FIELD EVENTS
10:30 AM Women Weight Throw
10:30 AM Men High Jump
11:00 AM Women Pole Vault
11:10 AM Women Long Jump
11:30 AM Men Weight Throw
12:10 PM Women High Jump
12:35 PM Men Long Jump
1:30 PM Men Pole Vault
1:00 PM Women Shot Put
2:05 PM Women Triple Jump
2:30 PM Men Shot Put
3:10 PM Men Triple Jump

RUNNING EVENTS
12:05 PM National Anthem
12:15 PM Men 60m Hurdles (Prelim)
12:25 PM Men 60m Dash (Prelim)
12:35 PM Women 60m Dash (Prelim)
12:50 PM Men 60 meter hurdle (Final)
1:00 PM Women 60 meter Hurdle (Final)
1:10 PM Men 60 meter dash (Final)
1:15 PM Women 60 meter Dash (Final)
1:20 PM Men Mile Run
1:30 PM Men 500 meter Run
1:40 PM Women 500 meter Run
1:50 PM Men 800 meter Run
1:55 PM Women 800 meter Run
2:00 PM Men 600 meter Run
2:10 PM Women 600 meter Run
2:20 PM Men 300m Dash
2:30 PM Women 300m Dash
2:40 PM Men 200m Dash
2:50 PM Women 200m Dash
3:00 PM Men 3,000 meter Run
3:15 PM Men 4x400m Relay
3:25 PM Women 4x400m Relay

BOILER UP!
Updated: December 2, 2021