Michigan Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

https://www.n4a.org/adrcs
https://www.acl.gov/node/413

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (http://www.hhs.gov/acl/index.html) (including AoA (http://www.aoa.gov/) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (http://www.cms.hhs.gov/). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or “no wrong door” systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term...
supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

**Aging & Adult Services Agency**  
**Department of Health and Human Services**  
**http://www.michigan.gov/osa**  
Mailing Address: P.O. Box 30676  
Lansing, MI 48909  
Physical Address:  
333 South Grand Avenue,  
4th Floor  
Lansing, MI 48933  
Phone: 517-241-4100  
Email: AASAInfo@michigan.gov

**Area Agencies on Aging Association of Michigan**  
**https://4ami.org/**  
6105 W. St. Joseph Hwy. Suite 204  
Lansing MI 48917  
Phone: 517-886-1029  
Email: info@4ami.org

**Michigan Area Agencies on Aging by County**  
**http://www.aaanm.org/area-agencies-on-aging-michigan/**

**National Center on Elder Abuse (NCEA)**  
**https://ncea.acl.gov/**  
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

**Arts And Creativity**

**Michigan Arts Access**  
**https://miartsaccess.org/**  
111 East Kirby St  
Detroit, MI 48202  
Email: info@miartsaccess.org
Assistive Technology

Great Lakes ADA Center (covers Michigan)
http://www.adagreatlakes.org/
University of Illinois at Chicago
Institute on Disability & Human Development (MC 728)
1640 W. Roosevelt Rd, Room 405
Chicago, IL 60608
Phone: 312-413-1407
Toll free: 800-949-4232

Great Lakes Loan Closets
https://loanclosets.org/
Email: janice@loanclosets.org
A directory of loan closets by county, operated by Great Lakes Loan Closets(http://greatlakesloanclosets.org/). Great Lakes Loan Closets is designed to help residents of Michigan (http://michiganloanclosets.us/), Wisconsin (http://www.loanclosets.org/wisconsin/) and Northern Indiana (http://michiganloanclosets.us/northernIndiana/) find free or low-cost home medical equipment in their communities.

Michigan Assistive Technology Program- Michigan United Cerebral Palsy
https://www.ucpmichigan.org/assistivetech
1325 S. Washington Ave
Lansing, MI 48910
Phone: 517-203-1200
Email: MATLFund@mi-ucp.org and attech@mi-ucp.org

Caregivers Information

Caregiver.com
https://caregiver.com/
3920 Riverland Road
Fort Lauderdale, FL 33312
Tel: (954) 893-0550, 1-800-829-2734
Email: info@caregiver.com

Community-Based Fitness Programs

Level Eleven 11 Physical Therapy (5 locations)
www.level11pt.com
10483 Dixie Hwy
Holly, MI 48442
Phone: 810-771-7686

1030 W Highland Rd
Howell, MI 48843
Level Eleven’s approach to rehabilitation focuses on long-term success through a network of resources including specialized therapies, customized home medical equipment, professional at-home care, reliable transportation services, and access to adapted recreational activities.

**The Recovery Project**
[http://www.therecoveryproject.net/](http://www.therecoveryproject.net/)
11878 Hubbard Street
Livonia, Michigan 48150
Phone: 855-877-1944, 734-953-1745
The Recovery Project is a rehabilitation practice that provides rehabilitation to people with spinal cord injuries, traumatic brain injuries, neurological disorders and other conditions. It has offices in Macomb and Livonia.

**Strength Training and Recovery (STAR Rehab)**
[www.STARrehab.com](http://www.STARrehab.com)
859 Health Park Blvd.
Grand Blanc, MI 48439
Phone: 810-344-9810
Email: [Info@starrehab.com](mailto:Info@starrehab.com)
STAR Rehab is an intensive evidence-based physical therapy program that specializes in spinal cord injury (SCI) as well as amputees. They take traditional rehabilitation out of the institutional setting and integrate individuals back into a societal setting through a fully accessible community-based health club.

