

LISLE SENIOR HIGH SCHOOL



“Excellence is not a matter of Chance,
it is a matter of Choice.”

Student-Athlete Handbook

Visit our web-sites at:

<http://il.8to18.com/lislehs>

<http://thecube.com/cube/dan-dillard-1>

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Introduction

Lisle Senior High School believes in and is committed to the idea that interscholastic competition in athletics is an important part of the school curriculum and plays a vital role in the development of young men and women. Athletics are also an educational experience beneficial to all and thus participation in an athletic program can contribute to the development of physical health and mental wellbeing. All athletic activities in the School District shall be coordinated with the general instructional program and be in complete harmony with all the aims and objectives of the total school program. A good athletic program is one which teaches those who participate, that cooperation, as well as competition, are important parts of the society in which they live. An athletic program, properly administered, should teach victory and the acceptance of defeat and keep both in their proper perspective. To the degree that the athletic program succeeds in any of the above, is the degree to which that program is a success. Innovation is encouraged and thus individuality of coaches and the special relationships developed with their athletes is recognized. It is expected that all concerned will be aware of certain basic methods of operation and rules of conduct that must be abided by. Adherence to these few minimal rules will insure the best possible co-curricular experience for all students participating in our athletic program.

Vision

TO HAVE WINNING PROGRAMS THAT HELP BUILD CHARACTER AND CELEBRATE ACADEMIC ACHIEVEMENT.

Mission

HELP OUR ATHLETES GROW AS STUDENTS, PEOPLE AND PLAYERS.

Philosophy

LISLE HIGH SCHOOL'S ATHLETIC PROGRAM WILL STRIVE FOR EXCELLENCE IN ALL WE DO. WE ARE EDUCATORS AS WELL AS COACHES, AND WE WILL WORK TO DEVELOP THE BEST ATHLETES, STUDENTS AND PEOPLE. ALL OF OUR STUDENTS ARE VALUED AND CAN BENEFIT FROM PARTICIPATION IN, AND SUPPORT OF, OUR ATHLETIC PROGRAMS. THE HIGHEST STANDARDS OF SPORTSMANSHIP AND CHARACTER WILL BE EXHIBITED BY OUR COACHES, PLAYERS AND FANS. WE WILL CONSTANTLY WORK TO PROVIDE ATHLETES AND TEAMS OF WHICH THE SCHOOL AND COMMUNITY CAN TAKE PRIDE IN SUPPORTING.

Core Values

**WINNING PROGRAMS
ACADEMIC ACHIEVEMENT
SPORTSMANSHIP, CHARACTER AND INTEGRITY
CONTRIBUTING TO LIFE SUCCESS
SCHOOL LOYALTY AND SUPPORT
GENDER, MINORITY AND PROGRAM EQUITY**

Participation in Co-Curricular Programs is a Privilege

The privilege afforded a student in representing his/her school in interscholastic athletics requires the acceptance of 3 major responsibilities:

1. The responsibility to himself/herself: The most important of these responsibilities is to broaden oneself and develop strength of character. Get the greatest possible good from the many high school experiences. Classroom studies, coupled with participation in sports and other extra-curricular activities help to prepare for life as an adult.
2. The responsibility to his/her school: The way we act and look on campus and while representing Lisle Senior High School is important in contributing to the reputation of the school. Athletes should be leaders and worthy of respect from their classmates and peers.
3. The responsibility to his/her community: Squad members have a heavy responsibility to represent families and friends in a positive and respectful manner. Athletes must act in a way so as to keep their self-respect and make family and friends justly proud.

The conduct of an athlete is closely observed in many areas of life. It is important that his/her behavior is exemplary.

Administering the Athletic Program

The Board of Education, responsible to the people, is the governing agency for Lisle Senior High School. The Board is responsible for the following areas:

1. Interpreting the needs of the community and requirements of the professional organizations.
2. Developing policies in accordance with state statutes and mandates in accordance with the educational needs and wishes of the people.
3. Approving means by which professional staff may make policies effective
4. Evaluating the interscholastic athletic program and staff in terms of their value to the community.

Lisle Senior High School is a voluntary member of the Illinois High School Association (IHSA). As a member school, Lisle Senior High School agrees to abide by, and enforce, all rules and regulations established by the IHSA.

