By participating in the arts, people with disabilities greatly contribute to our workplaces and communities, help bury old stereotypes regarding disability, and create a global culture truly representative of all people.

The arts enhance lives in many ways. They improve both personal and academic success, from the beginning of a child's education through the time of adulthood and career. Elementary school students who participate in music programs score higher in reading,
mathematics, language, and overall achievement tests. Students who study the arts in high school earn higher test scores. And students who participate in studio art courses improve their writing and vocabulary skills. These findings underscore the value of the arts in positively shaping the lives of all people, including people with disabilities.

Because art is an infinite and unconditional field, people with disabilities are free to express themselves without physical, social, or attitudinal barriers.

Art is the universal language that has the ability to unite all people. The following Arts and Creativity resources connect people with disabilities to the visual arts, music, theater and dance.

Source: VSA – The International Organization on Arts and Disability

Web Sites

**General**

http://www.artheals.org/
**Arts and Healing Network**
An Internet resource celebrating the connection between art and healing.

www.kaleidoscopeonline.org
**Kaleidoscope**
United Disability Services
701 S. Main St.
Akron, OH 44311-1019
Phone: 330-762-9755
An online magazine, published twice a year. It includes poetry, artwork, and short stories from people with disabilities. It is free to view and download the issues.

http://www.semel.ucla.edu/nadc/
**The National Arts and Disability Center (NADC)**
Jane & Terry Semel Institute for Neuroscience & Human Behavior
760 Westwood Plaza
Los Angeles, CA 90095
Phone: 310-825-9989
The National Arts and Disability Center (NADC) is the nation's centralized resource on the inclusion of audiences and artists with disabilities in all facets of the arts community. It does so by providing information, training, and technical assistance with a strong focus on accessibility and careers in the arts for people with disabilities.
The National Endowment for the Arts' Office for Accessibility is the advocacy-technical assistance arm of the Arts Endowment to make the arts accessible for people with disabilities, older adults, veterans, and people living in institutions.

Visual Arts

http://www.artlifting.com/
ArtLifting
Phone: 304-825-5278
ArtLifting is a benefit corporation that provides homeless and disabled artists the opportunity to earn their own income. ArtLifting sells original paintings, art prints, and products so artists can earn recurring income from each piece. Artists earn 55% of the profit from each sale.

http://www.mfpausa.com/
Association of Foot and Mouth Painting Artists
2070 Peach Tree Ct. Suite 101
Atlanta, Georgia 30341
Phone: 770-986-7764
Toll-free: 877-6372
Email: mfpausa@bellsouth.net
Offers financial support to painters accepted into the group.

Artists discuss their art in the context of their SCIs.

http://education.kennedy-center.org/education/vsa/
VSA – The International Organization on Arts and Disability
2700 F Street NW
Washington, DC 20566
Phone: 202-467-4600, 800-444-1324
Email: vsainfo@kennedy-center.org
Founded in 1974 as an affiliate of The John F. Kennedy Center for the Performing Arts, VSA creates learning opportunities through the arts for people with disabilities. The organization offers arts-based programs in creative writing, dance, drama, music and the visual arts implemented primarily through an affiliate network in 39 states and 70 international affiliates in 67 countries.
Zot Artz Arts for All provides services, programs, art tools and supplies that allow individuals with different levels of abilities to creatively express themselves. Zot Artz has created hundreds of special art events around the world, and helped schools, museums, residential and day centers, independent living centers, park and rec programs and others put the art tools to work in their programs.

Dance

http://www.axisdance.org/
AXIS Dance Company
1428 Alice Street, Suite 200
Oakland, CA 94612
Phone: 510-625-0110
Email: info@axisdance.org
AXIS Dance Company has performed its innovative body of work in theaters and dance spaces at throughout the U.S. as well as overseas. AXIS has become an internationally known resource for physically integrated dance and is one of a handful of companies setting a standard for professionalism in this emerging field.

https://www.facebook.com/dancedetour/
Dance>Detour
1935 South Archer Avenue, Suite 413
Chicago, IL 60616
Phone: 312-341-1018
Founded in 1995, Dance>Detour is Chicago’s first professional “diverse-abilities” dance company comprised of multi-talented artists with and without disabilities. The focus of their work is solely dedicated to the art of physically integrated dance and collaborations that include dancers of all abilities.