**Walk the Line Recovery Therapy**
[https://walk-the-line-recovery-therapy.websitepro.hosting/](https://walk-the-line-recovery-therapy.websitepro.hosting/)
23800 West 10 Mile Rd, Suite 193
Southfield, MI 48033
Phone: 248-827-1100
Email: [erica.c@wltrcovery.com](mailto:erica.c@wltrcovery.com)

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**Community Health Centers**

**Michigan Primary Care Association**
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center
http://findahealthcenter.hrsa.gov/

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Division of Victim Services
Michigan Department of Health and Human Services
http://www.michigan.gov/mdch/0,1607,7-132-54783_54853---,00.html

Mailing Address
Office of Inspector General
PO Box 30062
Lansing, MI 48909

Physical Address
333 S. Grand Ave
P.O. Box 30195
Lansing, Michigan 48909

Phone: 1-517-241-7373
Email: MDHHS-Michigancrimevictim@michigan.gov

Victim Compensation & Assistance

877-251-7373 (for victims only)

Domestic Violence Help

National Domestic Violence Hotline: 1-800-799-SAFE (7233)
National Resource Center on Domestic Violence: 800-537-2238

Statewide Hotline: 1-800-996-6228

The Michigan Coalition to End Domestic & Sexual Violence
http://www.mcedsv.org/
Okemos Office:
3893 Okemos Road Suite B2
Okemos, MI 48864-4209
Phone: 517-347-7000
TTY: 517-381-8470
Email: general@mcedsv.org

S.A.F.E Place
http://www.safeplaceshelter.org/
P.O. Box 199
Battle Creek, MI 49016
24-Hour Helplines: 888-664-9832 and 269-965-SAFE (7233)
Business Phone: 269-965-6093
Email: info@safeplaceshelter.org
S.A.F.E. Place believes that people are best able to make their own choices leading to the safest outcomes for their unique situation. Staff encourage survivors to explore their choices while learning of new resources. In doing so survivors become confident and empowered. Staff always remain non-judgmental when working with survivors because we realize each person’s life should be self-determined. The programs offered are voluntary and free of charge. A survivor may choose to participate in any, all, or none of the programs. Survivors may change their mind whenever they would like to and can be assured that their values, lifestyles and life choices will be honored. This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

Easter Seals Offices

Michigan Easter Seals Offices
http://www.easterseals.com/connect-locally/?state=MI
2399 E. Walton Blvd.
Auburn Hills, MI 48326
Phone: 248-475-6400
go to search by state, drop down to Michigan
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.
Government Offices

**Michigan State Website**
http://www.michigan.gov/

**Michigan Department of Health & Human Services**
https://www.michigan.gov/mdhhs/
333 S. Grand Ave.
P.O. Box 30195
Lansing, MI 48909
Phone: 517-241-3740

**Michigan Department of Civil Rights**
http://www.michigan.gov/mdcr
Service Center
3054 West Grand Boulevard
Suite 3-600
Detroit, MI 48202
Phone: 313-456-3700
Toll-Free: 800-482-3604
TTY: 877-878-8464
Email: MDCRSERVICECENTER@michigan.gov

**Michigan Rehabilitation Services**
https://www.michigan.gov/leo/0,5863,7-336-94422_97702---,00.html
Michigan Department of Labor and Economic Opportunity
Physical Address:
105 W. Allegan St.
Lansing, MI 48933
Mailing Address:
Dept. of Labor and Economic Opportunity
c/o LARA Mail Services
2407 N. Grand River Avenue
Lansing, MI 48906
Phone: 517-241-5324
Toll Free: 1-800-605-6722
Email: MRS-CUSTOMERASSISTANCE@michigan.gov

**Michigan Medicaid Office**
http://www.michigan.gov/mdch/0,1607,7-132-2943_4860---,00.html
Michigan Department of Health & Human Services
333 S. Grand Ave
P.O. Box 30195
Lansing, Michigan 48909
Phone: 517-241-3740

**Michigan SCHIP Program** (State Children’s Health Insurance Program)
Healthy Kids
http://www.michigan.gov/mdch/0,1607,7-132-2943_4845_5035-17752--,00.html
Phone: 888-988-6300
TTY: 888-263-5897
Healthy Kids is a program that provides a wide range of health care coverage and support services for qualifying pregnant women, babies and children under age 19.

