NEW JERSEY DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

AGING RESOURCES

https://www.n4a.org/adrcs
https://www.acl.gov/node/413

Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous...
improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://www.state.nj.us/humanservices/doas/home/  
New Jersey Department of Aging  
Division of Aging Services  
New Jersey Department of Human Services  
P.O. Box 715  
Trenton, NJ 08625-0715  
For Medicare counseling and general aging services questions: 1-800-792-8820  
For PAAD, Sr. Gold, or Lifeline: 1-800-792-9745  
For access to aging services in your county: 1-877-222-3737

http://www.nj4a.org/  
New Jersey Association of Area Agencies on Aging  
176 West State Street  
Trenton NJ, 08608  
Phone: 732-291-291-8038

https://ncea.acl.gov/  
National Center on Elder Abuse (NCEA)  
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

ARTS AND CREATIVITY

http://www.artrealization.org/  
Artistic Realization Technologies (A.R.T.)  
11 Whippoorwill Way  
Belle Mead, NJ 08502  
Phone: 908-359-3098  
Helps those with physical and developmental disabilities directly express their personal artistic visions.

http://www.artsaccessprogram.org  
Arts Access Matheny Medical and Educational Center  
The Matheny School and Hospital  
65 Highland Avenue  
Peapack, NJ 07977  
Phone: 908-234-0011  
Email: info@artsaccessprogram.org
http://www.artshorizons.org/
Arts Horizon
One Grand Avenue, Suite 7
Englewood, NJ 07631
Phone: 201-567-1766
Email: info@artshorizons.org
Arts Horizon’s mission is to enhance the lives of people of all ages and abilities by creating equitable opportunities to engage in the arts.

http://us3.forward-to-friend.com/forward/show?u=121ac33f887e43201d18d18b07bc&id=8be6a2e2e9
Gotta Dance
3322 Route 32 West, Suite 207
Branchburg, NJ 08876
All Bodies Speak dance classes are designed specifically for people of ALL ages and ALL bodies– with any disability. This may include: Autism, Down Syndrome, Cerebral Palsy, Parkinson’s Disease and/or any other emotional and physical disabilities. All classes are adjusted to accommodate your needs! The all-inclusive nature of these classes aligns with one of Gotta Dance’s five core values: Inclusive Family: Compassion/Warmth/Love/Belonging.

ASSISTIVE TECHNOLOGY

https://at4nj.org/
The Richard West Assistive Technology Advocacy Center (ATAC) of Disability Rights New Jersey (DRNJ)
210 South Broad Street, 3rd Floor
Trenton, NJ 08638
Phone: 800-922-7233 (NJ only)
Email: ATAC@disabilityrightsnj.org

http://caties.pages.tcnj.edu/
Center for Assistive Technology & Inclusive Education Studies (CATIES)
Dept. of Special Ed., Language & Literacy
The College of New Jersey
2000 Pennington Rd.
Ewing, NJ 08628-0718
Phone: 609-771-3016
Email: caties@tcnj.edu
It is dedicated to improving the educational experiences of children with disabilities by linking faculty and staff expertise with the needs of New Jersey ’s educational community.

https://at4nj.org/welcome-to-back-in-action/
Disability Rights New Jersey: Back In Action
An assistive technology recycling exchange program.

www.northeastada.org
Northeast ADA Center (covers NJ)
Employment and Disability Institute
Cornell University
IRL School
201 Doglen Hall
Ithaca, NY 14853
Phone: 607-255-6686
Toll-free: 800-949-4232 (TTY)
Email: northeastada@cornell.edu

www.goodwillhomemedical.org
Goodwill Home Medical Equipment (formerly Your ReSource Inc.)
300 Benigno Blvd.
Bellmawr, NJ 08031
Phone: 609-337-5506
Email: info@goodwillhomemedical.org
Goodwill HME is a division of Goodwill Industries of Southern NJ and Philadelphia, a 501c3 nonprofit organization. They clean and refurbish equipment such as wheelchairs, bath items, rehab equipment, lifts, hospital beds, walkers, canes, etc. and resells them to people who need them at a reduced rate.

https://ppcemem.org/home
Pluckemin Medical Equipment Ministry
of The Pluckemin Presbyterian Church
279 US Highway 202
PO Box 402
Pluckemin, NJ 07978
Phone: 908-396-6057
Provides medical equipment on loan to the public (one does not need to be a member of their church to use their equipment loan program). Pluckemin Church loans gently used medical equipment (such as wheelchairs, walkers, crutches, recliners, hospital beds, etc.) at no charge for those in need. Supplies are donated by the community for the community.

