

Gymnasium Schedule

Morning / Afternoon January 2021

This is our schedule. No exceptions made please.

Please note: A limited number of basketballs are available at the Welcome Center.

Morning/ Afternoon Schedule
see reverse for Afternoon/ Evening

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	6am to 8:45am		6am to 8:45am		7am to 8am Basketball Shooting 1 ball, 1 hoop	9am to 10am Yoga In Person and Virtual Gym Closed for class
7am to 8:45am Basketball Shooting 1 ball, 1 hoop Indoor Walking	Basketball Shooting 1 ball, 1 hoop Indoor Walking	7am to 8:45am Basketball Shooting 1 ball, 1 hoop Indoor Walking	Basketball Shooting 1 ball, 1 hoop Indoor Walking	7am to 8:45am Basketball Shooting 1 ball, 1 hoop Indoor Walking	8am - 9am Cycle GYM CLOSED DURING CLASS	
					9am to 12pm Youth Sports Programs	
9am to 9:30am Preschool Gym	9am to 9:50am Preschool Gym	9am to 9:30am Preschool Gym	9am to 9:50am Preschool Gym	9am to 9:30am Preschool Gym	12pm to 2pm	10am to 2pm Basketball Shooting 1 ball, 1 hoop
9:45am to 11am Enhanced Fitness Indoor Walking	10am to 10:30am Cycle 30 GYM CLOSED DURING CLASS	9:45am to 11am Enhanced Fitness Indoor Walking	10am to 10:30am Cycle 30 GYM CLOSED DURING CLASS	9:45am to 11am Enhanced Fitness Indoor Walking	Basketball Courts Closed for Private Rental	
11am to 12pm Silver Sneakers Indoor Walking	11am to 2pm Stretching Basketball Shooting 1 ball, 1 hoop	11am to 12pm Silver Sneakers Indoor Walking	11am to 2pm Stretching Basketball Shooting 1 ball, 1 hoop	11am to 12pm Silver Sneakers Indoor Walking		
12pm to 2pm Basketball Shooting 1 ball, 1 hoop	Indoor Walking	12pm to 2pm Basketball Shooting 1 ball, 1 hoop	Indoor Walking	12pm to 2pm Basketball Shooting 1 ball, 1 hoop		
						Schedule is subject to change without notice

This schedule is subject to change without notice

Gymnasium Schedule

Afternoon/Evening January 2021

This is our schedule. No exceptions made

Please note: A limited number of basketballs are available at the Welcome Center.

Afternoon/Evening Schedule see reverse for Morning/ Afternoon Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2pm to 2:45pm Stretching Basketball Shooting 1 ball, 1 hoop	2pm to 2:45pm Stretching Basketball Shooting 1 ball, 1 hoop	2pm to 2:45pm Stretching Basketball Shooting 1 ball, 1 hoop	2pm to 2:45pm Stretching Basketball Shooting 1 ball, 1 hoop	2pm to 2:45pm Stretching Basketball Shooting 1 ball, 1 hoop	YMCA closes at 2pm Schedule is subject to change without notice	YMCA closes at 2pm Schedule is subject to change without notice
3pm to 5:20pm Child Care Program Full Gym GYM CLOSED	3pm to 6pm Child Care Program Full Gym GYM CLOSED	3pm to 5:20pm Child Care Program Full Gym GYM CLOSED	3pm to 6pm Child Care Program Full Gym GYM CLOSED	3pm to 6pm Child Care Program Full Gym GYM CLOSED		
5:30pm - 6:30pm Cycle GYM CLOSED DURING CLASS	6pm to 8pm Basketball Courts Closed for Private Rental	5:30pm - 6:30pm Cycle GYM CLOSED DURING CLASS	6pm to 8pm Basketball Courts Closed for Private Rental	6pm to 8pm		
6:35pm to 8pm Basketball Shooting 1 ball, 1 hoop		6:35pm to 8pm Basketball Shooting 1 ball, 1 hoop		6pm to 8pm Basketball Shooting 1 ball, 1 hoop		