http://www.danceability.com/
DanceAbility International
576 Olive St. Suite 208
Eugene, OR 97401
Phone: 541-357-4982
DanceAbility International encourages the evolution of mixed-abilities dance by cultivating a common ground for creative expression for all people. The mission is accomplished through performance, educational programs, teacher training and workshops

http://www.dancingwheels.org/
Dancing Wheels Company & School
3030 Euclid Ave, Suite 100
Cleveland, OH 44115
Phone: 216-432-0306
Dancing Wheels is a professional, physically integrated dance company uniting the talents of dancers both with and without disabilities. The School of Dancing Wheels opened in 1990 and has become a world-class training center for dancers, choreographers and educators.

https://fullradiusdance.org/
Full Radius Dance
P.O. Box 54453
Atlanta, GA 30308
Phone: 404-724-9663
Founded in 1990, Full Radius Dance is a physically integrated modern dance company that presents mature, choreographically complex works celebrating technique and physicality. Full Radius also offers lecture demonstrations, master classes, and teacher training.

http://heidilatskydance.com/gimp
Heidi Latsky Dance: GIMP Project
400 West 43rd Street #21S
New York, NY 10036
Phone: 212-268-0976
Email: info@heidilatskydance.org
The GIMP Project, a project of Heidi Latsky Dance, features four trained dancers and four performers who have physical disabilities.

http://www.infinitydance.com/
Infinity Dance Theater
220 West 93rd Street
New York, NY 10025
Email: info@infinitydance.com
Infinity Dance Theater is a non-traditional dance company committed to expanding the boundaries of dance by featuring dancers with and without disabilities. In addition to
performances, Infinity Dance offers educational programs including lecture demonstrations and teacher training.

https://www.nchpad.org/Directories/Programs/7859/Light-Motion-Dance-Company

**Light Motion Dance Company**

1520 32nd Avenue South
Seattle, WA 98144
Phone: 206-328-0818
Email: CACrutiss@msn.com

Light Motion was established in 1988 to develop the artistic expressions of both dancers with and without disabilities. Working with both choreography as well as improvisation, the Company travels nationally and internationally to perform and teach dance residencies for dancers of all ages, abilities, and professional levels.

http://www.sinsinvalid.org/

**Sins Invalid**

San Francisco, CA area
Phone: 510-214-6530
Email: info@sinsinvalid.org

Sins Invalid is an inclusive performance project involving artists of color, queer and gender-variant artists, and artists with disabilities (broadly defined). They present multidisciplinary performances (video, poetry, spoken word, music, drama, and dance) by people with disabilities; organize performance workshops for people with and without disabilities; and offer political education workshops for community based organizations

**Film Festivals**


**Cinema Touching Disability Film Festival and Competition**

Coalition of Texans with Disabilities
1716 San Antonio St.
Austin, TX 78701
Phone: 512-478-3366
Email: info@txdisabilities.org

www.DisabilityFilmChallenge.com

**Disability Film Challenge**

1063 McGraw Ave., suite 100
Irvine, CA 92614
Email: info@disabilityfilmchallenge.com

The Disability Film Challenge is a 48 hour short film competition that has been established in association with prestigious organizations such as the *Media Access Awards* and the *HollyShorts Film Festival*. It is a competition in which entrants are allotted two days to complete production of their entry into the competition. Among other
prizes, winners will have their shorts screened at the Hollyshorts Film Festival in the famous TCL Chinese Theater.

www.dislabeledfilm.wordpress.com
Dislabled Film Series
New York City’s monthly screening series celebrating disability culture

http://disabilityfilmfest.org/
DisABILITIES Film Festival
Museum of disABILITY History
3826 Main St.
Buffalo, NY 14226
Phone: 716-629-3626
Email: info@museumofdisability.org

https://disabilityfilmchallenge.com/
Easter Seals Disability Film Challenge

Focus on Ability Film Festival

http://ptff.typepad.com/ptff_main/
Picture This…Film Festival (PTFF)
c/o Calgary Scope Society
219 18th St., SE
Calgary, AB, Canada, T2E 6J5
Phone: 403-717-5610
Email: director@ptff.org
The festival features films that are about disability and/or films on any subject that were produced, directed and/or written by people with disabilities.

