

Dear Prospective Fillies and Pintos,

Thank you for your interest in the Downers Grove South Fillies (Varsity) and Pintos (JV) Dance Teams. We ask that both you and your parents carefully read over this information and discuss it before making the decision to try out for the teams. This year's try-outs will take place the week of May 7th-May 10<sup>th</sup>.

The primary goal for the Fillies and Pintos is to promote a positive attitude towards Downers Grove South High School. The Fillies and Pintos compete at regional and state level competitions in addition to performing at DGS sporting events and activities within the community. The Fillies have been named State Champions in the Varsity Open Pom division seven times in the past 14 years. They have also ranked within the top 3 in the state in the Varsity open dance division and the Varsity Hip-hop division. The Pintos have also won numerous championship titles in the JV division. Our highly experienced coaching staff have all performed with professional dance companies and taught dance extensively. We strive to give our dancers the best dance education possible. The DGS dancers have also had the opportunity to take class from many professional guest instructors that have performed with artists such as Justin Timberlake, Selena Gomez, Jennifer Lopez, Ariana Grande, Usher, Jason Derulo and Britney Spears and have danced on such shows as "Americas Best Dance Crew" and "So You Think You Can Dance".

It is crucial that, because of the extensive time commitment, each squad member be a well-organized individual able to devote the necessary time to practices/performances as well as academics.

The Fillies/Pintos performance schedule is divided into two seasons. The two seasons are Football (Fall) and Basketball/Competitive (Winter). **YOU MAY TRY OUT FOR ONE OR BOTH SEASONS.** You must declare which season(s) you want to try out for on the first day of tryouts. The competitive team will be selected in October from the dancers that have committed to the winter season.

Thank you for taking the time to read this packet. We hope you seriously consider trying out for Fillies/Pintos and we look forward to meeting all of you in person. I wish you all the best of luck in your efforts to become part of our highly elite program.

Sincerely,

**Dawn Jovic**  
Varsity Head Coach

**Mariterese Altosino**  
JV Head Coach

**Ellena Chaplin**  
Varsity Assistant Coach

## FILLIES/PINTOS TRYOUT SCHEDULE

**MAY 7th-May 10<sup>th</sup>**

1. In order to audition you must first register for “dance” online at <https://dgs.8to18.com/accounts/login>. No fee needs to be paid at this time but you must print and sign the permission form available at the completion of your registration and bring it to the first day of workshops. A copy of your current physical must also be turned in on the first day of workshops in order for you to be allowed to participate.
2. WORKSHOPS will be held on **Monday, May 7th** and **Tuesday, May 8th**. Times are **6:00-8:00 PM** in the Downers Grove South Field House for both days. During these days you will learn a 1 ½ minute pom routine and how to do kicks, pirouette turns and toe-touch jumps.
3. TRYOUTS will begin on **Wednesday, May 9th** starting at **4:00 PM** in the DGS Dance Studio. Plan on staying for the duration of tryouts. You will perform the routine that was taught at the workshops in randomly drawn groups of 3. A first cut list will be posted at the end of this night. All selected dancers must return on **Thursday, May 10th** at **4:00 PM** to learn a speed learning routine. This routine will be a 40-50 second long jazz/hip-hop routine. We will begin tryouts with this newly learned routine between **5:30 and 6:00 PM**. Additional “call backs” will be done after everyone has auditioned. **WE DO NOT KNOW WHEN YOU WILL BE FINISHED! PLAN TO STAY!**
  - A. You will be provided with a pair of poms to use at the workshops and tryouts.
  - B. You will be assigned a number that you will wear on the front of your shirt. Tryout numbers will be randomly drawn on the day of tryouts.
  - C. Tryout clothing should be as follows:
    - You **must** wear shorts. No long pants, leggings or sweats allowed.
    - You **must** wear an athletic form fitting sports top (no loose fitting t-shirts)
    - Jazz shoes, jazz sneakers, ballet shoes or gym shoes are all acceptable.
    - Hair should be neatly pulled back and *out of your face!*
  - D. **NO JEWELRY ALLOWED!** We will ask you to remove all piercings! Covering piercings with band-aides is not acceptable!
4. You will be scored on the following:
  - KICKS
  - PIROUETTE TURN
  - TOE-TOUCH JUMP
  - MOTIONS
  - COORDINATION/RHYTHM
  - SHOWMANSHIP
  - KNOWLEDGE OF ROUTINE
  - TECHNIQUE
  - APPEARANCE

5. Results will be posted at DGS on the outside doors near the cafeteria by **11:15am on Saturday, May 12<sup>th</sup>**.

There will be a mandatory meeting for all selected team members on **Monday, May 14<sup>th</sup>** from **4:00-6:00 PM** in classroom C146.

Any questions, please contact Coach Dawn Jovic at [djovic@csd99.org](mailto:djovic@csd99.org).

