Louisiana Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door
https://www.n4a.org/adrcs
https://www.acl.gov/node/413
https://eldercare.acl.gov/
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (http://www.hhs.gov/acl/index.html) (including AoA (http://www.aoa.gov/) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (http://www.cms.hhs.gov/). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or “no wrong door” systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling
and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

**Louisiana Office of Aging and Adult Services**
http://dhh.louisiana.gov/index.cfm/subhome/12/n/7
Louisiana Department of Health
Mailing Address:
P.O Box 629
Baton Rouge, LA 70821-0629
Physical Address:
628 N. 4th Street
Baton Rouge, LA 70802
Phone: 866-758-5035
Medicaid Customer Service: 888-342-6207
Email: OAAS.Inquiries@la.gov

**Governor’s Office of Elderly Affairs**
http://goea.louisiana.gov/index.cfm?md=directory&tmp=category&catid=38&pnid=0&nid=24
602 North 5th Street, Suite 435 – 4th Floor
Baton Rouge, LA 70802
Phone: 225-342-7100

**National Center on Elder Abuse (NCEA)**
https://ncea.acl.gov/
National Center on Elder Abuse
c/o University of Southern California Keck School of Medicine
Department of Family Medicine and Geriatrics
1000 South Fremont Avenue, Unit 22, Building A-6
Alhambra, CA 91803
Phone: 1-855-500-3537 (ELDR)
Email: ncea-info@aoa.hhs.gov
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.
Assistive Technology

Louisiana Assistive Technology Access Network (LATAN)
http://www.latan.org
AT Demonstration Center
10988 N. Harrell’s Ferry Rd., Ste. 5
Baton Rouge, LA 70816
Phone/TTY: 800-270-6185
Phone/TTY: 225-925-9500

Southwest ADA Center (covers Louisiana)
http://www.southwestada.org/
TIRR Memorial Hermann - ILRU
1333 Moursund
Houston, TX 77030
Toll Free: 800-949-4232
Phone: 713-797-7171

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

Louisiana Primary Care Association
www.lpca.net
Physical Address:
503 Colonial Drive
Baton Rouge, LA 70806
Mailing Address:
PO Box 966
Baton Rouge, LA 70821
Phone: 225-927-7662
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.
Health Resources and Services Administration (HRSA): Find a Health Center
http://findahealthcenter.hrsa.gov/
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Crime Victims Reparations Board
http://www.lcle.state.la.us/programs/cvr.asp
Louisiana Commission on Law Enforcement and Administration of Criminal Justice
Mailing Address:
Crime Victims Reparations Board
Louisiana Commission on Law Enforcement
Box 3133
Baton Rouge, Louisiana 70821
Phone: 225-342-1749
Phone: 225-342-1500; 888-6-VICTIM (Nationwide, Toll-Free)

Domestic Violence Help

National Domestic Violence Hotline 1-800-799-SAFE (7233)
Louisiana Domestic Violence Crisis And Support Resources
Statewide Hotline: 888-411-1333

The Louisiana Coalition Against Domestic Violence
http://www.lcadv.org/
P.O. Box 77308
Baton Rouge, LA 70879
Phone: 225-752-1296; 1-888-411-1333 (Hotline)

Louisiana Commission on Law Enforcement
https://lcle.la.gov/
602 North Fifth Street
Baton Rouge, Louisiana 70802
P.O. Box 3133
Baton Rouge, Louisiana 70821
Phone: 225-342-1500

Easter Seals Offices

MAIN:
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

COVINGTON, LA
19405 Helenberg Rd. Suite 1
Covington, LA 70433
Phone: 985-892-7604

MONROE, LA
1103 Hudson Lane
Monroe, LA 71201
Phone: 318-388-0293

NEW ORLEANS, LA
935 Gravier St., Suite 720
New Orleans, LA 70112-1617
Phone: 504-595-3408

ALEXANDRIA, LA
1120 5th Street
Alexandria, LA 71301
Phone:318-442-6990

SHREVEPORT, LA
3007 Knight St., Suite 200
Shreveport, LA 71105
Phone: 318 221-8244

THIBODAUX, LA
503 St. Mary St.
Thibodaux, LA 70301
Phone: 985 449-1021

Government Offices

Louisiana State Government page
https://www.louisiana.gov/

Louisiana Workforce Commission- Vocational Rehabilitation Program
http://www.laworks.net/WorkforceDev/LRS/LRS_Rehabilitation.asp
Louisiana Rehabilitation Services State Office
1001 N. 23rd St.
P.O Box 91297
Baton Rouge, LA 70821
Phone: 225-219-2225; 1-800-737-2958

