

SD308 DISTRICT WIDE ALL SPORTS PHYSICALS

FOR THE 2019-2020 ATHLETIC SEASON

OHS/OEHS and ALL JUNIOR HIGH ATHLETES WELCOME

Saturday, August 10, 2019

8:00 am -12:00 pm

OSWEGO HIGH SCHOOL

Enter Door 35

Please remember that these physicals are for returning athletes (sophomores, juniors, seniors and returning seventh and eighth grade athletes) for the 2019/20 school year. Incoming freshmen athletes are welcome, but they will still have to complete a separate physical for the high school as well.

COST: \$25

CASH OR CHECKS PAYABLE TO:

"OSWEGO HIGH SCHOOL" (if an OHS student or JHS feeds to OHS)

OR

"OSWEGO EAST HIGH SCHOOL" (if an OEHS student of JHS feeds to OEHS)

Physicals will be performed by physicians from Castle Orthopedics, certified and licensed athletic trainers from Oswego High School and Oswego East High School, and licensed physical therapists from Athletico Physical Therapy and ATI Physical Therapy. These health care professionals are volunteering their time. These physicals will be valid throughout the entire 2019/2020 athletic seasons. All proceeds go to the OHS/OEHS Athletic Training Programs.

**PLEASE WEAR COMFORTABLE CLOTHING (NO JEANS)
AND ATHLETIC SHOES (NO SANDALS OR FLIP-FLOPS).**

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PARENTAL PERMISSION IS REQUIRED FOR ALL HIGH SCHOOL ATHLETES

I give permission for my son/daughter to be screened by the local orthopedic surgeons, family practice physicians, and the staff of Athletico/ATI Physical Therapy. I understand that this is an athletic pre-participation physical and further care may be recommended. I further understand that this is not intended to replace physician visits or any necessary emergency care.

Athlete's Name (Please Print): _____ Age: _____

Parent's Signature: _____ Date: _____