Caregivers Info

www.njcaregivers.org
Caregivers of New Jersey
50 Millstone Road
Building 300, Suite 201
East Windsor, NJ 08520
Phone: 800-372-6510

https://caregiver.com/
Caregiver.com
3920 Riverland Road
Fort Lauderdale, FL 33312
Tel: (954) 893-0550
1-800-829-2734
Email: info@caregiver.com

www.wellspouse.org
Well Spouse Association
Freehold Area Well Spouse Support Group
63 West Main St., Suite H
Freehold, NJ 07728
Donna McQuade
Phone: (732) 577-8899
Email: WSAdmarie@verizon.net

Cherry Hill Well Spouse Support Group
110 Kings Hwy N.
Cherry Hill, NJ 08034
Bob Mastro
Phone: 856-354-6391
Email: jebaumbach@verizon.net

Northern New Jersey Well Spouse Support Group
Hawthorne Area
Carol Marshal
Phone: 201-933-4759
Email: cmarshal1047@aol.com

St. Aloysius Well Spouse Support Group
Jen Perry c/o St. Aloysius parish
935 Bennetts Mills Road
Jackson, NJ 08527
Phone: 732-370-0500 x205

COMMUNITY-BASED FITNESS PROGRAMS

http://www.pushuwalknj.org
Push to Walk
100 Bauer Drive
Oakland, NJ 07436
Phone 201-644-7567
dfont@pushtowalknj.org.
Push to Walk offers one on one workouts to people with spinal cord injuries in a specialized gym with certified trainers.

www.therafitrehab.com
TheraFit Rehab
1275 New Jersey 35 Ste. 7
Middletown, NJ 07748
Phone: 732-639-0068
Email: info@therafitrehab.com
TheraFit Rehab offers physical therapy. They are dedicated to providing specialized, activity-based rehabilitation programs to children, adults and seniors with disabilities. They serve people of all ages with disabilities including CP, MS, spinal cord injury, TBI, stroke, paraplegia, muscular dystrophy, spina bifida, quadriplegia, and others. They also serve seniors with conditions such as arthritis, diabetes, and heart and lung disease. The facility offers fully accessible and adaptive equipment.

COMMUNITY HEALTH CENTERS

www.nj pca.org
New Jersey Primary Care Association
3836 Quakerbridge Road, Suite 201
Hamilton, NJ 08619
Phone: 609-689-9930
Email: info@nj pca.org
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/
Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.
CORONAVIRUS INFO and HOTLINE

https://nj.gov/health/cd/topics/ncov.shtml
NJ Dept. of Health Coronavirus Public Hotline: 1-800-222-1222

CRIME VICTIM ASSISTANCE

New Jersey Department of Law & Public Safety
Office of the Attorney General

Victims of Crime Compensation Office
Phone: 877-658-2221
Web site: https://www.njoag.gov/vcco/

http://www.safehorizon.org
Safe Horizon’s Links for General Crime Victim Resources/Issues
Phone: 800-621-4673

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline 1-800-799-SAFE (7233); TTY: 800-787-3224
Statewide Hotline 800-572-7233

http://www.jbws.org/
Jersey Battered Women’s Services
PO Box 1437
Morristown NJ 07962
Phone: 973-267-7529 (administrative)
24 Hour Helpline: 973-267-4763
Email: info@jbws.org

http://www.njcedv.org/
New Jersey Coalition to End Domestic Violence
1670 Whitehorse-Hamilton Square Rd.
Trenton, NJ 08690
Phone: 609-584-8107

AARDVARC.org
New Jersey Domestic Violence Crisis and Support Resources

EASTER SEALS OFFICES
http://www.easterseals.com, go to Connect Locally and put in your state

Easter Seals National Headquarters
141 W Jackson Blvd., Suite 1400A
Chicago, IL 60604
Phone: 312-726-6200; 800-221-6827 (Toll-free)
TDD: 312-726-4258
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

http://www.easterseals.com/connect-locally/?state=NJ
Easter Seals New Jersey
25 Kennedy Blvd., Suite 600
East Brunswick, NJ 08816
Phone: 732-257-6662