## FILLIES/PINTOS INFORMATION

### PRACTICE SCHEDULE

- *School Year* Practice: Fillies (Varsity) - Mondays and Wednesdays 3:35 to 6:00pm  
*Additional Friday practices will be added from November-January for the competitive team. The varsity competitive team WILL practice over the winter holiday break. Please plan vacations accordingly.*

Pintos (JV) – Mondays and Wednesdays 6:00 to 8:30 pm

- Summer Practice: Fillies (Varsity)- Mondays, Wednesdays and Fridays from 3:35-6:00 during May. Mondays and Wednesdays 8:45am-11:15am once the school year has ended.

Pintos (JV)- Mondays and Wednesdays from 6:00-8:30pm.

### SUMMER CAMP

Attending the Universal Dance Association's summer training camp is expected of all team members, even those only participating for one season. The cost is roughly \$375. This is a vital part of team building and the routines learned at camp are used throughout the year. The dates for this year will be June 28<sup>th</sup>-July 1st at the Pheasant Run resort in St. Charles.

### PERFORMANCES

Football games are held on Friday nights. Basketball games are mostly Friday or Saturday evening but are occasionally on other days of the week. There are some back-to-back Friday/Saturday games.

Competitions will be attended on various Saturdays and Sundays from November thru February.

### ATTENDANCE

Once selected for the team, you will receive a copy of the Fillies/Pintos team rules. As with any team, practice time is valuable, and the entire team must be there to accomplish our goals. THERE ARE NO EXCUSED ABSENCES. Any absence will result in consequences. Please do not schedule doctors appointments during rehearsal time. The girls will get a copy of the practice schedule in advance for the entire season.

### GRADES

Fillies/Pintos are required to maintain passing grades but are encouraged to achieve to their highest potential. If a Fillie/Pinto becomes academically ineligible, she will be removed from the team until her grades are brought back up. We are a No-Pass/No-Play policy. Athletes must be passing a minimum of 5 classes each week.

### COSTS (Please read carefully.)

2 to 3 pairs of shoes: \$75 – \$85

Campwear: \$165-\$275 (this doubles as performance and practice wear throughout the year)

If selected for either team, you **must** purchase a team warm-up. Cost will be approximately \$140

# CANDIDATE FILLIES/PINTOS PROFILE

CANDIDATE'S NAME: \_\_\_\_\_

1. I am interested in being a team member for: (circle all that apply, most dancers participate in all 3 seasons. Basketball season and competitive team practice together.)

Football Season      Basketball Season      Competitive team

NOTE: You must be an experienced dancer if you choose to participate in only the basketball/competitive season because you will miss out on the training given during football season. It is highly recommended that you participate in both seasons if at all possible.

If you would like to be considered for both Football and Basketball season but would NOT like to be considered for the competitive team and wish to only perform during the DGS halftime performances please explain why here;

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2. Please list any dance studio, pom, cheer, gymnastics or skating experience you've had:

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3. What extra-curricular activities/sports are you involved in (both school and/or outside)?

Would this activity/sport interfere with the practice/performance requirements of the Fillies/Pintos? If not sure, explain.

_____	Yes	No	Not Sure
_____	Yes	No	Not Sure

Please return this sheet to Coach Jovic the first day of workshops along with a copy of your current physical and grades.

# CANDIDATE PROFILE, CONT.

4. Are you willing to put in the “EXTRA” time during the competitive season? Why do you think that is important?

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5. What talents/assets could you offer to the squad?

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6. Why would you like to be a FILLIE/PINTO?

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7. What would be the most difficult part about being a FILLIE/PINTO?

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8. Would you be willing to be an alternate for the competitive team? Why or why not?

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9. Will you be able to attend the summer training camp June 28<sup>th</sup>-July 30<sup>th</sup> if selected for either team? If not please explain why.

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Please turn in to Coach Jovic along with a copy of your physical and grades the first day of workshops. Do not forget to register online at <https://dgs.8to18.com/accounts/login>.

# FILLIES/PINTO FACT SHEET

*Please print!*

Name:	School I.D. Number:
Address:	
City & Zip:	
Year in School (next year):	
	Birthday (include year born):
Shirt size:	Pant Size: (XS-XL)
Shoe Size:	Short Size: (XS-XL)
Cumulative Grade Point Average:	
Mother's First Name:	
Father's First Name:	
Parent's Last Name if different:	
Parent Contact Phone Number:	Parent contact E-mail Address:
Dancer Contact Phone Number:	Dancer Contact E-mail Address:

Please turn in to Coach Jovic the first day of workshops along with a current copy of your physical and grades.

## FILLIES/PINTOS AGREEMENT/PARENT PERMISSION FORM

My parents and I have carefully read the FILLIES/PINTOS INFORMATION handout. I understand the contents and, if chosen as a member of the Fillies/Pintos, would abide by the guidelines outlined there. As a Fillie/Pinto, I would maintain a passing grade point average (preferably above), attend practices and performances (see attendance requirements), demonstrate a positive attitude and participate in fundraising activities.

Signed \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

If I am not selected for the team, but have questions regarding my tryout performance, I agree to first contact the Coach by making an appointment to discuss any concerns. Only after I have spoken to the Coach may my parents contact the Coach with any additional questions. (Please **do not** contact the Athletic Director or Principal before talking to the Coach. You will only be referred back to the coaching staff.)

Signed \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Please turn in to Coach Jovic the first day of workshops