Lisle Senior High School is a voluntary member of the Interstate Eight Conference. This association was established for the primary purpose of promoting selected activities among member schools, and the assurance of such advantages as may be gained by a union of effort. The Conference was established to encourage member schools to improve their extracurricular programs. The value of conference membership is the aid derived from the arranging of schedules, equalizing of competition, conducting league meets, and generally upgrading the activities program by adhering to conference standards and goals. Membership implies abiding by conference schedules, rules, and regulations.

Members of the Interstate Eight Conference are: Braidwood (Reed Custer), Coal City, Dwight, Herscher, Lisle, Manteno, Peotone, Plano, Sandwich, Seneca, Westmont, and Wilmington.

At Lisle Senior High School, the Principal is responsible for the total athletic program. At the Principal's discretion, the day-to-day operations may be delegated to the Associate Principal.

Lisle Senior High School Code of Conduct

It is our belief that a student who leads a disciplined life and follows the rules is able to perform to the best of his or her ability. A clearly defined code of conduct will promote consistency in behavior that will result in better overall performance for students involved in extra-curricular activities. Further since any student who is performing for Lisle Senior High School (LSHS) represents the school, an effective code of conduct helps insure that the school is portrayed in a positive fashion. Being involved in extra-curricular activities is a privilege and not a right. By establishing a set of criteria to access this privilege, the school district maintains the ability to make each activity a quality growth experience for every participant. By adhering to this code of conduct, students develop not only specific skills and talents, but also habits and behaviors that can be very valuable for the remainder of their lives. It is expected that all students who desire to participate will abide by these rules. **This code is in effect for the full calendar year.**

I. Conduct, Cooperation, and Personal Integrity

1. Participants shall always display appropriate conduct as further set forth herein.
2. Infractions of school rules that result in administrative suspension from school will automatically remove a participant from his or her activity as stated in the school handbook.
3. Reasonable training rules related to, but not limited to, general conduct during practices, games and trips, as well as policies dealing with dress codes and curfew may be established by the head coach/sponsor, subject to the approval of the principal or designee. Copies of all such rules shall be provided to the participants or published in the student handbook.
4. A student **must be in school attendance at least three consecutive clock hours** on the day of a contest in order to participate in that contest. Excused, anticipated absences would be exceptions. This paragraph does not apply to activities that are held on a Saturday or Sunday or other non-attendance days as designated on the official school calendar.
5. Any charge of an infraction of the Code of Conduct will result in a conference with the student, and may include the parents, coaches, sponsors, and administrators and other persons with knowledge of the situation.

II. Incidents Related to Conduct, Cooperation, and Personal Integrity

Students involved in incidents of insubordination, disrespect, harassment, fighting and improper behavior are subject to any or all of the following consequences:

- Temporary suspension from practice and/or contests
- Suspension for all or part of the season
- Withholding of awards and honors
- Restitution

III. Chemical Use/Possession and Illegal Activities

A student shall not use, consume, possess, buy, sell, or give away the following alcohol and/or alcohol products, tobacco products, or any controlled substance or look-alike substance, regardless of the quantity. In addition, student displays of conduct determined by school officials not to be in the best interests of the team or school such as theft, vandalism, gang-related activities, and other illegal activities are a violation of this Code of Conduct. Infractions of these rules as determined through an investigation by school officials will result in the following:

1st Incident: Any or all of the following consequences based on severity of the infraction:

- Community Service
- Temporary suspension from practice and/or contests
- Suspension for all or part of the season
- Withholding of awards and honors
- Restitution

2nd Incident: Suspension from all extra-curricular contests/per performances for a minimum of 45 days of school attendance

A student involved in a second infraction may qualify for a reduction in the length of suspension from extra-curricular activities by voluntarily completing an approved substance abuse assessment, an approved program of community service, and/or an approved counseling program. Un-served suspension time will carry over to new activities. If a student is suspended during his/her participation in one activity and elects to participate in another activity prior to the conclusion of the suspension, the suspension, the suspended student must complete his/her participation in the new activity for the suspension time to be valid.

3rd Incident: Suspension from extra-curricular participation at LSHS for one year.

NOTE: Any suspension from activities, withholding of awards or honors, or requirement of restitution as a result of Sections II or III, must be reviewed and approved by the building principal.

