Kentucky Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413

Aging and Disability Resource Centers/ No Wrong Door

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and
strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

https://chfs.ky.gov/agencies/dail/Pages/default.aspx
Kansas Department of Aging and Independent Living
Cabinet for Health and Family Services
275 E. Main St.
Frankfort, KY 40621
Phone: 502-564-5497
800-372-2973 (Toll Free)
TTY (for hearing impaired) 800-627-4702
Email: CHFS.Listens@ky.gov

https://chfs.ky.gov/agencies/dail/Pages/aaail.aspx
Kentucky Area Agencies on Aging and Independent Living

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

ARTS and CREATIVITY

https://www.artsforallky.org/
Arts for All Kentucky
Physical Address:
601 College Street
Bowling Green, KY 42101
Mailing Address:
P.O. Box 3320
Bowling Green, KY 42102
Phone: 270-792-0023

ASSISTIVE TECHNOLOGY

http://www.katsnet.org
Kentucky Assistance Technology Services (KATS) Network
KATS Network Coordinating Center
Charles W. McDowell Center
8412 Westport Rd
Louisville, KY 40242
Phone: 800-327-5287
Email: info@katsnet.org

http://www.adasoutheast.org/
Southeast ADA Center (covers Kentucky)
Burton Blatt Institute Lexington
1525 Bull Lea Road, Suite 160
Lexington, KY 40511
Phone: 404-541-9001
Email: adasoutheast@syr.edu

https://katlc.ky.gov/Pages/default.aspx
Kentucky Assistive Technology Loan Corporation
Mayo-Underwood Building
500 Mero Street
4th Floor, NE
Frankfort, KY 40601
Phone: 877-675-0195
Email: edu.katlc@ky.gov

CAREGIVERS INFORMATION

https://caregiver.com/
Caregiver.com
3920 Riverland Road
Fort Lauderdale, FL 33312
Tel: (954) 893-0550
1-800-829-2734
Email: info@caregiver.com

https://barrenheights.org/community-center/
Barren Heights Community Center
11420 Watterson Court #800
Louisville, KY 40299
Phone: 502-327-9495
A non-profit organization that provides weekend retreats for family caregivers of a physically disabled child at no cost to the family. This is a Christian charity that focuses on strengthening family identity and Christian community.

www.wellspouse.org
Well Spouse Association
63 West Main Street, Suite H
Freehold, NJ 07728
Phone: 732-577-8899
Email: info@wellspouse.org

COMMUNITY-BASED FITNESS PROGRAMS

https://www.uoflhealthnetwork.org/frazier-rehab-institute
UofL Health Frazier Rehabilitation Institute
200 Abraham Flexner Way
Louisville, KY 40202
Phone: 502-587-4011
A Reeve Foundation NRN center.

COMMUNITY HEALTH CENTERS

https://k pca.net/
Kentucky Primary Care Association
651 Comanche Trail
Frankfort, KY 40601
Phone: 502-227-4379
Email: astanley@kypca.net
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/
Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

CRIME VICTIM ASSISTANCE

https://kycc.ky.gov/
Office of Claims and Appeals
500 Mero Street 2SC1, 
Frankfort, Kentucky 40601 
Phone: 502-782-8255

https://justice.ky.gov/Boards-Commissions/paroleboard/Pages/victimservices.aspx

Victim Services
Toll-free Victim Line: 800-221-5991

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline: 1-800-799-SAFE (7233)
National Resource Center on Domestic Violence: 800-537-2238

www.kcadv.org
Kentucky Domestic Violence Association
111 Darby Shire Circle, Frankfort, KY 40601
Phone: 502-209-KDVA (5382)
Email: info@kcadv.org

https://www.cvdvs.org/
Cumberland Valley Domestic Violence Services Inc.
Phone: 800-755-5348
606-843-2022
Email: info@cvdvs.org

