

## **BADMINTION (Girls) - Spring Cut Sport**

Levels offered: V, JV, & F

COACHES: Head Varsity: Nicole Young, ([nbellecomoyoung@elmhurst205.org](mailto:nbellecomoyoung@elmhurst205.org)) JV: Pia Bartolai, Fr.: Kendall Heneghan,

TRYOUTS: 3/5-3/8/14 Time of tryouts: 3:30-6:00 PM Location of tryouts: South Gym

PARTICIPATION FEE: \$150 OTHER COSTS: Badminton racket, shirt, and shorts

SPECIAL INSTRUCTIONS: Be prepared to practice – will need, tee shirt, gym shoes and racket

## **BASEBALL (Boys) – Spring Cut Sport**

Levels offered: V, S, & Fr (some JV & Fr. B)

COACHES: Head Varsity: Dave Kalal, ([dkalal@elmhurst.205.org](mailto:dkalal@elmhurst.205.org)) So.: Kevin Mundel, Fr.: Justin Cronin

TRYOUTS: 3/3-5/14 Time of tryouts: Varsity - AM Lower Levels – PM Location of tryouts: Field House – Gyms

PARTICIPATION FEE: \$175 OTHER COSTS: Varsity – either \$35.00 or \$115.00 (jersey, hat socks and belt)

Lower levels - \$50.00 (jersey and hat)

SPECIAL INSTRUCTIONS: Bring workout clothes, gym shoes, glove and bat.

## **BASKETBALL (Boys) – Winter Cut Sport**

Levels offered: V, JV, and S, Fr. A, & FR. B.

COACHES: Head Varsity: Vince Doran, ([vdoran@hinsdale86.org](mailto:vdoran@hinsdale86.org)) Sophomore: J.J. Pearl, Fr. A: Tim Moran, & Frosh B: Dick Hlavek

TRYOUTS: 11/11-13/13 Time of tryouts: 3:30 PM Location of tryouts: Gyms

PARTICIPATION FEE: \$200 OTHER COSTS: Varsity \$ 90.00 Travel sweat suit and F & S \$25.00 - Hooded Sweatshirt (optional)

SPECIAL INSTRUCTIONS: Will need, tee shirt, shorts and gym shoes

## **BASKETBALL (Girls) – Winter Cut Sport**

Levels offered: V, JV, S, Fr. A, & FR. B.

COACHES: Head Varsity: John Constable, ([jconstable@elmhurst205.org](mailto:jconstable@elmhurst205.org)) JV: Ken Dowdy, So.: TBA, Fr. A: TBA, and FR. B: TBA

TRYOUTS: 11/4-6/13 Time of tryouts: 3:30 PM Location of tryouts: Gyms

PARTICIPATION FEE: \$200 OTHER COSTS:

SPECIAL INSTRUCTIONS: Will need, tee shirt, shorts and gym shoes

## **BOWLING (Girls) – Winter Cut Sport**

Levels offered: V, JV, & F

COACHES: Head Varsity Coach: TBA

TRYOUTS: 11/18-19/2014 Time of tryouts: 3:30 PM Location of tryouts: Stardust Bowl

PARTICIPATION FEE: \$175 OTHER COSTS:

SPECIAL INSTRUCTIONS: Bring bowling shoes and bowling ball

## **CHEERLEADING – Fall & Winter Cut Sport**

Levels offered: V, & JV

COACHES: Head Varsity: Dena Poulos, ([dena.poulos@gmail.com](mailto:dena.poulos@gmail.com)) and JV: Kristen Tansor

TRYOUTS: 6/4-6/13 Time of tryouts: 6:00 – 8:00 PM on 4<sup>th</sup> & 5<sup>th</sup>, 5:00 – 8:00 on 6<sup>th</sup> Location of tryouts: South Gym

PARTICIPATION FEE: \$150 OTHER COSTS: Camp – Approximately \$100 (clothes, bow, food, and registration)

Shoes - \$70, Sweatshirt - \$30 (optional)

SPECIAL INSTRUCTIONS: Wear white shirt, shorts, and gym shoes

## **CROSS COUNTRY (Boys) – Fall Non-Cut Sport**

Levels offered: V, JV, S, & F

COACHES: Head Varsity: Joe Newton, (no email) Assistants: Jim Hedman and John Mariner