Michigan SHIIP Program (State Health Insurance Information Program - for Seniors)
Michigan Medicare/Medicaid Assistance Program Inc.
www.mmapinc.org
6105 W. Joe Hwy. Suite 204
Lansing, MI 48917
Phone: 1-800-803-7174 (to contact a MMAP counselor)
Provides free info to seniors on Medicare and Medicaid.

Michigan Services for Seniors
http://www.michigan.gov/mdch/0,1607,7-132-2943_4857--,00.html

The Michigan Developmental Disabilities Council
http://www.michigan.gov/mdch/0,4612,7-132-2941_4868_4897--,00.html
Lewis Cass Building
Garden Level
320 S. Walnut Street
Lansing, MI 48933
Phone: 517-335-3158
TDD: 517-335-3171
Email: mdch-dd-council@michigan.gov

Worker’s Disability Compensation Agency
http://www.michigan.gov/wca
Physical Address:
2501 Woodlake Circle
Okemos, MI 48864
Mailing Address:
Michigan Department of Labor and Economic Opportunity
Workers' Disability Compensation Agency
P.O. Box 30016
Lansing, MI 48909
Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.house.gov/representatives/find/

http://whoismyrepresentative.com/

**State Long-Term Care (LTC) Ombudsman**

http://mltcop.org/

Mailing Address:
15851 S. US 27, Suite 73
Lansing, MI 48906
Phone: 517-827-8040
Toll Free: 1-866-485-9393

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

**Housing**

**Housing and Urban Development Offices (HUD)**

www.hud.gov

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

**Independent Living**

**ILRU: State Independent Living Councils (SILCs)**

Michigan Statewide Independent Living Council
http://www.ilru.org/projects/silc/silc-directory
http://misilc.org/
PO Box 71
Middleville, MI 49333
Phone: 833-808-7452 (Toll free)

**Independent Living Research Utilization**'s directory of Independent Living Centers
http://www.ilru.org

**National Council on Independent Living (NCIL)**
http://www.ncil.org/
Physical Address:
2013 H St. NW, 6th Floor
Washington, DC 20006
Mailing Address:
PO Box 31260
Washington, DC 20030
Phone: 202-207-0334
Toll-free: 1-844-778-7961
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

**Library Services**

**Braille and Talking Book Library**
https://www.michigan.gov/leo/0,5863,7-336-94422_28313_54234---,00.html
702 W Kalamazoo St.
PO Box 30007
Lansing, MI 48915
Phone: 517-284-2880
Toll Free: 800-992-9012
Email: BTBL@michigan.gov
http://wlbdp.aadl.org/wlbpd

**Washtenaw Library for the Blind and Print Disabled at AADL**
343 South Fifth Ave.
Ann Arbor, MI 48104
Phone: 734-327-4224

**KDL Talking Book & Braille Center**
https://kdl.org/tbbc/
Wyoming Branch Library
3350 Michael SW
Wyoming, Michigan 49509
Phone: 616-647-3988
Email: tbccstaff@kdl.org
http://www.tadl.org/lbph/about
Traverse Area District Library-Talking Book Library
610 Woodmere Ave.
Traverse City, MI 49686
Phone: 231-932-8558
Toll Free: 877-931-8558
Email: tbl@tadl.org

St. Clair County Library
http://www.stclaircountylibrary.org/
Library for Assistive Media and Talking Books (LAMTB)
210 McMorran Boulevard
Port Huron, MI 48060
Phone: 810-982-3600
Toll Free: 800-272-8570
Email: LBPHStaff@stclaircounty.org

Northland Library Cooperative
http://nlc.lib.mi.us/
Physical Address:
220 W. Clinton St.
Charlevoix, MI 49720
Mailing Address:
900 Evergreen Court
Petoskey, MI 49770
Phone: 231-855-2206
Email: ladams@northland.lib.mi.us

Muskegon Area District Library for Visually and Physically Disabled
http://www.madl.org/index.php?option=com_content&view=article&id=5&Itemid=6
4845 Airline Rd. - Suite 5
Muskegon, MI 49444
Phone: 231-737-6310
Toll Free: 877-569-4801

