



York Branch Natatorium Pool Schedule

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Mar 6 - May 26, 2023	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Propper swim wear is required. Multiple activities are often scheduled in this pool at the same time. Lap Swimming Times: Available for all adult and youth able to do continuous laps of swimming. Youth under 11 must have an adult in the pool area. Family/Open Swim: Recreational time for members and families to enjoy pool time. Children must follow swim band policy below. Swim Bands: Everyone under 13 must be swim tested. Green Band: Children under 11 years old must have a parent in pool area. Children ages 11 - 12, parent must be in building. Yellow Band: Parent must be on pool deck actively watching their child. Red Band: Parent must be in pool within arm's reach of child. *Schedule is subject to change.*	5:30-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30-9:30am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30-9:30am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	7:00-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	1:00-4:00pm Lap Swim (lanes 3-6) Family/Open Swim (lanes 1&2)
	9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)	9:30-10:30am WaterInMotion (lanes 1&2) Lap Swim (lanes 3-4)	9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)	9:30-10:30am WaterInMotion (lanes 1&2) Lap Swim (lanes 3-5) Water Walking (lane 6)	9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)	9:00am-12:00pm Swim Lessons (lanes 5&6)	
		Homeschool Swim (lanes 5&6) 10am-11:25am					
	10:00am-12:00pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	10:30am-12:00pm Lap Swim (lanes 2-4) Water Walking (lane 1)	10:00am-12:00pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	10:30am-1:00pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	10:00am-12:00pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	9:00am-12:00pm Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	Pool Hours: Monday - Thursday: 5:30am-1:00pm 4:00pm-7:30pm
	12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)	12:00-1:00pm YARC Swim Lessons (lanes 1,2,5,&6) Lap Swim (lanes 3&4)	12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)		12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)	12:00pm-2:30pm Lap Swim (lanes 3-5) Water Walking (lane 6) Family/Open Swim (lanes 1&2)	Friday: 5:30am-1:00pm 4:00pm-7:00pm
	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm		Saturday: 7:00am-2:30pm
	4:00-5:30pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)	4:00-5:30pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)	4:00-5:30pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)	4:00-5:30pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)	4:00-7:00pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)		Sunday: 1:00pm-4:00pm
	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)			York Branch YMCA 90 N. Newberry St. York, PA 17401 P: 717-843-7884

Upcoming Events: March 24/Flick & Float March 25/Splish Splash Easter Egg Bash