Cumberland Valley Domestic Violence Services, Inc. seeks to decrease the number of domestic violence and abuse incidents by empowering victims through advocacy and education, and to raise awareness by involving the community in solutions to ending abuse.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

EASTER SEALS OFFICES

www.easterseals.com
Easter Seals
Go to “Connect Locally” tab and enter Kentucky in state
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.
GOVERNMENT OFFICES

www.kentucky.gov
Kentucky State Website

http://chfs.ky.gov/default.htm
Kentucky Cabinet for Health and Family Services
275 East Main Street
Frankfort, KY 40621
Phone: 1-800-372-2973
  502-564-5497

https://kcc.ky.gov/Vocational-Rehabilitation/Pages/Kentucky-Office-of-Vocational-Rehabilitation.aspx
Kentucky Office of Vocational Rehabilitation
Central Office
275 East Main St.
Mail Drop 2EK
Frankfort, KY 40621
Phone/TTY: 800-372-7172

https://chfs.ky.gov/agencies/dms/Pages/default.aspx
Kentucky Department for Medicaid Services (DMS)
275 E. Main St. 6W-A
Frankfort, KY 40621
Phone/TTY: 502-564-4321
TTY: 800-627-4702
Email: dmsweb@ky.gov

https://kidshealth.ky.gov/Pages/index.aspx
Kentucky CHIP Program (State Children’s Health Insurance Program)
Phone: 877-KCHIP-18 or 877-524-4718 (Toll Free)
TTY: 877-KCHIP-19 or 877-524-4719 (Toll Free)
Hispanic Interpreter: 800-662-5397

https://chfs.ky.gov/agencies/dail/Pages/ship.aspx
Kentucky SHIP Program (State Health Insurance Program - for Seniors)
Office for Aging and Independent Living
Kentucky Cabinet for Health and Family Services
Add address:
275 E. Main St. 3E-E
Frankfort, KY 40621
Phone: 877-293-7447 (Option #2)
  502-564-6930 (to speak to a SHIP Counselor)
Email: chfs.listens@ky.gov
The Kentucky State Health Insurance Assistance Program (SHIP) provides information, counseling and assistance to seniors and disabled individuals, their families and caregivers. This service is provided at no charge by local, well-trained counselors.

https://kchr.ky.gov/Pages/index.aspx
Kentucky Commission on Human Rights
332 W. Broadway, Suite 1400
Louisville, Kentucky 40202
Phone: 502-595-4024
Email: kchr.mail@ky.gov
The agency receives, initiates, investigates, conciliates and rules upon jurisdictional complaints alleging violations of the Kentucky Civil Rights Act.

http://insurance.ky.gov/
Kentucky Department of Insurance
500 Mero Street 2 SE 11
Frankfort, KY 40601
Phone: 502-564-3630
Toll-free: 1-800-595-6053
Email: DOI.AdministrativeServicesMail@ky.gov

http://ada.ky.gov/
Kentucky Office of ADA Coordinator
501 High Street
Frankfort, KY 40601
Phone: 502-564-8000 (for questions related to state government employment or services)
502-564-9818 (for other inquiries)
Email: Singer.Buchanan@ky.gov (for questions related to state government employment or services)
Nila.Meeks@ky.gov (for other inquiries)

https://ccdd.ky.gov/Pages/index.aspx
Kentucky Commonwealth Council on Developmental Disabilities
656 Chamberlin Ave., Suite C
Frankfort, KY 40601
Phone: 502-564-7841
Email: ccdd@ky.gov

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional
offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

https://chfs.ky.gov/agencies/dail/Pages/Ltcomb.aspx

State LTC Ombudsman
3138 Custer Dr. Suite 110
Lexington, KY 40517
Phone: 859-277-9215
Toll-free: 800-372-2991 or 800-372-2973
TYY: 800-627-4702
Email: sherryculp@ombuddy.org
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

HOUSING

www.hud.gov

Housing and Urban Development (HUD)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org

