

Michala's Naturally Red Velvet Cake

Red Velvet Cake

Ingredients:

- 6 organic eggs, separated
- 1 C granulated sugar, divided in half
- 1 tsp pure vanilla extract
- 1/3 C buttermilk
- 1 tsp cream of tartar
- 3/4 C cake flour
- 1/3 C beet powder
- 1 Tbsp cocoa powder

Directions:

- 1. Preheat oven to 350 degrees F
- 2. Whisk together egg yolks, 1/2 C granulated sugar, vanilla and buttermilk in a double boiler for 3-5 minutes until pale yellow.
- 3. Remove from heat and continue whisking for an additional 5 min. until thick and foamy. It should triple in size.
- 4. Meanwhile, in a separate bowl, whisk together egg whites until foamy. Mix in cream of tartar.
- 5. Continue whisking until soft peaks begin to form, then gradually add remaining 1/2 C granulated sugar and beat until peaks are stiff and glossy.
- 6. In a separate bowl, sift together cocoa powder, beet powder, and cake flour.
- 7. Gently fold dry ingredients into egg yolk and egg white mixtures until combined.
- 8. Line two 9" round cake pans with parchment paper and divide cake batter between thet two. Bake for 20-25 min or until an inserted toothpick comes out clean.
- 9. Remove from heat. Gently cut cake away from edges and remove from pan.
- 10. Allow cake to completely cool before frosting.
- 11. Frost, layer and enjoy!

Cream Cheese Frosting

Ingredients:

- 2 sticks unsalted butter at room temperature
- 8 oz cream cheese
- 1 tsp vanilla
- 1 cup powdered sugar

Cream together butter and cream cheese until smooth. Add in vanilla and powdered sugar, beating until well combined. Makes enough to frost a two layered cake.

