January 2019

A very happy New Year to all. I am pleased with all IASP that accomplished in 2018, and the ambitious agenda we have created for 2019 and beyond. The Council met at the end of November 2018, and over a very productive few days, identified three strategic priorities for IASP: educational programming; engagement of IASP SIGs and chapters; and patient engagement through the IASP Global Patient Alliance. The Council, together with our various task forces, working groups and committees, are now heavily involved in planning the implementation of those strategic goals. I will keep IASP members informed throughout the process, and may at some stage seek additional input.

In 2018, we also appointed 64 new volunteers to join various task forces, working groups and committees. They have now begun their work with the many other already engaged and working volunteers.

During the Council meeting in Cape Town, South Africa, we had an opportunity to participate in a Pain Academy hosted by the PainSA chapter. Many Councilors presented about their work and research, and it was a rich experience enjoyed by all. Thank you to the PainSA chapter for their outstanding efforts and hospitality.

Finally, the 2019 Global Year Against Pain in the Most Vulnerable will officially launch next week – so please stay tuned. As the materials are being finalized, take a moment to review the 2018 Global Year for Excellence in Pain Education resources – fact sheets, ebook, and webinars – available on the IASP website. The theme of the 2019 Global Year is very important to me, and I hope to see many activities worldwide, which can enhance the focus on pain in those most vulnerable groups of patients.

IASP News

**IASP Welcomes Three New SIGs**
The IASP Council has approved the formation of three new Special Interest Groups (SIGs): Pain in Intellectual and Developmental Disabilities; Itch; and Pain Registries. While the new SIGs will officially be SIGs-in-formation until they are ratified by the IASP membership at the next General Assembly in 2020, IASP members are invited learn more about their missions and goals on the IASP website, and join the SIGs today. Learn More.

**Chronic Pain Included in ICD-11**
The World Health Organization will adopt a new edition of the International Classification of Diseases (ICD) in May, and it will be the first version to include a classification for chronic pain. The chronic pain classification was developed by an IASP Task Force, and is based on the current scientific evidence and the biopsychosocial model. Chronic pain is defined as pain that lasts or recurs for more than three
months. A series of 10 papers published in the January 2019 issue of PAIN provide a general overview of the classification and explain the fundamental distinction of chronic primary and chronic secondary pain. Learn more.

**IASP Now Accepting 2019 Collaborative Research Grant Submissions**
IASP is now accepting submissions for its 2019 Collaborative Research Grants until April 4. Through its Collaborative Research Grants program, IASP provides opportunities for pain professionals around the world to conduct important research together. The program, launched in 2001, has already invested close to US$550,000 in the work of multidisciplinary international teams that otherwise may never have united their efforts.

**IASP Early Career Research Grants: Application Deadline February 7**
The IASP Early Career Research Grants program offers multiple grants of up to US$20,000 each to help develop researchers just starting their careers as independent investigators who are within six years of receipt of their final degree or completing formal profession/specialty training. Closing date is February 7, 2019.

**There’s No Napping at NAPS!**
The application process for the 2019 North American Pain School--NAPS-- is now open. This experience offers education and networking opportunities with leading experts in pain for grad students, postdocs, and clinician-scientists enrolled in a pain research training program. NAPS will take place June 23-28, in Montebello, QC, Canada. The application deadline is March 4.

**Make the Most of Your IASP Membership Benefits**
**Spotlight on: Grants and Funding Opportunities**
IASP has an extensive annual grants and awards program to support investigators working in basic or clinical research, and to support education in developing countries. Keep your membership current to be eligible for these opportunities. Early Career Research Grants and Collaborative Research Grants are now accepting applications. Coming soon: IASP Developing Countries Project: Initiative for Improving Pain Education and the John J. Bonica Trainee Fellowship.

**First Meeting of the Social Aspects of Pain SIG in February**
IASP welcomed the Social Aspects of Pain SIG (SocSIG) at the end of 2018. All members who wish to be involved in the SIG's first online meeting should join by January 31. Questions about how to join? Contact IASP Member Services at members@iasp-pain.org or by calling +1 202.856.7400.

**Become an IASP Champion!**
IASP thrives because of your support and your connection to the community. Thanks to the almost 250 members who became IASP Champions in 2018! View the IASP Hall of Champions, and the eight new IASP Champions we welcomed in 2019. Members like you are driving the future of IASP and the entire field. Our champions represent 32 countries from all over the globe. Thank you for your continued support and if you have not already, please refer a friend today!

**Stay connected with IASP!** Are you missing important updates? To update your member record and stay current with IASP information, please confirm your information.
Join us for the 7th International Congress on Neuropathic Pain in London, United Kingdom, 9-11 May 2019.

Call for Poster Abstracts & Financial Aid Applications Ends Today, 18 January!
Do you have cutting-edge science to share? Don't miss your opportunity to present an abstract at the world's premier congress on Neuropathic Pain. Submit your poster abstract today!

