

Dear Prospective Fillies and Pintos,

Thank you for your interest in the Downers Grove South Fillies (Varsity) and Pintos (JV) Dance Teams. We ask that both you and your parents carefully read over this information and discuss it before making the decision to try out for the teams. This year's try-outs will take place the week of May 6th-May 9<sup>th</sup>.

The primary goal for the Fillies and Pintos is to promote a positive attitude towards Downers Grove South High School. The Fillies and Pintos compete at regional and state level competitions in addition to performing at DGS sporting events and activities within the community. The Fillies have been named State Champions in the Varsity Pom division seven times in the past 15 years. They have also ranked within the top 3 in the state in the open dance division and the Hip-hop division. The Pintos have also won numerous championship titles. Our highly experienced coaching staff have all performed with professional dance companies and taught dance extensively. We strive to give our dancers the best dance education possible. The DGS dancers have also had the opportunity to take class from many professional guest instructors that have performed with artists such as Justin Timberlake, Selena Gomez, Jennifer Lopez, Ariana Grande, Usher, Jason Derulo and Britney Spears and have danced on such shows as "Americas Best Dance Crew", "World of Dance" and "So You Think You Can Dance". Many DGS dance alumni have gone on to be professional performers with various dance companies, Chicago Luvabulls, the Universal Dance Association and the Walt Disney Corporation to name a few.

It is crucial that, because of the extensive time commitment, each squad member be a well-organized individual able to devote the necessary time to practices/performances as well as academics.

The Fillies/Pintos performance schedule is divided into two seasons. The two seasons are Football (Fall) and Basketball/Competitive (Winter). **YOU MAY TRY OUT FOR ONE OR BOTH SEASONS.** You must declare which season(s) you want to try out for on the first day of tryouts. The competitive team will be selected in October from the dancers that have committed to the winter season.

Thank you for taking the time to read this packet. We hope you seriously consider trying out for Fillies/Pintos and we look forward to meeting all of you in person. I wish you all the best of luck in your efforts to become part of our highly elite program.

Sincerely,

**Dawn Jovic**  
Varsity Head Coach

**Mariterese Altosino**  
JV Head Coach

## FILLIES/PINTOS TRYOUT SCHEDULE

**MAY 6th-May 9th**

1. In order to audition you must first register for “dance” online at <https://dgs.8to18.com/accounts/login>. No fee needs to be paid at this time but you must be registered by first day of workshops. A copy of your current physical must also be turned in on the first day of workshops in order for you to be allowed to participate.
2. WORKSHOPS will be held on **Monday, May 6th** and **Tuesday, May 7th**. Times are **6:00-8:00 PM** in the Downers Grove South Field House for both days. During these days you will learn a 1 ½ minute routine and how to do kicks, pirouette turns and toe-touch jumps.
3. TRYOUTS will begin on **Wednesday, May 8th** starting at **4:00 PM** in the DGS Dance Studio. Plan on staying for the duration of tryouts. You will perform the routine that was taught at the workshops in randomly drawn groups of 3. A first cut list will be posted at the end of this night. All selected dancers must return on **Thursday, May 9th** at **4:00 PM** to learn a speed learning routine. This routine will be a 40-50 second long jazz/hip-hop routine. We will begin tryouts with this newly learned routine between **5:30 and 6:00 PM**. Additional “call backs” will be done after everyone has auditioned. **WE DO NOT KNOW WHEN YOU WILL BE FINISHED! PLAN TO STAY!**
  - A. You will be provided with a pair of poms to use at the workshops and tryouts.
  - B. You will be assigned a number that you will wear on the front of your shirt. Tryout numbers will be randomly drawn on the day of tryouts.
  - C. Tryout clothing should be as follows:
    - You **must** wear shorts. No long pants, leggings or sweats allowed.
    - You **must** wear an athletic form fitting sports top (no loose fitting t-shirts)
    - Jazz shoes, jazz sneakers, ballet shoes or gym shoes are all acceptable.
    - Hair should be neatly pulled back and *out of your face!*
  - D. **NO JEWELRY ALLOWED!** We will ask you to remove all piercings! Covering piercings with band-aides is not acceptable!
4. You will be scored on the following:
  - KICKS
  - PIROUETTE TURN
  - TOE-TOUCH JUMP
  - MOTIONS
  - COORDINATION/RHYTHM
  - SHOWMANSHIP
  - KNOWLEDGE OF ROUTINE
  - TECHNIQUE
  - APPEARANCE
5. Results will be posted at DGS on the outside doors near the cafeteria by **11:00am** on **Saturday, May 11th**.

