

Albany Fall Men Flag Football 2021

YMCA Mission Statement

"To put Christian principles into practice through programs that build a healthy spirit, mind, and body for all."

* **What do I need to know?**

Teams are responsible for their own Jerseys with number
Teams are responsible for their own equipment
Teams are responsible to supply one game ball per game
Official Team Roster from the Y (Max 20 players)
The game will be played 7 on 7 on the field at all times
The Y provides 2 officials per game
All participants must be 18 and older
Games will be played under National flag football rules for coed softball

* **Coaches and Team Orientation June 22nd @ 5:30pm Albany Sports Park (All Participants in the program)**

* **Individual registration needs to come to coaches and team orientation to try to get place on a team**

* **First game will be June 27th and Season ends August 29th**

* **8 games season with a single elimination tournament starting at 2pm**

* **As a participant what is expected of/from me?**

Ensure we have correct emails and phone contacts on registration form
Be respectful and helpful to staff, volunteer coaches, other spectators and participants
Demonstrate good sportsmanship like conduct at all times
Opposite of players and coaches during games
Place your trash in garbage cans

* **What is permitted on YMCA premises? What is not permitted on YMCA premises?**

Food and Drink are permitted
Lawn chairs and Umbrellas are permitted
Any tobacco product or alcoholic beverage is not permitted

* **What happens if there is "bad" weather?**

When thunder and lightning sirens sounds exit the field until further directed by staff
Call 229-800-8022 for inclement weather for practice or games

* **How do I become a volunteer coach for a Youth Sports team?**

Complete a criminal background check (Cost \$16.00) on line (www.albanyareaymca.com)
Fill out Volunteer Application at either Central Facility or Lee County YMCA
Do online training at training.ymca.net
Attend coach's meeting TBA
Attend Parent Orientation TBA
Attend Skill Evaluation TBA