TRYOUTS: 8/14/2013 Time of tryouts: TBA Location of tryouts: TBA

PARTICIPATION FEE: \$125 OTHER COSTS:

SPECIAL INSTRUCTIONS: Be prepared to run with water bottle, running shoes, shorts, and tee shirt

## **CROSS COUNTRY (Girls) – Fall Non-Cut Sport**

Levels offered: V, JV, S, & F

COACHES: Head Varsity: Annette Schulte ([aschulte@elmhurst205.org](mailto:aschulte@elmhurst205.org)) and Assistant: Katie Zavodny

TRYOUTS: 8/14/2014 Time of tryouts: 7:00AM Location of tryouts: Field House

PARTICIPATION FEE: \$150 OTHER COSTS: Racing spikes and other apparel optional (spirit pack, warm-ups)

SPECIAL INSTRUCTIONS: Be prepared to run with water bottle, running shoes, shorts, tee shirt and chronograph

## **FOOTBALL (Boys) – Fall Non-Cut Sport**

Levels offered: V, JV, S, FR. A. & FR. B

COACHES: Head Varsity: Steve Nye, ([snye@elmhurst205.org](mailto:snye@elmhurst205.org)) Sophomore: Mark Bibel, and Freshman: Mark Laurich

TRYOUTS: 8/14/2014

Time of tryouts: W 7-3PM; Th 3-9 PM; F 3- 9PM

Location of tryouts: Football Stadium

PARTICIPATION FEE: \$175

OTHER COSTS: Summer Camp - Benedictine University - \$165

Varsity - \$100 (Spirit Pack – Practice Jerseys (2), game socks & shorts)

Sophomore - \$50 (Practice Jersey, game socks & shorts)

Freshman - \$100 (Practice pants & jersey, game socks, mouth piece & shorts)

SPECIAL INSTRUCTIONS: Bring football spikes, t-shirt, shorts, mouthpiece, and a lunch

## **GOLF ( Boys) – Fall Cut Sport**

Levels offered: V and F/S

COACHES: Head Varsity: Jim Borel ([jborel@elmhurst205.org](mailto:jborel@elmhurst205.org)) and Fr/S: Dave Kalal

TRYOUTS: 8/14-15/2013

Time of tryouts: 6:30 AM (Tee times start)

Location of tryouts: Freshman/Sophomore at Maple Meadows GC

Location of tryouts: Varsity at Oak Meadows GC

PARTICIPATION FEE: \$200

OTHER COSTS: Green Fees for tryouts \$60.00

SPECIAL INSTRUCTIONS: Bring clubs, golf shoes, and money for snacks

## **GOLF (Girls) – Fall Cut Sport**

Levels offered: V and JV

COACHES: Head Varsity: Barb Tilden ([tilden33@aol.com](mailto:tilden33@aol.com)) and JV: Peggy Babyar

TRYOUTS: 8/14-15/2013

Time of tryouts: 9:00 AM (Tee times start) Arrive at 8:30 am

Location of tryouts: Sugar Creek Golf Course

PARTICIPATION FEE: \$200

OTHER COSTS: Green Fees for tryouts \$32.00

SPECIAL INSTRUCTIONS: Bring clubs, golf shoes, and money for snacks

## **GYMNASTICS (Boys) – Spring Non-Cut Sport**

Levels offered: V, JV, & F

COACHES: Head Varsity: Steve Guess ([stevegues@gmail.com](mailto:stevegues@gmail.com)) and Assistant: Alex Banasiak

TRYOUTS: 2/17/2014

Time of tryouts: 4:45 PM – 7:00 PM

Location of tryouts: York Gymnastics Gym

PARTICIPATION FEE: \$175

OTHER COSTS: \$100 – grips and \$79 – Team warm and t-shirt

SPECIAL INSTRUCTIONS: Bring workout gear and grips

## **GYMNASTICS (GIRLS) – Winter Cut Sport**

Levels offered: V, JV I, and JV II

COACHES: Head Varsity: Steve Guess ([stevegues@gmail.com](mailto:stevegues@gmail.com)) and Assistant: Ellen Ecker