211

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

http://www.ilru.org/projects/silc-net/silc-directory
https://silc.ky.gov/Pages/default.aspx

ILRU: State Independent Living Councils (SILCs)

Kentucky Statewide Independent Living Council
Dept. for Aging and Independent Living
275 E. Main Street 3E-E
Frankfort, KY 40621
http://www.ncil.org/
National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 844-778-7961
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

LIBRARY SERVICES

http://kdla.ky.gov/librarians/talkingbook/Pages/default.aspx
The Kentucky Talking Book Library
Mailing Address:
PO Box 537
Frankfort, KY 40602
Physical Address:
300 Coffee Tree Road
Frankfort, KY 40601
Phone: 502-564-5791
502-564-8300
Toll-free: 800-372-2968
Email: KTBL.Mail@ky.gov

NeuroRecovery Network (NRN)

https://www.uoflhealthnetwork.org/frazier-rehab-institute
UofL Health - Frazier Rehabilitation Institute
Mailing Address:
220 Abraham Flexner Way
Louisville, KY 40202
Phone: 502-582-7400
The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The
NRN is a program of the Reeve Foundation. For more info on qualifying for the program, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN)

**Peer Support Programs**

[www.ChristopherReeve.org/Peer](http://www.ChristopherReeve.org/Peer)
Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.

**PROTECTION and ADVOCACY**

[http://www.kypa.net/](http://www.kypa.net/)
Kentucky Protection and Advocacy
5 Mill Creek Park
Frankfort, KY 40601
Phone: 502-564-2967
TDD: 1-800-372-2988
Email: KYPandAinquiry@gmail.com

Kentucky Client Assistance Program (CAP)
500 Mero Street 4th FL, 454 CW
Frankfort, KY 40601
Phone: 502-564-8035, 502-330-3250 or 800-633-6283
Email: Info.KYCap@ky.gov

**SERVICE DOGS**

[http://www.cci.org](http://www.cci.org)
Canine Companions
North Central Training Center
7480 New Albany-Condit Rd
New Albany, OH 43054
Phone: 614-699-5900
Toll-free: 800-572-BARK (2275)
Canine Companion’s North Central Training Center serves several states, including Kentucky.

SPORTS and RECREATION

https://www.moveunitedsport.org
Move United
451 Hungerford Drive
Suite 608
Rockville, MD 20850
Phone: 301-217-0960
Email: info@moveunitedsport.org
No Kentucky chapter listed

https://www.uoflhealthnetwork.org/adaptive-sports-resources
UofL Health - Frazier Rehabilitation Institute
200 Abraham Flexner Way
Louisville, KY 40202
Phone: 502-582-7400
Offers an adaptive sports program

http://www.ckrh.org/
Central Kentucky Riding for Hope
PO Box 13155
Lexington, KY 40583
Phone: 859-231-7066
CKRH is dedicated to enriching the community by improving the quality of life and the health of children and adults with special physical, cognitive, emotional and social needs through therapeutic activities with horses.

UNITED WAY

https://www.unitedway.org/
United Way
National Headquarters
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

VETERAN BENEFITS

https://www.va.gov/directory/guide/home.asp
US Department of Veterans Affairs VA Hospital Locator

VA Medical Centers:

www.lexington.va.gov
Lexington VA Medical Center
1101 Veterans Drive
Lexington, KY 40502-2236
Phone: 859-233-4511

Louisville VA Medical Center
800 Zorn Avenue
Louisville, KY 40206-1433
Phone: 502-287-4000

http://kipva.org
Kentucky-Indiana Chapter Paralyzed Veterans of America (PVA) Regional Service Office
2835 Holmans Lane
Jeffersonville, IN 47130
Phone: 502-635-6539

ALS

http://www.alsaky.org/
Kentucky Chapter of ALS Association
13102 Eastpoint Park Blvd, #101
Louisville, KY 40223
Phone: 502-495-3672
877-916-6045 (Toll Free)
BRAIN INJURY

www.biak.us
Brain Injury Alliance of Kentucky
7321 New LaGrange Road, Suite 100
Louisville, Kentucky 40222
Phone: 502-493-0609
Email: info@biak.us

