NEW JERSEY DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door
https://www.n4a.org/adrcs
https://www.acl.gov/node/413

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (http://www.hhs.gov/acl/index.html) (including AoA (http://www.aoa.gov/) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (http://www.cms.hhs.gov/). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term...
supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

**New Jersey Department of Aging**
[http://www.state.nj.us/humanservices/doas/home/](http://www.state.nj.us/humanservices/doas/home/)
Division of Aging Services
New Jersey Department of Human Services
P.O. Box 715
Trenton, NJ 08625-0715
For Medicare counseling and general aging services questions: 1-800-792-8820
For PAAD, Sr. Gold, or Lifeline: 1-800-792-9745
For access to aging services in your county: 1-877-222-3737

**New Jersey Association of Area Agencies on Aging**
176 West State Street
Trenton NJ, 08608
Phone: 732-291-291-8038

**National Center on Elder Abuse (NCEA)**
[https://ncea.acl.gov/](https://ncea.acl.gov/)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

**Arts And Creativity**

**Artistic Realization Technologies (A.R.T.)**
11 Whippoorwill Way
Belle Mead, NJ 08502
Phone: 908-359-3098
Helps those with physical and developmental disabilities directly express their personal artistic visions.

**Arts Access Matheny Medical and Educational Center**
[http://www.artsaccessprogram.org](http://www.artsaccessprogram.org)
The Matheny School and Hospital
65 Highland Avenue
Peapack, NJ 07977
Phone: 908-234-0011
Email: info@artsaccessprogram.org

Arts Horizon
http://www.artshorizons.org/
One Grand Avenue, Suite 7
Englewood, NJ 07631
Phone: 201-567-1766
Email: info@artshorizons.org
Arts Horizon’s mission is to enhance the lives of people of all ages and abilities by creating equitable opportunities to engage in the arts.

Gotta Dance
http://us3.forward-to-friend.com/forward/show?u=121ac33f887e43201d18b07bc&id=8be6a2e2c9
3322 Route 32 West, Suite 207
Branchburg, NJ 08876
All Bodies Speak dance classes are designed specifically for people of ALL ages and ALL bodies—with any disability. This may include Autism, Down Syndrome, Cerebral Palsy, Parkinson’s Disease and/or any other emotional and physical disabilities. All classes are adjusted to accommodate your needs! The all-inclusive nature of these classes aligns with one of Gotta Dance’s five core values: Inclusive Family: Compassion/Warmth/Love/Belonging.

Assistive Technology

The Richard West Assistive Technology Advocacy Center (ATAC) of Disability Rights New Jersey (DRNJ)
https://at4nj.org/
210 South Broad Street, 3rd Floor
Trenton, NJ 08638
Phone: 800-922-7233 (NJ only)
Email: ATAC@disabilityrightsnj.org

Center for Assistive Technology & Inclusive Education Studies (CATIES)
http://caties.pages.tcnj.edu/
Dept. of Special Ed., Language & Literacy
The College of New Jersey
2000 Pennington Rd.
Ewing, NJ 08628-0718
Phone: 609-771-3016
Email: caties@tcnj.edu
It is dedicated to improving the educational experiences of children with disabilities by linking faculty and staff expertise with the needs of New Jersey’s educational community.

Disability Rights New Jersey: Back In Action
https://at4nj.org/welcome-to-back-in-action/
An assistive technology recycling exchange program.

**Northeast ADA Center** (covers NJ)
[www.northeastada.org](http://www.northeastada.org)
Employment and Disability Institute
Cornell University
IRL School
201 Doglen Hall
Ithaca, NY 14853
Phone: 607-255-6686
Toll-free: 800-949-4232 (TTY)
Email: northeastada@cornell.edu

**Goodwill Home Medical Equipment** (formerly Your ReSource Inc.)
[www.goodwillhomemedical.org](http://www.goodwillhomemedical.org)
300 Benigno Blvd.
Bellmawr, NJ 08031
Phone: 609-337-5506
Email: info@goodwillhomemedical.org
Goodwill HME is a division of Goodwill Industries of Southern NJ and Philadelphia, a 501c3 nonprofit organization. They clean and refurbish equipment such as wheelchairs, bath items, rehab equipment, lifts, hospital beds, walkers, canes, etc. and resells them to people who need them at a reduced rate.