TRYOUTS: November 11-13/2013

Time of tryouts: 4:45 PM – 7:30 PM

Location of tryouts: York Gymnastics Gym

PARTICIPATION FEE: \$175

OTHER COSTS: \$100 – Team Leo's, \$50 – Grips, & \$45 – warm-ups (all one-time fees)

SPECIAL INSTRUCTIONS: Bring workout gear and grips

## **LACROSSE (Boys) – Spring Non-Cut Sport**

Levels offered: V, JV, & F

COACHES: Head Varsity: Don Canfield, ([canfieldm@gmail.com](mailto:canfieldm@gmail.com)) JV: TBA, and Freshmen: TBA

TRYOUTS: 3/3-5/2014

Time of tryouts: TBA

Location of tryouts: York Gyms

PARTICIPATION FEE: \$250

OTHER COSTS: Helmet, gloves, stick, shoulder pads, forearm pads and mouth piece

SPECIAL INSTRUCTIONS: Bring all equipment to first practice.

## **LACROSSE (Girls) – Spring Non-Cut Sport**

Levels offered: V, JV, & F

COACHES: Head Varsity: Vickie Richmond, ([victoria.richmond52@gmail.com](mailto:victoria.richmond52@gmail.com)) (JV: Ryan Walz, and Fr.: Phil Munson

TRYOUTS: 3/3-5/2014

Time of tryouts: TBA

Location of tryouts: York Gyms

PARTICIPATION FEE: \$275

OTHER COSTS: Goggles, mouth piece, stick and workout gear

SPECIAL INSTRUCTIONS: Bring all equipment to first practice

## **POM PONS (Girls) – Fall & Winter Cut Sport**

Level offered: V

COACHES: Head Varsity: Ashley Egley ([aegley@elmhurst205.org](mailto:aegley@elmhurst205.org)) and Assistant: Michelle Rodriguez

TRYOUTS: 5/29-31/2013      Time of tryouts: 5-7PM      Location of tryouts: Dance studio (Black Box)

PARTICIPATION FEE: \$175      OTHER COSTS: Dance shoes, leotards, shorts, tights

SPECIAL INSTRUCTIONS: Will need tights, black tee shirt and either dance shoes or gym shoes

## **SOCCER (Boys) - Fall Cut Sport**

Levels offered: V, JV, S, & F

COACHES: Head Varsity: Markus Roy, ([mrroy@elmhurst205.org](mailto:mrroy@elmhurst205.org)), JV: Ted Mrozek, So.: Don Vana, and Fr.: Stevan Dobric

TRYOUTS: 8/14/-16/2013      Time of tryouts: 8/14 9:00 AM – Noon / All Levels      Location of tryouts: Berens Park

8/14 3:00 PM to 5:00 PM / Varsity Only – Location of tryouts: Stadium

8/15 & 8/16 – 3:30 PM – 6:00 PM – Location: TBD

PARTICIPATION FEE: \$175      OTHER COSTS: \$35 games socks and two practice shirts. Spirit gear optional

SPECIAL INSTRUCTIONS: Bring workout gear, spikes, shin guards, and a water bottle

## **SOCCER (Girls) - Spring Cut Sport**

Levels offered: V, JV, S, & F

COACHES: Head Varsity: Kris Halupka, ([khalaupka@elmhurst205.org](mailto:khalaupka@elmhurst205.org)) JV: Stevan Dobric, So.: Don Vana, & Fr. Maureen Mohan

TRYOUTS: 3/3-5/2014      Time of tryouts: 6:30-8PM      Location of tryouts: York Gyms

PARTICIPATION FEE: \$150      OTHER COSTS: \$15 Game Socks,

SPECIAL INSTRUCTIONS: Be prepared to workout (gym shoes, shin guards, tee shirt and shorts)

## **SOFTBALL (Girls) - Spring Cut Sport**

Levels offered: V, JV, & F

COACHES: Head Varsity: Drew McGuire, ([dmcguire@elmhurst205.org](mailto:dmcguire@elmhurst205.org)) JV: Katie Los, &Fr.: TBA