**Louisiana Medicaid Office**
http://www.medicaidoffice.net
https://www.medicaidoffice.net/louisiana-medicaid-office-mo19
Louisiana Department of Health and Hospital
628 N. 4th Street
Baton Rouge, LA 70802
Phone: 888-342-6207; in state: 855-229-6848; for Spanish: 877-252-2447

**The Louisiana Children’s Health Insurance Program (LaCHIP) Office**
http://new.dhh.louisiana.gov/index.cfm/page/222
LaCHIP
Louisiana Department of Health
Mailing Address:
PO Box 629
Baton Rouge, LA 70821-0629
Physical Address:
628 N. 4th Street
Baton Rouge, LA 70802
Phone: 1-877-2LaCHIP (1-877-252-2447; toll-free)
TTY: 1-800-220-5404

**State Insurance Commissioner**
http://www.ldi.state.la.us/
Louisiana Department of Insurance
Physical Address:
1702 N. Third St.
Baton Rouge, LA 70802
Mailing Address:
PO Box 94214
Baton Rouge, LA 70804
Phone: 225-342-5900
Phone: 800-259-5300, 800-259-5301

**Workers Compensation Office**
http://www.laworks.net/WorkersComp/OWC_MainMenu.asp
1001 North 23rd Street
Baton Rouge, LA 70802
Phone: 225-342-3111

**Louisiana Commission on Human Rights**
https://gov.louisiana.gov/page/lchr
Physical Address:
The role of the Louisiana Commission on Human Rights is to enforce specific laws pertaining to discriminatory practices in the state of Louisiana.

**Governor’s Office of Disability Affairs**
Office of the Governor
PO Box 94004
Baton Rouge, LA 70804
Phone: 225-219-7550
Toll-free: 844-860-1413
Email: disability.affairs@la.gov

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that’s you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/

**State LTC Ombudsman**
www.louisiana.gov
Governor’s Office of Elderly Affairs
P.O. Box 61
Baton Rouge, LA 70821
Phone: 225-342-9723; Toll-Free: 866-632-0922
Email: StateOmbudsman@la.gov

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

**Housing**

**Housing and Urban Development (HUD) Office in Louisiana**
HUD
www.hud.gov
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211
www.211.org
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs)
http://www.ilru.org/projects/silc-net/silc-directory
1201 North Third Street, Suite G-219
Baton Rouge, LA 70804
Phone (Local): 225-219-7553
Toll-Free: 800-579-5611
TTY: 225-219-7550
Email: sharon@peoplefirstla.org, jamar.ennis@la.gov

Independent Living Research Utilization’s directory of Independent Living Centers
http://www.ilru.org

National Council on Independent Living (NCIL)
http://www.ncil.org/
PO Box 31260
Washington, DC 20030
Phone: 202-207-0334
Toll-free: 1.844.778.7961
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.
Library Services

State of Louisiana Talking Books and Braille Library
http://www.state.lib.la.us/special-services/tbbl
701 N 4th St
Baton Rouge, LA 70802
Phone: 225-342-0035, 800-543-4702
Email: tbbl@state.lib.la.us or tbblkids@state.lib.la.us

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
www.ChristopherReeve.org/Peer
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection and Advocacy

Disability Rights Louisiana
www.disabilityrightsla.org
8325 Oak Street
New Orleans, LA 70118
Phone: 800-960-7705 (nationwide)
E-mail: info@disabilityrightsla.org
Sports and Recreation

Ainsley’s Angels of America
www.ainsleysangels.org
PO Box 6287, Virginia Beach, VA 23456
Email: info@ainsleyangels.org
Ainsley’s Angels of America is a non-profit organization that matches runners with people with disabilities who want to compete in races. The "Angel Team" is comprised of at least two Ainsley's Angels. The rider is the core of the team and pulls the runner across the finish line with smiles, cheers and immeasurable inspirational spirit. With the health and well-being of the Rider as of the foremost priority, the 'Angel Team' works together to SAFELY accomplish the mission, while staying together and having fun.

Games Uniting Mind and Body (GUMBO), Inc.
https://sites.google.com/site/louisianagumboinc/home
Phone: 318-452-7771
Toll-free: 800-259-7200 x17
Email: Carey33452@aol.com
Games Uniting Mind and Body (GUMBO) is an interscholastic track and field competition designed for children ages 5 to 18 years of age who have physical or visual disabilities. Five main events are held each year. The regional competitions are held each spring in Shreveport, New Orleans, Alexandria, and Lafayette. The GUMBO INVITATIONAL (state competition) is held each fall in Alexandria. A Boccia State Tournament is also held each year.