CEREBRAL PALSY

www.steppingstonesohio.org
Stepping Stones
5650 Given Road
Cincinnati, OH 45243
Phone: 513-831-4660

FRIEDREICH’S ATAXIA

http://www.ataxia.org/
National Ataxia Foundation (NAF) National Office
Physical Address:
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Mailing Address:
PO Box 27986
Golden Valley, MN 55427
Phone: 763-553-0020
Email: naf@ataxia.org

GUILLAIN-BARRÉ SYNDROME

http://gbs-cidp.org/
Guillain-Barré Syndrome/CIDP Foundation International
375 East Elm St., Suite 101
Conshohocken PA 19428
Phone: 610-667-0131
Toll-free: 866-224-3301
Call for information in your area
MULTIPLE SCLEROSIS

http://www.nationalmssociety.org
National Multiple Sclerosis Society (NMSS)
800-FIGHT-MS

http://www.nationalmssociety.org/Chapters/INI
Indiana, Kentucky and Tennessee Chapter of NMSS
214 Overlook Circle Ste. 153
Brentwood, TN 37027
Phone: 800-344-4867
The Indiana State Chapter works to improve the quality of life for people affected by MS in Indiana and northwestern Kentucky and raise funds for critical MS research.

www.mymsaa.org
Multiple Sclerosis Association of America
MSAA National Headquarters
375 Kings Highway North
Cherry Hill, NJ 08034
Phone: 800-532-7667
Email: msaa@mymsaa.org

http://www.mymsaa.org
Multiple Sclerosis Association of America (MSAA)
MSAA Midwest Regional Office
Chicago, IL
Phone: 800-532-7667 ext. 150
E-mail: midwest@mymsaa.org
The Midwest office covers Ohio, Illinois, Indiana, Kentucky, Michigan, Minnesota, West Virginia, Wisconsin, Iowa, North Dakota, South Dakota, and Nebraska.

MUSCULAR DYSTROPHY

https://www.mda.org/
Muscular Dystrophy Association
National Headquarters
161 N. Clark, Suite 3550
Chicago, Illinois 60601
Phone: 800-572-1717
Email: ResourceCenter@mdausa.org
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.
POST-POLIO SYNDROME

www.post-polio.org
Post-Polio Health International (PHI)
50 Crestwood Executive Center. #440
St. Louis, MO 63126
Phone: 314-534-0475
Email: info@post-polio.org
Directory lists Health Professionals, Clinics, and Support Groups by state.

SPINA BIFIDA

http://www.spinabifidaassociation.org
Spina Bifida Association
1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

http://www.sbak.org/
Spina Bifida Association of Kentucky
Kosair Charities Centre
982 Eastern Parkway, Box 18
Louisville, KY 40217
Phone: 502-637-7363
Email: sbak@sbak.org

http://www.spinabifidaassociation.org/site/Clinics/#K-O
SBAA Kentucky Clinics:

Frazier Rehab Institute Adult Spina Bifida Clinic
220 Abraham Flexner Way
Louisville, KY 40202
Phone: 502-587-4011

Norton Children’s Hospital
231 E. Chestnut Street
Louisville, KY 40202
Phone: 502-637-7363

SPINAL CORD INJURY
http://www.kscirc.org/
Kentucky Spinal Cord Injury Research Center
University of Louisville
511 South Floyd St., Room 616
Louisville, KY 40202
Phone: 502-852-8060

https://www.uoflhealthnetwork.org/spinal-cord-medicine-program
The Spinal Cord Medicine Program at UofL Health – Frazier Rehab Institute
220 Abraham Flexner Way
Louisville, KY 40202
Phone: 502-582-7400

https://ruralhealth.med.uky.edu/kentucky-appalachian-rural-rehabilitation-network
Kentucky Appalachian Rural Rehabilitation Network (KARRN)
KARRN is a community centered collaborative team formed in 2008 who investigate neurological conditions (e.g. spinal cord injury, stroke, brain injury) and identify, develop and disseminate information and strategies, and maximize resources to improve outcomes and quality of life.
Director: Patrick Kitzman, PhD, MSPT
Phone: 859-218-0580
Email: phkitz1@uky.edu

https://independenceplaceky.org/ky-congress-on-spinal-cord-injury/
Kentucky Congress on Spinal Cord Injury
2358 Nicholasville Rd, Suite 180
Lexington, KY 40503
Phone: 859-266-2807
Email: kcsci@ipky.org
Advocacy group for Kentuckians with SCI.

STROKE

https://www.stroke.org/
American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653
Call them for the stroke support group in your area

http://www.jointcommission.org/certification/primary_stroke_centers.aspx
Primary Stroke Care Centers accredited by Joint Commission on Accreditation of Healthcare Organizations (JCAHO):

**Jewish Hospital**
200 Abraham Flexner Way
Louisville, KY 40202
Phone: 502-587-4011

**University of Kentucky Hospital**
800 Rose Street, Room C 101
Lexington, KY 40536-0293
Phone: 859-257-1000

---

**SYRINGOMYELIA/CHIARI MALFORMATION**

[www.asap.org](http://www.asap.org)

**American Syringomyelia & Chiari Alliance Project**
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
800-ASAP-282
Email: info@ASAP.org

[https://bobbyjonescsf.org/](https://bobbyjonescsf.org/)

**Bobby Jones Chiari & Syringomyelia Foundation**
29 Crest Loop
Staten Island, NY 10312
Phone: 718-966-2593
Email: dpoppe@bobbyjonescsf.org

---

**TRANSVERSE MYELITIS**

[www.wearesrna.org](http://www.wearesrna.org)

**Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)**
Physical Address:
1787 Sutter Parkway
Powell, OH 43065-8806
Mailing Address:
SRNA
PO Box 826962
Philadelphia PA 19182-6962
Phone: 855-380-3330
Please contact them for info in your area.

GENERAL DISABILITY RESOURCES

http://www.yellowpagesforkids.com/help/ky.htm
Kentucky Yellow Pages for Kids with Disabilities

http://www.kotaweb.org
Kentucky Occupational Therapy Association
P.O. Box 5531
Louisville, KY 40255
Phone: 502-873-5333
Email: kotaweb@kotaweb.org

https://aptaky.org/
Kentucky Chapter of the American Physical Therapy Association
1024 Capital Center Drive, Suite 205
Frankfort, KY 40601
Phone: 859-977-7451
Email: info@aptaky.org

http://www.apse.org/chapter/kentucky/
Kentucky chapter of the Association of People Supporting Employment First (ASPE)
Katie Wolf-Whaley, President
Email: kyapse@apse.org

http://www.lexcare.org/
LexCare
P.O. Box 1328
Lexington, KY 40588
E-mail: lexcare.org@gmail.com
Lex-Care is a non-profit organization that helps Kentucky residents in need of transportation, diapers, etc. Lex-Care maintains a fund to assist people with financial and material needs when no other source is available. The fund is supported solely by private contributions. To receive support, the referral must come from a social worker. The fund specifically does not help pay for drugs.

https://agrability.ca.uky.edu/
Kentucky AgrAbility
University of Kentucky
Provides technical assistance with modifying tools, equipment or machinery, provides information and professional training to farmers with disabilities.

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

www.211.org
First Call 2-1-1
Phone: 211
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential. Can only be dialed from a land line. If you dial 211 or your state’s 211 800 number and you are not connected, this service has not yet been provided to your area.

www.thinkfirst.org
ThinkFirst National Injury Prevention Foundation
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new
treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $8,700,000 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.