



Facility Updated Hours:

Monday: 6am-8pm

Tuesday: 6am-8pm

Wednesday: 6am-8pm

Thursday: 6am-8pm

Friday: 6am-8pm

Saturday: 8am-12pm

Sunday: CLOSED



Fitness:

You will receive your own spray bottle and towels to clean equipment before and after use.

Yellow tape will be placed around equipment to use to continue to encourage 6ft social distancing.

You will be **required to wear a mask** while in the facility only in the common areas where our childcare/summer camp resides.

Reservations are not required for our fitness and in person group fitness classes. Reservations will be required for our Cycle class as bikes are limited.

Locker rooms are available for showering and changing.

Entrance will be through the front door and you will be greeted by the membership staff. If you have trouble with stairs, you are welcome to use the back grey door to fitness. Please knock or give us a call to let us know you will be using this entrance.

You will be required to sign the updated COVID 19 waiver upon entering the facility. Sauna will be CLOSED at this time and reopen on July 15th 2021

*Please see our schedules for a more specific breakdown of class/pool availability on our website at www.poconoymca.org.

Pool:

Lap swim will be by reservations, rec swim/family swim will be open to members on a first come, first serve basis.

Hot tub will be CLOSED at this time.

You will be required to wear a mask upon entering the facility, while on the pool deck, and exiting the facility. No mask is required in the pool while swimming.

Reservations will be required for lap swim and water aerobics in advance (this can be done online, over the phone, in house) Each reservation will be limited to 45 minutes per person.

You will need to arrive 15 minutes prior to your scheduled time dressed and ready to go. **Locker rooms** will be available for changing and showering.

Entrance will be through the front door and you will be greeted by the membership staff. If you have trouble with stairs, you are welcome to use the family bathroom for changing and the side door (blue) to enter the pool.

You will be required to sign the updated COVID 19 waiver upon entering the facility. Sauna will be CLOSED at this time and will reopen on July 15th 2021