**Pluckemin Medical Equipment Ministry of The Pluckemin Presbyterian Church**
[https://ppcmem.org/home](https://ppcmem.org/home)
279 US Highway 202
PO Box 402
Pluckemin, NJ 07978
Phone: 908-396-6057
Provides medical equipment on loan to the public (one does not need to be a member of their church to use their equipment loan program). Pluckemin Church loans gently used medical equipment (such as wheelchairs, walkers, crutches, recliners, hospital beds, etc.) at no charge for those in need. Supplies are donated by the community for the community.

**Caregivers Info**

**Caregivers of New Jersey**
[www.njcaregivers.org](http://www.njcaregivers.org)
50 Millstone Road
Building 300, Suite 201
East Windsor, NJ 08520
Phone: 800-372-6510

Caregiver.com
Well Spouse Association

www.wells spouse.org
Freehold Area Well Spouse Support Group
63 West Main St., Suite H
Freehold, NJ 07728
Donna McQuade
Phone: (732) 577-8899
Email: WSAdmarie@verizon.net

Cherry Hill Well Spouse Support Group
110 Kings Hwy N.
Cherry Hill, NJ 08034
Bob Mastro
Phone: 856-354-6391
Email: jebaumbach@verizon.net

Northern New Jersey Well Spouse Support Group
Hawthorne Area
Carol Marshal
Phone: 201-933-4759
Email: cmarch1047@aol.com

St. Aloysius Well Spouse Support Group
Jen Perry c/o St. Aloysius parish
935 Bennetts Mills Road
Jackson, NJ 08527
Phone: 732-370-0500 x205

Community-Based Fitness Programs

Push to Walk
http://www.pushtowalknj.org
100 Bauer Drive
Oakland, NJ 07436
Phone 201-644-7567
dfont@pushtowalknj.org.
Push to Walk offers one on one workouts to people with spinal cord injuries in a specialized gym with certified trainers.

TheraFit Rehab
TheraFit Rehab offers physical therapy. They are dedicated to providing specialized, activity-based rehabilitation programs to children, adults and seniors with disabilities. They serve people of all ages with disabilities including CP, MS, spinal cord injury, TBI, stroke, paraplegia, muscular dystrophy, spina bifida, quadriplegia, and others. They also serve seniors with conditions such as arthritis, diabetes, and heart and lung disease. The facility offers fully accessible and adaptive equipment.

**Community Health Centers**

**New Jersey Primary Care Association**
www.njpca.org
3836 Quakerbridge Road, Suite 201
Hamilton, NJ 08619
Phone: 609-689-9930
Email: info@njpca.org

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

**Health Resources and Services Administration (HRSA): Find a Health Center**
http://findahealthcenter.hrsa.gov/

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

**Coronavirus Info and Hotline**

**NJ Dept. of Health Coronavirus Public Hotline:** 1-800-222-1222
https://nj.gov/health/cd/topics/ncov.shtml

**Crime Victim Assistance**

**New Jersey Department of Law & Public Safety**
Office of the Attorney General

Victims of Crime Compensation Office
Phone: 877-658-2221
Web site: https://www.njoag.gov/vcco/

Safe Horizon’s Links for General Crime Victim Resources/Issues
http://www.safehorizon.org
Phone: 800-621-4673

Domestic Violence Help

National Domestic Violence Hotline 1-800-799-SAFE (7233); TTY: 800-787-3224
Statewide Hotline 800-572-7233

Jersey Battered Women’s Services
http://www.jbws.org/
PO Box 1437
Morristown NJ 07962
Phone: 973-267-7529 (administrative)
24 Hour Helpline: 973-267-4763
Email: info@jbws.org
http://www.njcedv.org/

New Jersey Coalition to End Domestic Violence
1670 Whitehorse-Hamilton Square Rd.
Trenton, NJ 08690
Phone: 609-584-8107

AARDVARC.org
New Jersey Domestic Violence Crisis and Support Resources

Easter Seals Offices

Easter Seals National Headquarters
http://www.easterseals.com, go to Connect Locally and put in your state
141 W Jackson Blvd., Suite 1400A
Chicago, IL 60604
Phone: 312-726-6200; 800-221-6827 (Toll-free)
TDD: 312-726-4258
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Easter Seals New Jersey
Government Offices For New Jersey

New Jersey State Website
http://www.state.nj.us/

NJ Department of Human Services (includes Disability Programs)
http://www.state.nj.us/humanservices/
222 South Warren St.
P.O. Box 700
Trenton, NJ 08625-0212
Phone: 609.292.3717

Catastrophic Illness in Children Relief Fund Commission
https://www.state.nj.us/humanservices/cicrf/home/
NJ Department of Human Services
The Fund is a financial assistance program for New Jersey families with potentially catastrophic medical expenses due to a child’s illness or condition. If a family has expenses due to a child’s illness that were incurred prior to the child’s 22nd birthday, and the expenses:
1. Exceed 10% of the family’s income that year, plus 15% of any income over $100,000; and
2. Are not covered by insurance, other State or Federal programs, or other sources such as fundraising
Call the Fund at 1-800-335-FUND (3863) for more information.

