

VISION: To utilize school and sports to develop **“WELL-ROUNDED”** student-athletes and establish great pride in our Rams Community.

GIRLS' SPORTS

Badminton (scott_llorens@glenbard.org)
Basketball (nicole_miller@glenbard.org)
Bowling (dawn_chantos@glenbard.org)
*Cheer Co-Ed (Sideline/Competitive) (kelly_dolan@glenbard.org)
Cross Country (christopher_pietsch@glenbard.org)
Dance (Poms/Competitive) (courtney_heneghan@glenbard.org)
Golf (scott_miller@glenbard.org)
Gymnastics (jessica_bugajsky@glenbard.org)
Soccer (kent_overbey@glenbard.org)
Softball (victor_swanson@glenbard.org)
Swimming (cdelgaldo@gmail.com)
Tennis (william_burt@glenbard.org)
Track & Field (molly_gstalter@glenbard.org)
Volleyball (marci_maier@glenbard.org)

BOYS' SPORTS

Baseball (joel_pelland@glenbard.org)
Basketball (scott_miller@glenbard.org)
Bowling (jerry_maculitis@glenbard.org)
*Cheer Co-Ed (Sideline/Competitive)
Cross Country (andrew_aducci@glenbard.org)
Football (john_walters@glenbard.org)
Golf (christopher_wienke@glenbard.org)
Gymnastics (whill@dupageforest.com)
Soccer (joshua_adler@glenbard.org)
Swimming (luke_witteveen@glenbard.org)
Tennis (steven_hoogerheide@glenbard.org)
Track & Field (daniel_greco@glenbard.org)
Volleyball (marci_maier@glenbard.org)
Wrestling (kevin_carlson@glenbard.org)

Take care of registration LOGISTICS first:

- **Medical:** student-athletes must have a current physical examination (e.g. immunizations and medical history); must complete ImPACT concussion baseline assessment conducted by our athletic trainers (head trainer **Chris Murphy** christopher_murphy@glenbard.org)
- **PowerSchool:** PARENTS first must register student(s) for school, then for athletics through parent log-in portal
- **Fee (\$):** \$150 fee; affords student-athletes to participate in as many sports/activities as they would like (*may apply for PEP grant waiver*)
- **Academics:** student-athletes must be passing at least five (5) classes at all times, but we prefer student-athletes **pass ALL of their classes**

IMPORTANT DATA to know (according to Athletic Management and EY data research):

- Colleges/Employers say “academics”, “character/integrity”, and “community service” are major facets in deciding who they recruit/hire; high school student-athletes are **40% more likely** to graduate from undergraduate college; **80%** of business owners learned leadership qualities during their high school athletic experience; over **70%** of professional athletes (men and women) participated in **multiple-sports** (at least two and in many cases three) in high school



Students First; VICTORY Will Happen...STUDENT-ATHLETES' RESPONSIBILITY

- 1) **RELATIONSHIPS:** Be a positive teammate (appreciate individuality)
- 2) **ACADEMICS:** *Students First* (aim for no failing grades); be a student of the game (*know your sports*)
- 3) **LEADERSHIP/COMMUNITY:** Anyone can be a **leader**, as everyone can positively influence and serve (*volunteerism*)
- 4) **ATHLETICS:** **TEAM...Teammate...self**; be coachable; perfect fundamentals; be able to critically think (game strategies); *give maximum effort*; **Participate in multiple-sports**; demonstrate **good sportsmanship** at all times
- 5) Be part of RAMS Committed and have an ENJOYABLE EXPERIENCE!

Students First; VICTORY Will Happen...PARENTS/GUARDIANS' RESPONSIBILITY

- 1) **RELATIONSHIPS:** Build *positive relationships* with other parents/guardians; **TEAM = ATHLETIC FAMILY**
- 2) **ACADEMICS:** Check PowerSchool to monitor child's academics and motivate to get help/attend interventions as needed
- 3) **LEADERSHIP/COMMUNITY:** *Join the Athletic Booster Club*, become a parent-rep; contact president Chris O'Brien (chris_ob_2000@yahoo.com) or **current parent rep** for pertinent information; attend as many contests as possible

- 4) **ATHLETICS:** Respect the athletic program philosophy; *let the coaches coach; let officials officiate; promote multiple-sport participation*
 - a. **Chain-of-Command** if/when an issue or concern arises (*we want to teach a life skill, conflict-resolution*): First, *student-athlete communicate with the specific level coach (*if varsity see head coach)*; Next, *student-athlete and parents/guardians communicate with specific level coach and/or head coach*; Next, *student-athlete, parents/guardians, specific level coach and/or head coach, and Assistant Principal for Athletics communicate to resolve concerns*
 - b. Demonstrate **good sportsmanship** at all times
- 5) Be part of RAMS Committed and have an ENJOYABLE EXPERIENCE!