NeuPSIG is offering complimentary registration and travel awards to qualified applicants. Financial aid is open to NeuPSIG trainee members and members in developing countries or countries with currency exchange restrictions. Submit your application for financial aid today!

Special Early Rates in effect until 15 February. Register now and save!

Follow @NeuPSIG and #NeuPSIG2019 conversation on Twitter!

Registration for the 4th World Congress on Abdominal and Pelvic Pain Now Open!
Plan to attend the 4th World Congress on Abdominal and Pelvic Pain, 11-12 May, in London. Organized around the theme "A Lifecourse and Lifestyle Approach," the program offers three clusters of topical workshops, abstract presentations, and discussions, as well as a networking dinner. Hear top speakers from nine countries share the latest research on abdominal and pelvic pain in childhood/adolescence, reproductive age, and post-reproductive age! Have research to share? The Call for Poster Abstracts is now open, and closes 8 March.

Save the date! 18th World Congress on Pain
Amsterdam, the Netherlands, August 4 - 8, 2020

Follow @IASPPAIN on Twitter and join the #IASPCongress conversation!

2019 Global Year Against Pain in the Most Vulnerable

Coming Soon: IASP 2019 Global Year Against Pain in the Most Vulnerable!
Since 2004, IASP has developed themed years that focus worldwide attention on specific types of pain and the multidisciplinary management that could help reduce or alleviate it. The 2019 theme is "Global Year Against Pain in the Most Vulnerable," and its scope is divided into four subthemes: pain in children, older adults, survivors of torture and war, and people with intellectual disabilities. More information and a host of resources are in development and will be posted to the IASP website soon.

IASP Journals
Editor's Choice articles from the DecemberJanuary issue of *PAIN*

Symptom perception, placebo effects, and the Bayesian brain

Recommendations for selection of self-report pain intensity measures in children and adolescents: a systematic review and quality assessment of measurement properties

Cannabidiol modulates serotonergic transmission and reverses both allodynia and anxiety-like behavior in a model of neuropathic pain

**Did you know?** Single sign-on allows you to login to painjournalonline.com with your IASP username and password. The benefit of single sign-on is that you have a better online reading experience and increased security, while reducing the need to remember multiple passwords.

Follow #PainJournal on Twitter, Facebook, and LinkedIn!

Read the latest from *PAIN Reports*

*PAIN Reports* is now accepting articles for a special collection: Pain in the Developing World. Submit today!

**Did you hear?** *PAIN Reports* has been accepted for indexing in SCOPUS and in PubMed Central. Have you checked out the new "Subjects" page on the *PAIN Reports* website? Click on the subject heading to see the complete list of articles published in each of the 14 topics.

Follow #PainReports and #PainClinicalUpdates on Twitter, Facebook, and LinkedIn!

**IASP Pain Research Forum & RELIEF News**

**Year in Review: The Top 10 News Stories and Papers of the Week on PRF in 2018**

News story on the third mechanistic descriptor of chronic pain, review article on failures in translation come out the winners

The Role of Expectations in the Pain Response
New research in healthy participants shows how expectancy effects can make pain a self-fulfilling prophecy

Mechanosensitive Ion Channel Piezo2 Mediates Tactile Allodynia
Studies in mice and humans suggest the channel could be a therapeutic target

A Population Perspective on Chronic Pain: A Conversation with Fiona Blyth
2018 World Congress on Pain plenary speaker Fiona Blyth discusses her path to pain research, why it’s important to take a population-level approach to understanding chronic pain, the pain research landscape in Australia, and much more.

Webinar: Accessing Other People’s RNA Sequencing Data—A Guide for Biologists
Registration for the January 22, 2019 webinar is now open
Webinar: Examining the Neural Mechanisms and Molecular Targets for the Social Modulation of Pain
A recording of the December 19, 2018 event is now available

Follow #PainResearchForum on Facebook and Twitter!

Pain Research News, Insights, and Ideas

What Were 2018’s Most Popular Stories on RELIEF?
A “Pain 101” article on the interaction between the nervous system and the immune system takes the top spot.

Pain 101: Using Brain Imaging to Understand Pain
Brain imaging is proving to be a valuable tool to learn about what causes pain, and how to treat it

How Expectations Shape the Experience of Chronic Pain: A Podcast with Howard Fields
Howard Fields discusses how motivations, expectations and decision making fit into the experience of chronic pain.

Follow #ReliefNews on Facebook and Twitter!

Upcoming Events

Would you like to see your organization's event listed on IASP’s calendar?
Please let us know by completing this form.

CHAPTER NEWS

APS 2019 - Your forum for innovation in pain science and management.
The 2019 APS Scientific Meeting combines a balance of clinical, translational, and basic science research around the theme “Combating the Opioid Epidemic through Innovations in the Treatment of Pain.” Register before January 31, 2019 to take advantage of early bird discounted rates. Learn more.

SASP Congress
Scandinavian Association for the Study of Pain Congress, “From Cells to Societies: What do we not know about pain?” will take place April 3-5, 2019, in Oslo, Norway. Learn more.
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