Heterotopic Ossification

Heterotopic ossification is a condition in which bone grows within soft tissue, impeding the normal function of muscles, tendons, and ligaments. Heterotopic ossification can develop in people in response to a traumatic injury, including severe head injuries, spinal cord injuries, war injuries, and even hip replacements. It can also be a genetic disease.

Source: National Institute of Arthritis and Musculoskeletal and Skin Diseases

Websites

http://cdm16039.contentdm.oclc.org/cdm/ref/collection/p266101coll7/id/841

https://craighospital.org/resources/heterotopic-ossification
Craig Hospital: Heterotopic Ossification

http://emedicine.medscape.com/article/327648-overview
eMedicine: Heterotopic Ossification

eMedicine: Heterotopic Ossification in Spinal Cord Injury

http://emedicine.medscape.com/article/326242-overview
eMedicine: Posttraumatic Heterotopic Ossification

http://www.uab.edu/medicine/sci/daily-living/managing-personal-health/secondary-
medicals-conditions/heterotopic-ossification
University of Alabama at Birmingham’s Spinal Cord Injury Information Network: Heterotopic Ossification
Online Videos

http://www.uab.edu/medicine/sci/uab-scims-information/secondary-conditions-of-sci-health-education-video-series

University of Alabama at Birmingham’s Spinal Cord Injury Information Network: Bone Health (19 minutes) This video can be watched at their website.

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