



# POOL SCHEDULE

STARTING OCTOBER 12, 2020

Start Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
05:15 AM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
06:00 AM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
06:45 AM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
07:30 AM	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)
08:15 AM	Lap Swim Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Lap Swim Lifeguard (30 min)
09:00 AM	Lap Swim Lifeguard (30 min)	Deep Water Fitness Fee Based Class Instructor (45 min)	Aquacize Fee Based Class Instructor (45 min)	Deep Water Fitness Fee Based Class Instructor (45 min)	Aquacize Fee Based Class Instructor (45 min)	Deep Water Fitness Fee Based Class Instructor (45 min)	Lap Swim Lifeguard (30 min)
09:45 AM	Water Fitness on Your Own No Instructor Lifeguard (30 min)						Water Fitness on Your Own No Instructor Lifeguard (30 min)
10:15 AM		Water Therapy Fee Based Class Instructor (45 min)	Water Therapy Fee Based Class Instructor (45 min)	Water Therapy Fee Based Class Instructor (45 min)	Water Therapy Fee Based Class Instructor (45 min)	Water Therapy Fee Based Class Instructor (45 min)	
10:30 AM	Water Fitness on Your Own No Instructor Lifeguard (30 min)						Water Fitness on Your Own No Instructor Lifeguard (30 min)
11:15 AM	Lap Swim Lifeguard (30 min)						Lap Swim Lifeguard (30 min)
11:30 AM		Aqua Tabata Fee Based Class Instructor (30 min)	Lap Swim Lifeguard (30 min)	Aqua Tabata Fee Based Class Instructor (30 min)	Lap Swim Lifeguard (30 min)	Aqua Tabata Fee Based Class Instructor (30 min)	
12:00 PM	Lap Swim Lifeguard (30 min)						Lap Swim Lifeguard (30 min)
12:15 PM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
12:45 PM	Family Swim Lifeguard (30 min)						Family Swim Lifeguard (30 min)

Start Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
01:00 PM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
01:45 PM		Water Therapy Fee Based Class Instructor (45 min)	Lap Swim Lifeguard (45 min)	Water Therapy Fee Based Class Instructor (45 min)	Lap Swim Lifeguard (45 min)	Water Therapy Fee Based Class Instructor (45 min)	
03:00 PM		Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	
03:45 PM		Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	Water Fitness on Your Own No Instructor Lifeguard (30 min)	
04:30 PM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
05:15 PM		Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	Lap Swim Lifeguard (30 min)	
06:00 PM		Swim Lessons (3-5yrs) Fee Based Class Instructor (30 min)	Aqua Mash-up Fee Based Class Instructor (45 min)	Swim lessons (6-12yrs) Fee Based Class Instructor (30 min)	Aquatic Pilates & Core Fee Based Class Instructor (45 min)	Swim lessons (6mo-3yrs) Fee Based Class Instructor (30 min)	
07:00 PM		Swim lessons (6-12yrs) Fee Based Class Instructor (30 min)	Family Swim Lifeguard (30 min)	Swim lessons ( 13yrs +) Fee Based Class Instructor (30 min)	Family Swim Lifeguard (30 min)	Swim Lessons (3-5yrs) Fee Based Class Instructor (30 min)	
07:45 PM		Lap Swim Lifeguard (45 min)	Lap Swim Lifeguard (45 min)	Lap Swim Lifeguard (45 min)	Lap Swim Lifeguard (45 min)	Lap Swim Lifeguard (45 min)	