GOVERNMENT OFFICES FOR NEW JERSEY

http://www.state.nj.us/
New Jersey State Website

http://www.state.nj.us/humanservices/
NJ Department of Human Services (includes Disability Programs)
222 South Warren St.
P.O. Box 700
Trenton, NJ 08625-0212
Phone: 609.292.3717

https://www.state.nj.us/humanservices/cicrf/home/
Catastrophic Illness in Children Relief Fund Commission
NJ Department of Human Services
The Fund is a financial assistance program for New Jersey families with potentially catastrophic medical expenses due to a child’s illness or condition. If a family has expenses due to a child’s illness that were incurred prior to the child’s 22nd birthday, and the expenses:
1. Exceed 10% of the family’s income that year, plus 15% of any income over $100,000; and
2. Are not covered by insurance, other State or Federal programs, or other sources such as fundraising
Call the Fund at 1-800-335-FUND (3863) for more information.

http://www.state.nj.us/humanservices/dds/
NJ Division of Disability Services
PO Box 705
Trenton, NJ 08625
Phone: 888-285-3036
Publishes an annual New Jersey Resources book


See also their NJ Guide to Handicapped Parking:

https://www.state.nj.us/humanservices/cbvi/services/vocation/

NJ Division of Vocational Rehabilitation Services (DVRS) Office
P.O. Box 398
Trenton, NJ 08625-0398
Phone: 609-292-5987
TTY: 609-292-1212
DVRS provides a wide range of individualized services to assist persons with disabilities to prepare for, obtain and/or maintain employment consistent with their strengths, priorities, needs, abilities, and capabilities. Specific services are offered based on individual need. Services include vocational assessment, counseling and guidance, job placement assistance, education and vocational training, and other services as required to assist the individual to achieve employment. Transportation assistance is available for eligible consumers who are receiving Vocational Rehabilitation services.

http://www.state.nj.us/humanservices/dmahs/clients/medicaid/

New Jersey Medicaid Office
Department of Human Services of New Jersey
7 Quakerbridge Plaza
P.O. Box 712
Trenton, NJ 08619
Phone: 609-588-2600
Toll-Free: In-State Calls Only 1-800-356-1561
Toll-Free TTY: 1-800-701-0720

http://www.njfamilycare.org/

NJ Family Care
PO Box 1450
Trenton, NJ 08650
Phone: 800-701-0710
TTY: 800-701-0720

http://www.state.nj.us/dobi/index.shtml

State Insurance Commissioner
Insurance Dept Hotline: 609-292-7272
https://www.nj.gov/labor/wc/wc_index.html
Workers Compensation Office

www.njcdd.org
NJ Council on Developmental Disabilities
PO Box 700
Trenton, NJ 08625-0700
Phone: 609-292-3745
Email: njcdd@njcdd.org

State Interagency Coordinating Council—Early Intervention
Department of Health
P.O. Box 360
Trenton, NJ 08625-0360
Email njsicc@aol.com
Early intervention for infants and toddlers with disabilities.

http://www.state.nj.us/health/ems/
NJ Office of Emergency Medical Services
Phone: 609-633-7777
Lists emergency transportation providers and air medical service providers.

http://www.nj.gov/health/charitycare/index.shtml
NJ Charity Care
Phone: 866-588-5696
The New Jersey Hospital Care Payment Assistance Program (Charity Care) is for people who are uninsured and underinsured.

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.state.nj.us/ooie/
State LTC Ombudsman
Debra Branch
Division of Elder Advocacy
Office of Ombudsman for the Institutionalized
P. O. Box 852
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

HOUSING

https://www.hud.gov/states/new_jersey/offices
U.S. Department of Housing and Urban Development (HUD)
Newark Field Office
One Newark Center
1085 Raymond Boulevard
13th Floor
Newark, NJ 07102-5260
Phone: 973-776-7200; 800-225-5342 (Toll-free)
TTY: 973-645-3298

www.hud.gov
Housing and Urban Development (HUD)
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org
211
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

NJ Department of Consumer Affairs: Division of Housing and Community Resources--DCAid
DCA has a variety of programs that can help you with rent/heating costs, prevention of eviction, reduction of utility bills, and removal of lead hazards from your home. Go through the checklist to see if you are eligible for these assistance programs.

http://www.state.nj.us/health/
NJ Department of Health
Has info on health care facilities, nursing homes, and long term care facilities.

http://www.njhousing.gov/
NJ Housing Resource Center helps people with disabilities find housing options
Supportive housing is permanent, affordable, lease-based housing for people of low income with access to flexible supportive services. Supportive housing is designed for people with special needs including those with mental, physical and developmental disabilities as well as people who are homeless.

