

Extra-Curricular Handbook

JACKSONVILLE HIGH SCHOOL
1211 NORTH DIAMOND STREET

Phone: 217-243-4384 Ext: 2268
Fax: 217-245-6684



Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

JACKSONVILLE HIGH SCHOOL EXTRA-CURRICULAR POLICY HANDBOOK

This handbook was written for the students at Jacksonville High School who participate in Illinois High School Association sanctioned activities in order that students and their parents may be better informed of the rules and policies.

Regardless of how complete a handbook may be; it cannot anticipate all of the different situations that may occur. It is meant rather as a guide to point out the direction of Jacksonville High School. The penalties noted herein shall be considered minimal and in no way imply that more severe action cannot be taken.

Student participation in extra-curricular activities at Jacksonville High School distinguishes you as an individual with exceptional opportunities. By being a participant, you will have many worthwhile experiences and associations which non-participants will not have. We offer this program as a privilege and strongly encourage your 100% cooperation in any activity in which you wish to participate.

Jacksonville High School presently has an enrollment of approximately 1000 students. The school colors are scarlet and white, and the teams are nicknamed **CRIMSONS**.

The **CRIMSONS** are a member of the Central State 8 Conference which also includes Chatham Glenwood, Decatur Eisenhower, Decatur MacArthur, Rochester, Springfield, Springfield Lanphier, Springfield Sacred Heart-Griffin, Springfield Southeast and University High School.

Sports included in the Athletic Department are football, boys'/girls' basketball, wrestling, baseball, boys'/girls' track, boys' golf, boys'/girls' cross country, boys'/girls' soccer, boys'/girls' swimming, boys'/girls' tennis, girls' volleyball, girls' softball, cheerleading, and J'ettes poms.

The activities that JHS offers will provide students the ability to appreciate the value of discipline and dedication. The activities provide a means of teaching desired values and goals that can aid in developing individuals in to positive citizens in society. The different activities will allow students at all levels to participate against opponents of similar age, size and ability.

The activities provide a positive arena to narrow the gap between promise and reality by offering an opportunity for an individual to search for his or her identity. It is hoped that each student at Jacksonville High School will develop positive attitudes and traits from the program that is offered.

Mr. Joey Dion
Assistant Principal, Athletic Director



Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

Jacksonville Crimson Athletics, Expectations:

1. **OBEY THE LAW** – This includes school policies/rules and actual laws. Make good decisions and choices.
2. **BE A GOOD STUDENT** – Come to school, do all your homework, turn in all your assignments, pay attention in class, and maintain a good relationship with your teachers and staff.
3. **BE RESPECTFUL** – Give your teachers and all school personnel the proper respect. Give respect and you're likely to get it back
4. **BE ON TIME** – Never be late to school or functions. Being on time is a habit, so is being late. Always try to be at least 5 minutes early for all scheduled activities.
5. **DO NOT MISS SCHOOL** – It is extremely important that you be at school every single day. We like school so be here!
6. **TAKE CARE OF SCHOOL PROPERTY** – This is your building so take pride in it.
7. **BE A GOOD STUDENT AND FRIEND** – Strive to be a good student and friend with every member of the school. Encourage each other and be positive, leave the criticism out of the school. Do your best in the role you are given. Keep lines of communication open with your teachers.
8. **DISPLAY CLASS** – Display dignity, class and be gracious and humble. Respect the staff and their decisions. Make our school, and the community we represent, proud to call us theirs.
9. **THE STANDARD IS THE STANDARD** – Many have given their time and effort to establish this institution. The standard has been set.....be a champion and play along. Strive to give your best effort every time you step in this building. That is what we expect of you as a member of the Crimson family. Implement this into your daily life and the results will be positive.