Macomb Library for the Blind and Print Disabled
https://cmpl.org/mlbpd/
40900 Romeo Plank
Clinton Twp., MI 48038
Phone: 586-286-1580
Toll Free: 855-203-5274
NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
www.ChristopherReeve.org/Peer
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection and Advocacy

Disability Rights Michigan
https://www.drmich.org/
4095 Legacy Parkway
Lansing, MI 48911-4264
Phone: 517-487-1755, 800-288-5923
Phone/TDD: 517-374-4687

Michigan Disability Rights Coalition
https://www.copower.org/
3498 East Lake Lansing Road, Ste 100
East Lansing, MI 48823
Toll-free/ TTY: 800-578-1269
Phone: 517-333-2477
Email: MDRC@mymdrc.org

Service Dogs

Wolf Packs Inc.
http://www.wolfpacks.com/
1940 Soda Mountain Rd
Ashland, OR 97520
Phone: 541-482-7669
Email: traildog@wolfpacks.com

Sterling Service Dogs
http://www.sterlingservicedogs.org
3715 E. Fifteen Mile Rd.
Sterling Heights, MI 48310
Phone: 586-883-2810
Email: sterlingservicedogs@gmail.com

Paws With A Cause
http://www.pawswithcause.org/
4646 Division Ave S
Wayland, MI 49348
Phone: 616-877-7297
Email: paws@pawswithcause.org

Southeastern Michigan Regional Office
3208 Crooks
Royal Oak, MI
Phone: 616-877-7297
Email: paws@pawswithcause.org

Sports and Recreation

Athletes with Disabilities Network
https://www.facebook.com/adnpage/
2845 Crooks Rd
Rochester, MI 48309
Phone: 248-829-8353
Email: info@adnpage.org
ADN's mission is to promote a better quality of life for people with physical disabilities by creating awareness and offering opportunities to get involved with athletic, recreational and educational activities nationwide.

Cannonsburg Challenged Ski Association
http://www.skiccsa.org/
P.O. Box 352
Ada, MI 49301
Phone: 616-226-3970
Email: info@skiccsa.org

Challenge Mountain
https://challengemtn.org/
Mailing Address:
PO Box 764
Boyne City, MI 49712
Physical Address:
2205 N Springbrook Rd
Boyne Falls, MI 49713
Lodge Phone: 231- 535-2141
Program Director: Linda Armstrong
Offers adaptive sports year round including winter sports.

**IKUS: Indian Trails Camp**
O-1859 Lake Michigan Dr. NW
Grand Rapids, MI 49534
Phone: 616-677-5251
Email: info@ikuslife.org
Brings fun, adaptive recreation, friendship and acceptance to each camper so that they can learn perseverance, teamwork, and self-reliance.

**Mary Free Bed Rehabilitation Hospital: Wheelchair & Adaptive Sports Program**
http://www.maryfreebed.com/sports
235 Wealthy Street, SE
Grand Rapids, MI 49505
Phone: 616-840-8356
Email: sports@maryfreebed.com

**Michigan Adaptive Sports**
http://www.michiganadaptablesports.com/
4301 Orchard Lake Road
Suite 180/B 200
West Bloomfield, MI 48323
Email: michiganadaptablesports@gmail.com

**Michigan Sports Unlimited, Inc.**
http://www.misportsunlimited.com/about/mission.asp
PO Box 200
Essexville, MI 48732
Phone: 989-771-5530

**Strength Training and Recovery (STAR Rehab)**
www.STARrehab.com
859 Health Park Blvd.
Grand Blanc, MI 48439
Phone: 810-344-9810
Email: Info@starrehab.com
STAR Rehab offers sport clinics monthly and offers an adaptive sport scholarship of $3600.
Kentwood Adaptive Recreation
http://www.kentwood.us/city_services/city_departments/parks_and_recreation/adaptive.php
Kentwood City Hall
Mailing Address:
4900 Breton Ave. SE
Kentwood, MI 49508
Mailing Address:
PO Box 8848
Kentwood, MI 49518
Phone: 616-656-5270