**Independent Living**

http://www.ilru.org/projects/silc-net/silc-directory
ILRU: State Independent Living Councils (SILCs)
New Jersey Independent Living Council
3635 Quakerbridge Road
Hamilton, NJ 08619
Email: dinodoll@verizon.net

NJ Statewide Independent Living Council (SILC)
SILC is a 17-member body appointed by the governor which maximizes opportunities for people with disabilities through planning and advocacy.

http://www.ilru.org
Independent Living Research Utilization’s directory of Independent Living Centers

http://www.adacil.org
Alliance Center for Independence
629 Amboy Ave.
Edison, NJ 08837
Phone: 732-738-4388
TTY: 732-738-9644
A center for independent living serving Middlesex, Union and Somerset counties.

http://www.cheshirehome.org/
Cheshire Home
9 Ridgedale Avenue
Florham Park, NJ 07932
Phone: (973) 966-1232
An independent living center for physically disabled individuals.
http://www.enablenj.org
Enable
13 Roszel Rd., Suite B110
Princeton, NJ 08540
Phone: 609-987-5003
Email: info@enablenj.org
Assists with housing, employment, training, etc.

http://www.monmouthresourcenet.org/search/moceans-center-for-independent-living/
MOCEANS Center for Independent Living
185 State Road 36, Suite B-1
West Long Branch, NJ 07764
Phone: 732-571-4884
MOCEANS provides peer support, advocacy, independent living skills, and information and referral to people with disabilities.

http://www.ncil.org/
National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

LIBRARY SERVICES

The New Jersey State Library: Talking Books and Braille
Physical Address:
2300 Stuyvesant Avenue
Trenton, NJ 08618
Mailing Address:
PO Box 501
Trenton, NJ 08625-0501
Phone: 609-406-7179; 800-792-8322 (Toll-free)
NeuroRecovery Network (NRN)

Kessler Institute for Rehabilitation
West Orange, NJ
The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. For more info on qualifying for the program, please go to www.ChristopherReeve.org/NRN

Peer Support Programs

www.ChristopherReeve.org/Peer
Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

PROTECTION AND ADVOCACY

http://www.drnj.org
Disability Rights New Jersey
210 S. Broad Street, 3rd Floor
Trenton, NJ 08608
609-292-9742 \ 800-922-7233 (IN STATE)
TTY: 609-633-7106
Email: advocate@drnj.org
See their booklet on bullying of students with disabilities in schools:

NJ Division of Consumer Affairs: Motorized Wheelchair and Scooter Lemon Law Info.
Phone: 973-504-6226

SERVICE DOGS

http://www.merlinskids.org/
Merlin’s Kids
PO Box 21
Midland Park, NJ 07432
Phone: 855-HI-WYATT
Merlin’s Kids rescues, rehabilitates and trains shelter dogs to become service dogs that help people with mobility impairments. They provide dogs nationally and at no charge to qualified applicants.

SIBLING SUPPORT

www.siblingsupport.org
Sibling Support Project lists groups in NJ. This is support for siblings of children with disabilities.

SPORTS AND RECREATION

https://tourism.visitmonmouth.com/accessible-beach-guide/
2021 Monmouth County Accessible Beach Guide

https://www.cityofasburypark.com/299/WaterWheels-Reservations
Asbury Park Beach Accessibility
Asbury Park offers a limited number of adaptive beach chairs to people living with disability. They also offer ADA / ABA beach access surfaces (mats) to improve accessibility to water-based areas. There is also an accessible restroom available.

http://www.disabledsportsusa.org
Disabled Sports USA
451 Hungerford Dr., Suite 608
Rockville, MD 20850
Phone: 301-217-0960
Email: info@dsusa.org
Contact for programs in NJ

http://www.cmde.org
Center for Modern Dance Education, Inc.
84 Euclid Avenue
Hackensack, NJ 07601
Phone: 201-342-2989
Founded in 1962, the Center for Dance Education (CMDE) is a non-profit organization dedicated to bringing the joy and language of movement to everyone, including individuals with disabilities, youth-at-risk, older adults, and people from economically disadvantaged circumstances.