Jacksonville High School



1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

TABLE OF CONTENTS

Introduction	4
Philosophy	5
Responsibilities.....	5
Athletic Equipment	5
Athletic Injuries and Their Care	6
Change of Sport	6
Physicals, Insurance/Waiver, Parental Permission.....	6
Academic Eligibility	6
EXTRA CURRICULAR CODE OF CONDUCT.....	7
Athletic Rules and Regulations	7
Jacksonville High School District Extra-Curricular Policy 7, 8, 9	
Additional Offenses and Provisions.....	9
Truth Provision.....	9
Conduct Becoming an Athlete	9
Penalties	10
Reporting Violations.....	11
Voluntary Admissions.....	11
Parent Support	11
Appeal/Review Process	12
Chain of Command	12
APPENDIX	13
School Song.....	14
Letter/Award Requirements	14
Waiver, Authorization for Medical Services.....	15

Jacksonville High School



1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

INTRODUCTION

A number of organizations, activities, and athletics are available. These include, but are not be limited to: Football, boys'/girls' Basketball, Wrestling, Baseball, boys'/girls' Track, boys' Golf, boys'/girls' Cross Country, boys'/girls' Soccer, boys'/girls' Swimming, boys'/girls' Tennis, girls' Volleyball, girls' Softball, Cheerleading, and J'ettes Poms, Freshman class, Sophomore class, Junior class, Senior class, Academic Challenge Team, Art Club, Band, Choir, Computer/Math Club, Crimson Times, Fall Play, Fellowship of Christian Athletes, FFA, Flag Squad/Winter Guard, Geography Club, German Club, Homecoming, Intramurals, JAM, Key Club, National Honor Society, Nation English Honor Society, National Spanish Honor Society, National German Honor Society, Orchestra, Prom, Scholastic Bowl, Science Club, Spanish Club, Spring Musical, Students for Christ, Student Government, Yearbook, CVE, Planetarium.

Each of these offers opportunities for students to gain experience in working together on problems of mutual interest outside the regular curriculum. Students must abide by the guidelines that follow if they wish to participate in extra-curricular activities.

We, the coaches, the faculty, and the Jacksonville School District Board of Education, believe that extra-curricular activities belong in the public schools and are an integral part of the school's programs. We encourage all students to take advantage of the opportunity provided to participate in one or more of the extra-curricular activities sponsored by the Jacksonville school system. We firmly believe that through participation in extra-curricular activities young people may gain experiences which will give each and every one of them the opportunity to develop the skills and values needed to become a productive citizen within a democratic society.

May we personally welcome all students and their parents/guardians to the Jacksonville School District's extra-curricular programs and wish each individual a successful year. The coaches/sponsors are here to prepare you for success. You must be willing to dedicate the time, energy, and effort for success.

Parents are a very important part of any extra-curricular program, and we encourage you to actively support your son/daughter's interest. Your support could best be shown to your young person by encouraging him/her to follow the rules and regulations of the coach/sponsors, by your attendance at events, and by having a positive attitude toward the overall extra-curricular programs.

This handbook has been prepared to better explain the extra-curricular program to both parents and students. If you have any questions or misunderstandings, please contact us; and we will attempt to clarify. Working together we believe the school and the parents can develop successful extra-curricular programs. This is our goal, and we hope it is the goal of all parents. We want the communities represented by Jacksonville High School, the Jacksonville High School students, and the Jacksonville School Board to be proud of their extra-curricular programs and, most importantly, the students who participate in the programs.

Jacksonville High School



1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

PHILOSOPHY

We believe that interscholastic athletics/extra-curricular activities are an integral part of the school's total program.

We believe that participation in a sound extra-curricular program contributes to the development of health and happiness, physical skills, emotional maturity, social competence and moral values.

We believe that a sound extra-curricular program teaches the participants the value of cooperation, as well as the spirit of competition that is important to our society. The student learns how to work with others for the achievement of group goals.

We believe that the spirit of play and the will to win are valuable to the development of a healthy mind. We believe that extra-curricular activities are a wholesome equalizer because individuals are judged for what they can do, not on the basis of social, ethnic or economic group to which their families belong.

RESPONSIBILITIES

The privilege of participating in our extra-curricular program is extended to all students providing they are willing to assume certain responsibilities.

A student's greatest responsibility is to be a credit to their parents, school and community. Therefore, they should:

1. Display a high standard of social behavior.
2. Display outstanding sportsmanship.
3. Display proper respect for those in authority, including teachers, coaches, sponsors and officials.
4. Display a real spirit of cooperation.
5. Dress with special care when attending a contest away from home.
6. Use language which is socially acceptable. Profanity or vulgar talk will not be tolerated.

A student's involvement in extra-curricular activities is for the entire school year, whether they are currently in an activity or not. The extra-curricular policy and rules apply to that student for the entire year, not just the time the activity is in season.