http://www.reelabilities.org/
ReelAbilities NY Disabilities Film Festival
334 Amsterdam Avenue
New York, NY 10023
Phone: 646-505-5738
Email: reelabilities@jccmanhattan.org
ReelAbilities: NY Disabilities Film Festival is the largest festival in the country dedicated to promoting awareness and appreciation of the lives, stories and artistic expressions of people with different disabilities. Initiated in NY in 2007, the festival presents award winning films by and about people with disabilities in multiple locations throughout each hosting city. Post-screening discussions and other engaging programs bring together the
community to explore, discuss, embrace, and celebrate the diversity of our shared human experience.

http://superfestfilm.com/
Superfest International Disability Film Festival
An annual festival held in San Francisco, CA each year.

Music

www.accessiblefestivals.com
Accessible Festivals
Phone: 949-291-6534
Email: accessiblefestivals@gmail.com
Works with concert promoters to make music festivals accessible for people with disabilities.

http://www.disabled-musicians.org
Coalition for Disabled Musicians, Inc.
P.O. Box 1002M
Bay Shore, NY 11706
Phone: 631-586-0366
Email: cdmnews@aol.com
The Coalition for Disabled Musicians, Inc. (CDM) is dedicated to enabling physically disabled musicians to pursue their musical dreams. Their online forum connects disabled musicians to each other provides information on topics such as adaptive gear and adaptive techniques for pain, endurance, and other limitations.

http://www.disableddrummers.org
Disabled Drummers Association
18901 NW 19 Avenue
Miami Gardens, FL 33056
Phone: 305-621-9022
Email: DDAFathertime@comcast.net
An organization dedicated to serving drummers with disabilities and helping them to be a positive part of the music industry, as well as to help change the way disabled musicians are viewed and treated in the industry today. Their website includes a marketplace to buy, sell and trade equipment.

http://project-resiliency.org/about-us/
The Raven Drum Foundation/Project Resiliency
Email: info@ravendrumfoundation.org
An organization in 2001 established by Def Leppard drummer Rick Allen to encourage the healing powers of drumming and to help people overcome the emotional and physical pain resulting from traumatic events. The foundation provides free educational programs to inspire personal growth during times of adversity.

Wheely Guitars LLC
Email: contact@wheelyguitars.com

Mel Bergman
Founder
805-407-4542

Dan Peyton
Co-Founder
805-377-7557

Liam James O'Malley
National Director of Placement
917-749-0957

Wheely Guitars manufactures guitars that allow wheelchair users to play them.

Performing Arts/Theater

Alliance for Inclusion in the Arts
225 W. 34th St., 9th Floor
New York, NY 10122
Phone: 212-730-4750
The Alliance for Inclusion in the Arts works to advance the participation of artists of color, female artists, artists who are deaf or hard of hearing and artists with disabilities. The Alliance maintains a free national talent bank, the Artist Files, for theatres, production companies and casting offices to consult.

The DisAbility Project
4466 West Pine Boulevard, Suite 13C
St. Louis, MO 63108
Phone: 314-534-1454
That Uppity Theatre Company produces The DisAbility Project, bringing awareness and sensitivity to issues in the disability community through a combination of art and advocacy that tours to a variety of audiences. The group is comprised of people with and
without disabilities who are diverse in age, race, ethnicity, class, occupation, education, religion, sexual orientation, physical ability, and performance experience.

http://www.dionysustheatre.net/
Dionysus Theatre
4930 West Bellfort
Houston, TX 77035
Phone: 713-728-0041
Dionysus Theatre is a non-profit organization that brings the theater experience to actors with disabilities and those who are non-disabled since 1998. Through stage shows, classes, and touring troupe, Dionysus breaks down stereotypes and opens up communication and inclusion.

https://www.nationaldisabilitytheatre.org/
National Disability Theatre
Professional theatre employing only professionals with disabilities to create fully accessible, live, world-class theatre and storytelling; changing social policy and the nation's narrative about what people with disabilities can do; and providing a guiding model in audience accessibility for the arts and culture sector.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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