https://www.njballet.org/dancing-for-parkinsons

Dancing for Parkinson’s Program at New Jersey Ballet
Phone: 973-597-9600
Email: David@njballet.org
Individuals with Parkinson’s are encouraged to remain active. The class is designed to encourage and develop coordination, musicality, spatial awareness, creativity and technique.

http://freedomswings.org/

Freedom’s Wings International Inc.
51 Tulip St.
Summit, NJ 07901
Phone: 848-227-1957
We provide the opportunity for those who are physically challenged to fly in specially adapted sailplanes, either as a passenger or as a member of the flight training program

http://hsanjscuba.com/wp/

Handicapped Scuba Diving Alliance (HSDA)
16 Afton Rd.
Jackson, NJ 08527
Phone: 732-928-0461
Email: stew@hsdanj.com
HSDA is a non-profit organization dedication to improving the physical and social well-being of people with disabilities through the sport of scuba diving.

www.hrhofnj.org

Health and Recreation through Horses of NJ (HRH of NJ)
Email: hrhofnj@gmail.com
HRH of NJ functions as the state chapter of the Professional Association of Therapeutic Horsemanship.

http://www.rollcallwheelchairdance.org/

Roll Call Wheelchair Dance
197 Rock Rd
Glen Rock, NJ 07452
Phone: 201-447-4200
Roll Call Wheelchair Dance is an organization exclusively for charitable and educational purposes. The mission of Roll Call is to teach people of all ages and abilities how to partner dance.
Wheelin’ Sportsmen – National Wild Turkey Federation New Jersey State Chapter
242 Burnt Meadow Road
Ringwood, NJ 07456
Phone: 973-839-7939
Email: turkeyhouse@aol.com
Wheelin’ Sportsmen offers hunting and fishing opportunities to disabled sportsmen.

UNITED WAY OFFICES

http://www.bergenunitedway.org/
United Way of Bergen County - Paramus
6 Forest Ave.
Paramus, NJ 07652
Phone: 201-291-4050
888-340-UWAY (8929) Toll Free
Email: info@bergenunitedway.org
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

http://www.unitedwaybloomfield.org/
United Way of Bloomfield
98 Broad Street, 2nd Floor
Bloomfield, NJ 07003
Phone: 973-748-1732
Email: info@unitedwaybloomfield.org

http://www.unitedforimpact.org/burlington
United Way Greater Philadelphia and Southern New Jersey
1800 JFK Blvd, Suite 1200
Philadelphia, PA 19103
Phone: 215-665-2500

http://www.uwguc.org/
United Way of Greater Union County
UWGUC Elizabeth Office
33 W Grand St
Elizabeth, NJ 07202
Phone: 908-353-7171
Email: info@uwguc.org

https://www.uwmoc.org/
United Way of Monmouth and Ocean Counties
4814 Outlook Dr., Ste 107
Wall Twp., NJ 07753
Phone: 732-938-5988

http://www.uwhunterdon.org
United Way of Hunterdon County
4 Walter E. Foran Boulevard, Ste 401
Flemington NJ, 08822
Phone: 908-782-3414

www.liveunitedHudson.org
United Way of Hudson County
857 Bergen Ave
Jersey City, NJ 07306
Phone: 201-434-2625

http://www.uwgmc.org/
United Way of Greater Mercer County
3150 Brunswick Pike, STE 230
Lawrenceville, NJ 08648-2420
Phone: 609-.896-1912

http://www.uwcj.org/
United Way of Central Jersey
32 Ford Avenue
Milltown, NJ 08850
Phone: 732-247-3727
Email: info@uwcj.org

http://www.unitedwaynnj.org/
United Way of Northern New Jersey Headquarters and Morris County Office
222 Ridgedale Avenue, 3rd Floor
Cedar Knolls, NJ 07927
Phone: 973-993-1160

Somerset County Office
Physical Address:
55 North Gaston Avenue
Somerville, NJ 08876
Bridgewater, NJ 08807
Mailing Address:
PO Box 6835
Bridgewater, NJ 08807
United Way of Greater Newark
60 Park Place Suite 1400
Newark, NJ 07102
Phone: 973-624-8300

United Way of Passaic County
Center City Mall Upper Level
301 Main Street
Paterson, NJ 07505
Phone: 973-279-8900

