



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Full Job Description

Skagit Valley Family YMCA is currently hiring an Assistant Coach/Age Group Coach for our Chinooks Swim Team Mount Vernon, WA. We are located 60 miles north of Seattle in the beautiful Skagit Valley.

Skagit Valley Family YMCA Chinooks is an established swim team with over 50 years of tradition and excellence.

Best candidates are individuals that thrive teaching proper competitive swim technique while instilling values that reflect hard work and dedication to our young athletes in a fun environment. We care about and invest in our employees. We encourage you to apply if you are passionate about teaching and coaching and possess the right skills!

The Y supports all of its employees' growth. We help with training costs. We offer room for upward mobility, free YMCA membership with Y member discounts on childcare, and much more!

This position is part-time based on 15-29 hours per week with occasional meets/practices on the weekends.

Skagit Valley Family YMCA understands, work/life balance is paramount nowadays, so we may offer some schedule flexibility.

Pay: \$15.00 per hour DOE

Below you will find a detailed job description.

POSITION SUMMARY: Opportunity for a dynamic, passionate and technical Age Group coach to help build and develop a year-round USA /YMCA swimming Age Group dual program. The Age Group coach will work with swimmers from ages 8 to 14 in the age group program and 15 to 18 for the High School/multisport athlete.

OUR CULTURE: Our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you.

ESSENTIAL FUNCTIONS:

- Acts as assistant coach for Chinook swim team
- Assists head coach and is fully involved in the organization and total well-being of the Chinook swim team by working with Head Coach in building team philosophy and attending all team functions.
- Acts as supervisor/head coach representative in the absence of the head coach.
- Makes independent decisions by using sound judgment, while acting in the best interests of the athletes and Skagit Y at all times.

- Plans and writes workouts that are age and ability appropriate.
- Identifies prospective athletes and makes recommendations to the head coach regarding those potential athletes in consideration for acceptance with a specific team.
- Communicates consistently with parents, Head Coach, and Aquatic Director verbally or via email and shares updates and other necessary information.
- Maintains all USA Swimming and YMCA coaching certification requirements at all times.
- Abides by USA Swimming Code of Conduct, Safe Sport and the Four Core Values of YMCA: caring, honesty, respect and responsibility.
- Evaluates individuals' abilities, needs, and physical conditions, and assists Head Coach in developing suitable training programs to meet any special requirements.
- Supports head coach in assessing swimmers' progress and keeps track of levels to monitor progress of each athlete.
- Offers alternatives during training sessions to accommodate different levels of fitness.

QUALIFICATIONS:

- Minimum age 18
- Minimum of two years coaching experience preferred
- Competitive swim experience preferred
- Comprehensive technical knowledge of swimming and swimmer's development.
- Strong sense of team building, sportsmanship and developing a safe environment for youth.
- Demonstrates ability to relate effectively to diverse groups of people from all social and economic segments of the community.
- Abuse Prevention and Mandatory Reporting training required within 90 days of hire.
- Current state approved certifications in First Aid, CPR for the Professional Rescuer, AED/O2 and Blood borne Pathogen Training.

WORK ENVIRONMENT & PHYSICAL/MENTAL DEMANDS:

The requirements described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- While performing the duties of this job, the employee is occasionally required to use a computer, and other office equipment, and be able to communicate using phones and electronic devices.
- The employee is required to sit, stand for long periods (with periodic rest breaks), reach, bend, move around the work environment, and be able to respond quickly to all emergencies. The employee may occasionally lift and/or move up to 50 pounds or a small child.
- Specific vision abilities required by this job include close vision, distance vision, and the ability to adjust. The noise level in the work environment varies from low to high.
- The employee will be regularly required to use written and oral communication skills; read and interpret data, information, and documents; analyze and solve non-routine and complex problems; may use math and mathematical reasoning; observe and interpret situations; learn and apply new information or skills; perform highly detailed work on multiple, concurrent tasks and work under intensive deadlines with frequent interruptions.
- The employee must be able to interact with members, staff, volunteers, and others encountered in the course of work, some of whom may be dissatisfied individuals.

Job descriptions represent a general outline of job duties, functions, and qualifications. They are not intended to be comprehensive in nature. In addition, jobs evolve over time and therefore their description may not reflect the precise nature of the position at a given point in time.