

Team Start Dates – 2019-2020

Interscholastic athletics are offered for the more serious minded and dedicated athlete. These teams compete against other schools. Athletes are expected to attend all daily practices, games and meets. The following is a list of interscholastic (ISHA sponsored) sports in which we compete, their respective seasons and official starting dates and sports where "cuts" occur.

Fall Sports

Sport	Start Date	Cut
Cross Country-Boys	8/12	No
Cross Country-Girls	8/12	No
Football	8/12	No
Golf-Boys	8/12	Yes
Golf-Girls (Co-op)	8/12	Yes
Soccer-Boys	8/12	Yes
Swimming & Diving-Girls (Co-op)	8/12	No
Tennis-Girls	8/12	No
Volleyball	8/12	Yes
Cheerleading	8/12	Yes
Pom-Poms	8/12	Yes

Winter Sports

Sport	Start Date	Cut
Basketball-Boys	11/11	Yes
Basketball-Girls	11/4	Yes
Bowling-Boys	10/28	Yes
Bowling-Girls	11/18	Yes
Cheerleading (Competitive)	10/28	Yes
Dance (Competitive)	10/28	Yes
Swimming & Diving-Boys (Co-op)	11/25	No
Wrestling	11/11	No

Spring Sports

Sport	Start Date	Cut
Baseball	3/2	Yes
Soccer-Girls	3/2	Yes
Softball	3/2	Yes
Tennis-Boys	3/2	No
Track & Field-Boys	1/20	No
Track & Field-Girls	1/20	No
Volleyball-Boys (Co-op)	3/9	Yes