The Code of conduct is invoked based on information from one of three sources:

- **Faculty and Staff**
- **Police**
- **Self-Reporting by Student or Student's Parent/Guardian**

Assumption of Risk

By the very nature of the athletic activity, participants are at risk of physical injury. No matter how careful the athlete and the coach are, no matter how many precautions are taken, the risk cannot be eliminated. It can be reduced but never eliminated. The risk of injury includes minor injuries such as broken bones, dislocations and muscle strains. The risk also includes catastrophic injuries such as permanent paralysis or even death. It is important everyone understands these risks, and that athletes follow all safety directions from their coaches because they are established to reduce the risk of injury.

Academic Eligibility

To remain each week a student must be passing 75% of his/her classes (NO MORE THAN ONE FAILURE DURING WEEKLY ELIGIBILITY CHECK). Students determined to be ineligible during weekly checks shall be suspended from participation for seven calendar days or until the specified academic criteria are met. Weekly grade reports reflect a cumulative score. In addition, IHSA rules stipulate that a student can be ineligible for the entire following semester if he/she does not **pass 25 semester hours of course work**. Summer work can be accepted to help gain semester hours of passing work and affect eligibility, provided it is a repeat of the course failed earlier.

Sports Offerings

Lisle High School offers a comprehensive sports program in accordance with the highest tradition of athletic competition and in proper perspective to the overall educational program of the District.

Shown below is a complete list of sports that are offered each season. Most fall sports begin in mid-August and run through October. Winter sports begin the first week in November and can continue into March. Spring sports begin around the first of March, and continue through May. Initial tryout schedules for fall sports will be listed in the sports sections of local newspapers during the last week in July. Tryout dates for sports in winter and spring seasons will be announced during the school year.

Fall

Boys
Cross Country
Football
Golf
Soccer
Cheerleading

Girls
Cross Country
Volleyball
Tennis
Golf
Cheerleading
Dance

Winter

Basketball
Wrestling
Cheerleading

Basketball
Bowling
Cheerleading
Dance

Spring

Baseball
Track
Tennis

Softball
Track
Soccer

Requirements for Participation

REGISTRATION IS DONE ONLINE – THE PHYSICAL MUST BE DELIVERED TO THE HIGH SCHOOL

In order to be able to participate in practices or contests, each athlete must have satisfied the following:

1. A valid physical must be on file with the school nurse. Physicals are valid for 395 days.

2. A signed parent permission form must be on file with the Associate Principal for each sport of participation.
3. A current medical emergency card must be on file with the Associate Principal for each sport of participation.
4. Each athlete must pay the required participation fee. This fee is due within eight days of signing up for the sport, and is non-refundable unless the student never actually participated in a practice or contest.
5. The parent must purchase the school insurance plan or sign off on a proof of insurance stating there is adequate insurance to provide for sufficient coverage for athletic participation.
6. As part of the registration process for athletics, the parents have signed off on the registration having read and agreed to the assumption of risk clause, identifying the inherent risks accompanying athletic competition.
7. Each participant must have passed five subjects at the end of the previous semester. Weekly eligibility also affects the opportunity to practice and try out for teams. Eligibility issues in conjunction with tryouts will be handled on a case-by-case basis.
8. A student who participates in the activities program is also subject to all Illinois High School Association By-Laws, Policies, and Rules **including signing an agreement to steroid testing and a concussion awareness form.**

Schedules

Although Schedules are given to athletes at the beginning of the season, they are subject to change. Questions regarding time, date, or site can be checked with the Athletic Department. We also strive to keep schedules current and release information about changes on our Athletic Web Site: <http://il.8to18.com/lislehs>. Driving directions for almost all of our sites are located on the web-site as well. Keep in mind that not all schools have all their playing fields at the same location. ASK, ASK, ASK, we don't mind, and we really appreciate the help this provides. Be sure to follow us on Facebook and Twitter for the most up to date information.

Attendance

Students are expected to be in school the day of a contest. This rule is in affect primarily as a safety factor both for the athlete and the school. Pre-approval from the office is an exception. Continuous absences and tardiness is a disruption to the educational process and we believe our athletes have a responsibility to demonstrate that education is valued. To continually be absent and tardy is to demonstrate contempt for the process and is unacceptable behavior. Parental permission is not a defense for this behavior and habitual problems in this area can jeopardize the player's eligibility to play that day. **As a minimum requirement, students must be in school a minimum of three consecutive clock hours and the need for this happening should be rare.** This same understanding should accompany student's attendance on the day after contests as well.

