

YMCA of Greater Erie Youth Coed Outdoor Soccer Rules Fall 2020

TEAM SIZE

- 5 players are on the field at once (4 field positions, 1 goalie)
- If a team is short players...
 - Teams may choose to play with a lesser amount (EX. 4v4)
 - Teams may borrow another player from the opposing team
 - Y-staff will give you a clean pinnie for the other player to wear
 - If you do not feel comfortable doing this, you may choose to play with a lesser amount of players on the field
 - **Coaches and referee must discuss what to do to prior to game time if a team is short players**

BEGINNING OF PLAY

- At the beginning of the game, the referee will simply choose which team gets the ball first
- The center midfielder on the line must begin play by first passing the ball to a teammate
- After a goal is scored, the opposite team will get the ball and begin in the same fashion

SUBSTITUTIONS

- Substitutions are performed "on-the-fly" – Referees will not stop play for a substitution

GOALIES

- In all age divisions, goalies must roll or throw the ball
 - Goalies cannot kick or dropkick the ball
- Goalies may roll or throw the ball as far as they wish
 - Cannot score off of a throw without it touching a player
- Goalies in all divisions are NOT permitted to use their hands outside of the goalie box
 - They are permitted to be out of the box to kick the ball

INDIRECT KICKS/RESTARTS

- All kicks are indirect kicks and must be a pass to a teammate outside of the goalie box
- Out of bounds is when the ball completely crosses over the white line
 - Pre-K/K and 1st/2nd grade divisions restart with an indirect kick
 - 3rd/4th and 5th/6th grade divisions restart with a throw-in
 - Throw-ins: both feet must be on the ground, ball thrown over head with 2 hands
 - CANNOT score off a throw-in without it touching another player
 - Defense kicks out goal line – corner kick for offense or at the spot of out of bounds
 - Offense kicks out goal line – goal kick for defense or at the spot of out of bounds

COACHES

- One coach is permitted to be on the field during the Pre-K/K and 1st/2nd grade division games
 - Avoid being in the middle of play and in the vicinity of the goal
- Coaches are **NOT** permitted on the field during the 3rd/4th and 5th/6th grade division games
- Teams do not switch sides at halftime in any divisions

TIMES

- Pre-K/K and 1st/2nd grade divisions will consist of two 15 minute halves
- 3rd/4th and 5th/6th grade divisions will consist of two 20 minute halves

BALLS

- Outdoor soccer balls will be provided by the YMCA
- Pre-K/K and 1st/2nd grade divisions will use #4 soccer balls
- 3rd/4th and 5th/6th grade divisions will use #5 soccer balls

PLAYER EQUIPMENT

- Shirts are provided by the YMCA of Greater Erie – you will receive these before the first game
- Shin guards are encouraged for safety but not required
- Only sneakers or soccer cleats can be worn (no metal cleats, boots, slip-ons, crocs, sandals, socks, or bare feet)
- Goalies will be provided with a pinnie
 - Each player that rotates in as goalie will be given a clean pinnie

MICELLANEOUS

- No jewelry (ex. Earrings, necklaces, rings and watches)
- Please clean up any food or drink you bring to the field