NJ Division of Disability Services
http://www.state.nj.us/humanservices/dds/
PO Box 705
Trenton, NJ 08625
Phone: 888-285-3036
Publishes an annual New Jersey Resources book


See also their NJ Guide to Handicapped Parking:

NJ Division of Vocational Rehabilitation Services (DVRS) Office
https://www.state.nj.us/humanservices/cbvi/services/vocation/
P.O. Box 398
DVRS provides a wide range of individualized services to assist persons with disabilities to prepare for, obtain and/or maintain employment consistent with their strengths, priorities, needs, abilities, and capabilities. Specific services are offered based on individual need. Services include vocational assessment, counseling and guidance, job placement assistance, education and vocational training, and other services as required to assist the individual to achieve employment. Transportation assistance is available for eligible consumers who are receiving Vocational Rehabilitation services.

**New Jersey Medicaid Office**
http://www.state.nj.us/humanservices/dmahs/clients/medicaid/
Department of Human Services of New Jersey
7 Quakerbridge Plaza
P.O. Box 712
Trenton, NJ 08619
Phone: 609-588-2600
Toll-Free: In-State Calls Only 1-800-356-1561
Toll-Free TTY: 1-800-701-0720

**NJ Family Care**
http://www.njfamilycare.org/
PO Box 1450
Trenton, NJ 08650
Phone: 800-701-0710
TTY: 800-701-0720

**State Insurance Commissioner**
http://www.state.nj.us/dobi/index.shtml
Insurance Dept Hotline: 609-292-7272

**Workers Compensation Office**
https://www.nj.gov/labor/wc/wc_index.html

**NJ Council on Developmental Disabilities**
www.njccdd.org
PO Box 700
Trenton, NJ 08625-0700
Phone: 609-292-3745
Email: njcdd@njcdd.org

**State Interagency Coordinating Council—Early Intervention**
Department of Health
P.O. Box 360
Trenton, NJ 08625-0360
Early intervention for infants and toddlers with disabilities.

**NJ Office of Emergency Medical Services**
http://www.state.nj.us/health/ems/
Phone: 609-633-7777
Lists emergency transportation providers and air medical service providers.

**NJ Charity Care**
http://www.nj.gov/health/charitycare/index.shtml
Phone: 866-588-5696
The New Jersey Hospital Care Payment Assistance Program (Charity Care) is for people who are uninsured and underinsured.

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/

**State LTC Ombudsman**
http://www.state.nj.us/ooie/
Debra Branch
Division of Elder Advocacy
Office of Ombudsman for the Institutionalized
P. O. Box 852
Trenton, New Jersey 08625-0852
Phone: 877-582-6995; 609-826-5090
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

**Housing**

**U.S. Department of Housing and Urban Development (HUD)**
https://www.hud.gov/states/new_jersey/offices

*Newark Field Office*
One Newark Center
1085 Raymond Boulevard
13th Floor
Newark, NJ 07102-5260
Phone: 973-776-7200; 800-225-5342 (Toll-free)
Housing and Urban Development (HUD)
www.hud.gov
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211
www.211.org
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

NJ Department of Consumer Affairs: Division of Housing and Community Resources--DCAid
DCA has a variety of programs that can help you with rent/heating costs, prevention of eviction, reduction of utility bills, and removal of lead hazards from your home. Go through the checklist to see if you are eligible for these assistance programs.

NJ Department of Health
http://www.state.nj.us/health/
Has info on health care facilities, nursing homes, and long-term care facilities.

NJ Housing Resource Center helps people with disabilities find housing options
http://www.njhousing.gov/

Newark Public Library Web Guide: Housing Resources in NJ

The Supportive Housing Association of New Jersey
http://www.shanj.org/
185 Valley Street
South Orange, NJ 07079
Phone: 908-931-1131
Email: gail.levinson@shanj.org
Supportive housing is permanent, affordable, lease-based housing for people of low income with access to flexible supportive services. Supportive housing is designed for people with special needs including those with mental, physical and developmental disabilities as well as people who are homeless.
Independent Living

ILRU: State Independent Living Councils (SILCs)
New Jersey Independent Living Council
http://www.ilru.org/projects/silc-net/silc-directory
3635 Quakerbridge Road
Hamilton, NJ 08619
Email: dinodoll@verizon.net

NJ Statewide Independent Living Council (SILC)
www.njsilc.org
SILC is a 17-member body appointed by the governor which maximizes opportunities for people with disabilities through planning and advocacy.