Oakland County Parks: Adaptive Recreation
https://www.oakgov.com/parks/recreation/Pages/Adaptive-Recreation.aspx
1200 N. Telegraph Road
Pontiac, MI 48341
Phone: 248-221-8040
Toll Free: 888-350-0900
Email: Adaptive@oakgov.com

Think Beyond the Chair
https://thinkbeyondthechair.org/
P.O. Box 70997
Rochester Hills, MI 48307
Phone: 248-247-8118
Email: Info@thinkbeyondthechair.org
The vision encompassed by Think Beyond the Chair is to provide social activities, events, support and advocacy for people with disabilities. We recognize the importance of ADA compliance and support the goal of universal accessibility. We strive to build confidence, independence and role models.

Disability Services Resource Center
http://www.dsrcbc.org/
1820 N Trumbull Dr
Bay City, MI 48708
Phone: 989-895-5444
Disability Services Resource Center (DSRC), formally known as the Bay County Society for Crippled Children and Adults, was founded in 1933 and is dedicated to helping people with disabilities. Our mission is to serve individuals who are temporarily or permanently disabled with awareness, support and recreational opportunities. We believe that all people, regardless of their ability or disability, should have the opportunity to experience the rich rewards of daily living

United Way Offices

United Way Worldwide
Http://www.unitedway.org
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veteran Benefits

Veterans Administration: Facility Locator
https://www.va.gov/directory/guide/home.asp

Veterans Integrated Service Network (VISN) 10: Ann Arbor Satellite Office
http://www.visn10.va.gov/
2215 Fuller Rd
Ann Arbor, MI 48105
Phone: 513-247-4610

VA Ann Arbor Healthcare System
Lieutenant Colonel Charles S. Kettles VA Medical Center
http://www.annarbor.va.gov/
2215 Fuller Rd
Ann Arbor, MI 48105-2303
Phone: 734-769-7100

Battle Creek VA Medical Center
www.battlecreek.va.gov
5500 Armstrong Road
Battle Creek, MI 49015-7314
Phone: 269-966-5600 or 888-214-1247 (x33680)

John D. Dingell Department of Veterans Affairs Medical Center
www.detroit.va.gov
4646 John R Street
Detroit, MI 48201-1916
Phone: 313-576-1000 or 313-576-1000 (x61051)

Aleda E. Lutz Department of Veterans Affairs Medical Center
www.saginaw.va.gov
1500 Weiss Street
Saginaw, MI 48602-5251
Phone: 989-497-2500 or 989-497-2500 x11959

Paralyzed Veterans of America (PVA) Michigan Chapter Office
www.michiganpva.org
(Located inside the Michigan Life Science and Innovation Center)
46701 Commerce Center Dr.
Plymouth, MI 48170
Phone: 248-476-9000
Toll-free: 800-638-MPVA (6782)

ALS

ALS Association’s Chapter ALS of Michigan, Inc.
http://webmi.alsa.org/site/PageServer?pagename=MI_homepage

West Michigan office:
6352 Fulton St. E
Ada, MI 49301
Phone: 616-459-1900

East Michigan office:
PO Box 26599
Fraser, MI 48026
Phone: 248-680-6540
Email: fightals@alsa-michigan.org

ALS of Michigan, Inc.
https://alsofmichigan.org/
24359 Northwestern Hwy., Suite 100
Southfield, MI 48075
Phone: 800-882-5764

Brain Injury

Brain Injury Association of Michigan
http://www.biami.org
7305 Grand River, Suite 100
Brighton, MI 48114-7379
Phone: 810-229-5880
In State: 800-444-6443
Veterans: 800-772-4323 (Toll free)

Michigan TBI Model System
Southeastern Michigan Traumatic Brain Injury System
Rehabilitation Institute of Michigan
261 Mack Boulevard Room 520
Detroit, MI 48201
Phone: 313-745-9737
Email: ckoviak@dmc.org

Cerebral Palsy

Michigan United Cerebral Palsy
http://www.ucpmichigan.org
23077 Greenfield Rd.
Suite 205
Southfield, MI 48075
Second Location:
1325 S. Washington Ave
Lansing, MI 48910
Southfield Phone: 248-557-5070
Lansing Phone: 517-203-1200
Toll-free: 800-827-4843
Email: info@mi-ucp.org

