

HEALTH CHECK

If you or anyone in your household are showing symptoms of fever, cough, shortness of breath or otherwise are not feeling well. Please refrain from using the Y until fever free for 72 hours.

We follow these guidelines in accordance with the recommendations of the American Academy of Pediatrics. A child may not participate in Child Watch if any of the following symptoms have existed within the past 24 hours:

- fever, vomiting, or diarrhea
- Any symptoms of mumps or chicken pox including any unexplained rash
- Common cold onset (through one week)
- Sore throat, croup, sickly coughing
- Any skin infection (ringworm, impetigo)
- Yellow or green nasal discharge
- Pink eye
- Lice

**Children not well enough to attend school,
can not attend child watch.**

**We reserve the right to refuse Child Watch
care to children our staff deems ill.**

SAFETY

Your child's safety is our #1 priority.

In the event of a building evacuation, the Y staff will assist caregivers in taking the children out of the assigned emergency exit. During evacuation, parents will not be allowed to check children out until a roll has been checked. Evacuation signs are posted in the Child Watch room.



PURPOSE:

Our goal is to be a safe, inclusive place for children to play. We want our Child Watch to be a special place for your children, and for you to feel secure knowing that they are safe and happy here.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EVERYONE NEEDS A LITTLE ME TIME

Child Watch
Drop-off Child Care
Ages 6 weeks - 9 years



YMCA OF NORTHERN ROCK COUNTY

Janesville YMCA

221 Dodge Street, Janesville, WI 53548

P 608-754-9622

Parker YMCA

1360 Parkview Dr. Milton, WI 53563

P 608-868-9622

W www.ymcanrc.org

WELCOME!

Welcome to the YMCA of Northern Rock County Child Watch Program! We want your child's time with us to be a fun and safe experience. In order to maintain our safety standards and ensure program quality, we would appreciate your adherence to our guidelines and policies.

REGISTRATION

All parents must fill out an information form to use Child Watch. These forms are available online, at the welcome center or at the child watch check-in desk. We need one form PER child.

WHO CAN USE CHILD WATCH?

Child watch is only available as part of a One Adult or full Family membership. Parents and guardians may leave their children with the Child Watch program but they **must remain on the premises**. We allow children ages 6 weeks to 9 years old.

CHILD WATCH HOURS

Janesville YMCA

Monday – Friday: 9AM – 1PM & 4-8PM

Saturday: 7:45AM – 11AM

Parker YMCA

Tuesday – Friday: 9AM – 12PM

Monday & Wednesday: 5:30PM – 7:30PM

LENGTH OF VISITS

6 weeks – 18 months: 1 hour

18 months – 9 years: 2 hours

*Due to staff ratios, children may be turned away in the event Child Watch is at full capacity.



CHECKING IN & OUT

Each parent must sign in their own child.

Required information includes:

- Child's name and age
- Parents name
- Time of sign in
- Parents location on YMCA premises

All belongings must be labeled with child's full name. Please be sure to tell the staff about any special needs, concerns, allergies, etc. The more we communicate, the better care we can provide. If your child requires more specialized care, please set aside time before child(ren) will attend to discuss any accommodations that need to be made for our staff to be able to provide the best care possible for you and your child(ren).

HELPFUL HINTS FOR AN ENJOYABLE EXPERIENCE

- Make sure children have a full tummy!
- Diapers should be clean
- Please do not bring a child during their normal nap time.
- Children are encouraged to bring a water bottle.

CHILD EXPECTATIONS

- Keep your hands and feet to yourself.
- Use your inside voice.
- Follow directions.
- Take care of toys and equipment and clean up what you take out.
- Treat others the way YOU would like to be treated.
- HAVE FUN!

Our program also has a **10-minute crying rule**.

Our staff is accustomed to comforting (and/or distracting) children. If, however, they are still not consolable after 10 minutes, the parent will be asked to return for the child.

PERSONAL ITEMS

- Pacifiers must always be on a clip and labeled for sanitation reasons.
- Toys **MUST** stay at home. We encourage the sharing of toys and don't want toys accidentally going home with the wrong family.

PROPER ATTIRE

- **Socks must be worn at all times.**
- Children must have on clothes, no swimsuits.

TOILET TRAINING

- If your child is in the process of toilet training, let us know so that we can encourage them to use the rest room! (We recommend pull-ups)

ACTIVITIES

Activities may include:

- Bubbles, coloring, manipulatives
- Free play, songs and music
- Stories, dress up and block play

BEHAVIOR

If the behavior of the child is inappropriate for a group setting and/or creates a safety issue (i.e. biting, physical harm, etc.) the child will be removed from care and the behavior will be discussed with parent. If negative behaviors continue, parents will meet with staff to determine an action plan. **The Y reserves the right to ask that the child not return for a specified period of time.**

