Mississippi Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door
https://www.n4a.org/adrcs
https://www.acl.gov/node/413

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (http://www.hhs.gov/acl/index.html) (including AoA (http://www.aoa.gov/) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (http://www.cms.hhs.gov/). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term
supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

**Mississippi Division of Aging and Adult Services**
[https://www.mdhs.ms.gov/adults-seniors/](https://www.mdhs.ms.gov/adults-seniors/)

200 South Lamar St.
Jackson, MS 39201
Phone: 601-359-4500

**Mississippi Association of Area Agencies on Aging**
[http://www.mdhs.state.ms.us/programs-services-for-seniors/area-agencies-on-aging/](http://www.mdhs.state.ms.us/programs-services-for-seniors/area-agencies-on-aging/)

**National Center on Elder Abuse (NCEA)**
[https://ncea.acl.gov/](https://ncea.acl.gov/)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

**Arts And Creativity**

**Our Artworks**
603 Clayton Ave.
Tupelo MS 38804
Phone: 662-321-2727
Our Artworks was founded in 2006 by a person living with a disability and is in the process of becoming a non-profit organization. It is funded by a grant from the Mississippi Dept. of Rehabilitation Services. It enables people living with SCI, TBI, and other disabilities to be creative.

**Art for All Mississippi**
[https://artforallms.com/](https://artforallms.com/)
201 E. Pascagoula Street
PO Box 2364
Jackson, MS 39225
Phone: 601-214-4016
Email: admin@artforallmississippi.com
Assistive Technology

**Project START – Success Through Assistive/Rehabilitative Technology**
www.msprojectstart.org
Mississippi Department of Rehabilitation Services
Physical Address:
1281 Highway 51 North
Madison, MS 39110
Mailing Address:
P.O. Box 1698
Jackson, MS 39215-1698
Phone: 601-853-5249
Email: projectstart@mdrs.ms.gov

**Southeast ADA Center (covers Mississippi)**
http://www.adasoutheast.org/
1419 Mayson Street NE
Atlanta, Georgia 30324
Phone: 800-949-4232 (voice/TTY)
Email: ADASoutheast@law.syr.edu

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.Christopher Reeve.org/NRN.

Community Health Centers

**Community Health Center Association of Mississippi (formerly Mississippi Primary Health Care Association)**
https://chcams.org/
6400 Lakeover Road, Suite A
Jackson, MS 39213
Phone: 601-981-1817
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.
Health Resources and Services Administration (HRSA): Find a Health Center
http://findahealthcenter.hrsa.gov/
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Mississippi Attorney General’s Office: Bureau of Victim Assistance
Physical Address:
Walter Sillers Building
550 High Street, Suite 1200
Jackson, MS 39201
Mailing Address:
PO Box 220
Jackson, MS 39205
Phone: 601-359-3680

Domestic Violence Help

National Domestic Violence Hotline 1-800-799-SAFE (7233); 800-787-3224 (TTY)

Statewide Domestic Violence Hotline 800-898-3234; 601-981-9196

www.mcadv.org/
Mississippi Coalition Against Domestic Violence
PO Box 4703
Jackson, MS 39296-4703
Phone: 601-981-9196
Toll-free: 800-898-3234
Immediate Assistance (After hours): 800-799-SAFE (7233)

Easter Seals

Easter Seals National Headquarters
www.easterseals.com
141 W Jackson Blvd., 1400A
Chicago, IL 60604
Phone: 312-726-6200 (voice), 800-221-6827 (toll-free)
Visit website and search by state for an Easter Seals in your area
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.
Government Offices for Mississippi

Mississippi State Website
http://www.mississippi.gov

Mississippi Department of Human Services
http://www.mdhs.state.ms.us/
200 South Lamar St.
Jackson, MS 39201
Phone: 601-359-4500

Mississippi Department of Rehabilitative Services
http://www.mdrs.ms.gov/Pages/default.aspx
Physical Address:
1281 Highway 51
Madison, MS 39110
Mailing Address:
PO Box 1698
Jackson, MS 39215
Phone: 800-443-1000
MDRS provides resources to help Mississippians with disabilities find new careers, live more independently, overcome obstacles, and face new challenges.

