



South Suburban Conference

Argo Eisenhower Evergreen Park Oak Lawn Shepard Reavis Richards
 Bremen Hillcrest Lemont Oak Forest TF North TF South Tinley Park

WAIVER OF LIABILITY AND INDEMNIFICATION

ACTIVITY: _____

To be signed by adults if the participant is under 18 years of age.

Acknowledgement and Assumption of Risk: The undersigned does hereby acknowledge that he/she is aware of the dangers and the risks to the participant's person and property involved in participating in the activity listed above.

The undersigned understands that this activity involves certain risks for physical injury to the participant, as well as risks regarding exposure to COVID-19. By participating in this activity, the undersigned acknowledges he or she may be increasing the risk of contracting the virus. The undersigned also understands that there are potential risks that may presently be unknown. Because of the dangers of participating in this activity, the undersigned recognizes the importance of complying, and agrees to fully comply, with the applicable laws, policies, rules and regulations, and any supervisor's instructions regarding participation in this activity, including instructions related to social distancing precautions, wearing face coverings, physical separation, and sanitization. Since practices are solely intra-team, IDPH allows more than one swimmer per lane for the purpose of intra-team training. In order for this to occur, per IDPH and IHSA guidelines, parental consent must be provided to the school. Athletes will still stage in their lane either 6ft apart or on opposite sides of the pool. With parental consent, athletes will be able to swim past another within the same lane. Please note that this is only for practices, not competitions. All meets will be conducted with only individual races.

The undersigned understands that the **South Suburban Conference** does not insure participants in the above-described activity, that any coverage would be through personal insurance, and SSC Conference has no responsibility or liability for injury or illness resulting from this activity.

The undersigned acknowledges that the participant voluntarily elects to participate in this activity with knowledge of the danger involved, and hereby agrees to accept and assume any and all risks of property damage, personal injury or illness, or death.

Waiver of Liability and Indemnification:

In consideration for being allowed to voluntarily participate in the above-referenced event, on behalf of myself, the participant, his/her personal representatives, heirs, next of kin, successors and assigns, the undersigned forever:

- a. **waives, releases, and discharges the SSC Conference**, its board members, agents, officers, and employees from any and all liability for the participant's disability, personal injury or illness, property damages, property theft, death or claims of any nature which may hereafter accrue to the participant, and the participant's estate as a direct or indirect result of participation in the activity or event; and
- b. **defend, indemnify, and hold harmless SSC Conference**, its board members, agents, officers and employees, from and against any and all claims of any nature including all costs, expenses and attorneys' fees, which in any manner result from participant's actions during this activity or event.

I, the undersigned, affirms that I am freely signing this agreement. **I have read this form and fully understand that by signing this form I am giving up legal rights** and/or remedies which may otherwise be available to myself, the minor participant regarding any losses the participant may sustain as a result of participation in the activity. I agree that if any portion is held invalid, the remainder will continue in full legal force and effect.

READ ABOVE BEFORE SIGNING BELOW:

Name of Student: _____ Age of Student: _____

Signature of Student if 18 or older: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

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