Equipment

The Athletic Department provides equipment and uniforms at the start of each season. Athletes are responsible for all items of equipment they are issued. A complete record of all equipment issued will be kept for each athlete.

Lost equipment, or equipment that is damaged, must be paid for at the replacement cost. Athletes will NOT be issued equipment for subsequent sports, and will NOT receive awards until equipment records have been cleared. Equipment that is stolen is still the responsibility of the athlete, and any theft should be reported to the Coach immediately.

Please take care with the washing and drying of uniforms. They are sensitive to hot dryers and have the potential of being destroyed.

It is expected that athletes will take pride in their equipment and wear it only at authorized contests and practices unless otherwise approved by coaches.

Transportation

Lisle Senior High School provides transportation (bus or van) to and from almost all athletic contests and when we do, all athletes are required to use school transportation. Only team members, cheerleaders, and school personnel will be permitted to ride on school vehicles. Athletes may not participate in away contests if they drive themselves to an event or if they use alternate mode of transportation without prior permission from the Associate Principal.

Athletes are expected to ride these buses or vans back to school. Bus or van drivers are not permitted to stop to allow athletes to depart because they might be closer to home. In extenuating circumstances, parents may need to drive their own children home from contests. Parents must communicate this need to coaches prior to transporting their athletes home. Under no circumstances are athletes allowed to ride with anyone other than parents to or from contests.

All personnel using High School transportation are expected to observe the following:

1. Enter and exit buses through front doors
2. Do not board buses until coaches are there to supervise
3. No food consumption on buses
4. No abusive language
5. Appropriate conduct is expected

Athletic Injuries and Treatment

As mentioned earlier, there is an inherent risk that goes with participation in extracurricular activities. The possibility of injury is real. We ask that our coaches be diligent in their supervision, teach proper techniques, take care in fitting the athlete with equipment, and have a working ability to provide standard first aid in response to injuries. The athlete also shoulders a responsibility to be safe and smart in the athletic arena. In order to reduce the chance of injury, the athlete should listen and follow the directions. There is no place for horseplay, and proper techniques particular to the sport should be practiced and utilized as a matter of safety.

We have an athletic trainer but the trainer's ability to be everywhere we play or practice is impossible. Whenever possible, the trainer's expertise will be utilized in the care of injuries resulting during practices or games. Our trainer will also be involved in the rehabilitation and decision process as to whether

and when the athlete can return to competition. The trainer may make medical referrals to appropriate physicians if conditions indicate such need. Medical referral forms will be given to athletes when need for further medical assistance is warranted. These forms allow athletic the trainer to communicate information regarding suspected injuries and symptoms to physicians. It also allows physicians to communicate specific diagnosis, restrictions, treatment, and rehabilitation instructions to the athletic trainer. If an athlete is sent or goes to a physician without referral from the athletic trainer, a note from the physician is required before the athletic trainer can proceed with treatment or rehabilitation.

It is the athlete's responsibility to report to the athletic trainer and coach all injuries associated with athletic participation immediately, and by any means, within 48 hours. When the athletic trainer learns of such injuries, appropriate coaches will be notified. Similarly, when coaches learn of such injuries, they will notify the athletic trainer.

If injuries are discovered after athletes have returned home, athletes should go to their own physicians and report such to the athletic trainer and coaches as soon as possible the following day.

The athletic trainer will notify parents or guardians in case of emergencies. If parents or guardians cannot be reached, the athletic trainer will contact the alternate name on student's emergency card. The athletic trainer shall follow directions of designated adults with respect to securing additional health care and related transportation services for athletes.

If the adults cannot be reached, the athletic trainer will call the paramedics, if necessary.

If, in the judgment of the trainer or coach, injuries are limb or life threatening, the paramedics will be called first, then the parents or guardians will be notified.

Coaches, athletes, parents, and the athletic trainer are encouraged to communicate on all phases of injuries.

