

West Aurora Distance – Indoor Season

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Group 1 and 2 Preseason Practice 5:30-7:00	7 Group 2 and 3 Preseason Practice 5:30-7:00	8 OFF DAY – Run on own	9 All Groups Preseason Practice 5:30-7:00	10 OFF DAY – Run on own	11
12	13 Group 1 and 2 Preseason Practice 5:30-7:00	14 Group 2 and 3 Preseason Practice 5:30-7:00	15 OFF DAY – Run on own	16 All Groups Preseason Practice 5:30-7:00	17 NO SCHOOL - OFF DAY – Run on own	18
19	20 NO SCHOOL - Group 1 and 2 Preseason Practice 5:30-7:00	21 Group 2 and 3 Preseason Practice 5:30-7:00	22 OFF DAY – Run on own	23 All Groups Preseason Practice 5:30-7:00	24 OFF DAY – Run on own	25
26	27 First Day of Practice 5:30 – 7:00	28 Practice 3:15 – 5:00	29 Practice 3:15 – 5:00	30 Practice 5:30-7:00	31 Practice 3:15 – 5:00	

**RED CARDS MUST
BE TURNED IN
BEFORE YOU ARE
ISSUED A LOCKER**

To register, go to:

<https://wahs.8to18.com/accounts/login>

West Aurora Distance – Indoor Season **February** 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Practice 5:30-7:00	4 Practice 3:15 – 5:00	5 Practice 3:15 – 5:00	6 Practice 5:30-7:00	7 Practice 3:15 – 5:00	8
9	10 Practice 5:30-7:00	11 Practice 3:15 – 5:00	12 Practice 3:15 – 5:00	13 Practice 5:30-7:00	14 Practice 3:15 – 5:00	15
16	17 No School Practice 5:30-7:00	18 Practice 3:15 – 5:00	19 Meet @ St. Charles East 4:30pm All Levels 3:15 Bus / 9:00 return	20 Parent/Teacher Conferences Practice 3:15 – 5:00	21 Practice 3:15 – 5:00	22
23	24 Practice 5:30-7:00	25 Meet @ W. Chicago 4:30pm F / S / JV 3:15 Bus / 8:00 return Varsity practice 3:15 – 5:00	26 Practice 3:15 – 5:00	27 Practice 3:15 – 5:00	28 No School Meet @ WWS 4:30pm All Levels 3:15 Bus / 9:00 return	29

West Aurora Distance – Indoor Season

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Practice 3:15 – 5:00	3 Practice 3:15 – 5:00	4 Practice 3:15 – 5:00	5 Practice 3:15 – 5:00	6 Meet @ Batavia 4:30pm Varsity 3:15 Bus / 9:00 return	7
8	9 Meet @ NCC DGS Relays 6:00 pm Invite Only 5:00 Bus / 10:00 return	10 Practice 3:15 – 5:00	11 Practice 3:15 – 5:00	12 Practice 3:15 – 5:00	13 Meet @ Burlington Central 4:30pm Varsity 3:15 Bus / 9:00 return Throwers @ Oswego 4:30 – 3:15 Bus / 8 ret	14
15	16 Practice 3:15 – 5:00	17 Practice 3:15 – 5:00	18 Practice 3:15 – 5:00	19 Practice 3:15 – 5:00	20 Practice 3:15 – 5:00	21 Meet @ SPC Indoor 4:30pm Varsity Time : TBD
22	23 Practice 3:15 – 5:00	24 Practice 3:15 – 5:00	25 Practice 3:15 – 5:00	26 Practice 3:15 – 5:00	27 Practice 3:15 – 5:00	28
29	30 Spring Break Practice TBD	31 Spring Break Practice TBD				