization with a big mission: to promote hope and wellness for young Native Americans living on the Navajo Nation in Arizona, New Mexico, and Utah.

www.familyvoices.org
Family Voices
2501 Yale Blvd. SE, Suite 200
Albuquerque, NM 87106
Phone: 505-247-0192 or Toll Free: 800-524-5176
Email: kidshealth@familyvoices.org
A national grassroots organization that provides info on ways to ensure and improve family-centered health care for children and youth with disabilities and chronic conditions. Offers a program called Kids As Self Advocates (KASA).

www.thinkfirst.org

ThinkFirst National Injury Prevention Foundation
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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