Greater New Orleans Wheelchair Athletic Association
1611 ½ Pratt St.
Gretna, LA 70053
Phone: 504-708-8020

The Miracle League of Greater New Orleans
https://www.chnola.org/community/miracle-league-of-greater-new-orleans/
200 Henry Clay Ave.
New Orleans, LA 70118
Phone: 504-822-6266
The Miracle League provides eight-week baseball season programs that run from September to November in the fall and March to May in the spring for any person, regardless of their disability, to have the opportunity to play league sports and experience being a part of a team.

United Way Offices

United Way Worldwide
https://www.unitedway.org/
National Headquarters
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

Louisiana VA Hospital Locator

ALS

The ALS Association National Office
http://www.alsa.org/
1300 Wilson Boulevard, Suite 600
Arlington, VA 22209
Phone:(800) 782-4747

Louisiana Chapters/Support Groups:

Louisiana/Mississippi Chapter
14241 Coursey Blvd., Ste. A12 #374
Baton Rouge, LA 70817
Phone: 225 343-9880
Email: info@alsalams.org

Brain Injury

Brain Injury Association of America
www.biausa.org
Physical Address:
3057 Nutley Street #805
Fairfax, VA 22031-1931
Mailing Address:
P.O. Box 7416
Merrifield, VA 22116-7416
Phone: 703-761-0750
Email: info@biausa.org
Brain Injury Association of America’s mission is to advance brain injury prevention, research, treatment and education and to improve the quality of life for all individuals impacted by brain injury

Brain Injury Association of Louisiana
http://www.biala.org
3433 Highway 190, Suite 270
Mandeville, LA 70471
Office Phone: 504-982-0685
Toll Free: 800-444-6443
Email: info@biala.org
Focuses on creating a better future for Louisiana citizens with brain injury and/or spinal cord injury through education, community support groups, obtaining services, and advocacy.

Cerebral Palsy

UCP of Baton Rouge
http://mcmainscdc.org/
McMains Children's Developmental Center
1805 College Drive
Baton Rouge, LA 70808
Phone: 225-923-3420
Email: info@mcmainscdc.org

Friedreich’s Ataxia

National Ataxia Foundation (NAF) National Office
https://www.ataxia.org/
Physical Address:
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Mailing Address:
PO Box 27986
Golden Valley, MN 55427
Phone: 763-553-0020
Email: naf@ataxia.org

Guillain-Barré Syndrome/ CIDP

Guillain-Barré Syndrome / CIDP Foundation International
http://gbs-cidp.org/
375 East Elm St. Suite 101
Conshohocken, PA 19428
Phone: 866-224-3301
Call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society chapter:
www.nationalmssociety.org

Louisiana MS Chapter
http://www.nationalmssociety.org/Chapters/LAM
Multiple Sclerosis Association of America
http://www.mysma.org/
National Headquarters
375 Kings Highway North
Cherry Hill, New Jersey 08034
Phone: 800-532-7667
Email: msaa@mymsaa.org

MSAA South Central Regional Office
Alexis Crispino, Director of Education & Healthcare Relations
Austin, TX
Toll-free: 800-532-7667, ext. 153
E-mail: southcentral@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association
https://www.mda.org/
National Headquarters
161 N. Clark, Suite 3550
Chicago, Illinois 60601
Phone: 800-572-1717
Email: ResourceCenter@mdausa.org
Enter your zip code in the “Find MDA in your Community” section of the website to find the clinics that treat MD in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)
www.post-polio.org
50 Crestwood Executive Center #440
Saint Louis, MO 63126
Phone: 314-534-0475
Email: info@post-polio.org
Directory lists support groups by state.

Spina Bifida

Spina Bifida Association
http://www.spinabifidaassociation.org
1600 Wilson Blvd Suite 800
Arlington, VA 22209
Phone: (800) 621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

**Spina Bifida of Louisiana**
https://www.sblouisiana.org/
www.spinabifida.net/spina-bifida-louisiana
PO Box 1346
Kenner, La. 70063
Phone: 504-737-5181
Email: sbla@sblouisiana.org

Clinics:

**Children's Special Health Services**
Spina Bifida Program
220 West Willow Bldg A
Lafayette, LA 70501
Phone: 337-262-5616

**Children's Special Health Services**
Spina Bifida Program
1650 DeSiard St.
Monroe, LA 71211-4137
Phone: 318-362-5486

**Children's Special Health Services**
Spina Bifida Program
200 Henry Clay Ave., RM 214
New Orleans, LA 70118
Phone: 504-896-1357

**Children's Special Health Services**
Spina Bifida Program
353 N 12<sup>th</sup>
Baton Rouge, LA 70802
Phone: 225-342-4713