Friedreich’s Ataxia

National Ataxia Foundation (NAF) National Office
http://www.ataxia.org/
Physical Address:
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Mailing Address:
PO Box 27986
Golden Valley, MN 55427
Phone: 763-553-0020
Email: naf@ataxia.org

Michigan Support Groups:
Detroit Area
Tanya Marshall
Phone: 313-736-2827
Email: tiniyt48221@gmail.com

Lansing Area
Shenlei Winkler
Phone: 517-993-7655
Email: Shenlei.winkler@aol.com

Western Michigan Area
Grand Rapids, MI
Chad Beyer
Phone: 206-849-9170
Email: chadbeyer@gmail.com

Guillain-Barré Syndrome / Cidp

Guillain-Barré Syndrome / CIDP Foundation International
http://www.gbs-cidp.org/
375 East Elm St. Suite 101
Conshohocken, PA 19428
Phone: 610-667-0131
Toll-free: 866-224-3301
Call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society’s Michigan Chapter
http://www.nationalmssociety.org/Chapters/MIG
29777 Telegraph Rd., Suite 1651
Southfield, MI 48034
Phone: 1-800-FIGHT-MS (344-4867) (Toll free)

Multiple Sclerosis Association of America's Midwest Regional Office
http://www.mymsaa.org/about-msaa/regional/
Chicago, IL
Phone: 800-532-7667 ext. 150
Email: Midwest@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association
https://www.mda.org/
National Headquarters
161 N. Clark St., Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Email: ResourceCenter@mdausa.org
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)
http://www.post-polio.org
50 Crestwood Executive Center #440
Saint Louis, MO 63126
Phone: 314-534-0475
Email: info@post-polio.org
Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

Spina Bifida Association
http://www.spinabifidaassociation.org
1600 Wilson Blvd Suite 800
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

West Michigan Spina Bifida Organization
http://wmspinabifida.org
235 Wealthy SE
Grand Rapids, MI 49503
Email: wmisbo@gmail.com

Spina Bifida Association Michigan Clinics:
http://spinabifidaassociation.org/clinics/

Michigan Medicine Physical Medicine & Rehabilitation
1500 E Medical Center Drive
Ann Arbor, MI 48109
Phone: 734-936-7175

Children’s Hospital of Michigan Specialty Center
3901 Beaubien Boulevard
Detroit, MI 48201
Phone: 313-745-5437

Sparrow Hospital – Sparrow Professional Building
1200 E. Michigan Avenue, Suite 460
Lansing, MI 48912
Phone: 517-364-1000

Spinal Cord Injury

Michigan Spinal Cord Injury Association (MSCIA)
http://www.mispinalcord.org/
The MSCIA
1938 Woodslee Drive, Ste B
Troy, MI 48083
Phone: 800-782-3394, 248-288-2270 (Local)
The MSCIA is the Michigan chapter of the National Spinal Cord Injury Association, or the NSCIA. See their list of support groups at: http://www.mispinalcord.org/support-groups
University of Michigan Spinal Cord Injury System (U-M SCIMS)
https://medicine.umich.edu/dept/pmr/research/research-areas/spinal-cord-injury-research/michigan-spinal-cord-injury-system-mscis
Phone: 734-936-7175

Rehabilitation Institute of Michigan—Novi Center
http://www.rimrehab.org/support-groups
42005 W. 12 Mile Rd.
Novi, MI 48377
Phone: 248-305-7575 (Stephen Vangel, PhD)
Holds a support group for persons with spinal cord injury. Please call for more details.

Walk the Line to SCI Recovery (WLTSCIR)
http://www.walkthelinetoscirecovery.com
23800 West 10 Mile Road, Suite 193
Southfield, MI 48033
Phone: 248-827-1100
WLTSCIR is a physician directed intensive, activity-based therapy program with a focus on weight and load bearing exercises designed to facilitate recovery of function following traumatic spinal cord injury.