Mississippi Medicaid Office
http://www.medicaid.ms.gov/
Sillers Building
550 High Street, Suite 1000
Jackson, MS 39201-1399
Phone: 601-359-6050
Toll-Free: 1-800-421-2408

Mississippi CHIP Office (Children’s Health Insurance Program)
http://www.msdh.state.ms.us/msdhsite/_static/41,0,96.html
Mississippi State Department of Health
570 East Woodrow Wilson Dr.
Jackson, MS 39216
Phone: 601-576-7400
Toll-Free: 866-458-4948

Mississippi Comprehensive Health Insurance Risk Pool Association
http://www.mississippiphealthpool.org/
P.O. Box 13748
Jackson, MS 39236
Phone: 888-820-9400
Email: info@mississippiphealthpool.org
Mississippi High Risk Insurance Plan for eligible people who are unable to get insurance coverage.
Mississippi Insurance Department
http://www.mid.state.ms.us/
1001 Woolfolk State Office Building
501 North West Street
Jackson, MS 39201
Mailing Address:
PO Box 79
Jackson, MS 39205
Phone: 601-359-3569
Toll-free: 800-562-2957

Mississippi Workers’ Compensation Commission
www.mwcc.state.ms.us/
1428 Lakeland Dr.
Jackson, MS 39216
Phone: 601-987-4200; 866-473-6922

Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that’s you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.
http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/

State LTC Ombudsman
http://www.nursinghomepatientrights.com/Mississippi_Nursing_Home_Abuse_Assistance.htm
Anniece McLemore
MS Dept. of Human Services, Div. of Aging
750 North State Street
Jackson, Mississippi 39202
Phone: 601-359-4927
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Fannie Mae
www.fanniemaecare.com
Phone: 800-232-6643

Fannie Mae
Southeastern Regional Office  
1075 Peachtree Street NE, Suite 1600  
Atlanta, GA 30309  
Phone: 404-398-6000

**Housing and Urban Development (HUD)**  
[www.hud.gov](http://www.hud.gov)  
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: [https://www.hud.gov/program_offices/public_indian_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts) and choose your state from the drop down box.

**211**  
[www.211.org](http://www.211.org)  
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

**Independent Living**

**ILRU: State Independent Living Councils (SILCs)**  
**Mississippi Independent Living Council**  
Choctaw Branch Box 6010  
Choctaw, MS 39350  
Phone (Local): 601-650-7333  
TTY: 601-650-7354

**Independent Living Research Utilization’s directory of Independent Living Centers**  
[http://www.ilru.org](http://www.ilru.org)

**National Council on Independent Living (NCIL)**  
PO Box 31260  
Washington, DC 20030  
Phone: 202-207-0334  
Toll-free: 844-778-7961  
Email: [ncil@ncil.org](mailto:ncil@ncil.org)  
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.
Library Services

Mississippi Library Commission
http://mlc.lib.ms.us/tbs/
Talking Book Services
3881 Eastwood Drive
Jackson, MS 39211-6473
Phone: 800-647-7542 (general) 601-432-4111(local)
Email: talkingbooks@mlc.lib.ms.us

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
www.ChristopherReeve.org/Peer
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection And Advocacy

Mississippi Society for Disabilities: Client Assistance Program
http://www.msdisabilities.com/client-assistance-program/
P.O. Box 4958
Jackson, MS 39296
Phone: 601-982-7051

Disability Rights Mississippi
http://www.drms.ms/
Sports And Recreation

Mississippi Adaptive Sports
Raymond Skinner Center
712 Tanglewood
Memphis, TN
Al Greer
Phone: 662-280-1986

Mississippi Wheelcats
https://www.facebook.com/mswheelcats
Wheelchair basketball team
Phone: 615-319-8830
Email: info@mywheels.org

United Way Offices

Enter your postal code for a United Way Office in your area.
https://www.unitedway.org/
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

Jackson Regional Office
http://www.benefits.va.gov/jackson/
Department of Veterans Affairs
1600 East Woodrow Wilson Avenue
Jackson, MS 39216
Phone: 800-827-1000 (toll-free)

Jackson Vet Center
1755 Lelia Dr., Suite 104
Jackson, MS 39216
Phone: 601-985-2560
VA Gulf Coast Veterans Health Care System  
http://www.biloxi.va.gov/  
400 Veterans Avenue  
Biloxi, MS 39531  
Phone: 228-523-5000; 800-296-8872

Paralyzed Veterans of America offices:

Bayou-Gulf States Chapter PVA  
https://pva.org/find-support/national-service-office/  
400 Veterans Ave Bldg 1 Room 1B-114  
Biloxi, MS 39531  
Phone: 228-206-1515  
Email: bayougulfstates@cableone.net

Mid-South Chapter PVA  
http://www.midsouth-pva.org  
Memphis VAMC 817  
1030 Jefferson Avenue  
Room 2D100  
Memphis, TN 38104  
Phone: 901-527-3018, 800-767-3018

ALS

The ALS Association (ALSA) National Office  
www.als.org  
1300 Wilson Boulevard, Suite 600  
Arlington, VA 22209  
Phone: 800-782-4747  
Call for support group locations

ALSA's Louisiana/Mississippi Chapter  
14241 Coursey Blvd., Ste A12 #374  
Baton Rouge, LA 70817  
Toll-free: 225-343-9880  
Email: info@alsalams.org

Brain Injury

Brain Injury Association of Mississippi  
https://www.msbraininjury.org/  
1640 Lelia Drive  
Suite 100  
Jackson, MS 39216  
Phone: 601-981-1021
Toll-free: 800-444-6443
Email: ljenkins@msbia.org