Independent Living Research Utilization’s directory of Independent Living Centers
http://www.ilru.org

Alliance Center for Independence
http://www.adacil.org
629 Amboy Ave.
Edison, NJ 08837
Phone: 732-738-4388
TTY: 732-738-9644
A center for independent living serving Middlesex, Union and Somerset counties.

Cheshire Home
http://www.cheshirehome.org/
9 Ridgedale Avenue
Florham Park, NJ 07932
Phone: (973) 966-1232
An independent living center for physically disabled individuals.

Enable
http://www.enablenj.org
13 Roszel Rd., Suite B110
Princeton, NJ 08540
Phone: 609-987-5003
Email: info@enablenj.org
Assists with housing, employment, training, etc.

Marzulli Real Estate
http://www.marzulli.com
264 Bellville Avenue
Bloomfield, NJ 07003
Phone: 973-743-2300
Marzulli specializes in the management all sizes of affordable housing, some of it barrier-free and accessible, with over 40 years of extensive experience with all New Jersey
Housing Mortgage Finance Agency and HUD. A function of their management is identifying qualified prospective tenants for their properties.

**MOCEANS Center for Independent Living**
http://www.monmouthresourcenet.org/search/moceans-center-for-independent-living/
185 State Road 36, Suite B-1
West Long Branch, NJ 07764
Phone: 732-571-4884
MOCEANS provides peer support, advocacy, independent living skills, and information and referral to people with disabilities.

**National Council on Independent Living (NCIL)**
http://www.ncil.org/
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

**Library Services**

**The New Jersey State Library: Talking Books and Braille**
Physical Address:
2300 Stuyvesant Avenue
Trenton, NJ 08618
Mailing Address:
PO Box 501
Trenton, NJ 08625-0501
Phone: 609-406-7179; 800-792-8322 (Toll-free)

**Neurorecovery Network (NRN)**

**Kessler Institute for Rehabilitation**
West Orange, NJ
The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. For more info on qualifying for the program, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN)
Peer Support Programs

Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
www.ChristopherReeve.org/Peer
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection And Advocacy

Disability Rights New Jersey
http://www.drnj.org
210 S. Broad Street, 3rd Floor
Trenton, NJ 08608
609-292-9742/ 800-922-7233 (IN STATE)
TTY: 609-633-7106
Email: advocate@drnj.org

See their booklet on bullying of students with disabilities in schools: http://www.drnj.org/pdf/harassment%20manual%20for%20web.pdf

NJ Division of Consumer Affairs: Motorized Wheelchair and Scooter Lemon Law Info.
Phone: 973-504-6226

Service Dogs

Merlin’s Kids
http://www.merlinskids.org/
PO Box 21
Midland Park, NJ 07432
Phone: 855-HI-WYATT

Merlin’s Kids rescues, rehabilitates, and trains shelter dogs to become service dogs that help people with mobility impairments. They provide dogs nationally and at no charge to qualified applicants.
Sibling Support

Sibling Support Project lists groups in NJ. This is support for siblings of children with disabilities.
www.siblingsupport.org

Sports and Recreation

2021 Monmouth County Accessible Beach Guide
https://tourism.visitmonmouth.com/accessibe-beach-guide/

Asbury Park Beach Accessibility
https://www.cityofasburypark.com/299/WaterWheels-Reservations
Asbury Park offers a limited number of adaptive beach chairs to people living with disability. They also offer ADA/ABA beach access surfaces (mats) to improve accessibility to water-based areas. There is also an accessible restroom available.

Disabled Sports USA
http://www.disabledsportsusa.org
451 Hungerford Dr., Suite 608
Rockville, MD 20850
Phone: 301-217-0960
Email: info@dsusa.org
Contact for programs in NJ

Center for Modern Dance Education, Inc.
http://www.cmde.org
84 Euclid Avenue
Hackensack, NJ 07601
Phone: 201-342-2989
TTY: 800-952-7897
Email: info@cmde.org
Founded in 1962, the Center for Dance Education (CMDE) is a non-profit organization dedicated to bringing the joy and language of movement to everyone, including individuals with disabilities, youth-at-risk, older adults, and people from economically disadvantaged circumstances.