ATHLETIC EQUIPMENT

One of the values of athletics is to teach responsibility, and this should apply to the care of athletic equipment as well as school property. Every athlete is expected to take pride in the fine facilities provided.

The school attempts to provide the best and safest equipment money can buy. Each athlete is expected to take excellent care of this equipment.

The original equipment issued must be returned by each athlete at the close of the season. If equipment needs repair or is not the right size, the coach will make the change.

Each student athlete is held financially responsible for any lost, damaged or misplaced equipment. Students cannot participate in extra-curricular activities if they owe an athletic participation fee to Jacksonville High School. No Student athlete will receive an award until all equipment is returned.



Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

ATHLETIC INJURIES AND THEIR CARE

All student athletes in any athletic program **MUST** be covered by insurance before they are permitted to practice.

Parents or legal guardians are responsible for informing the athletic department or school nurse of any special medical problem of a student athlete.

Any school connected injury that requires medical attention shall be reported to the coach. The coach is to fill out an accident form.

Injuries should not be neglected under any circumstance, regardless of how minor. Proper reporting of injuries to the coach, teacher or supervisor is necessary for proper care. In addition, the student is obligated to report all injuries to the school nurse or athletic office as soon as possible for insurance purposes.

CHANGE OF SPORT

Except in isolated and unusual cases, students will not be permitted to change sports during the season. Athletes should make every effort to participate in the sport in which they have a genuine interest. If, for some reason, the student athlete should feel it is desirable to change sports the matter should be discussed immediately with the present coach. This change must be done before the first contest of the sport in which the student wishes to participate.

PHYSICALS, INSURANCE WAIVER, PARENTAL PERMISSION

All students who participate in the athletic programs sponsored by Jacksonville High School are required to have a physical examination completed before they can begin practice. Coaches will enforce this rule. Sports physicals will be turned over to the Nurse or Athletic Office.

It is recommended that each athlete take out the insurance policy available to all students enrolled in school. If the athlete does not choose to buy the insurance policy, parents are required to sign a waiver which states that their student is covered by insurance and releases the school from all responsibility for athletic injuries. The insurance program is offered by the school as a "service" only and is administered by the insurance company.

Any athlete out for any sport is covered to participate in that sport if he/she purchases the school insurance. They need to complete the applications available at registration in August.

ACADEMIC ELIGIBILITY

Jacksonville High school students must be passing all subjects in which they are currently enrolled with a current cumulative semester grade of D or higher. The IHSA bylaws require that academic eligibility be checked each week. Eligibility runs from Monday through the following Sunday. Any student failing to meet this weekly academic requirement will be suspended from all extra-curricular activities for seven (7) calendar days.

As per IHSA rules, a student must have passed and received credit toward graduation for 5 classes and/or 2 ½ credits of high school work for the entire previous semester to be eligible at all during the ensuing semester.



Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

EXTRA-CURRICULAR CODE OF CONDUCT

THIS CODE OF CONDUCT IS IN EFFECT YEAR ROUND

RULES ARE A MATTER OF SELF DISCIPLINE. The best performance the individual is capable of producing comes only after the body and mind have been conditioned through sound training routines.

The Board of Education believes in the value of extra-curricular activities for students, but subscribes to the principle that participation in such activities is a privilege rather than a right.

There shall be no discrimination in administration of these policies on the basis of race, color, creed or sex.

Participation in extra-curricular activities carries with it certain responsibilities which include, but are not limited to, the following:

1. Compliance with all Illinois High School Association Rules and regulations.
2. Compliance with written training rules and regulations as established by the coach/sponsor of the activity in which the student is participating.
3. Compliance with the rules and regulations established and communicated in the Jacksonville High School Handbook.

ATHLETIC RULES AND REGULATIONS

All student athletes are subject to the rules and regulations regarding eligibility and conduct established by the following organizations who have as their major responsibilities the welfare of the student athlete, the enforcement of the rules and regulations associated with any sport, and the maintaining of the ideals and values which have become part of school sports in America.

1. The National Federation of State High School Associations establishes rules and guidelines for various sports. State associations utilize these rules for conducting sport activities.
2. The Illinois High School Association is our state representative for the National Federation. They establish eligibility rules, practice guidelines, establish championship series, and they are responsible for supervision of all athletic programs in the state. If you have any questions, please contact the athletic director.

