Louisiana Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413
www.eldercare.acl.gov

Aging and Disability Resource Centers/ No Wrong Door

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs,
4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://dhh.louisiana.gov/index.cfm/subhome/12/n/7

Louisiana Department of Aging
628 N. 4th Street, Baton Rouge, LA 70802
Phone: 225-342-9500
Medicaid Customer Service: 888-342-6207

http://goea.louisiana.gov/index.cfm?md=directory&tmp=category&catid=38&pnid=0&nid=24
Louisiana Association of Area Agencies on Aging
104 West Port St.
Derideler, LA 70634

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

Arts and Creativity

VSA Arts of Louisiana
Louisiana Center for Education Technology
2758 Brightside Drive
Baton Rouge, LA 70820
Phone: (225) 761-4243
Email: vsalouisiana@bellsouth.net

Assistive Technology

http://www.latan.org
Louisiana Assistive Technology Access Network (LATAN)
3042 Old Forge Road, Suite D
P. O. Box 14115
Baton Rouge, LA 70898-4115
Phone/TTY: 800-270-6185 (In State)
Phone/TTY: 225-925-9500

http://www.southwestada.org/
Southwest ADA Center (covers Louisiana)
TIRR Memorial Hermann - ILRU
1333 Moursund
Houston, TX 77030
Toll Free: 800-949-4232
Phone: 713-520-0232 v/tty

Caregivers Info

Caregiver.com’s Louisiana Caregiver Support Groups
Tel: (954) 893-0550
1-800-829-2734
Email: info@caregiver.com

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.Christopher Reeve.org/NRN.

Community Health Centers

www.lpca.net
Louisiana Primary Care Association
503 Colonial Drive
Baton Rouge, LA 70806
Phone: 225-927-7662
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/
Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations
and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

**Crime Victim Assistance**

[http://www.cole.state.la.us/programs/cvr.asp](http://www.cole.state.la.us/programs/cvr.asp)

**Crime Victims Reparations Board**

Louisiana Commission on Law Enforcement  
602 North Fifth Street  
Baton Rouge, LA 70802

*Victim Compensation*  
Phone: 225-342-1500  
Toll-free: 888-6-VICTIM

**Domestic Violence Help**

**National Domestic Violence Hotline** 1-800-799-SAFE (7233)


Aardvarc’s Louisiana Domestic Violence contact information by City/County

**Louisiana Domestic Violence Crisis And Support Resources**  
Statewide Hotline: 888-411-1333


**The Louisiana Coalition Against Domestic Violence**  
P.O. Box 77308  
Baton Rouge, LA 70879 -7308  
Phone: 225-752-1296

[www.cole.state.la.us](http://www.cole.state.la.us)

**Louisiana Commission on Law Enforcement**  
602 North Fifth Street  
Baton Rouge, Louisiana 70802  
Phone: 225-342-1500

**Easter Seals Offices**

MAIN:  

Easter Seals Louisiana
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

**MONROE, LA**
1103 Hudson Lane
Monroe, LA 71201
Phone: 318-888-0293

**COVINGTON, LA**
1945 Helensburg Rd., Suite 1
Covington LA 70433
Phone: 318-322-4788

**NEW ORLEANS, LA**
935 Gravier St., Suite 720
New Orleans, LA 70112-1617
Phone: 504-595-3408

**PINEVILLE, LA**
2800 South McArthur, Suite E
Pineville, LA 71301
Phone: 318-487-1165

**SHREVEPORT, LA**
3007 Knight St., Suite 200
Shreveport, LA 71105
Phone: 318 221-8244

**THIBODAUX, LA**
1003 St. Mary St.
Thibodaux, LA 70301
Phone: 985 449-1021

**Government Offices**

[https://www.louisiana.gov/](https://www.louisiana.gov/)
*Louisiana State Government page*