Dancing for Parkinson’s Program at New Jersey Ballet
https://www.njballet.org/dancing-for-parkinsons
Phone: 973-597-9600
Email: David@njballet.org
Individuals with Parkinson’s are encouraged to remain active. The class is designed to encourage and develop coordination, musicality, spatial awareness, creativity and technique.

Freedom’s Wings International Inc.
http://freedomswnings.org/
51 Tulip St.
Summit, NJ 07901  
Phone: 848-227-1957
We provide the opportunity for those who are physically challenged to fly in specially adapted sailplanes, either as a passenger or as a member of the flight training program.

**Handicapped Scuba Diving Alliance (HSDA)**  
16 Afton Rd.  
Jackson, NJ 08527  
Phone: 732-928-0461  
Email: stew@hsdanj.com  
HSDA is a non-profit organization dedication to improving the physical and social well-being of people with disabilities through the sport of scuba diving.

**Health and Recreation through Horses of NJ (HRH of NJ)**  
[www.hrhofnj.org](http://www.hrhofnj.org)  
Email: hrhofnj@gmail.com  
HRH of NJ functions as the state chapter of the Professional Association of Therapeutic Horsemanship.

**Roll Call Wheelchair Dance**  
197 Rock Rd  
Glen Rock, NJ 07452  
Phone: 201- 447-4200  
Roll Call Wheelchair Dance is an organization exclusively for charitable and educational purposes. The mission of Roll Call is to teach people of all ages and abilities how to partner dance.

**Wheelin’ Sportsmen – National Wild Turkey Federation** New Jersey State Chapter  
242 Burnt  
[http://www.njnwtf.org/njsc.html](http://www.njnwtf.org/njsc.html)  
Meadow Road  
Ringwood, NJ 07456  
Phone: 973-839-7939  
Email: turkeyhouse@aol.com  
Wheelin’ Sportsmen offers hunting and fishing opportunities to disabled sportsmen.

**United Way Offices**

**United Way of Bergen County – Paramus**  
6 Forest Ave.  
Paramus, NJ 07652  
Phone: 201-291-4050, 888-340-UWAY (8929) Toll Free  
Email: info@bergenunitedway.org
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

**United Way of Bloomfield**  
98 Broad Street, 2nd Floor  
Bloomfield, NJ 07003  
Phone: 973-748-1732  
Email: [info@unitedwaybloomfield.org](mailto:info@unitedwaybloomfield.org)

**United Way Greater Philadelphia and Southern New Jersey**  
[http://www.unitedforimpact.org/burlington](http://www.unitedforimpact.org/burlington)  
1800 JFK Blvd, Suite 1200  
Philadelphia, PA 19103  
Phone: 215-665-2500

**United Way of Greater Union County**  
UWGUC Elizabeth Office  
33 W Grand St  
Elizabeth, NJ 07202  
Phone: 908-353-7171  
Email: [info@uwguc.org](mailto:info@uwguc.org)

**United Way of Monmouth and Ocean Counties**  
[https://www.uwmoc.org/](https://www.uwmoc.org/)  
4814 Outlook Dr., Ste 107  
Wall Twp., NJ 07753  
Phone: 732-938-5988

**United Way of Hunterdon County**  
[http://www.uwhunterdon.org](http://www.uwhunterdon.org)  
4 Walter E. Foran Boulevard, Ste 401  
Flemington NJ, 08822  
Phone: 908-782-3414

**United Way of Hudson County**  
[www.liveunitedHudson.org](http://www.liveunitedHudson.org)  
857 Bergen Ave  
Jersey City, NJ 07306  
Phone: 201- 434-2625

**United Way of Greater Mercer County**  
3150 Brunswick Pike, STE 230
Lawrenceville, NJ 08648-2420
Phone: 609-896-1912

**United Way of Central Jersey**
32 Ford Avenue
Milltown, NJ 08850
Phone: 732- 247-3727
Email: info@uwcj.org

**United Way of Northern New Jersey Headquarters and Morris County Office**
222 Ridgedale Avenue, 3rd Floor
Cedar Knolls, NJ 07927
Phone: 973-993-1160

**Somerset County Office**
Physical Address:
55 North Gaston Avenue
Somerville, NJ 08876
Bridgewater, NJ 08807
Mailing Address:
PO Box 6835
Bridgewater, NJ 08807

**United Way of Greater Newark**
[https://uwnewark.org/](https://uwnewark.org/)
60 Park Place Suite 1400
Newark, NJ 07102
Phone: 973-624-8300