JACKSONVILLE HIGH SCHOOL DISTRICT EXTRA-CURRICULAR POLICY

The Jacksonville High School District's Athletic Department shall be responsible for the implementation of the policy and has developed rules and regulations setting forth the procedures to be followed and the penalties to be assigned in the event a student fails to accept his/her responsibilities.

The students who participate in extra-curricular activities through Jacksonville High School must conduct themselves at home and on school trips in such a manner that they are a credit to the team, the school, and the community. Individual coaches/sponsors have the right to administer reasonable and just rules and regulations not specifically covered below for minor offenses such as discipline, horseplay, or any other behavior which does not contribute to the efficient and/or effective operation of the program.

The coaches/sponsors at Jacksonville believe that drugs and alcohol have no place in high school extra-curricular activities. Thus the Jacksonville High School will encourage students and parents who are having problems in this area to seek assistance as well as discipline students who abuse chemicals and/or drugs.

If and/or when an investigation is necessary, the building principal or their designee will conduct the preliminary investigation of any reported violation of the Extra-Curricular Handbook.



Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

Pending a conference, any student found in violation of one or more of the rules contained in the Extra-Curricular Handbook will be immediately suspended from competition in all interscholastic contests. The Principal or his designee shall conduct a hearing with the student and mail a suspension form to the student's parent(s)/guardian(s) informing them of the suspension. The parents and student at that time may enact the appeal process included in the athletic code handbook.

If the student athlete receives a school consequence for their actions, the athletic code consequence will be enacted at the conclusion of the school consequence served in its entirety (consequences will not be served concurrently). The suspension of contests will run concurrently once the school consequence is complete.

A student will be considered to be in violation of the athletic code rules if the student: A) admits to, B) is witnessed and/or verified by school district officials, C) is reported by his/her parents or D) incriminating evidence is presented for any violation of the Extra-Curricular Handbook. If there is sufficient evidence, a student will be subject to consequences as outlined in the Jacksonville Athletic Code handbook.

All participants, managers, statisticians, etc. must ride to and from the contest on the bus. In the event of multiple school sponsored activities that cause transportation conflicts, permission may be given by the high school administration for the student to ride to an event with the parent(s) of the student. A student is required to ride district transportation home unless the parent/guardian signs their student out at the contest. Proper identification may be required.

Parents or guardians are permitted to authorize their child to be transported from certain school events and/or extra-curricular activities by persons the parents have approved in writing with respect to that event.

Participants will be expected to exhibit exemplary student behavior in regard to attendance. Whenever possible, contests will be scheduled so as not to conflict with classes. A student needs to be present all day in order to participate in any extra-curricular activity the day of the contest, unless authorized by the Athletic Director and/or the Principal. The head coach, teacher or sponsor will insist upon attendance in all academic classes. Any missed class work should be made up immediately after returning to the class.

Any penalty received by an eighth grade student will, if applicable, be carried over into their Freshman year.

Academically ineligible students will be expected to participate in practice and during extra-curricular events will be expected to be involved with the team, but not in uniform.

If a student is on external school suspension, he/she may not practice nor compete in JHS extra-curricular activities during that suspension.

If a student is on internal school suspension, he or she may practice and/or compete in JHS extra-curricular activities.

If a student is suspended from one activity, then the student may not participate in another activity for the length of their suspension.

If a student cannot attend school and/or participate in P.E. for medical reasons, the student cannot participate in extra-curricular activities.

In order for a student to realize their full potential he/she must commit to a lifestyle which promotes physical and mental fitness. Therefore, the following activities code has been established to guide students who represent Jacksonville High School in extra-curricular activities, clubs, and organizations.

Once a student begins participation in any extra-curricular activity he/she is subject to the Activities Code for the remainder of their years at Jacksonville High School. This code is in force through all 12 months of the year. An activities participant shall be disciplined if he/she commits any of the following violations



Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

regardless of the time of year or whether they are on or off school grounds:

1. Use, possession, or distribution of alcohol, marijuana, or any illicit drug, or abuse of prescription drugs.
2. Use or possession of, any tobacco product.
3. Theft or vandalism of any school or personal property.
4. Acts of inappropriate conduct in which the student is involved such as attending or participating in a fight, cheating, physical or verbal abuse of students, school personnel, contest officials, contests, coaches or sponsors.
5. Knowingly being in the presence of the illegal use of drugs, alcohol or illegal activity.
6. Participation in or being present during any activity that may detract from the image and standards of Jacksonville High School may result in a penalty. Example: involvement in a criminal or immoral activity as determined by police or certified school personnel.

