Heterotopic Ossification

Heterotopic ossification is a condition in which bone grows within soft tissue, impeding the normal function of muscles, tendons, and ligaments. Heterotopic ossification can develop in people in response to a traumatic injury, including severe head injuries, spinal cord injuries, war injuries, and even hip replacements. It can also be a genetic disease.

Source: National Institute of Arthritis and Musculoskeletal and Skin Diseases

Websites

http://cdm16039.contentdm.oclc.org/cdm/ref/collection/p266101coll7/id/841

Craig Hospital: Heterotopic Ossification
https://craighospital.org/resources/heterotopic-ossification

eMedicine: Heterotopic Ossification
http://emedicine.medscape.com/article/327648-overview

eMedicine: Heterotopic Ossification in Spinal Cord Injury

eMedicine: Posttraumatic Heterotopic Ossification
http://emedicine.medscape.com/article/326242-overview

University of Alabama at Birmingham’s Spinal Cord Injury Information Network: Heterotopic Ossification
Online Videos

University of Alabama at Birmingham’s Spinal Cord Injury Information Network: Bone Health (19 minutes) This video can be watched at their website. http://www.uab.edu/medicine/sci/uab-scims-information/secondary-conditions-of-sci-health-education-video-series

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