**Methodist Rehabilitation Center** (A TBI Model Center)
[www.methodistonline.org](http://www.methodistonline.org)
1350 East Woodrow Wilson
Jackson, MS 39216
Phone: 601-981-2611, 800-223-6672

**TBI/SCI Trust Fund Program**
[http://www.mdrs.ms.gov/SpecialPrograms/Pages/TBISCI-TRUST-FUND.aspx](http://www.mdrs.ms.gov/SpecialPrograms/Pages/TBISCI-TRUST-FUND.aspx)
PO Box 1698
Jackson, MS 39215-1698
1281 Highway 51
Madison, MS 39110
Phone: 800-443-1000

**Cerebral Palsy**

**United Cerebral Palsy (UCP)**
1825 K Street NW, Suite 600
Washington, DC 20006
Phone: 202-776-0406
Please call for chapter info

**Friedreich’s Ataxia**

**National Ataxia Foundation (NAF) National Office**
[www.ataxia.org](http://www.ataxia.org)
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020

**Mississippi Support Groups**
[https://ataxia.org/support-groups/](https://ataxia.org/support-groups/)
Camille Daglio
Hattiesburg, MS 39404
Email: daglio1@bellsouth.net

**Guillain-Barré Syndrome / CIDP**

**Guillain-Barré Syndrome/ CIDP Foundation International**
375 E. Elm St.
Conshohocken, PA 19428
Phone: 610-667-0131
Toll-free: 866-224-3301
Please call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society’s Alabama - Mississippi Chapter
http://www.nationalmssociety.org/chapters/ALC/index.aspx
2200 Woodcrest Place
Suite 230
Birmingham, AL 35209
Phone: 205-879-8881
Toll-free: 800-344-4867

National Multiple Sclerosis Society’s Mid-South Chapter
http://www.nationalmssociety.org/Chapters/TNS
214 Overlook Circle, suite 153
Brentwood, TN 37027
Phone: 615-690-5321; 800-344-4867

Multiple Sclerosis Association of America
http://mymsaa.org/
National Headquarters
375 Kings Highway North
Cherry Hill, New Jersey 08034
Phone: 800-532-7667

MSAA Southeast Regional Office (covers Mississippi)
http://www.mymsaa.org/publications/improving-lives/offices
Atlanta, Georgia
Phone: 800-532-7667 ext 160
Email: southeast@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association
https://www.mda.org/
National Headquarters
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International
https://post-polio.org/
50 Crestwood Executive Center #440
Saint Louis, MO 63126-1916
Phone: 314-534-0475
Email: info@post-polio.org
Directory lists support groups by state.

Spina Bifida

Spina Bifida Association of America
http://www.spinabifidaassociation.org
1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

Spinal Cord Injury

TBI/SCI Trust Fund Program
http://www.mdrs.ms.gov/SpecialPrograms/Pages/TBISCI-TRUST-FUND.aspx
1281 Highway 51
Madison, MS 39110
Phone: 800-443-1000

Spinal Cord Resource Center
https://askus-resource-center.unitedspinal.org/
Phone: 800-962-9629

Stroke

American Stroke Association
www.strokeassociation.org
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 888-478-7653
Contact for local support group information

Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)
www.wearesrna.org
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.

General Disability Resources

Mississippi Yellow Pages for Kids with Disabilities
www.yellowpagesforkids.com/help/ms.htm

American Occupational Therapy Association’s Mississippi Chapter
http://mississippiota.org/
P. O. Box 2188
Brandon, MS 39043
Phone: 601-853-9564
E-mail: mississippiota@gmail.com

Mississippi Physical Therapy Association
Mississippi Physical Therapy Association
www.apta.org
https://apta-ms.org/
P.O. Box 15011
Hattiesburg, MS 39404-5011
Phone: 601-602-7050

Coalition for Citizens with Disabilities
http://www.mscccd.org/
2 Old River Place, Suite M
Jackson, MS 39202
Phone: 601-969-0601
TTY: 800-721-7255
Toll-free: 800-721-7255

Mississippi Paralysis Association, Inc. (MPA)
http://www.msparalysis.org/
350 W. Woodrow Wilson Ave., Suite 130
Jackson, MS 39213
Phone: 601-326-2654
Provides quality of life grants, sports grants, peer mentoring, scholarships for people living with paralysis. Please contact them for details.

LIFE of Mississippi
www.lifeofms.com
1304 Vine Street
Jackson, MS 39202
Phone: 601-969-4009, 800-748-9398
LIFE provides information and referral, peer support, advocacy, skills training and community transition services.

ThinkFirst National Injury Prevention Foundation
www.thinkfirst.org
1801 N. Mill St., Suite F
Naperville IL 60563
Phone: 630-961-1400
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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