Expectations of Athletes

- Our Student-Athletes understand that their academic responsibilities come first and foremost and maintain their academic eligibility.
- Our Student-Athletes make a commitment to the success of the whole Lisle Athletic Program and keep that commitment on and off the field.
- Our Student-Athletes engage in positive peer pressure and encourage their teammates to follow the Co-Curricular code, especially in regards to remaining drug and alcohol free year round.
- Our Student-Athletes have a good work ethic and strive to obtain realistic and challenging individual and team goals they have set with the assistance of the Coach.
- Our Student-Athletes are leaders for their teammates and classmates and demonstrate this leadership through their actions and sportsmanship on and off the field.
- Our Student-Athletes respect their coaches, teammates, officials, parents, administration, and LSHS facilities and equipment.

Expectations of Our Parents

- Our Parents display positive support for the Student-Athletes, Coaches, and Administrators of Lisle Sr. High School.
- Our Parents notify the Coaching staff of ANY schedule conflict well in advance. They also notify the coaches of any illness or injury that our staff may not be aware of.
- Our Parents are good role models and demonstrate positive behavior and sportsmanship as fans.
- Our Parents are partners with school officials in promoting, understanding, and monitoring the Co-Curricular Code.
- Our Parents work with the Coach, Administration, and Athlete to maintain open lines of communication.
- Our Parents have realistic expectations of their Student-Athletes in the classroom as well as on the field, and encourage their son or daughter to give his or her best effort – physically, mentally and emotionally.
- Our Parents make an effort to learn the rules of the game.
- Our Parents make every effort to support their child through attendance at athletic contests, awards nights, pre-season meeting, etc.

Expectations of Our Coaches

- Each Program will establish a preseason parent meeting for the purpose of understanding and communication. Some of the topics that will be discussed at these meetings are:
 - Program Philosophy
 - Practice and Contest Expectations
 - Procedures for injured athletes
 - Importance of the co-curricular code
- Our Coaches are teachers who build an athlete mentally as well as physically and aid the athlete into realizing his/her potential
- Our Coaches are enthusiastic motivators who help athletes set realistic goals for individual and team improvement
- Our Coaches realize that they are role models and promote good sportsmanship through their conduct and treatment of others
- Our Coaches enforce the Co-Curricular Code, as well as school rules and their individual program rules. They also honor and follow the Coaches Code of Conduct.

- Our Coaches strive to keep open lines of communication between coach, player, parent and administration
- Our Coaches are loyal to Lisle, support the whole school program and encourage participation in athletics and activities.
- Our Coaches are professionals who make decisions based on the best interest of our student-athletes.

Lost and Stolen Property

Students should not bring valuables to practice or to Athletic Competitions. Each team member is responsible for his/her belongings. The coach will attempt to provide as secure a locker room possible, but please recognize the availability of these areas and always lock your locker when you leave the area.

Problem Resolution

With few exceptions, when there is a problem, the athlete should first speak to the coach at an appropriate time. If a parent has a question, the coach will welcome that opportunity to talk at an appropriate time and place. The Athletic Department insists that discussion occur where there is privacy and adequate time. If after having a conversation with the coach there is continued concern, the parent should contact the Athletic Director. If a parent needs to contact a coach who is not a faculty member, the parent should call the Athletic Director.

If a parent is aware of a problem or has a concern about any aspect of a team, he or she should call the coach. If a parent still has concerns, he or she should contact the Athletic Director and then the Principal.

Having said all that, please recognize that you can always call the Athletic Office and we would be happy to help as we can. The point of all this is that the best and most direct way of dealing with many of these situations is with the Coach who is much closer to the situation. When possible, we want to follow this four step approach:

Athlete will meet with the coach to solve the problem.

Parent will set up an appointment with the coach to solve the problem.

Parent will set up a meeting with the Athletic Director and Coach to solve the problem.

Athletic Director will set up an appointment with the Principal, parent, coach, and athlete to solve the problem.

Athletes and College

If an athlete is interested in being involved in athletics in college should visit the NCAA website: Guide for the College Bound Athlete at this location:

Guide for the College Bound Athlete

<http://www.ncaapublications.com/productdownloads/CBSA17.pdf>

This is a team effort on the part of the athlete, coach and family and all parties must work together for this to be a successful and enjoyable experience. Contact the Guidance office with questions.

Remember that any athlete wanting to compete at a Division I or Division II school must fill out an NCAA Clearinghouse form, available on-line at:

NCAA Clearinghouse

<https://web3.ncaa.org/ecwr3/>

There is a cost of \$80 to register.