An activity code violation to the above six areas will be substantiated by reports from District staff, reports from law enforcement officials, or as a result of self-admission. If a violation appears to have occurred from the information received, the student will be questioned by the Principal or Assistant Principal/Athletic Director. A meeting may also be scheduled with the student, his/her parents or guardians, and Principal and/or Assistant Principal/Athletic Director. In either instance, the information received will be revealed to the student and he/she will be asked to make a statement as to the accuracy of this information. If an activities code violation has been committed in the opinion of the Administration; the outlined consequence of the code will be the result for the violation.

Parents or guardians are asked to assume the responsibility of insisting that their child be honest and accept the consequences for their actions if they have been improper. Parental support is vital in seeing that their child accepts responsibility for their actions regardless of how other students have acted or been disciplined in the past.

ADDITIONAL OFFENSES and PROVISIONS:

Should a student receive a major suspension of 5 or more days this will be considered an Extra-Curricular Code violation.

Inappropriate pictures posted on the web or produced in a hard copy format will be investigated by the appropriate individuals at JHS. Upon completion of the investigation, a decision will be made if the pictures constitute a violation of the Code.

Truth Provision: If a student's denial of an offense is found to be false, all consequences will be doubled.

Conduct Unbecoming an Athlete: Athletes will not display behavior on or off the playing field which, in the opinion of the coaching staff, is considered insubordinate or inappropriate to standards of conduct, attitude or sportsmanship.



Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

Penalties

A. FIRST VIOLATION

<i>Fall Sports</i>	<i>Total Allowable IHSA Contests</i>	<i>Suspension</i>
<i>Boys Soccer</i>	25 Contests	5 Contests
<i>Cross Country</i>	15 Contests	3 Contests
<i>Football</i>	9 Contests	2 Contests
<i>Football Cheer</i>	9 Contests	2 Contests
<i>Girls Swim</i>	14 Contests	3 Contests
<i>Girls Tennis</i>	20 Contests	4 Contests
<i>Golf</i>	18 Contests	4 Contests
<i>Volleyball</i>	35 Contests	7 Contests
<i>Winter Sports</i>	<i>Total Allowable IHSA Contests</i>	<i>Suspension</i>
<i>Boys Basketball</i>	31 Contests	6 Contests
<i>Boys Swim</i>	14 Contests	3 Contests
<i>Cheerleading</i>	37 Contests	7 Contests
<i>Girls Basketball</i>	31 Contests	6 Contests
<i>J'ettes</i>	20 Contests	4 Contests
<i>Wrestling</i>	18 Contests	4 Contests
<i>Spring Sports</i>	<i>Total Allowable IHSA Contests</i>	<i>Suspension</i>
<i>Baseball</i>	35 Contests	7 Contests
<i>Boys Tennis</i>	20 Contests	4 Contests
<i>Boys Track</i>	18 Contests	4 Contests
<i>Girls Soccer</i>	25 Contests	5 Contests
<i>Girls Track</i>	18 Contests	4 Contests
<i>Softball</i>	35 Contests	7 Contests

If the suspension is unable to be completed during the season in which the infraction occurred, the number of games remaining on the suspension will carry over into next sport in which the student athlete has previously participated. Furthermore, the suspension must take place at the student-athletes highest level of prior participation. The student athlete may not participate at any level until the suspension is complete.

Jacksonville High School



1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

Second Offense: After a second offense against the Behavior Code, the student will be immediately dismissed from the team for the remainder of the current season and will forfeit all awards he/she is eligible to receive. If the offense occurs with less than 50 % of the current season remaining, the student-athlete will miss 50% of the next season he/she participates. If the second offense against the Behavior Code happens prior to the start of the season, the student will be suspended for the entirety of the next season the student participates.

Before resumption of competition, the student and his/her parent/guardian must contact the Head Coach or teacher, Athletic Director or JHS Administration to arrange a conference. The purpose of the conference is to review the facts and circumstances surrounding the rules infraction, the present situation and the future implications.