TRYOUTS: 3/3-5/2014      Time of tryouts: TBA      Location of tryouts: York Gyms

PARTICIPATION FEE: \$175      OTHER COSTS: Fr. \$50.00 Jersey, socks, hat Varsity: \$70 Jersey, socks and hat

SPECIAL INSTRUCTIONS: Bring workout gear, glove, and bat

## **SWIMMING & DIVING (Boys) – Winter Non-Cut Sport**

Levels offered: V, JV, and F/S

COACHES: Head Varsity: Mark Laurich, ([mlaurich@elmhurst205.org](mailto:mlaurich@elmhurst205.org)) Assistant: Dave Davis, and Diving: Larry Barcheski

TRYOUTS: 11/25/2013      Time of tryouts: 3:30 PM      Location of tryouts: York Pool

PARTICIPATION FEE: \$150      OTHER COSTS: \$50 for swimsuit. Need goggles. Optional apparel available-shirts and sweatshirt

SPECIAL INSTRUCTIONS: Bring swimming suit, and goggles

## **SWIMMING & DIVING (Girls) - Fall Non-Cut Sport**

Levels offered: V, JV, & F

COACHES: Head Varsity: Sarah Pauly, ([spauly@elmhurst205.org](mailto:spauly@elmhurst205.org)) JV: Mark Guilani, and Diving: Larry Barcheski

TRYOUTS: 8/14-16/2013      8/14 – Meet in Commons from 8:00 AM to 10:00 PM

8/15 & 8/16 – 4:00 PM-6:00 PM at East End Pool, swimmers responsible for own transportation

PARTICIPATION FEE: \$150      OTHER COSTS: \$70 Swim suit and cap. Other team apparel optional

SPECIAL INSTRUCTIONS: Be prepared for dry land activities – gym shoes, shorts and tee shirt.

## **TENNIS (Boys) - Spring Non-Cut Sport**

Levels offered: V, and S (some JV)

COACHES: Head Varsity: Tres Heimann ([theimann@elmhurst205.org](mailto:theimann@elmhurst205.org)) and Fr/So: Jeff Ferdinand

TRYOUTS: 3/3-7/2014      Time: Jr./Sr. at 5:45 - 7:00; Fr./So. at 3:30 PM - 5:30 PM      Location: Jr./Sr. @ Courts Plus; Fr./So. @ Berens

PARTICIPATION FEE: \$150      OTHER COSTS: Uniform approximately \$35 and Spirit Pack (optional)

SPECIAL INSTRUCTIONS: Come ready to play with gym shoes, gym clothes, and racket

## **TENNIS (Girls) - Fall Cut Sport**

Levels offered: V, JV IU and JV II

COACHES: Head Varsity: Tres Heimann, ([theimann@elmhurst205.org](mailto:theimann@elmhurst205.org)) JV I: Katie Burnette and JV II: Kara Dollaske

TRYOUTS: 8/14-17/2013 Time: 8/14 Freshman/Sophomore 2:00 PM to 4:00 PM; Juniors/Seniors 4:00 PM to 6:00 PM

Location: Berens Park 8/15 JV1/JV2 Tryouts 3:30 PM - 5:30 PM / Varsity Tryouts 4:15 PM to 6:15 PM

8/16: JV1/JV2 Tryouts 3:30 PM – 5:30 PM / Varsity Tryouts 4:15 PM to 6:15 PM

8/17: Varsity Tryouts 8:00 AM to 10:00 AM / JV1/JV2 Tryouts 9:00 to 11:00 AM

PARTICIPATION FEE: \$150

OTHER COSTS: Uniform approximately \$35 and Spirit Pack (optional)

SPECIAL INSTRUCTIONS: Come ready to play with gym shoes, gym clothes, and racket

## **TRACK (Boys) - Spring Non-Cut Sport**

Levels offered: V, S, and F

COACHES: Head Varsity: Stan Reddel, ([stanreddel@sbcglobal.net](mailto:stanreddel@sbcglobal.net)) Assistants: Jim Hedmann, Joe Gianneschi, and Mike Murphy

TRYOUTS: 1/20/2014 Time of tryouts: 3:30 PM Location of tryouts: Field House

PARTICIPATION FEE: \$125 OTHER COSTS: Competitive shoes (spikes, throwing shoes)