United Way of Delaware (service area includes Salem County, NJ)
625 N Orange S.
Wilmington, DE 19801
Phone: 302-573-3700

Veterans Benefits

New Jersey Paralyzed Veterans of America Service Office
VARO, Newark
Paralyzed Veterans of America
20 Washington Place, Room 433
Newark, NJ 07102
Phone: 973-297-3228

US Dept of Veterans Affairs VA Hospital Locator
Click on New Jersey for VA Hospitals in your area

ALS

ALS Association National Office
1300 Wilson Boulevard, Suite 600
Arlington, VA 22209
Phone: 202-407-8580

http://www.als-ny.org
Greater New York Chapter  
(*Serving Northern & Central New Jersey*)  
42 Broadway, Ste. 1724  
New York, NY 10004  
Phone: 212-691-1400  
Email: als@als-ny.org

http://www.alsphiladelphia.org
Greater Philadelphia Chapter  
(*Serving Southern & Central New Jersey*)  
321 Norristown Rd.  
Suite 260  
Ambler, PA 19002  
Phone: 215-643-5434  
Toll-free: 877-434-7441  
Email: alsassoc@alsphiladelphia.org

http://www.hopelovescompany.org/
Hope Loves Company  
65 Main St., Suite 101  
Pennington, NJ 08534  
Phone: 609-730-1144  
Email: Contact-Us@hopelovescompany.org  
HLC is the only non-profit organization in the U.S. dedicated to providing educational or emotional support to children and young adults whose loved ones have or had ALS or Lou Gehrig’s Disease.

### BRAIN INJURY

http://www.bianj.org
Brain Injury Alliance of New Jersey  
825 Georges Rd., Second Floor  
North Brunswick, NJ 08902  
Phone: 732-745-0200  
Family Helpline: 800-669-4323  
E-Mail: info@bianj.org

https://www.state.nj.us/humanservices/dds/services/tbis/tbifund/
Traumatic Brain Injury Fund  
Division of Disability Services  
11A Quakerbridge Plaza  
Mercerville, NJ  
Toll-free: 888-285-3036

http://www.state.nj.us/health/njcbir/
NJ Commission on Brain Injury Research
Their mission is to empower people with brain injuries to achieve independence and their full potential. Opportunity Project is affiliated with local county offices of The Division of Vocational Rehabilitation (DVR) and provides a 25 day on site and community evaluation and 90 day work adjustment training to individuals referred by the DVR as well as to any interested members.

BRAIN TUMORS

www.njbt.org
New Jersey Brain Tumor Support Groups—Central Jersey and Monmouth & Ocean County

CEREBRAL PALSY

http://www.ucpofhudsoncounty.org
UCP of Hudson County
721 Broadway
Bayonne, NJ 07002
Phone: 201-436-2200
E-mail: info@ucpofhudson.org

https://pillarnj.org/
Pillar Care Continuum (formerly Cerebral Palsy of North Jersey)
220 South Orange Ave., Suite 300
Livingston, NJ 07039
Phone: 973-763-9900, ext. 1100
Pillar Care Continuum (formerly Cerebral Palsy of North Jersey) is dedicated to enhancing the lives of people with disabilities and other special needs by supporting personal growth, independence, and participation in the community.

GUILLAIN-BARRÉ SYNDROME/ CIDP

http://gbs-cidp.org/
Guillain-Barré Syndrome / CIDP Foundation International
375 E. Elm St.
Conshohocken, PA 19428
Phone: 610-667-0131; 866-224-3301 (Toll-free)
Please call them for information in your area

MULTIPLE SCLEROSIS

http://mymsaa.org/

Multiple Sclerosis Association of America National Headquarters
375 Kings Hwy, North
Cherry Hill, NJ 08034
Toll-free: 800-532-7667
Phone: 856-661-9797
E-mail: msaa@mymsaa.org

Multiple Sclerosis Association of America – NJ Chapters:

http://www.nationalmssociety.org/chapters/PAE/index.aspx

Greater Delaware Valley Chapter
30 South 17th Street, Suite 800
Philadelphia, PA 19103
Phone: 215-271-1500
Email: PAE@NMSS.ORG

http://www.nationalmssociety.org/chapters/NJM/index.aspx

New Jersey Metro Chapter – Woodbridge
Aspen Corporate Park 1, Suite 301
1480 US Highway 9 North
Woodbridge, NJ 07095
Phone: 800-344-4867; 732-660-1005 (Toll-free)
Email: Njminfo@nmss.org