Third Offense (in-season/out-of-season): After the third offense in-season/out-of-season, the student is declared ineligible for one 1 calendar year. After one year, the student may petition in writing the Appeal Process to hear any evidence to be considered for reinstatement to participation at Jacksonville High School.

Reporting Violations

Every Jacksonville High School District coach, sponsor or teacher has the authority and responsibility to report or charge a violation of the extra-curricular regulations to the athletic director. The head coach/sponsor of the activity in which the student is participating or the head coach/sponsor first affected by the student's violation and the athletic director shall review the evidence. The athletic director shall report the violation to the principal.

Voluntary Admissions

It is the objective of Jacksonville High School District extra-curricular program to make the student aware of the important role good health and fitness habits play in life. Therefore, the Extra-Curricular Code is primarily an instrument to educate and not to punish. It is hoped that each student and his/her family will decide to follow the rules and regulations. If any student or parent voluntarily requests help from either school staff or a board approved assessing agency before being reported in the violation of the Extra-Curricular Code, the person will be offered assistance without penalties. THIS PROVISION APPLIES TO A FIRST VIOLATION ONLY.

Parent Support

It is of considerable importance for parents to encourage the student in all phases of extra-curricular competition. Parents should help the student set up procedures for following training rules and controlling study habits.

The policies outlined in this booklet are preventive in design. Certainly not punitive. With parent support and cooperation, we believe that penalty assessments will be held to an absolute minimum. On the other hand, without parent support and cooperation, the policies will be difficult to implement.

Jacksonville High School



1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

JACKSONVILLE HIGH SCHOOL APPEAL/REVIEW PROCESS

Participation in extra-curricular organizations is voluntary and a privilege that is not a right guaranteed to the student. However, a student participant may appeal a ruling that results in a consequence or penalty under the Extra-Curricular Student Handbook by following the procedures listed below (Penalties remain in force during the appeal process):

1. The student, or the student's parent/guardian, must submit an appeal in writing to the Principal within three (3) school days of the notification of the violation. The written appeal must state the reason or basis for the appeal including why the student disagrees with the consequence imposed.
2. The appeal will be submitted to the Extra-Curricular Appeals Committee for a hearing. The Committee shall convene as soon as possible upon receipt of the appeal (recommendation is within three (3) school days if possible). The JHS Athletic Director or Principal will present the school's ruling and evidence to the Committee and the student will be given the opportunity to testify and present evidence on his or her behalf.
3. The Committee can decide to affirm or dismiss the violation and/or consequence imposed. The student and parent/guardian will be informed verbally of the Committee's ruling with 3 school days of the meeting and a written copy of the ruling will be mailed to the parent/guardian.
4. The findings of the Committee shall be final and binding upon all parties concerned.

The Extra-Curricular Appeals Committee will consist of an administrator (not the Principal), an out-of-season coach or sponsor of another organization, and a teacher who does not coach or sponsor another organization.

Chain of Command, Athletic Flow Chart

Board of Education
Superintendent
Principal
Athletic Director
Head Coach
Assistant Coach

The flow chart represents the preferred chain of command one should follow when trying to solve a problem with one of our programs. Learning to deal with conflict is a life-long skill for all students. Therefore, it is important that the student talk with their coach/advisor/director regarding any issue. If the student is not satisfied after this conversation, the next step will be for the student, parent, coach and AD to meet. Again if satisfaction is not reached at that level, move up the chain to the next person. Continue up the chain as you see fit.

Keep in mind that if you jump steps, you will possibly find the people you talk to may not be informed of the situation. This could lead to decisions made that are not totally fact based and not beneficial to our programs.

Please keep in mind that our coaches are very willing to converse with you about our programs. We ask that you pick an appropriate time to do so. To run up to or confront a coach just before, during or right after a game or tournament is very inconsiderate. We ask that you please refrain from doing so. The more appropriate process would involve calling the coach at a later, more relaxed time so the situation can be discussed with full attention.



Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

APPENDIX

GUIDELINES FOR EXTRACURRICULAR ACTIVITIES

1. Avoiding Schedule Conflicts Between Extracurricular Activities.

Every effort should be made to avoid schedule conflicts between the various extracurricular activities during the initial scheduling of the calendar. However, when conflicts do arise, the principal and involved staff (coaches, advisors, etc.) shall meet to determine how the conflicts can best be resolved.