**United Way of Passaic County**
Center City Mall Upper Level
301 Main Street
Paterson, NJ 07505
Phone: 973- 279-8900

**United Way of Delaware** (service area includes Salem County, NJ)
[https://uwde.org/](https://uwde.org/)
625 N Orange S.
Wilmington, DE 19801
Phone: 302-573-3700
Veterans Benefits

New Jersey Paralyzed Veterans of America Service Office
http://www.pva.org
VARO, Newark
Paralyzed Veterans of America
20 Washington Place, Room 433
Newark, NJ 07102
Phone: 973-297-3228

US Dept of Veterans Affairs VA Hospital Locator
https://www.va.gov/find-locations/
Click on New Jersey for VA Hospitals in your area

ALS

ALS Association National Office
http://www.als.org/
1300 Wilson Boulevard, Suite 600
Arlington, VA 22209
Phone: 202-407-8580

Greater New York Chapter
http://www.als-ny.org
(Serving Northern & Central New Jersey)
42 Broadway, Ste. 1724
New York, NY 10004
Phone: 212-691-1400
Email: als@als-ny.org

Greater Philadelphia Chapter
http://www.alsphiladelphia.org
(Serving Southern & Central New Jersey)
321 Norristown Rd.
Suite 260
Ambler, PA 19002
Phone: 215-643-5434
Toll-free: 877-434-7441
Email: alsassoc@alsphiladelphia.org

Hope Loves Company
http://www.hopelovescompany.org/
65 Main St., Suite 101
Pennington, NJ 08534
Phone: 609-730-1144
Email: Contact-Us@hopelovescompany.org
HLC is the only non-profit organization in the U.S. dedicated to providing educational or emotional support to children and young adults whose loved ones have or had ALS or Lou Gehrig’s Disease.

**Brain Injury**

**Brain Injury Alliance of New Jersey**
http://www.bianj.org
825 Georges Rd., Second Floor
North Brunswick, NJ 08902
Phone: 732-745-0200
Family Helpline: 800-669-4323
E-Mail: info@bianj.org

**Traumatic Brain Injury Fund**
https://www.state.nj.us/humanservices/dds/services/tbis/tbifund/
Division of Disability Services
11A Quakerbridge Plaza
Mercerville, NJ
Toll-free: 888-285-3036

**NJ Commission on Brain Injury Research**
http://www.state.nj.us/health/njcbir/
PO 360
225 E. State St, 2nd Floor West
Trenton, NJ 08625
Phone: 609-633-6465

**Opportunity Project**
www.OpportunityProject.org
60 East Willow Street
Millburn, NJ 07041
Phone: 973-921-1000
Their mission is to empower people with brain injuries to achieve independence and their full potential. Opportunity Project is affiliated with local county offices of The Division of Vocational Rehabilitation (DVR) and provides a 25 day on site and community evaluation and 90-day work adjustment training to individuals referred by the DVR as well as to any interested members.

**Brain Tumors**

**New Jersey Brain Tumor Support Groups—Central Jersey and Monmouth & Ocean County**
www.njbt.org

**Cerebral Palsy**

**UCP of Hudson County**
http://www.ucpofhudsoncounty.org
721 Broadway  
Bayonne, NJ 07002  
Phone: 201-436-2200  
E-mail: info@ucpofhudson.org

**Pillar Care Continuum (formerly Cerebral Palsy of North Jersey)**  
[https://pillarnj.org/](https://pillarnj.org/)  
220 South Orange Ave., Suite 300  
Livingston, NJ 07039  
Phone: 973-763-9900, ext. 1100  
Pillar Care Continuum (formerly Cerebral Palsy of North Jersey) is dedicated to enhancing the lives of people with disabilities and other special needs by supporting personal growth, independence, and participation in the community.

**Guillain-Barré Syndrome/ CIDP**

**Guillain-Barré Syndrome / CIDP Foundation International**  
375 E. Elm St.  
Conshohocken, PA 19428  
Phone: 610-667-0131; 866-224-3301 (Toll-free)  
Please call them for information in your area

**Multiple Sclerosis**

**Multiple Sclerosis Association of America National Headquarters**  
[http://mymsaa.org/](http://mymsaa.org/)  
375 Kings Hwy, North  
Cherry Hill, NJ 08034  
Toll-free: 800-532-7667  
Phone: 856-661-9797  
E-mail: msaa@mymsaa.org

**Multiple Sclerosis Association of America – NJ Chapters:**  
Greater Delaware Valley Chapter  
30 South 17th Street, Suite 800  
Philadelphia, PA 19103  
Phone: 215-271-1500  
Email: PAE@NMSS.ORG

**New Jersey Metro Chapter – Woodbridge**  
Aspen Corporate Park 1, Suite 301  
1480 US Highway 9 North  
Woodbridge, NJ 07095  
Phone: 800-344-4867; 732-660-1005 (Toll-free)
Muscular Dystrophy

Muscular Dystrophy Association
www.mdausa.org
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Under “MDA in Your Community” enter your zip code to find local clinics that treat MD.