MUSCULAR DYSTROPHYPRE

www.mdausa.org

Muscular Dystrophy Association
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Under “MDA in Your Community” enter your zip code to find local clinics that treat MD.
MDA New Jersey Summer Camp
Office: 25 East Spring Valley Avenue #210
Maywood, NJ 07607
Phone: 201 843-4452
Email: maywood@mdausa.org
MDA is leading the fight to free individuals — and the families who love them — from the harm of muscular dystrophy, ALS and related muscle-debilitating diseases that take away physical strength, independence and life. We use our collective strength to help kids and adults live longer and grow stronger by finding research breakthroughs across diseases, caring for individuals from day one and empowering families with services and support in hometowns across America.

POST-POLIO SYNDROME

http://www.post-polio.org
Post-Polio Health International (PHI)
50 Crestwood Executive Ctr.
Suite 440
St. Louis, MO 63126
Phone: 314-534-0475
Email: info@post-polio.org
Directory lists Health Professionals, Clinics, and Support Groups by state:

SPINA BIFIDA

http://www.spinabifidaassociation.org
Spina Bifida Association of America
1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 800-621-3141 x20
Email: mnethercutt@sbaa.org
Please contact them for info in your area

SPINAL CORD INJURY

http://kesslerfoundation.org/researchcenter/spinalcordinjury/modelsystems.php
Northern New Jersey Model Spinal Cord Injury System
Kessler Institute for Rehabilitation
1199 Pleasant Valley Way
West Orange, NJ 07052
Phone: 973-324-3571
The mission of the W. M. Keck Center for Collaborative Neuroscience is the development of effective treatments for acute and chronic spinal cord injuries and to move these discoveries from laboratory to human lives as rapidly as possible. They provide a moderated forum called CareCure so that people with SCI can communicate with each other.

New Jersey Commission on Spinal Cord Research
25 S. Stockton Street
2nd Floor Rear
Trenton, NJ 08625
Phone: 609-913-5005
Email: NJCSCR@doh.nj.gov

DeSatnick Foundation
The DeSatnick Foundation concentrates on providing, promoting, and encouraging education and awareness of Spinal Cord Injury with a special emphasis on Atlantic, Cape May, Cumberland and Ocean Counties, New Jersey. Founder Chad DeSatnick was injured while surfing in NJ in 2001.

Push To Walk
100 Bauer Dr.
Oakland, NJ 07436
Phone: 201-644-7567
Email: info@pushtowalknj.org
A ProjectWalk Spinal Cord Injury Recovery Certified Facility

STROKE

American Stroke Association
Phone: 1-888-478-7653
Please call for the stroke support group in your area
Adler Aphasia Center
60 West Hunter Avenue
Maywood, NJ 07607
Phone: 201-368-8585
Email: info@AdlerAphasiaCenter.org

Our dynamic activities and quality programs and services offer a unique approach to enhancing communication skills as well as improving the quality of life for those with aphasia. Caregivers will also find the encouragement, understanding, education and support to help them balance their own needs. Continuing professional education, volunteer opportunities, research and training will attract students, clinicians and supporters. Education and advocacy within the professional and public community about aphasia will assist in enabling members to re-engage in society and get on with their lives. Staff, instructors, volunteers and members will receive the training they need to enable the center to expand their programs.

SYRINGOMYELIA/CHIARI MALFORMATION

http://www.asap.org
American Syringomyelia & Chiari Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
Toll-free: 800-ASAP-282
Email: info@ASAP.org
Please contact them for info and support groups in your area.

TRANSVERSE MYELITIS

www.wearesrna.org
Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.

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GENERAL DISABILITY RESOURCES

http://www.yellowpagesforkids.com/help/nj.htm
New Jersey Yellow Pages for Kids with Disabilities

http://www.aptanj.org/
NJ chapter of the American Physical Therapy Association
1100 US Highway 130
Suite 3  
Robbinsville, NJ 08691-1108  
Phone: 609-208-0200  
Email: inquiry@apta.org

http://www.njota.org  
New Jersey chapter of the American Occupational Therapy Association  
PO Box 536  
Woodbury, NJ 08066  
Phone: 732-968-5038  
Email: management@njota.org

http://www.apse.org  
https://apse.org/chapter/new-jersey/  
NJ chapter of Association of People Supporting Employment First (ASPE)