There will be a mandatory meeting for all selected team members on **Monday, May 13th** from **4:00-6:00 PM** in classroom C146.

Any questions, please contact Coach Dawn Jovic at [djovic@csd99.org](mailto:djovic@csd99.org).

## **FILLIES/PINTOS INFORMATION**

### **PRACTICE SCHEDULE**

- **School Year Practice:** Fillies (Varsity) - Mondays and Wednesdays 3:35 to 6:00pm (occasional Friday practices will be added)
- **Friday practices will be added from November-January for the competitive team. The varsity competitive team WILL practice over the winter holiday break. Please plan vacations accordingly.**
- Pintos (JV) – Mondays and Wednesdays 6:00 to 8:30 pm
- **Summer Practice:** Fillies (Varsity)- Mondays, Wednesdays and Fridays from 3:35-6:00 during May. Mondays and Wednesdays 8:45am-11:15am once the school year has ended.
- Pintos (JV)- Mondays and Wednesdays from 6:00-8:30pm.

### **SUMMER CAMP**

Attending the Universal Dance Association's summer training camp is expected of all team members, even those only participating for one season. The cost is roughly \$400. This is a vital part of team building and the routines learned at camp are used throughout the year. The dates for this year will be June 20<sup>th</sup>-July 2<sup>nd</sup> at the Pheasant Run resort in St. Charles.

### **PERFORMANCES**

Football games are held on Friday nights. Basketball games can be any day of the week.

Competitions will be attended on various Saturdays and Sundays from November thru January.

### **ATTENDANCE**

Once selected for the team, you will receive a copy of the Fillies/Pintos team rules. As with any team, practice time is valuable, and the entire team must be there to accomplish our goals. Any absence will result in consequences. Please do not schedule doctors appointments during rehearsal time. The girls will get a copy of the practice schedule in advance for the entire season.

### **GRADES**

Fillies/Pintos are required to maintain passing grades but are encouraged to achieve to their highest potential. If a Fillie/Pinto becomes academically ineligible, she will be removed from the team until her grades are brought back up. We are a No-Pass/No-Play policy. Athletes must be passing a minimum of 5 classes each week.

### **COSTS (Please read carefully.)**

2 to 3 pairs of shoes: \$80 – \$90

Campwear: \$170-\$280 (this doubles as performance and practice wear throughout the year)

If selected for either team, you **must** purchase a team warm-up. Cost will be approximately \$145

# CANDIDATE FILLIES/PINTOS PROFILE

CANDIDATE'S NAME: \_\_\_\_\_

1. I am interested in being a team member for:

Football Season

Basketball season/Competitive team

All Seasons

NOTE: You must be an experienced dancer if you choose to participate in only the basketball/competitive season because you will miss out on the training given during football season. It is highly recommended that you participate in both seasons if at all possible.

We are looking for dancers that are willing to commit to the entire year. If you would like to be considered for only one season please explain why here;

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2. Please list any dance studio, pom, cheer, gymnastics or skating experience you've had:

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3. What extra-curricular activities/sports are you involved in (both school and/or outside)?

Would this activity/sport interfere with the practice/performance requirements of the Fillies/Pintos?  
If not sure, explain.

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Yes No Not Sure  
Yes No Not Sure

Please return this sheet to Coach Jovic the first day of workshops along with a copy of your current physical.

# CANDIDATE PROFILE, CONT.

4. Are you willing to put in the “EXTRA” time during the competitive season? Why do you think that is important?

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5. What talents/assets could you offer to the squad?

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6. Why would you like to be a FILLIE/PINTO?

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7. What would be the most difficult part about being a FILLIE/PINTO?

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8. Would you be willing to be an alternate for the competitive team? Why or why not?

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9. Will you be able to attend the summer training camp June 29<sup>th</sup>-July 2<sup>nd</sup> if selected for either team? If not please explain why.

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Please turn in to Coach Jovic along with a copy of your physical the first day of workshops. Do not forget to register online at <https://dgs.8to18.com/accounts/login>.

# FILLIES/PINTO FACT SHEET

*Please print!*

Name:	School I.D. Number:
Address:	
City & Zip:	
Year in School (next year):	
	Birthday (include year born):
Shirt size:	Pant Size: (XS-XL)
Shoe Size:	Short Size: (XS-XL)
Cumulative Grade Point Average:	
Mother's First Name:	
Father's First Name:	
Parent's Last Name if different:	
Parent Contact Phone Number:	Parent contact E-mail Address:
Dancer Contact Phone Number:	Dancer Contact E-mail Address:

Please turn in to Coach Jovic the first day of workshops along with a current copy of your physical.