MDA New Jersey Summer Camp
https://www.mda.org/services/mda-summer-camp
Office: 25 East Spring Valley Avenue #210
Maywood, NJ 07607
Phone: 201 843-4452
Email: maywood@mdausa.org
MDA is leading the fight to free individuals — and the families who love them — from the harm of muscular dystrophy, ALS and related muscle-debilitating diseases that take away physical strength, independence, and life. We use our collective strength to help kids and adults live longer and grow stronger by finding research breakthroughs across diseases, caring for individuals from day one and empowering families with services and support in hometowns across America.

Post-Polio Syndrome

Post-Polio Health International (PHI)
http://www.post-polio.org
50 Crestwood Executive Ctr.
Suite 440
St. Louis, MO 63126
Phone: 314-534-0475
Email: info@post-polio.org
Directory lists Health Professionals, Clinics, and Support Groups by state:

Spina Bifida

Spina Bifida Association of America
http://www.spinabifidaassociation.org
1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 800-621-3141 x20
Email: mnethercutt@sbaa.org
Please contact them for info in your area
Spinal Cord Injury

Northern New Jersey Model Spinal Cord Injury System
http://kesslerfoundation.org/researchcenter/spinalcordinjury/modelsystems.php
Kessler Institute for Rehabilitation
1199 Pleasant Valley Way
West Orange, NJ 07052
Phone: 973-324-3571
Email: info@kesslerfoundation.org

W. M. Keck Center for Collaborative Neuroscience
https://keck.rutgers.edu/
604 Allison Road, D-251
Piscataway, New Jersey 08854
Phone: 848-445-6573; 848-445-2061
The mission of the W. M. Keck Center for Collaborative Neuroscience is the development of effective treatments for acute and chronic spinal cord injuries and to move these discoveries from laboratory to human lives as rapidly as possible. They provide a moderated forum called CareCure so that people with SCI can communicate with each other.

New Jersey Commission on Spinal Cord Research
www.state.nj.us/health/spinalcord/
25 S. Stockton Street
2nd Floor Rear
Trenton, NJ 08625
Phone: 609-913-5005
Email: NJCSCR@doh.nj.gov

DeSatnick Foundation
http://desatnickfoundation.org/
The DeSatnick Foundation concentrates on providing, promoting, and encouraging education and awareness of Spinal Cord Injury with a special emphasis on Atlantic, Cape May, Cumberland and Ocean Counties, New Jersey. Founder Chad DeSatnick was injured while surfing in NJ in 2001.

Push To Walk
www.pushtowalknj.org
100 Bauer Dr.
Oakland, NJ 07436
Phone: 201-644-7567
Email: info@pushtowalknj.org
A ProjectWalk Spinal Cord Injury Recovery Certified Facility

Stroke

American Stroke Association
http://www.strokeassociation.org/STROKEORG/
Phone: 1-888-478-7653
Please call for the stroke support group in your area

Adler Aphasia Center
http://www.adleraphasiacenter.org/
60 West Hunter Avenue
Maywood, NJ 07607
Phone: 201-368-8585
Email: info@AdlerAphasiaCenter.org
Our dynamic activities and quality programs and services offer a unique approach to enhancing communication skills as well as improving the quality of life for those with aphasia. Caregivers will also find the encouragement, understanding, education and support to help them balance their own needs. Continuing professional education, volunteer opportunities, research and training will attract students, clinicians, and supporters. Education and advocacy within the professional and public community about aphasia will assist in enabling members to re-engage in society and get on with their lives. Staff, instructors, volunteers and members will receive the training they need to enable the center to expand their programs.

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project
http://www.asap.org
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
Toll-free: 800-ASAP-282
Email: info@ASAP.org
Please contact them for info and support groups in your area.

Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)
www.wearesrna.org
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.