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

http://www.abilitiesnw.com/  
Abilities of Northwest Jersey Inc.  
264 Rt. 31 North  
Washington, NJ 07882  
Phone: 908-689-1118  
Email: info@abilities.com  
Abilities is dedicated to improving the employability and quality of life for people with different abilities by providing training and individualized services.

www.alliesnj.org  
Allies Inc.  
1262 Whitehorse-Hamilton Square Road  
Building A, Suite 101  
Hamilton, NJ 08690  
Phone: 609-689-0136  
Provides case management, residential services, employment services to people with disabilities.

http://www.centrastatefoundation.org/  
CentraState Healthcare Foundation  
225 Willow Brook Road, Suite 5  
Freehold, NJ 07728  
Phone: 732-294-7030  
CentraState Healthcare Foundation’s mission is to inspire broad based community philanthropic support for advancing exceptional healthcare.

https://disabilityalliesforyou.org/
Disability Allies
415 Route 18 South, Suite 3
East Brunswick, NJ 08816
Phone: 732-360-8065
Email: info@disabilityallies.com
Disability Allies’ mission is to create a more inclusive community by connecting young adults with and without Special Needs.

Horizons at Allaire Rehab and Nursing
115 Dutch Lane Rd.
Freehold, NJ 07728
Phone: 732-431-7420
Email: info@allairehc.com
Horizons Neurological at Allaire is a young adult long term care program that treats people ages 18-59 that have a neurological impairment such as TNI, MS, SCI, seizure disorder, and CP. These diagnoses and injuries can often lead to paralysis. Rehabilitation therapy (OT, PT, ST) is offered up to 5 times per week. A physiatrist and neuropsychologist evaluate and follow each resident. Social workers on staff can assist the resident to return to the community. Specialized activities are offered that address the needs of young adults with neurological impairments. Multiple support groups are offered such as music therapy, art therapy, pet therapy, Tai Chi, Reiki, and CBT.

Opportunity Project Inc.
60 East Willow Street
Millburn, NJ 07041
Phone: 973-921-1000
Email: rbrown@opportunityproject.org

NJ MentalHealthCares
Phone: 866-202-HELP (4357) (Toll-free)
TTY: 877-294-4356
Email: help@njmentalhealthcares.org
Free, confidential mental health information & referral

NJ Transit: Paratransit

NJ Find a Ride
An information resource about accessible transportation options available to people with disabilities.

http://www.projectfreedom.org
**Project Freedom, Inc.**
223 Hutchinson Road
Robbinsville, NJ 08691
Phone: 609-448-2998
Develops and operates barrier-free housing to enable individuals with disabilities to live independently.

https://risingtreetops.org/contact_us/

**Rising Treetops at Camp Oakhurst**
111 Monmouth Rd.
Oakhurst, NJ 07755
Phone: 732-531-0215
Rising Treetops at Oakhurst is open all year, serving children and adults with special needs through our summer sleep away camp, year-round overnight respite (planned and emergency) and day respite care programs.

https://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/proud-family-health/

**Robert Wood Johnson University Hospital: PROUD Family Health program**
RWJ Somerset Family Practice
110 Rehill Avenue
Somerville, NJ 08876
Phone: 1-855-776-8334
Opened in February 2017, RWJ University Hospital Somerset became the first hospital in NJ to offer specialized primary care services for the LGBTQIA community.

https://spanadvocacy.org/

**SPAN – Parent Advocacy Network**
35 Halsey Street
4th Floor
Newark, NJ 07102
Phone: 973-642-8100
Toll-free: 800-654-7726 (in New Jersey)
Email: info@spanadvocacy.org


**Rutgers School of Dental Medicine: Delta Dental of New Jersey Special Care Center**
110 Bergen Street
Newark, NJ 07103
Phone: 973-972-4242, Ext. #6
Provides dental care to individuals with disabilities. The center trains dental school students in delivering care to special needs patients.
http://www.nj211.org/
NJ 211
Phone: 211
Toll-free: 877-652-1148
211 answers questions about employment programs, utility assistance, legal services, support groups, financial assistance, housing, transportation, emergency preparations, medical assistance, food pantry locations, etc. The call is free and confidential and phone lines are open 24/7.

www.thinkfirst.org
ThinkFirst National Injury Prevention Foundation
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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