



## YMCA JOB DESCRIPTION

Job Title: Lifeguard  
 FLSA Status: Non-Exempt  
 Reports to: Aquatics Director

Job Grade: N/A  
 Revision Date: 8.17.2015

### POSITION SUMMARY:

Maintains safe swimming conditions in the pool, deck, and surrounding areas. Creates a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures.

### ESSENTIAL FUNCTIONS:

1. Maintains active surveillance of the pool area.
2. Knows/reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies, procedures, and the "safe-in-six" model. Completes related reports as required.
3. Maintains effective, positive relationships with the members, participants and other staff.
4. Knows, understands, and consistently applies safety rules, policies and guidelines for the pool and aquatic area. Maintains accurate records as required by the YMCA and/or the state Health Department code.
5. Performs equipment checks and ensures appropriate equipment is available as needed.
6. Checks the pool for hazardous conditions when arriving.
7. Performs chemical testing when not guarding, as required, and takes appropriate action.
8. Attends all staff meetings and in-service training.
9. Assist in maintaining a clean area, which includes bathrooms, deck area, and any other area designated by management.

### QUALIFICATIONS:

1. Minimum age of 16.
2. Certifications: CPR for the Professional Rescuer, AED, Basic First Aid and Emergency Oxygen.
3. Current YMCA Lifeguard or equivalent.
4. Ability to maintain certification-level of physical and mental readiness.
5. Must demonstrate lifeguard skills in accordance with YMCA standards.

### Physical Demands:

1. Hear noises and distress signals in the aquatic environment, including in the water and anywhere around the zone of responsibility. Remain alert with no lapses of consciousness.
2. Meet strength and lifting requirements.
3. See and observe all sections of an assigned zone or area of responsibility.

### PHYSICAL DEMANDS:

Physical Demands (Without Accommodations)	Never	Occasionally (Up to 33%)	Frequently (34% - 66%)	Continuously (67% - 100%)
Sitting				o
Walking			o	
Standing			o	
Bending Neck		o		
Twisting Neck		o		
Bending Waist (forward or sideways)		o		
Twisting Waist	o			
Squatting (crouch or sit on one's heels)		o		

Climbing		o		
Kneeling	o			
Crawling	o			
Repetitive Hand Movement		o		
Reach Above Shoulder Height		o		
Reach Below Shoulder Height			o	
Move Items Weighing up to 10 lbs.		o		
Move Items Weighing 11-25 lbs.	o			
Move Items Weighing 26-50 lbs	o			
Move Items Weighing 51-75 lbs.	o			
Move Items Weighing 76-100 lbs.	o			
Move Items Weighing over 100 lbs.	o			

This job description is not designed to cover or contain a comprehensive listing of activities, duties, or responsibilities that are required of the employee for this job. Duties, responsibilities, and activities may change at any time with or without notice.

Employee signature below constitutes employee's understanding of the essential functions, qualifications, and physical demands of the position.

\_\_\_\_\_  
Employee Print Name

\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Date