Students First; *VICTORY Will Happen...* COACHES/ATHLETIC ADMINISTRATION'S RESPONSIBILITY

**Realize we are working with parents' most prized creation (children) and will do so with the upmost respect at all times*

- 1) **RELATIONSHIPS:** Create an inviting/safe **climate**; build **positive relationships/rapport** with student-athletes, parent/guardians, and staff members
- 2) **ACADEMICS:** Prioritize **academics over athletics**; direct student-athletes toward the proper academic interventions when needed
- 3) **LEADERSHIP/COMMUNITY:** model great leadership; **servant leaders** (volunteerism); live the mission/vision of Glenbard East Athletics
- 4) **ATHLETICS:** Communicate **role** on the **TEAM**; **promote multiple-sports participation**; teach basic fundamentals, critical thinking skills and game strategies; help prepare our student-athletes for the next level of their sport/life; demonstrate **good sportsmanship** at all times
- 5) Be part of Rams Committed and have an ENJOYABLE EXPERIENCE!

KNOW THE EXTRACURRICULAR ACTIVITY CODE (full version can be downloaded from our school and athletic website)
EXPECTATIONS

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| <ol style="list-style-type: none"> A. Attend school, practices, contests, and events. B. Travel on school-arranged transportation; unless prior arrangements are approved. C. Comply with IHSA and District 87 eligibility standards. D. Be responsible for all equipment. E. Adhere to all rules set forth in the Glenbard High School District 87 Student Handbook regarding student discipline. F. Display conduct (respect) becoming of a Glenbard High School District 87 representative. G. Abide by activity or team rules as established by the individual sponsors or coaches. H. Not use or possess tobacco products of any kind including, without limitation or exception, any form of e-cigarettes, | <ol style="list-style-type: none"> I. vaping cigarettes (or similar devices using ground materials, waxes, or oil concentrates for vaping use), and all associated materials. J. Not use or posses any illegal substance, including marijuana, alcohol, unlawful drugs, or "look-alike" drugs. K. Not attend, host, plan or otherwise participate in parties, gatherings, or ride in automobiles, etc., where students are using or in possession of any illegal or controlled substance, including marijuana, alcohol, unlawful drugs, or "look-alike" drugs. L. Not engage in criminal activity. |
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DISCIPLINE TIER #1 <i>Tobacco, vaping, and other violations</i>	DISCIPLINE TIER #2 <i>***When alcohol and/or drugs involved...</i>
First Infraction: suspended 10% of contests	First Infraction: suspended 20% of contests when a professional assessment has been successfully completed; if not suspended one (1) full season
Second Infraction: suspended 20% of contests; if smoking is involved an approved smoking cessation must be completed; if not suspended one (1) full season	Second Infraction: suspended one (1) full season when an approved rehabilitation program is completed; if not suspended from twelve (12) consecutive months from all athletics and clubs
Third Infraction: suspended for remainder of the current season/event and from a percentage (%) of contests in next sport when an approved smoking cessation is completed; if not suspended for twelve (12) consecutive months from all extracurricular activities	Third Infraction: removed from all extracurricular programs for remainder of his/her high school career; student may appeal for reinstatement after twelve (12) months, if an approved counselor or substance abuse program is successfully completed
Fourth Infraction: removed from all extracurricular programs for the remainder of his/her high school career	

Athletic Department Personnel

Phyllis LiFonti, *Administrative Assistant for Athletics*, phyllis_lifonti@glenbard.org
 Sean Neary, *Assistant Athletic Director*, sean_neary@glenbard.org
 D'Wayne Bates, *Assistant Principal for Athletics*, dwayne_bates@glenbard.org
 Office #: 630-424-6700

***Official Logo/Mascot to depict our identity**



SOCIAL MEDIA

Athletic Website: <http://il.8to18.com/glenbardeast>

Twitter: @GEHS_Athletics #WeAreEast

View the history of Glenbard East Athletics: <http://glenbardeast.touchpros.com/Home2.aspx>