Hispanic/Latino Disability and Health Resources

Acceso Latino  
https://accesolatino.org  
Acceso Latino provides legal advice and social support for the Hispanic community living in the United States.

Christopher & Dana Reeve Foundation  
https://www.paralisis.org/  
Paralysis Resource Center  
636 Morris Turnpike, Suite 3A  
Short Hills, NJ 07078
The Christopher & Dana Reeve Foundation is committed to offering its programs to the whole community living with paralysis, which includes Spanish-speaking community members. To this end, the Reeve Foundation and the National Paralysis Resource Center have created and redesigned several of their programs and services in order to disseminate and represent Latin people living with paralysis in the United States and worldwide. The National Paralysis Resource Center offers a great number of information resources about every paralysis-related topic, including this fact sheet, booklets on topics going from medical attention to daily life aspects, handy wallet cards, medical complications, educational videos with subtitles in Spanish and more. Our team of Information Specialists includes a Spanish-speaking specialist who offers information and resources for the Latin community. In addition to this, we have Hispanic peer mentors who live with paralysis and their caregivers, who can give you advice and perspective based on their experiences. In our Spanish language blogs and social networks you can find relevant updated information, news and events. All these media offer news in Spanish and original content for the Hispanic community.

**Craig Hospital**
https://craighospital.org/es/spinal-cord-injury-resource-library
Nurse Advice Line: 1-800-247-0257
Craig Hospital offers a virtual library of paralysis information resources and a nurse advice line in Spanish.

**Equip For Equality Advancing the Human & Civil Rights of People with Disabilities in Illinois: Latinos with Disabilities Project**
https://www.equipforequality.org/issues/special-education/special-projects/latinos-disabilities-project/
20 North Michigan Ave., Suite 300
Chicago, IL 60602
Telephone: 312-341-0022
The Latinos with Disabilities Project provides access to special education legal services to the Hispanic/Latino community in Chicago and outlying areas.

**HealthCare.gov/CuidadoDeSalud.gov**
https://www.cuidadodesalud.gov/es/
Phone number: 1-800-318-2596
HealthCare.gov is the government’s website to enroll in a health plan in the United States. Also called the Health Insurance Marketplace, it was started under the Affordable Care Act.

**Hesperian**
https://hesperian.org/home-spanish
Hesperian is a source of community health information and education that supports individuals and communities in their struggles to realize their right to health.
develop easy to read materials that are produced in many languages. All are available through our bookstore and our digital tools center.

**Iberoamerican Network of Organizations of People with Physical Disabilities**
https://www.larediberoamericana.com
The Iberoamerican Network of Organizations of People with Physical Disabilities is network of 22 organizations self-managed by people with disabilities from 13 countries of Ibero-America. It boosts the representativeness of people with physical disabilities and institutionally strengthen the organizations that form the associative movement of people with physical disabilities of Iberoamerica, while promoting their unity and self-management capacity.

**Illinois Department of Human Services: Service for People with Disabilities Who Are Hispanic/Latino**
https://www.dhs.state.il.us/page.aspx?item=29976
Telephone: 800-843-6154
They provide information to individuals with disabilities who are Hispanic/Latino obtain employment, education and training and access a variety of community resources. They also provide statewide outreach, information, and referrals to customers in the vocation rehabilitation and home services program.

**Individuals with Disabilities Education Act (IDEA): OSEP Fast Facts Highlight Asian, Hispanic and/or Latino Children with Disabilities**
The Office of Special Education Programs (OSEP) released two new OSEP Fast Facts infographics focused on Asian and Hispanic and/or Latino children with disabilities in the U.S.

**Latin American Association (LAA)**
2750 Buford Hwy.
Atlanta, GA 30324
Telephone: 404-638-1800
LAA wants to empower Latinos to adapt, integrate and thrive. They achieve its mission through five focus areas: civic engagement and advocacy, economic empowerment, youth services, family stabilization, and wellbeing, and immigration services. They offer many programs such as aging and disability, financial assistance, victims of violence, and other leadership opportunities.

**Latinx Project**
https://www.latinxproject.nyu.edu/intervenxions/national-coalition-for-latinxs-with-disabilities
20 Cooper Sq, 4th FL
New York, NY 10003
Email: latinxproject@nyu.edu
The Latinx Project at New York University explores and promotes U.S Latinx art, culture, and scholarship through creative and interdisciplinary programs. The link above is an article about the National Coalition for Latinxs with Disabilities.

League of United Latin American Citizens (LULAC)
https://lulac.org/programs/health/
LULAC advances the economic condition, educational attainment, political influence, health, and civil rights of the Hispanic population through community-based programs operating at more than 700 LULAC councils nationwide. The organization involves and serves all Hispanic nationality groups.

March of Dimes Foundation
https://nacersano.marchofdimes.org/
1550 Crystal Dr, Suite 1300
Arlington, VA 22202
The mission of March of Dimes is to improve the health of babies by preventing congenital disabilities, premature birth and infant mortality. They offer a webpage in Spanish.

National Alliance of Mental Illness (NAMI): Hispanic/Latinx
4301 Wilson Blvd., Suite 300
Arlington, VA 22203
Phone: 703-524-7600
NAMI is a mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They envision a world where all people affected by mental illness live healthy, fulfilling lives supported by a community that cares. The link above gives more information and resources on mental health for the Hispanic/Latinx community.

National Association of Hispanic Nurses (NAHN)
https://www.nahnnet.org/
201 E. Main St., Suite 1405
Lexington, Kentucky 40507
Phone: 859-469-5800
Email: info@thehispanicnurses.org
NAHN celebrates the culture, caring, and spirit of Hispanic Nurses, the leading voice of health in our communities. NAHN members decrease health disparities among Latinos, raise awareness and support, and promote the nursing profession to increase engagement. They offer resources, host events and conferences, and encourage the opportunity to become a member to propel your career in healthcare.

National Coalition for Latinx with Disabilities
www.latinxdisabilitycoalition.com
https://www.facebook.com/DisabledLatinx
Nonprofit organization dedicated to advancing equity among disabilities and identities in the Latin community.
National Hispanic Medical Association  
http://www.nhmamd.org  
1411 K St., NW Suite 1100  
Washington, DC 20005  
Phone: 202-628-5895  
Email: nhma@nhmamd.org  
Nonprofit association representing 36,000 Hispanic physicians licensed in the U.S.

National Latino Behavioral Health Association (NLBHA)  
6555 Robin  
Cochiti Lake, NM 87083  
Phone: 505-980-5156  
NLBHA provides national leadership on mental health and substance abuse of the Latino community. The services they offer are mental health and substance abuse service deliveries, Latino focused behavioral health research, Latino family focused interventions, and education and workforce tools.

National Library of Medicine: Health Disparities among Latinas Aging with Disabilities  
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2860282/  
The link above gives information about health disparities among Latinas aging with disabilities.

National Rehabilitation Information Center  
www.naric.com/es  
Phone: 800-346-2742  
TTY: 301-459-5984  
The National Rehabilitation Information Center (NARIC) is the library of the National Institute on Disability, Independent Living and Rehabilitation Research (NIDILRR). They disseminate articles, reports, curricula, guides, and other publications and products of the research projects funded by NIDILRR. NIDILRR funds more than 250 projects each year that conduct research on a wide range of issues including technology, health and abilities, independent living, and capacity building.

Office of Minority Health  
https://minorityhealth.hhs.gov/espanol/  
The Tower Building  
1101 Wootton Parkway Suite 600  
Rockville, MD 20852  
Phone: 800-444-6472  
The Office of Minority Health is dedicated to improving the health of racial and ethnic minority populations through the development of health policies and programs that help eliminate health disparities.

ONCE Foundation  
https://fundaciononce.es  
C/ Sebastián Herrera, 15  
28012 Madrid
The mission of ONCE Foundation is to contribute to the full social inclusion of people with disabilities, helping to realize the principle of equal opportunities and non-discrimination.

RespectAbility: Hispanic and Latinx People with Disabilities
https://www.respectability.org/hispanic-latinx/
43 Town & Country Drive
Suite 119-181
Fredericksburg, VA 22405
Phone: 202-517-6272
Email: info@respectability.org
RespectAbility is a diverse, disability-led nonprofit that works to create systemic change in how society views and values people with disabilities. RespectAbility organizes their program efforts into four core areas: entertainment and news media, leadership, policy, and faith inclusion.

Substance Abuse and Mental Health Services Administration (SAMHSA): Hispanic/Latino
https://www.samhsa.gov/behavioral-health-equity/hispanic-latino
SAMHSA provides resources on Hispanic/Latino survey reports, agency and federal initiatives, and related behavioral health and Spanish-language resources.

Su Familia Helpline
Phone number: 866-783-2645
A line for Hispanic people with disabilities and their families.

UnidosUS
https://www.unidosus.org/
1126 16th St NW #600
Washington, DC 20036
Phone: 202-785-1670
Previously known as National Race Council, Unidos US is the U.S.’s largest Latin civil rights and advocacy organization.

USAGov en Español
https://www.usa.gov/espanol/
Phone number: 1-844-872-4681
USAGov en español is part of USA.gov, the official U.S. government portal, which provides you with important reliable updated information when and where you need it.

U.S. Dept. of Justice: List of Pro Bono Legal Service Providers
http://www.usdoj.gov/eoir/probono/states.htm
Pro-bono legal services program by state.

This factsheet is also available in Spanish.
The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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