**Shriner's Hospital for Children**
Spina Bifida Program
3100 Samford Avenue
Shreveport, LA 71103
Phone: 318-222-5704

**Spinal Cord Injury**

**Louisiana Traumatic Head and Spinal Cord Injury Trust Fund**
http://dhh.louisiana.gov/index.cfm/page/126
Phone: 888-891-9441

**Stroke**

**American Stroke Association**
http://www.strokeassociation.org
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653
Please call them for the stroke support group in your area

**Syringomyelia/Chiari Malformation**

**American Syringomyelia and Chiari Alliance Project**
www.asap.org
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079, 800-ASAP-282
Email: info@ASAP.org

**Transverse Myelitis**

**Siegel Rare Neuroimmune Association**
http://wearesrna.org
Physical Address:
1787 Sutter Parkway
Powell, OH 43065-8806
Mailing Address:
SRNA
PO Box 826962
Philadelphia, PA 19182-6962
Toll-free: 855-380-3330
Please contact them for info in your area.

**General Disability Resources**

**Louisiana Yellow Pages for Kids with Disabilities**
http://www.yellowpagesforkids.com/help/la.htm

**Louisiana Developmental Disabilities Council**
http://www.laddc.org/
Post Office Box 3455
5615 Corporate Blvd. Suite 500B
Baton Rouge, LA 70808
Phone: 225-342-6804
Toll Free: 800-450-8108
Families Helping Families of Southeast Louisiana
www.fhfsela.org
2401 Westbend Parkway
Suite 3090
New Orleans, LA 70114
Phone: 504-943-0343
Toll Free: 1-877-243-7352
Email: info@fhnola.org

Families Helping Families of Greater Baton Rouge, Inc.
http://www.fhfgbr.org/
Region 2 - serving East and West Baton Rouge, East and West Feliciana, Iberville, Pointe Coupee, and Ascension
2356 Drusilla Lane
Baton Rouge, Louisiana 70809
Phone: 225-216-7474
Toll Free: 1-866-216-7474
Email: info@fhfgbr.org

Bayou Land Families Helping Families, Inc.
www.blfhf.org
Region 3 - serving Assumption, Lafourche, St. Charles, St. James, St. John, St. Mary, Terrebonne
286 Highway 3185
Thibodaux, Louisiana 70301
Phone: 985-447-4461 or 1-800-331-5570
Email: bayoulandfhf@gmail.com

Families Helping Families of Acadiana, Inc.
www.fhfacadiana.org
Region 4 - serving Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, and Vermilion
100 Benman Road
Lafayette, Louisiana 70506
Phone: 337-984-3458
Toll Free: 1-855-984-3458
Email: info@fhfacadiana.org

Families Helping Families of Southwest Louisiana
https://fhfswla.org/
Region 5 – serving parishes of Allen, Beauregard, Calcasieu, Cameron, and Jeff Davis
1830 Ryan Street Suite A
Lake Charles, LA 70601
Phone: 337-436-2570
Toll Free: 800-894-6558
Email: info@fhfswla.org
Families Helping Families Region 7
www.fhendregion7.com
Region 7 - serving Bienville, Bossier, Caddo, Claiborne, Desoto, Lincoln, Red River, Natchitoches, Sabine, and Webster
215 Bobbie St. Ste. 100
Bossier City, LA 71112
Phone: 318-226-4541
Toll Free: 1-877-226-4541
Email: info@fhendregion7.com

Families Helping Families of Northeast Louisiana, Inc.
www.fhfnela.org
Region 8 - serving parishes of Caldwell, East Carroll, Franklin, Jackson, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, and West Carroll
5200 Northeast Road
Monroe, Louisiana 71203
Phone: 318-361-0487
Toll Free: 1-888-300-1320

Northshore Families Helping Families, Inc.
www.fhfnorthshore.org
Region 9 - serving Livingston, St. Helena, St. Tammany, Tangipahoa, Washington
108 Highland Park Plaza
Covington, LA 70433
Phone: 985-875-0511
Toll Free: 1-800-383-8700
Email: info@fhfnorthshore.org

Families Helping Families of Greater New Orleans
www.fhfogno.org
Region 10 - serving Jefferson Parish and the State of Louisiana
700 Hickory Avenue
Harahan, Louisiana 70123
Phone: 504-888-9111
Toll Free: 800-766-7736

Louisiana chapter of the American Physical Therapy Association
https://lpta.org/
8550 United Plaza Blvd.
Suite 1001
Baton Rouge, LA 70809
Phone: 225-922-4614

Louisiana Occupational Therapy Association (LOTA)
http://www.lota.camp9.org/
LOTA Association Office
Linda E. Alwood, Executive Secretary
ThinkFirst National Injury Prevention Foundation
www.thinkfirst.org
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $8,700,000 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.