Absences due to Vacations, Thanksgiving, Christmas and Spring Break

A commitment to be a part of the Athletic Program carries with it a responsibility to attend scheduled athletic team events and practices during Thanksgiving, Christmas and Spring Break vacation periods. This is especially true at the varsity level. At the same time, we realize that occasionally it may be desirable or necessary for a student to travel with his/her family during one of these vacation periods and miss scheduled practices, games or meets. Here are some guidelines and criteria we will use to handle such circumstances:

1. The athlete shall continue as a team member provided the student gives advance notification to the coach at least one week prior to the first scheduled contest of the season.
2. The athlete may be required, upon return from vacation, to ‘sit out’ a number of contests, games, meets or practices based on the number of days missed while on vacation. This is based on the belief that a sense of fairness is owed to those individuals who did not miss and were daily a part of the practices and competitions. These students, themselves, may have sacrificed a vacation opportunity to be a part of the team.
3. The athlete is not guaranteed the same position or amount of playing time as when he/she left. The athlete who replaced him/her may have earned the position; it is the responsibility of the athlete who was gone to earn the spot back.
4. Particular care should be given to the District calendar that outlines the starting times and tryout times for various activities.

There should be No expectation that a student will be made a part of the team if they are not here to begin the season on time or miss ANY of the tryout practices and judging.

Questions and discussion, regarding absences during tryouts, should be directed to the Associate Principal.

IHSA Security Policy

To help insure the safest and most secure atmosphere for this IHSA State Final, event management will diligently maintain established security procedures and activities. This will require complete cooperation by all competing teams, contest officials and fans. Security will always have priority over convenience; therefore, if you are requested to cooperate with event personnel in any manner, please do so promptly. Your assistance will enable our staff to fulfill its responsibilities efficiently.

Alcohol and Illegal Substances Prohibited

The possession, distribution, sale, possession and or consumption of alcoholic beverages and illegal substances are prohibited on the property of any IHSA state series contest facility. State series hosts are required to make all state series contest sites, including parking lots, fan accommodation areas, and other school event venue property, alcohol and illegal substance free zones on the date or dates of any IHSA event being held at the site. Event personnel will enforce this policy rigorously.

Persons and Possessions Subject to Search

Please note that all persons and their possessions are subject to search upon entering an IHSA State event venue. Items prohibited under this policy or any item deemed by the IHSA or event staff to be dangerous or harmful to persons or property will be confiscated. Patrons of any IHSA state series contest who do not cooperate with event staff in their enforcement of this policy will be removed from the premises and law enforcement officials will be called as warranted. No ticket refunds will be granted in such cases.

Student Sex Equity, Sex Discrimination and Sexual Harassment/Intimidation Summary Policy Statement

Statement of Policy

Lisle Community Unit School District 202 does not discriminate on the basis of sex in the provision of programs, activities, services, or benefits, and guarantees both sexes equal access to educational and extra-curricular programs and activities. No student shall be subjected to sexual discrimination, harassment, intimidation or bias by any District employee, by other students, or by the effect of school policy or practice.

“Sex Bias” means the attribution of behaviors, abilities, interests, values and/or roles to a person or group of persons on the basis of sex.

“Sexual Harassment” means (1) unwelcome sexual advances, (2) sexual advances to students by School District 202 employees, whether welcome or unwelcome, (3) requests for sexual favors, and/or (4) other verbal or physical conduct of a sexual nature.

Sexual Harassment may include, but is not limited to:

1. Uninvited sex-oriented verbal “kidding” or demeaning sexual innuendoes, leers, gestures, teasing, sexually explicit or obscene jokes, remarks or questions of a sexual nature;
2. Graphic or suggestive comments about an individual’s dress or body;

3. Displaying sexually explicit objects, photographs or drawings;
4. Unwelcome touching, such as patting, pinching or constant brushing against another's body; or
5. Suggesting or demanding sexual involvement whether or not such suggestion or demand is accompanied by implied or explicit threats concerning one's grades, educational opportunities, employment status, or similar personal concerns.

"Sexual Intimidation" means any behavior, verbal or nonverbal, which has the effect of subjecting members of either sex to humiliation, embarrassment or discomfort because of their gender.

