



Salt Fork High School Dual Sport Participation

Salt Fork High School has approved dual sport participation for athletes with the rationale that “some students have talents and abilities in which they have a desire to contribute to more than one team in a particular athletic season and both of these teams can benefit.” **Although it should be noted that our Administrative staff highly discourages this practice due to the unrealistic demand it puts on our student-athletes time.** We understand that this is a joint decision made by parents, athletes, coaches and administration, however, we feel that the stress of competing in two sports during the same season is too much for the majority of our student-athletes. This is why we do not recommend dual-sport participation during the same season. Should athletes and parents choose to ignore our advice, the following guidelines must be met:

1. Students wishing to participate will need to obtain a request form from the athletic director and follow the guidelines set down by the athletic department involving dual sport participation.
2. A student who wishes to participate in two sports during the same season must designate a primary sport before the beginning of the first allowed practice date as determined by the IHSA.
3. A primary sport is defined as the sport taking precedence over another sport in the event there is a conflict of schedule or other matter that could lead to a conflict. The student must adhere to the primary sport in the event of any conflicts of schedule. ***If one sport has a contest and the other has practice, the contest will take precedence. Otherwise the primary sport will always take precedence over the secondary.***
4. The student must practice in both sports but the amount of practice time must meet the agreed requirements of the head coaches of those sports involved. The student must have no less than a “C” in all courses and this must be maintained during weekly grade checks.
5. Approval may be denied because of academic concerns at any time during the sport season. The athlete then will participate in the primary sport only.
6. In the event that a student is disciplined for any infraction in a specific sport, the consequence will also be applied to the second sport in the season of dual participation.
7. The High School Athletic Director and the High School Principal will serve in the capacity of advisors and final judgments on matters concerning dual-sport participation.
8. **This agreement, signed by all parties, must be turned in to the Principal before the first practice session of both sports.**

Student: _____

Date: _____

As a student at Salt Fork High School, it is my request to be an active participant in the following sports:
_____ & _____. I understand that this must be an agreement by my coaches, my parents/guardians, myself, and the Salt Fork High School Athletic Director and Principal.

The following list is a criteria included in this option is understood by parents and student athletes:

1. I understand that both coaches impacted by this request must be in agreement to allow it. If either coach is not in favor of it, the student-athlete will be required to choose one sport. No second guessing this decision and no appeal process.
2. As the athlete, I must designate a primary and secondary sport. In this case I have made the following choices:
 - a. **Primary Sport-** _____
 - b. *Secondary Sport-* _____
3. I agree that once I have established my primary sport that I cannot make a change during the season; even if one sport becomes a better situation for me.
4. I understand that academics come first. Student may have no less than a “**C**” in any course during weekly grades checks. If the student drops to a “**D**” in any course (during the weekly check) they will be required to drop their secondary sport immediately, no exceptions.
5. **I understand that splitting my time and efforts among two sports may have a detrimental impact on my successes in either of these sports due to my split schedule. Playing time in either or both could be negatively impacted by making the choice to split my time. This is something that my parents and I understand may be a consequence of this decision.**

The undersigned agree to all of the above stipulations, as well as, the potential negative impacts this decision may create:

Student: _____

Date: _____

Parent/Guardian: _____

Date: _____

Parent/Guardian: _____

Date: _____

Coach-Primary: _____

Date: _____

Approved: Y or N

Coach-Secondary: _____

Date: _____

Approved: Y or N

Athletic-Director: _____

Date: _____

SFHS Principal: _____

Date: _____