

"The Answer... "

Instructions for use...

- 1) Think of a question or a situation in your life that needs an answer.
- 2) Write it down.
- 3) After you are comfortably reclined and have started listening to "The Answer...", be sure to repeat (in your mind) your question at least 5 times. Simply ask the question, do not add emotion.
- 4) Allow your mind to do/think what ever "it" wants to for the duration of the recording.
- 5) Immediately - 10 minutes after either the recording ends or you "come back/wake up" be sure to look at and read aloud the question you have written. Then write down anything that comes to your mind, full sentences, words, drawings, anything:).
- 6) Your answer (sometimes a better question:) will manifest out of your meditations and notes over time (the amount of time will vary, depending on too many variables to mention here).
- 7) Repeat as needed. (Some answers will come easier than others).

SPECIAL NOTE: You may find "The Answer..." may also prove effective when used on its own to boost your intuition and intelligence.

* Stereo headphones are needed for this recording.

Cautions:

If you are...

- prone to epileptic type events
- pregnant
- wearing a pacemaker
- prone to seizures
- under the influence of medication or drugs

...then you agree not to listen to these recordings without first consulting a physician.

- We do not recommend using these recordings while under the influence of alcohol or other mood altering substances

- sometimes this form of stimulation can bring repressed memories into consciousness, as a result it is always a good idea to have someone readily available to “talk to” if the need should arise

- under no circumstances should you drive a car or operate potentially dangerous machinery/equipment while listening to these recordings

User Agreement:

By listening to these specially designed recordings the user agrees that...

The user assumes all risks in using these recordings, and waves the right to any claims against the creator, distributor or its affiliates for any and all mental or physical injuries. The user also agrees to assume all liabilities when allowing other persons use of these recordings.

In no case will the creator or distributor and its affiliates be liable for chance, accidental, special, direct or indirect damages resulting from use, misuse or defect of its recordings, instructions or documentation.

These statements and products have not been evaluated by the FDA.

Please note that these recordings are not intended to treat or cure any disease, nor should any of the subject matter on the site be taken as medical advice.

Those who are epileptic should not use these recordings. However rare, there is a risk of seizure associated with individuals who are predisposed to epileptic seizures. Such individuals should not use this series of audio recordings except of course, under the direction and supervision of a licensed medical physician.

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