[http://www.laworks.net/WorkforceDev/LRS/LRS_Rehabilitation.asp](http://www.laworks.net/WorkforceDev/LRS/LRS_Rehabilitation.asp)
*Louisiana Vocational Rehabilitation Office*

1001 N. 23rd St.
Baton Rouge, LA 70802
Phone: 225-342-7960
Toll-free: 800-737-2958

[http://www.medicaidoffice.net](http://www.medicaidoffice.net)
[https://www.medicaidoffice.net/louisiana-medicaid-office-mo19](https://www.medicaidoffice.net/louisiana-medicaid-office-mo19)
*Louisiana Medicaid Office*

628 N. 4th Street
Baton Rouge, LA 70802
PO Box 629
Baton Rouge, LA 70821-0629
Phone: 225-342-9500
Louisiana State Children’s Health Insurance Program (SCHIP) Office
LaCHIP
PO Box 629
Baton Rouge, LA 70821-0629
Phone: 225-342-9500

State Insurance Commissioner
Louisiana Department of Insurance
1702 N. Third St.
PO Box 94214
Baton Rouge, LA 70802
Phone: 800-259-5300
800-259-5301

Workers Compensation Office
1001 North 23rd Street
Baton Rouge, LA 70804-9094
Phone: 225-342-3111

Louisiana Commission on Human Rights
1001 N. 23rd St., Suite 268
Baton Rouge, LA 70802
Phone: 225-342-6969
The role of the Louisiana Commission on Human Rights is to enforce specific laws pertaining to discriminatory practices in the state of Louisiana.

Governor’s Office of Disability Affairs
PO Box 94004
Baton Rouge, LA 70804
Phone: 225-219-7550
Toll-free: 844-860-1413
Email: disability.affairs@la.gov

Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource
for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

www.louisiana.gov
State LTC Ombudsman
Office of Elderly Affairs
525 Florida St. 4th Floor
Baton Rouge, LA 70802
P.O. Box 61
Baton Rouge, LA 70201
Phone: 225-342-7100
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

https://www.hud.gov/states/louisiana
Housing and Urban Development (HUD) Office in Louisiana

www.hud.gov
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org
211
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

http://www.ilru.org/projects/silc-net/silc-directory
ILRU: State Independent Living Councils (SILCs)
1201 North Third Street, Suite G-219
Baton Rouge, LA 70804
Phone (Local): 225-219-7553
Toll-Free: 800-579-5611
TTY: 225-219-7550
Email: peter.iambousy@amerigroup.com

http://www.ilru.org
Independent Living Research Utilization’s directory of Independent Living Centers

http://www.ncil.org/
National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

http://www.state.lib.la.us/special-services/tbbl
Louisiana Library Services for the Blind and Physically Handicapped
701 N 4th St
Baton Rouge, LA 70802
Phone: 225-342-4913
800-543-4702
Email: sbph@state.lib.la.us

NeuroRecovery Network (NRN)
The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.

**Protection and Advocacy**

[www.disabilityrightsla.org](http://www.disabilityrightsla.org)
**Disability Rights Louisiana**
Louisiana Protection & Advocacy  
(CAP/PADD/PAIMI/PAIR/PABSS/TBI/PAVA)  
Advocacy Center  
8325 Oak Street  
New Orleans, LA 70118  
Phone: 800-960-7705 (nationwide)  
E-mail: info@disabilityrightsla.org

**Sports and Recreation**

[www.ainsleysangels.org](http://www.ainsleysangels.org)
**Ainsley’s Angels of America**
113 Vanessa Ave.  
Lake Charles, LA 70605  
Email: info@ainsleyangels.org  
Ainsley’s Angels of America is a non-profit organization that matches runners with people with disabilities who want to compete in races. The "Angel Team" is comprised of at least two Ainsley's Angels. The rider is the core of the team and pulls the runner across the finish line with smiles, cheers and immeasurable inspirational spirit. With the health and well-being of the Rider as of the foremost priority, the 'Angel Team' works together to SAFELY accomplish the mission, while staying together and having fun.
https://sites.google.com/site/louisianagumboinc/home

