

Albany YMCA Women and Men Basketball 2022

YMCA Mission Statement

"To put Christian principles into practice through programs that build a healthy spirit, mind, and body for all."

* **What do I need to know?**

Teams are responsible for their own Jerseys with number
Teams are responsible for their own equipment
Teams are responsible to supply one game ball per game
Official Team Roster from the Y (Max 12 players)
The game will be played 5 on 5
(You can have more ladies on the men teams)
The Y provides 2 officials per game
All participants must be 18 and older
Games will be played under GHSA basketball rules

* **Captains meeting April 2, 2022 5:30 pm Albany Y 1701 Gillionville Road (All Participants in the program)**

* **Indivual registration needs to come to captains meeting to get place on a team**

* **First game will be April 10th and Season ends June 26th**

* **8 games season with a single elimination tournament at the end of the season**

* **All games are on Sunday starting at 1pm. Women teams play first. Alternate day is Fridays starting at 5:30pm**

* **As a participant what is expected of/from me?**

Ensure we have correct emails and phone contacts on registration form
Be respectful and helpful to staff, volunteer coaches, other spectators and participants
Demonstrate good sportsmanship like conduct at all times
Opposite of players and coaches during games
Place your trash in garbage cans

* **What is permitted on YMCA premises? What is not permitted on YMCA premises?**

Food and Drink are permitted
Any tobacco product or alcoholic beverage is not permitted

* **What happens if there is "bad" weather?**

When thunder and lightning sirens sounds exit the field until further directed by staff
Call 229-800-8022 for inclement weather for practice or games

* **How do I become a volunteer coach for a Youth Sports team?**

Complete a criminal background check (Cost \$16.00) on line (www.albanyareaymca.com)
Fill out Volunteer Application at either Central Facility or Lee County YMCA
Do online training at training.ymca.net
Attend coach's meeting TBA
Attend Parent Orientation TBA
Attend Skill Evaluation TBA