

# Excel Track



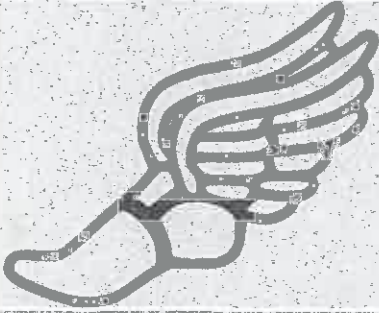
## May 2017

| Sun. | Mon.                    | Tue.                    | Wed.                    | Thu.                    | Fri. | Sat. |
|------|-------------------------|-------------------------|-------------------------|-------------------------|------|------|
|      | 1                       | 2<br>Sign ups 6-6:30pm  | 3                       | 4                       | 5    | 6    |
| 7    | 8<br>Practice 6-7:30pm  | 9                       | 10<br>Practice 6-7:30pm | 11                      | 12   | 13   |
| 14   | 15                      | 16                      | 17<br>Practice 6-7:30pm | 18<br>Practice 6-7:30pm | 19   | 20   |
| 21   | 22<br>Practice 6-7:30pm | 23<br>Practice 6-7:30pm | 24                      | 25                      | 26   | 27   |
| 28   | 29<br>Practice 6-7:30pm | 30<br>Practice 6-7:30pm | 31                      |                         |      |      |
|      |                         |                         |                         |                         |      |      |

notes

Coach Reid (740)606-5393

# Excel Track



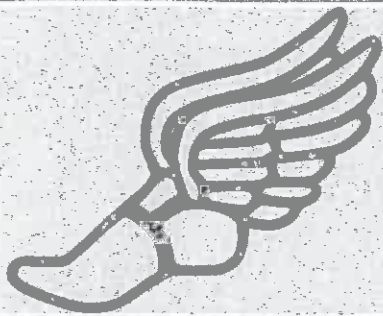
## June 2017

| Sun.   | Mon.                   | Tue.  | Wed.                                  | Thu.                      | Fri. | Sat.   |
|--|------------------------|---|---------------------------------------|---------------------------|------|--|
|  |                        |   |                                       | 1                         | 2    | 3  |
| 4  | 5<br>Practice 6-7:30pm | 6<br>SWOTC meet-Pole vault only!                    | 7<br>SWOTC mini meet @ Yellowsprings  | 8<br>Mason meet           | 9    | 10   |
| 11   | 12                     | 13<br>Practice 6-7:30pm                             | 14<br>wrestling camp Old MS TBA       | 15<br>Home meet VHS Track | 16   | 17<br>USATF STATE MEET @ Cedarville (must have USATF card) |
| 18<br>USATF STATE MEET @ Cedarville (must have USATF card) | 19                     | 20<br>Practice 6-7:30pm SWOTC meet-Pole vault only! | 21<br>SWOTC mini meet @ Yellowsprings | 22<br>Lebanon meet        | 23   | 24   |
| 25   | 26                     | 27<br>SWOTC meet-Pole vault only!                   | 28<br>SWOTC mini meet @ Yellowsprings | 29                        | 30   |  |
|  |                        |   |                                       |                           |      |  |

notes

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# Excel Track



## July 2017

| Sun.                                     | Mon. | Tue.                                 | Wed.   | Thu. | Fri. | Sat.                                     |
|--|------|--------------------------------------|--|------|------|--|
|  |      |                                      |  |      |      | 1  |
| 2  | 3    | 4                                    | 5  | 6    | 7    | 8<br>USATF REGIONAL<br>meet @ Cedarville |
| 9<br>USATF REGIONAL<br>meet @ Cedarville | 10   | 11                                   | 12   | 13   | 14   | 15                                       |
| 16                                       | 17   | 18<br>SWOTC meet-Pole<br>vault only! | 19<br>SWOTC all comers<br>meet @<br>Yellow Springs | 20   | 21   | 22                                       |
| 23                                       | 24   | 25                                   | 26   | 27   | 28   | 29                                       |
| 30                                       | 31   |                                      |  |      |      |  |

notes

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