The following basic guidelines shall be used in resolving schedule conflicts:

- A. Generally, events shall take precedence in the following order: state events, conference events, local events, and practices.
- B. A previously scheduled event on the official school calendar shall generally take precedence over a calendar addition or a rescheduled event.
- C. In most cases, the above guidelines and/or consultations between staff members should result in a satisfactory solution. Any conflicts that cannot be resolved in this manner should be settled by the principal.

2. Practice Scheduling

- A. No practices or games will be held on Sundays, Thanksgiving, Christmas or Easter without the permission of the principal.
- B. There will be no school events, practices, or open gyms on days when school is dismissed early due to severe winter weather.
- C. On days when school is not held due to severe winter weather, all school events or practices will ordinarily be canceled. However, should the weather later improve such that, in the principal's judgment, no safety hazard exists, the principal may allow some or all of these activities or practices to be held.

3. Communications with Student Participants and Their Parents

Each coach/advisor who supervises an extracurricular activity will have a general meeting with the student participants and their parents before the student may begin practice or participate in the activity. At this meeting all policies and rules for the team or activity should be discussed in detail. Copies of these policies and rules shall be given to each participant and his/her parents.

4. Summer Activity Camps

In accordance with IHSA rules, students may have a maximum of 25 days of contact per sport with persons who coach that sport at the school they attend during the same time period. A day of contact is defined as any date on which any coaching or instruction in the skills and techniques of any sport takes place. These limitations apply to all sports except Baseball and Softball.

Jacksonville High School



1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

JACKSONVILLE LOYALTY SONG

1. We're loyal to you, Jacksonville
We'll ever be true, Jacksonville
We'll back you to stand 'gainst the best in the land -
For we know you have sand - Jacksonville Rah! Rah!
2. So crack out that ball, Jacksonville
We're backing you all, Jacksonville
Our team is our fame protector
On boys, for we expect a victory from you Jacksonville Rah! Rah!
Cha-hee, Cha-ha, cha-ha-ha-ha, Go J'ville, Go!
Cha-hee, Cha-ha, cha-ha-ha-ha, Go J'ville, Go!
Jacksonville, Jacksonville - Rah, Rah, Rah!
3. Bring out that dear old flag of crimson and white,
Lead on you sons and daughters, fighting for right,
Like men of old or giants, placing reliance, shouting defiance -
Oske-wah-wah
4. Among the broad green plains that nourish our land,
For honest labor and for learning we stand
And to thee we pledge our heart and hands,
Dear Alma Mater, Jacksonville!

SUMMARY OF ATHLETIC AWARDS -

First Freshman Award	- Numerals
Other Freshman Awards	- Certificate
All Sophomore Awards	- Certificate
All Junior Awards	- Certificate & Pin
First Varsity Award	- Varsity "J" letter & Pin (first varsity sport)
All Other Varsity Awards	- Varsity Certificate & Pin
Senior Varsity Award	- Plaque



Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Mike McGiles, *Principal*
Barbie Davidsmeyer, *Assistant Principal*
Tim Chipman, *Assistant Principal*
Joey Dion, *Asst. Principal/Athletic Director*
Mark Grounds, *Dean of Students*

Participation in Athletic/Competitive Activities

Student Name (Please print)

Grade

PARENTAL / GUARDIAN CONSENT

I hereby give my permission for _____ to participate in athletic/competitive activities at Jacksonville High School. In giving this consent I do so with the full understanding that Jacksonville High School assumes no responsibility for any accident or injury to a student which may occur as a result of participation.

Parent / Guardian Signature

Date

AUTHORIZATION FOR MEDICAL SERVICES

Student Name _____ Age _____

As a legal guardian for the student indicated above, I give my permission for necessary medical services to be administered to the student in case of illness or accident.

Parent / Guardian Signature

Date

Address: _____

Phone:(home) _____ (work/cell) _____

Student's Physician: _____ Office Phone: _____

Insurance Carrier: _____ Policy Number: _____

Allergies or Special Concerns: _____

ATHLETIC CODE OF CONDUCT

I have read the Athletic Code of Conduct. I understand and accept the rules and responsibilities involved.

Parent / Guardian Signature

Date

I will do my best to represent the school with the highest expectations as a leader, student, and member of the team. I have read the rules and responsibilities as stated in the Athletic Code of Conduct and promise to do my best to fulfill them.

Student Signature

Date