



# MUSCATINE COMMUNITY YMCA

## UPDATE - APR 24

**FACE MASKS/ COVERINGS** are required in all common areas of our building (ie. lobby, hallways, locker rooms, etc.)

Face masks/ coverings are NOT required while exercising.

**AGE RESTRICTIONS** Children 7 years or younger must be supervised by someone 16 years or older unless participating in a YMCA activity with an instructor/ teacher.

**TOWEL SERVICE** will not be offered at this time. There are no exceptions and we apologize for the inconvenience.

**AMENITY NOT YET OPEN** YPlay (participant childcare), is not available for use at this time.

**OPEN AMENITIES** These amenities are available, but have been altered for the safety of our members and community.

Nationwide Membership benefits will be honored.

Day/ Guest Passes & Punch Cards are available for purchase & redemption.

Social Distancing will be observed throughout our fitness area and the entire facility.

Fitness Classes have limited capacity and are on a first-come, first-served basis.

Small & Large Pools are open, Family Swim is back and require a reservation. Rec Swim is also back on a limited basis and is available on a first-come, first-served basis. Lap Swim is limited to 1 person per lane & age restrictions apply. Adult Fitness times and limited classes are available in the Small Pool, and require a reservation. Pools will be cleared every hour for cleaning.

Whirlpool/Spa is open and is limited to a maximum of 5 people at a time. Saunas and Steam Rooms are open.

Family Program Services groups have resumed virtually.

Kids' Adventure Center is open

Please follow us for updates as we continue to make changes.  
[www.facebook.com/MuscatineY](https://www.facebook.com/MuscatineY) | [www.MuscatineY.org](http://www.MuscatineY.org)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Small & Large Pools, Saunas, Steam rooms & Spa

The Small Pool & Large Pool are now open.

The Whirlpool/ Spa is open and is limited to a maximum of 5 people at a time.

Family Swim and Rec Swim are back! [Family Swim](#) is available and require a reservation. Reservations can only be made online. [Rec Swim](#) is available but space is limited to a maximum of 10 swimmers on a first come, first served basis.

Lap Swim—ONLY 1 person per lane unless swimmers are from the same family/ household. LANE MAX OF 3—PLEASE CIRCLE SWIM.

Adult Fitness times require sign-in (ie. reservation) on the day of usage. Small Pool space is limited, and only ages 18 and older are permitted.

Limited Water Fitness Classes are held. Here is a complete [schedule](#) of classes offered in the small pool.

All swimmers in the Small & Large Pool will be required to exit the pool every hour for proper disinfecting & sanitizing purposes.

The Sauna and Steam Room are open

All other pool rules will apply.

Please continue to visit our Facebook page and website for the most up-to-date information and additional changes.

[www.facebook.com/MuscatineY](http://www.facebook.com/MuscatineY) [www.MuscatineY.org](http://www.MuscatineY.org)

**DOING OUR PART TO PREVENT THE  
SPREAD OF COVID-19**