Concerns about any of the above should be brought forward to a school employee as soon as possible.

Confidentiality

The rights to confidentiality both of the complainant and the accused will be respected consistent with the school District's legal obligations and with the necessity to investigate allegations of misconduct and to take corrective action when this conduct has occurred.

Hazing, Initiations and Bullying

Hazing, initiations, or bullying of student-athletes by other team members are not acceptable, and any such practice of this type of behavior will not be tolerated. Student-athletes should be aware that hazing can constitute a violation of Illinois Criminal Statutes as a form of assault and can make the student liable for arrest and prosecution, as well as civil liability. Hazing is defined as any form or type of physical, verbal, and/or emotional mistreatment, abuse, and/or harassment of a student in connection with a student's participation in or membership on an interscholastic athletic team or in any school-sponsored activities, and/or forcing, coercing or intimidating any student to participate in any illegal or inappropriate activities in connection with the student's participation or membership. Hazing is prohibited whether it occurs on or off school grounds and whether it occurs during, prior to or after the season or school day.

Lisle District 202 specifically prohibits engaging in any kind of aggressive behavior that does physical or psychological harm to another or any urging of other students to engage in such conduct. Prohibited conduct includes any use of violence, force, noise, coercion, threats, intimidation, fear, harassment, bullying, hazing, or other comparable conduct. Conduct constituting "bullying" will not be tolerated. Bullying is defined as using any form or type of aggressive behavior that does physical or psychological harm to someone else and/or urging other students to engage in such conduct and occurs more than one time. It is not a single act of teasing. Prohibited aggressive behavior includes the use of violence, force, noise, coercion, threats, intimidation, fear, or other comparable conduct toward anyone or urging other students to engage in such conduct. Conduct constituting bullying will not be tolerated. "Bullying" is conduct which subjects a student to insults, taunts, or challenges, whether verbal or physical in nature, which is likely to intimidate and/or provoke a violent or disorderly response from the student being treated in this manner. Cyber-bullying, which is the use of information and communication technologies such as emails, cell phones, and pager text messages, instant messaging (IM), defamatory personal web sites, and defamatory online personal polling web sites to torment, threaten harass, embarrass, or otherwise target another student, will also subject a student to discipline.

Generally, there are three distinguishing features of bullying; it is deliberate/intentional, it happens more than once and there is a marked imbalance or power, which may be physical, intellectual, emotional, or social,

between the bully and victim. A person is bullied when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more other persons.

Bullying is NOT a single act of teasing. In addition, it is distinct from the normal conflicts of childhood. It is NOT bullying when two children of approximately the same strength, size, or power choose to engage in a fight. Thus, while all acts of bullying are aggressive, not all aggressive acts are bullying.

Students may not engage in hazing or any kind of aggressive behavior that does physical or psychological harm to another or any urging of other students to engage in such conduct; prohibited conduct includes any use of violence, force, noise, coercion, threats, intimidation, fear, harassment, bullying, hazing, or other comparable conduct.

Permission, consent or assumption of risk by an individual subjected to hazing, initiation and/or bullying does not lessen the guilt associated with this unacceptable behavior.

In order for the District to effectively enforce this policy and to take prompt corrective measures, it is essential that all victims of hazing, or bullying and persons with knowledge of hazing or bullying report the harassment immediately. The District will promptly investigate all complaints, formal or informal, verbal or written. To the extent possible, all complaints will be treated in a confidential manner. Limited disclosure may be necessary to complete a thorough investigation.

CONCUSSIONS

House Bill 200, which recognizes the dangers associated with head injury and concussion, became effective on July 1, 2011. The legislation also requires IHSA member schools to adopt a policy regarding student-athlete concussions and head injuries that is in compliance with the protocols, policies, and by-laws of the IHSA. Information on the school's concussion and head injury policy must be a part of any agreement contract, code, or other written instrument that a school requires a student athlete and his or her parents or guardian to sign before participating in practice or interscholastic competition.

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from participation or competition at that time.

A student athlete who has been removed from an interscholastic contest for a possible concussion or head injury cannot return to that contest unless cleared to do so by a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer.

If not cleared to return to that contest, a student athlete cannot return to play or practice until the student athlete has provided his or her school with written clearance from a physician licensed to practice medicine in all its branches in Illinois as well as clearance from our certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois.