General Disability Resources

New Jersey Yellow Pages for Kids with Disabilities
http://www.yellowpagesforkids.com/help/nj.htm

NJ chapter of the American Physical Therapy Association
http://www.aptanj.org/
1100 US Highway 130
New Jersey chapter of the American Occupational Therapy Association
http://www.njota.org
PO Box 536
Woodbury, NJ 08066
Phone: 732-968-5038
Email: management@njota.org

NJ chapter of Association of People Supporting Employment First (ASPE)
http://www.apse.org
https://apse.org/chapter/new-jersey/

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

Abilities of Northwest Jersey Inc.
http://www.abilitiesnw.com/
264 Rt. 31 North
Washington, NJ 07882
Phone: 908-689-1118
Email: info@abilities.com
Abilities is dedicated to improving the employability and quality of life for people with different abilities by providing training and individualized services.

Allies Inc.
www.alliesnj.org
1262 Whitehorse-Hamilton Square Road
Building A, Suite 101
Hamilton, NJ 08690
Phone: 609-689-0136
Provides case management, residential services, employment services to people with disabilities.

CentraState Healthcare Foundation
http://www.centrastatefoundation.org/
225 Willow Brook Road, Suite 5
Freehold, NJ 07728
Phone: 732-294-7030
CentraState Healthcare Foundation’s mission is to inspire broad based community philanthropic support for advancing exceptional healthcare.

Disability Allies
Disability Allies’ mission is to create a more inclusive community by connecting young adults with and without Special Needs.

**Horizons at Allaire Rehab and Nursing**
[www.allairehc.com](http://www.allairehc.com)
115 Dutch Lane Rd.
Freehold, NJ 07728
Phone: 732-431-7420
Email: info@allairehc.com
Horizons Neurological at Allaire is a young adult long term care program that treats people ages 18-59 that have a neurological impairment such as TNI, MS, SCI, seizure disorder, and CP. These diagnoses and injuries can often lead to paralysis. Rehabilitation therapy (OT, PT, ST) is offered up to 5 times per week. A physiatrist and neuropsychologist evaluate and follow each resident. Social workers on staff can assist the resident to return to the community. Specialized activities are offered that address the needs of young adults with neurological impairments. Multiple support groups are offered such as music therapy, art therapy, pet therapy, Tai Chi, Reiki, and CBT.

**Opportunity Project Inc.**
60 East Willow Street
Millburn, NJ 07041
Phone: 973-921-1000
Email: rbrown@opportunityproject.org

**NJ MentalHealthCares**
Phone: 866-202-HELP (4357) (Toll-free)
TTY: 877-294-4356
Email: help@njmentalhealthcares.org
Free, confidential mental health information & referral

**NJ Transit: Paratransit**
[https://www.njtransit.com/accessibility/access-link-ada-paratransit](https://www.njtransit.com/accessibility/access-link-ada-paratransit)

**NJ Find a Ride**
[www.njfindaride.org](http://www.njfindaride.org)
An information resource about accessible transportation options available to people with disabilities.

**Project Freedom, Inc.**
[http://www.projectfreedom.org](http://www.projectfreedom.org)
Develops and operates barrier-free housing to enable individuals with disabilities to live independently.

**Rising Treetops at Camp Oakhurst**
https://risingtreetops.org/contact_us/
111 Monmouth Rd.
Oakhurst, NJ 07755
Phone: 732-531-0215
Rising Treetops at Oakhurst is open all year, serving children and adults with special needs through our summer sleep away camp, year-round overnight respite (planned and emergency) and day respite care programs.

**Robert Wood Johnson University Hospital: PROUD Family Health program**
https://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/proud-family-health/
RWJ Somerset Family Practice
110 Rehill Avenue
Somerville, NJ 08876
Phone: 1-855-776-8334
Opened in February 2017, RWJ University Hospital Somerset became the first hospital in NJ to offer specialized primary care services for the LGBTQIA community.

**SPAN – Parent Advocacy Network**
https://spanadvocacy.org/
35 Halsey Street
4th Floor
Newark, NJ 07102
Phone: 973-642-8100
Toll-free: 800-654-7726 (in New Jersey)
Email: info@spanadvocacy.org

**Rutgers School of Dental Medicine: Delta Dental of New Jersey Special Care Center**
110 Bergen Street
Newark, NJ 07103
Phone: 973-972-4242, Ext. #6
Provides dental care to individuals with disabilities. The center trains dental school students in delivering care to special needs patients.

**NJ 211**
http://www.nj211.org/
Phone: 211
Toll-free: 877-652-1148
211 answers questions about employment programs, utility assistance, legal services, support groups, financial assistance, housing, transportation, emergency preparations, medical assistance, food pantry locations, etc. The call is free and confidential and phone lines are open 24/7.

ThinkFirst National Injury Prevention Foundation
www.thinkfirst.org
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400, 800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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