



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

KNOW YOUR CHILD'S SWIM LEVEL

Free Swim Testing

Drowning is the second leading cause of death in the U.S. for children between the ages of 1 and 14. At the Y, we're working to change all that.

By swim testing your child, you will have a better understanding of their swim level. Your child's swim level will give you the vital information you need to make decisions regarding swimming lessons. We know that taking part in formal swimming lessons reduces the risk of drowning, and our goal is to help you keep your child safe in and around the water.

DATE _____

NAME _____

TEST ADMISTERED BY _____

RECOMMENDED CLASS IS _____

