

**2018 Hampshire Whip Puns Football Calendar
June 2018**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 8-9am Weights 9-9:30am Speed Week	5 8-9am Weights 9-9:30am Speed Week	6 8-9am Weights 9-9:30am Speed Week	7 8-9am Weights 9-9:30am Speed Week	8	9
10	11 8-9am Weights 9-10am Conditioning 1pm Camp for 6th-8th	12 8-9am Weights 9-10am 7on7 Practice 1pm Camp for 6th-8th	13 8-9am Weights 9-10am Conditioning 1pm Camp for 6th-8th	14 8-9am Weights 9-10am 7on7 Practice 1pm Camp for 6th-8th	15	16
17	18 8-9am Weights 9-10am Conditioning 1pm Camp for 3rd-5th	19 8-9am Weights 9-10am 7on7 Practice 1pm Camp for 3rd-5th	20 8-9am Weights 9-10am Conditioning 1pm Camp for 3rd-5th	21 8-9am Weights 9-10am 7on7 Practice 1pm Camp for 3rd-5th	22	23
24	25 8-9am Weights 9-10am Conditioning	26 8-9am Weights 9-10am Summer Practice	27 8-9am Weights 9-10am Conditioning	28 8am Weights 9-10am Summer Practice	29	30

Notes:

**2018 Hampshire Whip Puns Football Calendar
July 2018**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 8-9am Weights 9-10am Conditioning	10 8am Weights 9-11am Summer Practice	11 8-9am Weights 9-10am Conditioning	12 8am Weights 9-11am Summer Practice	13	14
15	16 8-9am Weights 9-11am Fresh/Soph Camp	17 8-9am Weights 9-11am Fresh/Soph Camp	18 8-9am Weights 9-11am Fresh/Soph Camp	19 8-9am Weights 9-11am Fresh/Soph Camp	20	21
22	23 8-9am Weights 9-11am Varsity Team Camp	24 8-9am Weights 9-11am Varsity Team Camp	25 8-9am Weights 9-11am Varsity Team Camp	26 8-9am Weights 9-11am Varsity Team Camp	27	28
29	30	31				

Notes: