



Franklin County's Y - Pool Schedule

January 3 - February 20, 2022

Start Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
05:30 AM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
06:00 AM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
06:30 AM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
07:00 AM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
07:30 AM	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)
08:00 AM	Lap Swim Lifeguard (30 min)		H.A.R.T Fee Based Class Jane (45 min)		H.A.R.T Fee Based Class Jane (45 min)		Lap Swim Lifeguard (30 min)
08:15 AM		Water Fitness on Your Own No Instructor Lifeguard (30 min)		Water Fitness on Your Own No Instructor Lifeguard (30 min)		Water Fitness on Your Own No Instructor Lifeguard (30 min)	
08:30 AM	Lap Swim Lifeguard (30 min)						Lap Swim Lifeguard (30 min)
09:00 AM	Lap Swim Lifeguard (30 min)		Aquacize Fee Based Class Jarice (45 min)		Aquacize Fee Based Class Jarice (45 min)		
09:45 AM	Water Fitness on Your Own No Instructor Lifeguard (30 min)						
10:00 AM		Water Therapy Fee Based Class Instructor (45 min)	Aqua Pilates Fee Based Class Jarice (45 min)	Water Therapy Fee Based Class Instructor (45 min)	Aqua Pilates Fee Based Class Jarice (45 min)	Water Therapy Fee Based Class Instructor (45 min)	
10:15 AM	Water Fitness on Your Own No Instructor Lifeguard (30 min)						
11:00 AM	Lap Swim Lifeguard (30 min)	Aqua Tabata Fee Based Class Instructor (45 min)		Aqua Tabata Fee Based Class Instructor (45 min)	Lap Swim Lifeguard (30 min)	Aqua Tabata Fee Based Class Instructor (45 min)	
11:30 AM	Lap Swim Lifeguard (30 min)		Lap Swim Lifeguard (30 min)		Lap Swim Lifeguard (30 min)		

Start Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
12:00 PM	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)		
12:15 PM							Lap Swim Lifeguard (30 min)
12:30 PM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
12:45 PM	Family Swim Lifeguard (30 min)						
01:00 PM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Family Swim Lifeguard (45 min)
01:15 PM	Family Swim Lifeguard (30 min)						
01:45 PM		Water Therapy Fee Based Class Instructor (45 min)	Water Therapy Fee Based Class Instructor (45 min)	Water Therapy Fee Based Class Instructor (45 min)	Water Therapy Fee Based Class Instructor (45 min)	Water Therapy Fee Based Class Instructor (45 min)	
02:45 PM		Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	
03:15 PM		Water Fitness on Your Own No Instructor Lifeguard (30 min)	Family Swim Lifeguard (45 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Family Swim Lifeguard (45 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	
04:00 PM		Lap Swim Lifeguard (30 min)		Lap Swim Lifeguard (30 min)		Lap Swim Lifeguard (30 min)	
04:30 PM		Lap Swim Lifeguard (30 min)		Lap Swim Lifeguard (30 min)		Lap Swim Lifeguard (30 min)	
05:15 PM			Lap Swim Lifeguard (45 min)		Lap Swim Lifeguard (45 min)		
06:00 PM			Aqua Mash-up Fee Based Class Instructor (45 min)		Aqua Mash-up Fee Based Class Instructor (45 min)		
07:00 PM			Lap Swim Lifeguard (45 min)		Lap Swim Lifeguard (45 min)	Family Swim Lifeguard (45 min)	
07:15 PM		Lap Swim Lifeguard (30 min)		Lap Swim Lifeguard (30 min)			