Games Uniting Mind and Body (GUMBO), Inc.
Phone: 318-452-7771
Toll-free: 800-259-7200 x17
Email: Carey33452@aol.com

Games Uniting Mind and Body (GUMBO) is an interscholastic track and field competition designed for children ages 5 to 18 years of age who have physical or visual disabilities. Five main events are held each year. The regional competitions are held each spring in Shreveport, New Orleans, Alexandria, and Lafayette. The GUMBO INVITATIONAL (state competition) is held each fall in Alexandria. A Boccia State Tournament is also held each year.


Greater New Orleans Wheelchair Athletic Association
1611 ½ Pratt St.
Gretna, LA
Phone: 504-708-8020

http://www.gnomiracleleague.org/

Miracle League of Greater New Orleans
200 Henry Clay Ave.
New Orleans, LA 70118
Phone: 504-894-5415/504-899-9511

The Miracle League provides eight-week baseball season programs that run from September to November in the fall and March to May in the spring for any person, regardless of their disability, to have the opportunity to play league sports and experience being a part of a team.

United Way Offices

https://www.unitedway.org/

United Way
National Headquarters
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

Louisiana VA Hospital Locator

www.bayou-pva.org
Paralyzed Veterans of America offices: Bayou-Gulf States PVA
15489 Dedeaux Rd.
Gulfport, MS 39503-2667
Phone: 228-832-6864

ALS

http://www.alsa.org/
The ALS Association National Office
1300 Wilson Rd., Suite 600
Arlington, VA 22209
Phone: 202-407-8580

Louisiana Chapters/Support Groups:

Louisiana/Mississippi Chapter
11725 Industriplex Blvd.
Baton Rouge, LA 70896-6825
Phone: 225 343-9880
Toll-free: 800 891-3746
Email: info@alsalams.org
Please contact them for meeting dates

Brain Injury

www.biausa.org
Brain Injury Association of America
1608 Spring Hill Road, Suite 110
Vienna, VA 22182
Phone: 703-761-0750
Brain Injury Association of America’s mission is to advance brain injury prevention, research, treatment and education and to improve the quality of life for all individuals impacted by brain injury

http://www.biala.org
Brain Injury Association of Louisiana
8325 Oak Street
New Orleans, LA 70118
Office Phone 504-982-0685
Toll Free 800-444-6443
Email:  info@biala.org
Focuses on creating a better future for Louisiana citizens with brain injury and/or spinal cord injury through education, community support groups, obtaining services, and advocacy.

Cerebral Palsy

http://mcmainscdc.org/
UCP of Baton Rouge
McMains Children’s Development Center
1805 College Drive
Baton Rouge, LA 70808
Phone: 225-923-3420

http://www.ucpgno.org
UCP of Greater New Orleans
2200 Veterans Memorial Boulevard, Suite 103
Kenner, LA 70062
Phone: (504) 461-4266
E-Mail: info@ucpgno.org

Friedreich’s Ataxia

National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020

National Ataxia Foundation
Chapters and Support groups:
http://www.angelfire.com/la/ataxiachapter/
Louisiana Chapter
Elizabeth Tanner, President
1720 Parker St.
Baton Rouge, LA 70808
Phone: 225-241-3745
E-mail: louisiananaf@yahoo.com

Guillain-Barré Syndrome/ CIDP

http://gbs-cidp.org/
Guillain-Barré Syndrome / CIDP Foundation International
375 East Elm St.
Conshohocken, PA 19428
Phone:  610-667-0131; 866-224-3301
Call for information in your area

