Suicide Prevention Summit – Panel Questions
(The panel included a mental health professional and construction industry participant.)

1) As we know, employers are focusing on the mental health of their employees more than ever. Why is this important, and what do you see as the fundamental shift that sparked this effort?

2) What led you to be a huge proponent of mental health and suicide prevention in the construction sector? Can you talk a little about some of the programs that have been a huge proponent of mental health and suicide prevention in the construction sector, especially ones you’ve been involved in?

3) How do you “sell” the importance of focusing on mental health to your leadership team?
   a. What is the return that comes with investing time into mental health support for employees?
   b. What does employee mental health mean for the overall success of an organization?

4) What do you see as one of the most important mental health resources employers can provide?
   a. How do you encourage employees to take advantage of these resources?

5) Talk to us a little bit about Employee Assistance Programs (EAPs.) Do you find these useful, and how do you get employees to use these resources?

6) What key suggestions do you have for a company shifting to a culture that embraces mental health and wellness?
   a. What are a few simple ways a company can create a healthier work environment?
   b. What are a few things that you would suggest every company eliminate or avoid in order to build or maintain a healthy work environment for employees?

7) To close, is there anything you would like to add? Is there anything you wish you knew when you or your company were beginning your focus in employee mental health?