SPECIAL INSTRUCTIONS: Bring running shoes, tee shirt, and shorts

## **TRACK (Girls) - Spring Non-Cut Sport**

Levels offered: V, S, and F

COACHES: Head Varsity: Annette Schulte ([aschulte@elmhurst205.org](mailto:aschulte@elmhurst205.org)) Assistants: Katie Zavodny, Tim Welsch, & Amy Peters

TRYOUTS: 1/20/2014 Time of tryouts: 3:30 PM Location of tryouts: Field House

PARTICIPATION FEE: \$125 OTHER COSTS: Competitive shoes (spikes, throwing shoes) (spirit pack, warm-ups optional)

SPECIAL INSTRUCTIONS: Bring running shoes, tee shirt, and shorts

## **VOLLEYBALL (Boys) - Spring Cut Sport**

COACHES: Head Varsity: Ken Dowdy, ([kdowdy@elmhurst205.org](mailto:kdowdy@elmhurst205.org)) JV: Kelsey Manning, Fr. A: Chris Coomer, & Fr. B: Ericka Bradley

TRYOUTS: 3/10-13/2014 Time of tryouts: 3:30 PM Location of tryouts: York Gyms

PARTICIPATION FEE: \$175 OTHER COSTS: Optional team apparel available

SPECIAL INSTRUCTIONS: Bring gym shoes, tee shirt, and shorts

## **VOLLEYBALL (Girls) – Fall Cut Sport**

Levels offered: V, JV, S, & Fr. A & Fr, B

COACHES: Head Varsity: Patty Iverson, ([piverson@elmhurst205.org](mailto:piverson@elmhurst205.org)) So.: Chrissy Laski, Fr. A: Erika Bradley & Fr B: Adam Brown

TRYOUTS: 8/14-16/2013 Time of tryouts: 8/14 (7-10AM, 12-2PM, 4-6PM) Location of tryouts: G & W Gyms

8/15 (6-7:30 AM, 3:30-6:30PM)

8/16 (6-7:30 AM, 3:30-6:30PM)

PARTICIPATION FEE: \$175 OTHER COSTS: Optional team apparel available

SPECIAL INSTRUCTIONS: Bring gym shoes, tee shirt, and shorts

## **WATER POLO (Boys) - Spring Cut Sport**

Levels offered: V and JV

COACHES: Head Varsity: Brian Drumm, ([bdrumm@elmhurst205.org](mailto:bdrumm@elmhurst205.org)) and JV: Eric Pavlacka

TRYOUTS: 3/3-5/2014 Time of tryouts: 5:45-7:00 AM 3:30- 6:00 PM Location of tryouts: York Pool

PARTICIPATION FEE: \$150 OTHER COSTS: Optional team apparel available

SPECIAL INSTRUCTIONS: Bring swim suit and goggles

## **WATER POLO (Girls) - Spring Cut Sport**

Levels offered: V and JV

COACHES: Head Varsity: Mark Giuliani, ([dgiuliani@elmhurst205.org](mailto:dgiuliani@elmhurst205.org)) JV: Erin Fox and Assistant: Mary Kate Martinelli

TRYOUTS: 3/3-5/2014 Time of tryouts: 5:45-7:00 AM 3:30- 6:00 PM Location of tryouts: York Pool

PARTICIPATION FEE: \$150 OTHER COSTS: Optional team apparel available

SPECIAL INSTRUCTIONS: Bring swim suit and goggles

## **WRESTLING – Winter Non-Cut Sport**

Levels offered: V, JV I, JVII, & F

COACHES: Head Varsity: Terry Clarke, ([tclarke@elmhurst205.org](mailto:tclarke@elmhurst205.org)) JV: Don Kasper: So.: Jim Nudera, & Fr.: Colin Tovey

TRYOUTS: 11/11/2013 Time of tryouts: 3:30 PM Location of tryouts: Wrestling balcony

PARTICIPATION FEE: \$150 OTHER COSTS: Wrestling shoes and optional spirit gear

SPECIAL INSTRUCTIONS: Bring workout gear and wrestling shoes