Stroke

American Stroke Association
https://www.stroke.org/
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653
Call them for the stroke support group in your area

Rehab Institute of Michigan
http://www.rimrehab.org/support-groups
Phone: 248-305-7575
Stroke support groups in Novi and Detroit

Michigan Primary Stroke Care Centers—accredited by Joint Commission on Accreditation of Healthcare Organizations (JCAHO):

Ascension Borgess Hospital
https://healthcare.ascension.org/locations/michigan/mikal/kalamazoo-ascension-borgess-hospital
1521 Gull Road
Kalamazoo, MI 49048
Phone: 269-226-7000
Harper University Hospital
https://www.dmc.org/our-locations/harper-university-hospital
3990 John R. Street
Detroit, MI 48201
Phone: 313-745-8040

Sparrow Hospital
www.sparrow.org
1215 E. Michigan Ave.
Lansing, MI 48912
Phone: 517-364-1000
Toll Free: 1-800-SPARROW

Trinity Health
www.trinity-health.org
20555 Victor Parkway
Livonia, MI 48152-1018
Phone: 734-343-1000
TTY: 1-800-649-3777

Spectrum Health
https://www.spectrumhealth.org/
100 Michigan Street Northeast
Grand Rapids, MI 49503
Phone: (866) 989-7999

Michigan Medicine
http://www.med.umich.edu/
University of Michigan
1500 E. Medical Center Drive
Ann Arbor, MI 48109
Tel: 734-936-4000

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project (ASAP)
http://www.asap.org/
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079, 800-ASAP-282
Email: info@ASAP.org

Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)
www.wearesrna.org
Physical Address:
1787 Sutter Parkway
Powell, OH 43065-8806
Mailing Address:
SRNA
PO Box 826962
Philadelphia, PA 19182-6962
Phone: 855-380-3330
Please contact them for info in your area.

General Disability Resources

Alternatives In Motion
https://aimgr.org/
2215 29th Street SE, Suite A6
Grand Rapids, MI 49508
Phone: 616-493-2620
Email: info@aimgr.org
Provides wheelchairs to people who cannot afford them and do not qualify for other financial assistance.

Community Inclusive Recreation (CIR) Inc.
http://www.cirfun.com/
331 Jackson Street West
Battle Creek, MI 49037
Phone: 269-968-8249
CIR’s services range from individual support to fully inclusive community activities. They provide accessible transportation, financial assistance, and connections to a variety of fun activities.

I Love You, Lead On (formerly Michigan ADA)
https://iloveyou-leadon.com/
Phone: 248-956-0354 Susan Fitzmaurice, Founder
Email: iloveyouleadon@gmail.com
A disability rights membership group inspired by Justin Dart.

Michigan Yellow Pages for Kids with Disabilities
http://www.yellowpagesforkids.com/help/mi.htm

Michigan Occupational Therapy Association
http://www.mi-ota.com
124 West Allegan Street, Suite 1900
Lansing, MI 48933
Phone: 517-267-3918

Michigan Chapter of the American Physical Therapy Association
http://www.mpta.com/
Michigan Physical Therapy Association Inc.
124 West Allegan St., Suite 1900
Lansing, Michigan 48933
Phone: 517-234-5040
Email: contact@aptami.org

**Michigan Association of People Supporting Employment First (APSE)**
www.apse.org
http://www.apse.org/chapters/michigan
7361 Calhoun Place
Suite 680
Rockville, MD 20855
Phone: 301-279-0060
Email: miapse@apse.org

**Michigan First Call 2-1-1**
http://www.centralmichigan211.org/
Central Michigan 2-1-1 Program
c/o LifeWays
1200 N West Avenue
Jackson, MI 49202
Phone: 211
TDD: 866-561-2500
Email: 211@lifewayscmh.org
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

**Strive**
https://www.striverts.com/
Mailing Address:
7111 Dixie Hwy, #123
Clarkston, MI 48346
Physical Address:
6751 Dixie Hwy #113
Clarkston, MI 48346
248-922-1236
Provides recreational therapy

**ThinkFirst National Injury Prevention Foundation**
www.thinkfirst.org
1801 N. Mill St., Suite F
Naperville IL 60563
Phone: 630-961-1400, 800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $8,700,000 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.