Multiple Sclerosis

www.nationalmssociety.org
National Multiple Sclerosis Society chapter:

http://www.nationalmssociety.org/Chapters/LAM
Louisiana MS Chapter
3500 N. Causeway Blvd. #402
Metairie, LA 70006
Phone: 504-332-3790
Phone: 800-344-4867
Email: louisianachapter@nmss.org

http://www.mymss.org/
Multiple Sclerosis Association of America

MSAA South Central Regional Office
Becky Remington, Regional Director
14902 Preston Rd., Suite 404-345
Dallas, TX 75254
Toll-free: 800- 532-7667, ext. 137
E-mail: southcentral@mymssaa.org

Support Groups:

http://brec.org
BREC Recreation Center
6201 Florida Blvd.
Baton Rouge, LA 70806
Phone: 225-272-9200
Second Tues 12 Noon

www.westmonroe.com/172/west-ouachita-senior-center
W Ouachita Senior Center
1800 N 7th St.
West Monroe, LA 71291
Phone: 318-324-1280
Email: seniorcenter@westmonroe.la.gov

Muscular Dystrophy
http://www.mdausa.org/
Muscular Dystrophy Association
National Headquarters
161 N. Clark, Suite 3550
Chicago, Illinois 60601
Phone: 800-572-1717
Enter your zip code in the “Find MDA in your Community” section of the website to find the clinics that treat MD in your area.

Post-Polio Syndrome

www.post-polio.org
Post-Polio Health International (PHI)
50 Crestwood Executive Center #440
Saint Louis, MO 63126-1916
Phone: 314-534-5070
http://www.post-polio.org/net/poldir.pdf
Directory lists support groups by state.

Spina Bifida

http://www.spinabifidaassociation.org
Spina Bifida Association of America
1600 Wilson Blvd
Arlington, VA 22209
Phone: 202-944-3285
Email: sbaa@sbaa.org
Please contact them for info in your area

https://www.sblouisiana.org/
Spina Bifida of Louisiana
PO Box 1346
Kenner, La. 70063
Phone 504-737-5181

www.spinabifida.net/spina-bifida-louisiana
Clinics:

Children's Special Health Services
Spina Bifida Program
220 West Willow Bldg A
Lafayette, LA 70501
Phone: 337-262-5616
Spinal Cord Injury

http://dhh.louisiana.gov/index.cfm/page/126
Louisiana Traumatic Head and Spinal Cord Injury Trust Fund

Stroke

http://www.strokeassociation.org
American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653
Please call them for the stroke support group in your area

Syringomyelia/Chiari Malformation
www.asap.org
American Syringomyelia and Chiari Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
     800-ASAP-282
Email: info@ASAP.org

Transverse Myelitis

http://wearesrna.org
Siegel Rare Neuroimmune Association State Support groups
1787 Sutter Parkway
Powell, OH 43065-8806
Toll-free: 855-380-3330
Please contact them for info in your area.

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General Disability Resources

http://www.yellowpagesforkids.com/help/la.htm
Louisiana Yellow Pages for Kids with Disabilities

http://www.laddc.org/
Louisiana Developmental Disabilities Council

http://ldh.la.gov/index.cfm/page/1564
Families Helping Families of Louisiana
2840 Military Hwy.
Pineville, LA 71360
Phone: 318-641-7373
Toll-free: 1-800-259-7200

http://www.lpta.org/
Louisiana chapter of the American Physical Therapy Association
8550 United Plaza Blvd.
Suite 1001-A
Baton Rouge, LA 70809
Phone: 225-922-4614
Email: office@lpta.org
http://www.lota.camp9.org/
Louisiana Occupational Therapy Association (LOTA)
PO Box 14806
Baton Rouge, LA 70898
Phone: 225-291-2806
Email: lalwood@aol.com

http://www.blfhf.org/
Bayou Land Families Helping Families
286 Hwy 3185
Thibodaux, LA 70301
Phone: 985-447-4461 or toll free at 1-800-331-5570
A non-profit organization of family resource centers that help families who have children with special needs with info and referral, peer support, etc.

www.thinkfirst.org
ThinkFirst National Injury Prevention Foundation
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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