ImPACT

Lisle High School offers at no expense to all athletes participating in contact sports ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate and high sports programs across the country to successfully diagnose and manage

concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given ideally to athletes before beginning contact sport practice or competition. This non-evasive test is set up in “video-game” type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It however is not an IQ test. For more information, go to www.impacttest.com.

KEY PROVISIONS REGARDING IHSA RULES

1. ATTENDANCE

You may only represent the school you attend (coops allowed).

You must be enrolled and attending classes no later than the 11th school day of the semester

Attending 10 or more days during any one semester counts as one of the 8 possible semesters for eligibility.

A lapse of school connection for 10 or more days makes the student ineligible for the rest of the semester.

2. SCHOLASTIC STANDING

You must pass 25 credit hours of work per week

You must have passed and received credit for 25 semester hours in the previous semester

3. RESIDENCE

Your eligibility is dependent on the location of your residence where you live full time with your parents, parent assigned custody by the court, or court appointed legal guardian.

4. TRANSFER

In all transfer cases, both the principal of the school you are transferring from and the principal here must agree with the transfer in writing on the IHSA form. You are ineligible until this form is on file in our office.

If you transfer after classes begin you will be ineligible for thirty days from the first day of attendance.

If you participated in a sport this year at the school you are transferring from you are ineligible for that sport the entire school term. This would include participating in tryouts as well.

Transfers are subject to the rules regarding residence discussed above.

5. AGE

You will become ineligible on the date you become 20 years of age or if you will be 20 during a season you are ineligible from competing in that sport season.

6. PHYSICAL EXAMINATION

You must annually have on file at the high school a signed physical performed by a licensed physician, physician's assistant or nurse practitioner in order to practice or participate. The exam is good for 395 days from the date of the exam.

7. AMATEUR STATUS

If you win or place in actual competition, you may accept a medal or trophy for that accomplishment without limit to cost.

For participation, you may receive an award other than money, valued up to \$75. Violating the amateur rule may cause you to become ineligible for that sport.

8. RECRUITING OF ATHLETES

The rules prohibit recruiting students for athletics. If you are being solicited to enroll or transfer to a school to participate in athletics, you are being illegally recruited and your eligibility is in jeopardy.

9. SCHOOL TEAM SPORTS SEASONS

Each sport has a starting and ending date. Our school may not organize a team, begin practice or participate in contests until the authorized starting date. We cannot continue to practice or participate after the authorized ending date.

During the school year, you may not participate on a non-school team coached by any member of our school's coaching staff unless it meets specific by-law criteria

No school coach may require you to participate in an out of season sport program as a requirement for being a member of a school team.

10. PLAYING IN NON-SCHOOL COMPETITION

During the time you are participating on a school team in a sport you may neither play on non-school team nor compete in non-school competition as an individual in that same sport or in any skill of that sport. You may try out for a non-school team in that same sport, but cannot then participate in practice, receive instruction, participate in workouts or participate in competitions until your school season has ended.

11. ALL-STAR COMPETITION

After you have completed your school eligibility in the sport of football, basketball, soccer or volleyball, you may participate in 3 all-star contests in any of those sports and still play for other school teams. You can lose your eligibility for other sports if you violate this rule.

You are not restricted from participating in all-star competition in sports other than football, basketball, soccer, or volleyball except that you may do so during the school season for that sport.

12. COACHING SCHOOLS

Definition of coaching school or clinic is any program, which provides instruction in sport theory and/or skills; which does not culminate in competition, and which is attended by more than 2 persons from the school which the student attends.

During the school term, you may not attend a coaching school, clinic for any sport.

You may attend a school or clinic during the summer before the Sunday of week 5 of the IHSA standardized calendar.

You may take a private lesson any time provided no more than 2 students from your school are in the private lesson.

The Complete set of IHSA By-Laws and Policies is available at: www.ihsa.org

SEASON TICKETS ALL STUDENTS ARE FREE

Adults can buy season passes and save the cost of one or two games over the course of a season. The same restrictions for events as listed above apply to season tickets as well. All students are admitted free to athletic regular season events.

How do we buy a season ticket?

During the first home game for each sport season you will be able to purchase these at the ticket table. The information is also kept with the ticket takers to help identify members in case the pass is lost or forgotten.